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# Poultry Press

*Promoting the compassionate and respectful treatment of domestic fowl*

*Celebrating 28 years of dedicated activism for domestic fowl*



UPC# 11656

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**United Poultry Concerns promotes compassion and respect for chickens, turkeys, and other domestic fowl.**

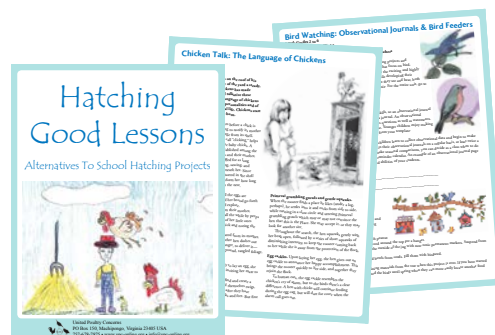


*Photo of Alisa and Amber at our Sanctuary in Machipongo, VA.*

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*We're running this full-page ad in the Virginia Association of Science Teachers Program for this year's VAST convention in Williamsburg, Virginia, November 15-17. We expect an enthusiastic response to our literature for teachers and students and appreciate this golden opportunity to advocate for the birds!*

## The Alliance to End Chickens as Kaporos is Proud to Announce Our Week of Vigils



### A first for the Campaign to End Chickens as Kaporos

**T**he Alliance to End Chickens as Kaporos – a project of United Poultry Concerns – and The Save Movement Worldwide Network are collaborating for the first time ever, with outreach and educational support from Jewish Veg! This unprecedented joint effort will create a powerful network working to stop the cruel and unnecessary torture and slaughter of chickens in New York City streets.

Kaporos is a custom practiced by a segment of Orthodox Judaism in which chickens are swung over

practitioners' heads who chant that the chicken is a substitute for the practitioner's punishment, which is fulfilled by the chicken being slaughtered. Prior to the ritual, the chickens sit crammed in transport crates for days without food, water, or protection from the weather. Practitioners stand around Kaporos locations idly chatting while holding the chickens painfully suspended by their fragile wings. Practitioners lie that the dead birds are going to "the poor," when in fact they are thrown both dead and alive into plastic garbage bags to be hauled by city sanitation workers to landfills.

"In 2010, I founded the Alliance to End Chickens as Kaporos together with a small group of New York City activists, whose numbers and activism have grown

ALLIANCE TO  
END  
CHICKENS AS KAPOROS

[www.EndChickensAsKaporos.com](http://www.EndChickensAsKaporos.com)





enormously since then,” says UPC president Karen Davis, PhD. “As more and more activists get involved, and with our legal challenges in the works, more and more Orthodox rabbis are publicly condemning Kaporos on grounds of animal cruelty, shame, and sacrilege.”

Kaporos is a mere custom, not Jewish law. It can be observed by swinging money over one’s head to be donated to one’s favorite charity. A few years ago, a Brooklyn rabbi interviewed by a reporter dismissed the money option, saying he preferred the visceral experience of a chicken being slaughtered in his stead.

*The Alliance to End Chickens as Kaporos is an association of groups and individuals who seek to replace the use of chickens in Kaporos ceremonies with money or other non-animal symbols of atonement. The Alliance does not oppose Kaporos per se, only the cruel and unnecessary use of chickens in the ceremony.*



**Kaporos chickens are painfully held by their wings, slaughtered in the streets, and thrown in the trash.**

## Court of Appeals Will Hear Case Against Chicken Kaporos, Oct. 17, 2018

On Wednesday, October 17th, at 2pm, the Alliance to End Chickens as Kaporos and twenty New York City residents, all named plaintiffs in the lawsuit “The Alliance to End Chickens as Kaporos, et al. v. New York City Police Department, et al.,” will have their case heard in the Court of Appeals, when attorney Nora Constance Marino, Esq., is scheduled to orally argue the case in New York State’s highest court.

The case was first brought in 2015, when the Alliance and the city residents had had enough of the bloodshed of 50,000+ chickens, taking place annually in residential neighborhoods in Brooklyn, in the name of a religious ritual. This ritual causes unimaginable animal suffering as well as creating major health risks in violation of many laws. In fact, Marino set forth fifteen laws that are violated during the ritual, retained an expert toxicologist, and has argued that the NYPD and other city agencies not only look the other way, but actually aid and abet in this law-breaking activity. Marino asked the lower court to compel the city agencies to enforce the laws.

The lower court dismissed the case, and Marino appealed.

The case was then heard in the Appellate Division, First Department, where there was a split decision among the five justices – 3 to 2. Having these two “dissenting” votes meant that the case proceeded to the next level, to New York State’s highest court. The Court of Appeals hears fewer than 300 cases per year, out of the millions that are filed annually in the state. Just getting there is historic in and of itself.

It’s been a long, hard battle, but we are in the final stretch. City agencies should enforce the laws that all citizens must obey. As Marino states in her papers, “Freedom of religion is freedom of belief, not freedom to act.” The health codes, sanitation regulations, and animal cruelty statutes must be obeyed and enforced. Nobody is above the law.



# Drug Wars: Consumer Reports vs. U.S. Department of Agriculture

*"Data raise questions about more than just one company or class of drugs." – Consumer Reports*

An article in the October 2018 *Consumer Reports* magazine notes that certain drugs prohibited in poultry, beef, and pork products have been identified in these products by the USDA's Food Safety & Inspection Service (FSIS), which denies the report, calling it "fear-based infotainment aimed at confusing shoppers." FSIS is the USDA agency charged with ensuring, or "proclaiming," meat safety.

However, *Consumer Reports* says its data are based on government documents obtained through a Freedom of Information Act request plus interviews with government, industry, and medical officials relating to a lawsuit by several food safety organizations against one of the U.S.'s largest chicken companies, Sanderson Farms, accused of mislabeling its products "natural" and antibiotic-free.

According to *Consumer Reports*, "Hundreds of samples of poultry, beef, and pork appeared to show residue of drugs that the government says should never be used in food animals. Other samples had evidence of drugs that must be out of an animal's system by the time it [he or she] is slaughtered. The samples came from producers large and small, and included meat



Photo: Lucas Zarebinski

destined for supermarkets, restaurants, hospitals, schools, and elsewhere. Yet FSIS officials have taken little if any action on the data."

Drugs found in these animal products, according to *Consumer Reports*, include Ketamine, a hallucinogen and experimental antidepressant; Phenylbutazone, an anti-inflammatory "deemed too risky for human use"; and Chloramphenicol, "a powerful antibiotic linked to potentially deadly anemia."

FSIS is fuming over the disclosure of its own data and over *Consumer Reports'* observation that many Americans eat too much meat and should consider eating less of it for the sake of "good health" and the environment.

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# Empire Kosher Chicken Linked to Deadly Salmonella Outbreak

*On August 29, 2018, public health officials urged consumers “to check their freezers for Empire Kosher brand chicken.”*

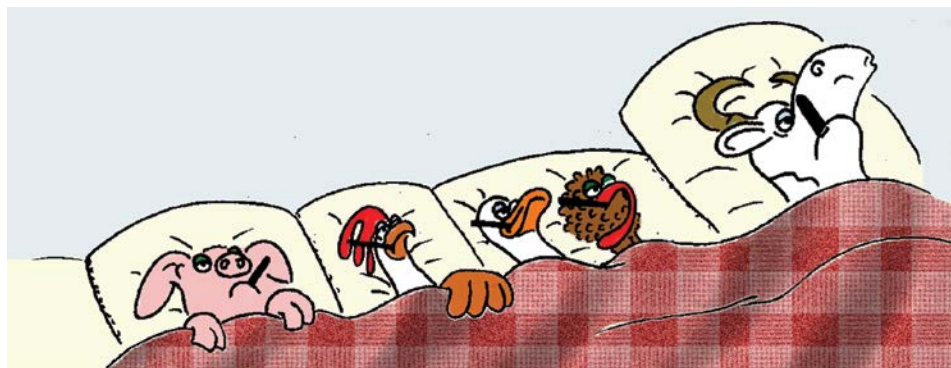


Illustration from *Nature's Chicken* by Nigel Burroughs

At least one person is dead and 16 others were sickened from ingesting a strain of Salmonella found during federal testing at two chicken plants relating to a notice by the Centers for Disease Control and Prevention (CDC) that victims reported “eating Empire Kosher brand chicken before becoming ill.” The CDC said the illness onset dates ranged from September 25, 2017 through June 4, 2018 in New York, Pennsylvania, Maryland, and Virginia.

Empire Kosher Poultry, the largest “kosher” chicken slaughter operation in the U.S., with headquarters, chick hatchery and slaughter plant in Mifflintown, PA, disclaims data linking the Salmonella outbreak to its products.

The CDC “is not advising that people avoid eating kosher chicken or Empire Kosher brand chicken and no products are being recalled,” said Empire Kosher, intoning the “thorough cooking” mantra. However, Empire Kosher customers “may prefer to discard the chicken to avoid the chance of infection,” public health officials advised.



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# Are Feminists Right to Resist Comparison with the Females of Other Species?

By Karen Davis, PhD, President of United Poultry Concerns

*Originally Published June 9, 2018 by Animals 24-7*

A woman employed on a chicken “breeder” farm in Maryland wrote a letter to the local newspaper berating the defenders of chickens for trying to make her lose her job, threatening her ability to support herself and her daughter. For her, “breeder” hens were “mean” birds who “peck your arm when you are trying to collect the eggs.” In her defense of her life and her daughter’s life, she failed to see the comparison between her motherly protection of her child and the exploited hen’s effort to protect her own offspring – for the hen a losing battle.

Animal farming erects an unbridgeable boundary between humans and “animals,” especially farmed animals. The “them” versus “us” pervades industrial farming which is rooted in traditional farming. The poultry industry takes pains to ensure that producers convey “the message that hens are distinct from companion species to defuse the misperceptions.” It isn’t that agribusiness elevates “companion species” particularly, but that dogs and cats are the basis of the \$30 billion pet food industry that serves as a dumping ground for millions of newborn male chicks (“hatchery debris”) and slaughterhouse “refuse.”



Photo courtesy of The Animals Voice

**Male chicks are suffocated to death in plastic bags or ground up alive at the hatchery.**

The idea that humans are a vastly superior order of being, distinct from the rest of creation, pervades society despite Charles Darwin’s demonstration of the evolutionary continuity of living creatures. Even among “progressives,” interference with the presumption of human superiority and exceptionalism can ruffle feathers. Hostility among human groups is an integral part of human history, but just as bickering individuals and nations come together against a common enemy, so most people are united in defense of human supremacy over, and radical separation from, all other forms of life.

This prejudice can be seen in the resentment of some core feminists toward any suggestion that their suffering and other experiences are comparable to those of nonhuman females. An article I recently wrote titled “The Hen is a Symbol of Motherhood for Reasons We May Have Forgotten, So Let Us Recall” was rejected by a progressive publication for implying similarities between human mothers and chicken mothers. The editors considered the comparison “a sexist slur” against women – though how trans-species comparisons of expressions of motherhood constitute sexism eludes me. The rejection is a *speciesist* slur.



Photo by Davida G. Breier

**A mother hen with her chicks in the Florida Everglades.**

While some women may wince at comparison with their female counterparts – their sisters – in nature or captivity, men, on the other hand, relish linking themselves to “wild” animals, by which they mean powerful male predators – jaguars, pumas, wolves and

the like whom they iconize as masculine. What man chafes at being likened to a Big Cat?

Feminists who resent comparisons with nonhuman female animals whose behavior is similar in all relevant respects are not liberated in my view. In an article published in 1980, an environmentalist named J. Baird Callicott dismissed all farmed animals categorically as having been bred to “docility, tractability, stupidity, and dependency. It is literally meaningless to suggest that they be liberated,” he wrote in “Animal Liberation: A Triangular Affair,” *Environmental Ethics* 2:311-338. This sounds a lot like a stereotypical Victorian man’s view of women – and it is every bit as factitious. Yet even today, some feminists are battling a demeaning image of themselves as the equivalent of a mere “farm animal,” which is itself a demeaning and ignorant caricature.

Though science remains speciesist, the fields of cognitive ethology and evolutionary biology are expanding our understanding of how intimately we are connected to the other animals on the planet. In “The Chicken Challenge” Carolyn L. Smith and Jane Johnson present the science showing that chickens “demonstrate complex cognitive abilities”:

The science outlined in this paper challenges common thinking about chickens. Chickens are not mere automata; instead they have been shown to possess sophisticated cognitive abilities. Their communication is not simply reflexive, but is responsive to relevant social and environmental factors. Chickens demonstrate an awareness of themselves as separate from others; can recognize particular individuals and appreciate their standing with respect to those individuals; and show an awareness of the attentional states of their fellow fowl. Further, chickens have been shown to engage in reasoning through performing abstract and social transitive inferences. This growing body of scientific data could inform a rethinking about the treatment of these animals.

In May, Marc Bekoff, PhD, professor emeritus of ecology and evolutionary biology at the University

of Colorado, Boulder, published a Mother’s Day plea for mother cows on the *Psychology Today* website. In “What Would a Mother ‘Food’ Cow Tell Us About Her Children?” he writes that he is “freely using the word ‘children’ rather than ‘offspring’ or ‘young’ that are usually used when writing about young nonhumans. These youngsters are, of course, their children, and many behavioral patterns have evolved so that they receive the best parental care possible.”



**This mother cow and her calf were torn apart for slaughter.**

To deny our kinship with creatures who are other than human risks estrangement from the living world to a pathological degree. To feel slighted that a hen or a cow or a sow could love her children as a woman loves hers is petty and dissociated from reality. I agree with animal rights author and attorney, Jim Mason, who in a recent interview advises against “separation from our kindred animals.” He urges us to “practice a sense of kinship by seeing behaviors that we share with other animals . . . and see these as your own experiences. Dwell on that – emotionally and spiritually. Feel that sense of the things we have in common with these others.”

I hope that any feminist or anyone at all who relates to the attitude of a male farmer who snorted, “Who the hell knows or cares what a hen wants,” will reconsider. Such sentiments of alienation will not make the world a more just place for any sentient being.

– Karen Davis

# Why I am NOT an Apologetic Vegan

By JoAnn Farb  
July 26, 2018

"I am not THAT kind of vegan."

This is a statement I have heard a few times recently.

As veganism has become more popular, it has triggered pushback. When I began doing vegan activism in the 1990s, vegans weren't seen as a threat to animal agriculture or to people's coveted family or religious traditions. Grocery stores, hospitals, and local TV news welcomed me and repeatedly provided venues for me to criticize animal exploitation while encouraging people to give veganism a try. Some were inspired or motivated to change as a result of this. Those who didn't "get" my message or disagreed, ignored me and moved on. Since vegans were so rare, this message was a curiosity not a threat.

But now, almost everyone in America knows there are millions of vegans. Veganism is a viable lifestyle AND growing in popularity! Vegans are setting athletic records, running successful companies, and birthing and raising healthy vegan families. This changes everything. Conscious of it or not, those who are not yet vegan live with the continuous discomfort that they are participating in unnecessary violence against other beings. Unlike the 1990s, now simply saying, "I am vegan" reminds non-vegans that they are not living consistent with one of their own values – in fact a widely held value. Most of us agree: ***It is wrong to unnecessarily harm animals.*** Just BEING vegan around some people feels to them like they are being attacked, because it's reminding them of this painful fact.

But those who DO embrace veganism struggle with a different discord – feeling like an outcast from their tribe, family, or social group. Any choice that sets us apart from our group can expose us to "change back." Pressure.

In order to help you understand why saying "*I am not that kind of vegan*" is problematic, I will share with you what happened to me as a child.

I grew up next door to the best grade school in one of the top rated school districts in the entire



country. Most all of us who went to that school had parents who grew up poor during the depression. The combination of affordable higher education along with an expanding job market is what allowed my parents and other parents in their neighborhood to do so well economically that they seemed rich when compared to how they grew up.

The children in my neighborhood wore the trendiest clothes and enjoyed the latest, greatest toys and gadgets provided in mind-numbing abundance at least twice each year. Their pantries were stocked with an array of seductive junk food.

But that was not how it was at my house.

My parents were frugal, and didn't even try to keep up with the neighbors. That made fitting in hard for me. But I had an even bigger obstacle socially: I was one of the only two fat kids in my entire grade. Though my parents weren't really status conscious, they were fat-phobic and tried hard to make me lose weight. Sugary treats were kept under lock and key at my house, though I had access to cheese wheels, meat and eggs. I remember being ecstatic when I learned to fry hamburgers in butter on the stove, and make omelets that oozed with melted cheese.

Grade school was hell for me. I was taunted for being fat and for not dressing fashionably. Everyone knew I was part of a small group of outcasts. We were the "untouchables" of our grade. Included with me was the other heavy girl, a thin shy girl with terrible acne, a white-haired, poorly coordinated boy, and a scary boy who hit and never followed directions. Just above us in the hierarchy were a handful of students who although



not as openly shunned were still avoided. The hierarchy was made visible and reinforced through the act of picking teammates or partners for activities.

You might think those lower down in this hierarchy, experiencing this injustice would be the first to challenge it or at least not do the very same thing to others. But in fact the opposite happened. The more oppressed one of us felt, the more intensely we distanced ourselves from anyone with low status. We feared more oppression if associated with any of the other victims.

My observations are consistent with what's been documented in other cases of oppressed groups. Time and again, those concerned with their own inclusion contribute to the victimization of others – be it the class system of India, oppressed US minorities trying to better their own lot (and being called “uppity” by others likewise oppressed), or some women struggling for position in male dominated arenas.

One common way this pressure can be managed is to distance ourselves from those the dominant group find *most* problematic. Supporting the oppressor's perspective – even just in a tiny way, can ease some of the pressure by aligning us, at least in part, with those who hold the power. In other words, some vegans join the oppressive class and throw vegan *activists* under the bus, to help insulate themselves from the “change back” pressure of the dominant paradigm.

This is what is happening when you hear someone say, “I'm not THAT kind of vegan.” Though this may make it easier for the person expressing this sentiment to comfortably mingle with and feel more accepted by

those who are still enabling the oppression, it works against our cause. We NEED people willing to speak out about injustice. When vegans say to others, “I am not THAT kind of vegan,” it is a clear expression of judgment against people speaking out. It isolates activists. It makes other vegans contemplating speaking up feel shamed into silence. It supports and empowers the oppressive mindset. If *our* people – that is, those choosing to abstain from intentional violence against other beings – think we are wrong for daring to raise awareness of violence against animals, that plays right into and reinforces the oppressive paradigm. It also provides additional justification for non-vegans to disregard veganism altogether.

Can you think of a single example of progress made on any social justice issue that was NOT the result of someone trying to push their values? That is why I continue to speak out and raise awareness however I can.

I will not apologize for speaking up when I see injustice, and the more people who join me in this, the better I believe our world will be.

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*JoAnn Farb is a former microbiologist, national speaker, and publisher of the FEAST Lawrence Newsletter. She uses big picture holistic thinking to connect social justice with environmental sustainability and health. She and her husband live in Kansas and have two grown lifelong vegan daughters. JoAnn will be speaking at our 8th annual Conscious Eating Conference in Berkeley, California, Saturday March 2, 2019. Details will appear in full in the next issue of Poultry Press!*

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## In July We Welcomed 50 Birds from a Cockfighting Bust in Virginia Beach!

**O**n July 27th, United Poultry Concerns adopted 50 young hens (some of whom are turning out to be roosters as they mature into adulthood) rescued in a cockfighting raid in Virginia Beach, Virginia. We're thrilled to share photos we took as the birds were being unloaded and afterward as they perched among the branches in our predator-proof sanctuary yard. Our peafowl couldn't wait for them to come out of the carriers! That very afternoon, everyone was sunbathing and dustbathing and getting to know each other. They love perching in the trees! We're grateful to Virginia Beach Animal Care & Adoption Center for making this adoption possible and for taking the cockfighters to court on felony charges.





## Is It Wrong to Buy Animals to Save Them from Suffering?

**M**any animal rights activists understandably oppose purchasing animals from abusers as a form of rescue. Putting money into the pockets of exploiters who will simply abuse more animals accommodates the status of animals as property and facilitates the business of exploiting them. In this view, purchasing one or more suffering chickens from a live poultry market or a feed store, for example, is unethical.

I mostly agree, but also ask whether animals who cannot otherwise be saved should be abandoned because they are in an economic situation that defines them as property and merchandise. Does this not make these innocent victims pay the ultimate price because they happen to be defenselessly branded as objects for sale?

Once years ago, we tried unsuccessfully to get the owner of a farmers market in Northern Virginia to let us have their “spent” hens and roosters who were living behind the market in a filthy shed, unseen by the public, to produce fertilized eggs for customers. Sneaking inside we saw that the birds were suffering. We ended up writing a check to the owner in order to get them out of there and into our sanctuary, where they lived happily for years. They too illustrated the cruel conditions they came from including the fact that they had to be bought to save their lives. In the 19th century, people bought many slaves their freedom, and today, adoptive parents must pay for their children as part of the adoption process, just as adopters of shelter animals must pay adoption fees.

Of course there’s a difference between paying money to a caring agency versus to an animal abusing enterprise, but the question is whether, in all cases, to abandon an animal to a horrible fate as “merchandise,” versus liberating a fellow creature whose only hope of escape is you or me.

By the same token it may be asked: Is it ethical to *sell* animals or the products of their bodies such as eggs or molted feathers as a way to help fund a sanctuary or rescue operation? To this question my answer is No. I doubt very much that the Abolitionists who purchased the freedom of African-Americans from slavery also sold them to benefit the cause of freedom.

– Karen Davis, President, United Poultry Concerns



Live hens bought and sold in San Francisco market



### A LEGACY OF COMPASSION FOR THE BIRDS

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Karen & Mr. Frizzle ©2008 Davida G. Breier



## “Animals Are For Loving, Not Chewing”

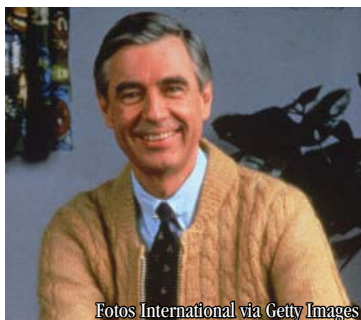
*The return of Fred Rogers from “Mister Rogers’ Neighborhood” in the new documentary “Won’t You Be My Neighbor?” could not have come at a better time. The world needs Fred Rogers now more than ever. — Robin Berman, M.D., US News, August 27, 2018*

*Fred Rogers was an American television personality, musician, puppeteer, writer, producer, and Presbyterian minister. He was the creator, composer, producer, head writer, showrunner and host of the preschool television series Mister Rogers’ Neighborhood. Unfortunately the acclaimed documentary about him, “Won’t You Be My Neighbor,” fails to mention his compassionate commitment to animals.*

### What Would Mister Rogers Eat? Thanksgiving in the Neighborhood

By Michael G. Long

**W**hat would Fred Rogers eat for Thanksgiving? There’s one thing we know for certain: He was not inclined to bow his head and offer thanks for a roasted turkey, let alone to carve and consume it. “I don’t want to eat anything that has a mother,” he often said.



Rogers stopped eating meat, fish, and fowl, including turkey, in the early 1970s, not long after Frances Moore Lappe published *Diet for a Small Planet*, a major critique of meat production and a compelling argument for a plant-based diet that can help alleviate world hunger.

“I want to be a vehicle for God, to spread his message of love and peace,” Rogers stated when explaining his vegetarianism in 1983.

Rogers was one of the rare Christian ministers who believed that treating animals nonviolently and embracing a vegetarian lifestyle are deeply spiritual practices that bear witness to God’s love for animals.

While Rogers wanted us to understand that loving animals means, at a bare minimum, not eating them, he also wanted us to develop everyday empathy for these so-called “lesser creatures.” In the 1960s he even took up the cause of dyed Easter chicks, penning a

song titled “Don’t Pick on the Peeps.” One of the lyrics is quintessential Rogers: “Well, how do you think the chickens feel?”

And he said this about his commitment to vegetarianism: “. . . it’s hard to eat something you’ve seen walking around.”

The empathetic Rogers simply could not stomach the thought of eating lambs strolling through green pastures beside the still waters.

Well, how would you feel if someone wanted to eat you?

It’s no surprise that his vegetarianism had to do with his love for children too. In the 1983 interview, he stated that when children “discover the connection between meat and animals, many children get very concerned about it.”

With this concern in mind, Rogers steadfastly refused to show images of people eating animals on *Mister Rogers’ Neighborhood*. Although a 1982 episode includes footage from a full-service restaurant, there’s not one image of meat, fowl, or fish. And an entire 1984 series on food avoids any mention of eating animals.

In the Neighborhood, animals are for enjoying, nurturing, and loving—not for chewing, swallowing, and digesting.

Fred Rogers had at least one more reason for refusing to eat animals: his health. “I also enjoy the health benefits of vegetarianism,” he stated in 1983.

So what would Fred Rogers eat for Thanksgiving?

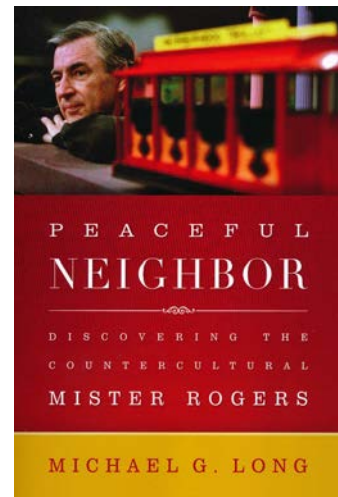
Tofu turkey?

Roasted beets with pistachios, herbs, and oranges?

Pumpkin spice granola bars?

Whatever the case, for Rogers, Thanksgiving was less about eating a delicious vegetarian meal than it was about offering thanks to God.

Fred Rogers practiced a spiritual vegetarianism grounded in gratitude to God, and in his own subtle



and quiet way, he modeled this radical spirituality for his millions of viewers—especially for those of us who still refuse to see that stuffing a beheaded turkey, breaking its wishbone, and picking its carcass dry are not the most appropriate ways to show love to God, let alone to our fine-feathered neighbors.

*Michael G. Long is an associate professor of religious studies and peace and conflict studies at Elizabethtown College. His article about Mr. Rogers' spiritual vegetarianism, condensed and slightly edited for Poultry Press, appeared in the Huffington Post in 2015.*

## Freddaflower Memorial & Appreciation Fund

*The pain of losing them is the price we pay for the privilege of knowing them and sharing their lives . . .*

We thank those people who have contributed to our work with recent donations *In Loving Memory and in Honor and Appreciation* of the following beloved family members and friends, both those who have passed away and those who are with us.

In honor of Mary T. Hoffman, who passed away suddenly on Saturday, August 25, 2018 with her beloved husband of 57 years Frank Hoffman holding her hand. Founded and created by Mary and Frank Hoffman, All-Creatures.org is a profound reflection of Mary and Frank's unwavering love for ALL of God's creatures. Theirs was an inspiring marriage grounded in their love and their respect for each other. Mary will live in my heart and in the hearts of all who knew her. – *Veda Stram, All-Creatures*



Frank & Mary Hoffman

I gratefully honor Mary Hoffman whom I met with Frank years ago at a vegetarian event whereupon we became friends and they became lifelong supporters of United Poultry Concerns. I once stayed in their home in upstate New York during which stay Mary and I had a long conversation in the kitchen where she described her steadfast commitment to animals and animal rights, having once been an animal researcher who knew firsthand what animals are put through.

– *Karen Davis, UPC*

In loving memory of our rooster, Nicholas, who passed away quietly in his little yard on the afternoon of August 16th following an illness that left him partially incapacitated but always happy with sweet singing each evening as he snuggled into the straw in his favorite “doghouse.” Nicholas was a gentle, vibrant rooster who loved his hens, and we loved him dearly through all the years he was with us after being rescued from a road in Maryland. – *Karen Davis, UPC*



Nicholas. UPC Photo by Karen Davis

Hello wonderful people. Enclosed is our donation in memory of the dear animal companion, Lulu – a cat who graced my friend Trudy Scanlan with her presence for many years. Please inform Trudy of this memorial donation. Thank you! – *Lynn Abbott & Eric Ries*

In honor of Nero, Fredericka, Julie, Nathaniel, Leonard, and Bertha, remembered forever and sadly missed. – *Paul Deane*

My gift is in honor of All God's Creatures. – *Brien Comerford*

# “Killing IT”: “It’s a Deeply Personal Thing,” Guest Tells NPR’s *Fresh Air*

By Karen Davis, PhD, President of United Poultry Concerns



(Beth Clifton collage) Animals 24-7

Camas Davis, the founder of a “meat collective” that’s part of the so-called Ethical Meat Movement, was a guest on Terry Gross’s *Fresh Air* on National Public Radio July 24, where she described her “hands-on relationship with food” from her book *Killing It: An Education*.

She told how farmers and butchers “revere” and “respect” the animals they kill and cut up and how calling an animal IT comports with “respect” for the animal, which means, merely, “using every part of it.”

According to her, “We each have our own narrative.” If you want to be a “righteous” vegetarian or vegan, that’s cool, and so is shocking animals with electricity and assuming that those electrified phones they clamp on the pigs’ heads to “stun” them are “humane.” She admitted that the electricity in the “head phones” doesn’t always work, judged by the pigs’ reaction. Terry Gross piped up that the electric chair has been shown to torture human victims, but the point was not pursued.

Nothing this woman said suggested she kills and eats animals because she considers meat necessary for health. It is simply about being “delicious” couched in the amorality of “you have your narrative, I have mine.” There is no chicken or pig “I” in her experience; the animals are just grist for her “personal thing.”

Every hesitation in her voice sounded like a well-scripted consciousness that some listeners might be offended by her violence, not that she felt anything for the animals. She seemed proud to convey getting over whatever squeamishness initially interfered with harming a fellow creature gratuitously without pity or guilt.

## Scrambling “the Reptilian Brain” to Calm It Down

Terry Gross asked Camas what was the first animal she killed with her own hands and she said a chicken. She mumbled something about how chickens have a “reptilian brain” that causes them to “calm down” before you scramble their brains by sticking a knife through the roof of their mouth. As described in *Farm Poultry: A Popular Sketch of Domestic Fowls for the Farmer and Amateur*, published in 1901:

In braining, the beak is pried open and a cut is made through the roof of the mouth through a carotid artery or jugular vein to the base of the brain with a knife, which can also be inserted through the bird’s lower eyelid to the brain. The knife is then twisted in the brain to paralyze the bird to facilitate immobilization and feather release: “It is necessary that the brain be pierced with a knife so that the muscles of the feather follicles are paralyzed, allowing the feathers to come out more easily.”

Inducing pre-slaughter paralysis with a knife the old-fashioned way is now done with electricity in modern poultry slaughter plants following the introduction of the electric shock-water method in the 1930s.

Like traditional as well as industrial slaughterers, Camas Davis falsely equates muscular paralysis with “calmness.” In reality, the electrified animal is in agony but cannot express it due to the effect of the electricity or the knife-braining. As Virgil Butler, who worked many years for Tyson in Arkansas, said of the chickens: “They have been ‘stunned,’ so their muscles don’t work, but their eyes do, and you can tell by them looking at you that they’re scared to death.”



## What Can I Do?

🐔 NPR is normally no friend of animals. NPR sentimentalizes rodeo riders and cattle ranchers, and the host of its political talk show, 1A, smirked in a recent episode that if he had to live vegetarian on “cauliflower shakes,” he couldn’t survive and called on meateaters to unite. When you hear such talk, please inform NPR that you do not appreciate their irresponsible promotion of animal cruelty and consumption, and that you expect a network

claiming to rise above run-of-the-mill radio to promote compassion for our fellow species and to heed the warning by WorldWatch Institute and other experts that:

*“The human appetite for animal flesh is a driving force behind every category of environmental damage now threatening the human future -- deforestation, erosion, fresh water scarcity, air and water pollution, climate change, biodiversity loss, social injustice, the destabilization of communities, and the spread of disease.”*

## Trader Joe's Cage-Free Egg Lawsuit Reaches Settlement



Big Dutchman multi-tiered cage-free facility

On June 28, 2018 the Animal Legal Defense Fund announced a settlement in its consumer protection lawsuit against the American grocery store chain, Trader Joe's. The lawsuit argued that Trader Joe's was violating multiple California consumer protection laws by selling cage-free eggs in cartons emblazoned with images of hens foraging outdoors in green pastures. In reality, these eggs come from hens who live their entire lives in industrial warehouses with thousands of other hens who never set foot in the grass or breathe fresh air or bathe in sunlight.

“There’s widespread confusion among consumers about egg labeling due to the failure of the federal government to properly regulate egg labels. It’s important for consumers to realize that ‘cage-free’ doesn’t mean ‘cruelty-free,’” says Animal Legal Defense Fund Executive Director Stephen Wells. The lack of labeling regulations allows egg producers “to mislead

consumers with undefined terms like ‘natural,’ ‘cage-free,’ and ‘free range,’ or with slogans and imagery depicting idyllic scenarios that do not match the cruel reality of life for most laying hens.”

In 2010, the Animal Legal Defense Fund petitioned federal agencies to issue regulations requiring accurate labeling of egg packaging. The U.S. Department of Agriculture, Food and Drug Administration, and Federal Trade Commission refused, despite their statutory mandates. This forces citizens to hold producers and sellers of eggs accountable through false advertising laws. In response to the Animal Legal Defense Fund’s lawsuit, Trader Joe’s agreed to pull the false packaging not only in California, but nationwide.

## What Can I Do?

🐔 Please go egg-free. All facets of the egg industry are inhumane. Hens are gassed or electrified once they are no longer wanted. Order our informative brochure “Free-Range Poultry and Eggs: Not All They’re Cracked Up To Be.”



## University of MD Diamondback Ads

**D**uring the Fall semester United Poultry Concerns is running a series of 16 prominently placed full-color ads in the student newspaper *The Diamondback* at the University of Maryland-College Park. This is one of several ads we're running to educate campus residents about the suffering of chickens and turkeys and the horrorfulness of the poultry industry. In November, we'll also display a large poster in the university's Student Union, the most heavily populated location on campus. The total cost of these displays is \$9,100.00. We welcome your tax-deductible donations to help support our advertising campaign targeting this huge campus! Thank You!

**BACK TO SCHOOL SALE**

**There:** Res Room  
**When:** Aug. 25 thru Aug. 31  
**Time:** 4 - 6 P.M.  
**Sponsor:** University Center

Every week, millions of chickens leaking yellow pus, stained with green feces, contaminated by bacteria, sick with heart and lung infections, cancerous tumors and skin disease are shipped to consumers.

**USDA Inspector Ronald Sarratt: "I've had birds with yellow pus coming out of their insides. I was told to save the breast meat and the second joint of the wing. You might get those breasts today at a store in a package of breast fillets. You might get the other part in a pack of buffalo wings."**

Every day millions of Perdue, Tyson, and Pilgrim's Pride chickens are jolted with electric shocks and scalded alive, peeping as their eyes burst out of the sockets. When you eat them you're eating a bird who was tortured, soaked in chlorine and smothered in sauce - to bleach the wounds and hide the diseases.

Say NO to a mouthful of pain and YES to Animal-Free Food. Your body will thank you and so will your heart.

For delicious vegan recipes, visit [www.upc-online.org/recipes](http://www.upc-online.org/recipes) and visit NuVegan Café in College Park.

Thank you for having a heart!

United Poultry Concerns is a nonprofit organization that promotes the compassionate and respectful treatment of domestic fowl.

PO box 150 • Machipongo, VA 23405 • 757-678-7875 • [info@upc-online.org](mailto:info@upc-online.org)

**BACK TO SCHOOL SALE**

**What Wings Are For!**

**Life Can Be Beautiful Go Vegan!**

United Poultry Concerns  
[www.UPC-online.org](http://www.UPC-online.org)



Maryland Chicken House Dumping Ground  
Photo by Garrett Seivold Courtesy of United Poultry Concerns

Every week, millions of chickens leaking yellow pus, stained with green feces, contaminated by bacteria, sick with heart and lung infections, cancerous tumors and skin disease are shipped to consumers.

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# Stress and Death for Chickens in Transport Cages. . . Pilgrim's Pride

*"I wanted to pass these saddening pictures along in hope that they can help bring awareness to the horrific circumstances chickens endure. . . .*

*They are going to a Pilgrim's Pride processing plant."*

*— Rebecca Freeman,  
Chattanooga, Tennessee,  
June 28, July 13, 2018*



Pilgrim's Pride Corporation is a Brazilian-owned, multinational food company, currently the largest chicken producer in the United States and Puerto Rico and the second-largest chicken producer in Mexico.

## Brief Overview of Chicken Transport

Ten to twelve chickens each weighing four or more pounds are jammed into cages on the transport trucks taking them to slaughter. Each truckload carries 3000 or more birds. Many die in the trucks awaiting the trip following the terror and injury of catching. Others die on the way and on the loading docks at the slaughter plants. Causes of death during transport include heart failure, heat stress, freezing, injuries, and terror. Dead-on-arrival birds are commonplace throughout the poultry industry.

Death during transport is so common that the causes have been studied in laboratory simulations for decades, but even if solutions could be implemented, the birds' need for food, water and rest could not be met. "Rest" would not be restful and would merely prolong the journey, and there is no way to provide food and water to thousands of birds caged and stacked on a flatbed truck. Regardless, the traumatized birds could not eat or drink under these conditions.

In addition, food and water are intentionally taken away from chickens slaughtered for meat several hours or more before catching to reduce the splatter of intestinal contents at the slaughterhouse. All of their food is taken away from egg-industry hens several days

before catching to save the cost of feeding hens with no further economic value.

There are no federal laws in the United States regulating poultry transport. The Animal Welfare Act excludes transportation of agricultural animals, and the Twenty-Eight Hour Law of 1877, requiring animals in interstate transport to be given food, water, and rest every 28 hours, excludes those animals, including birds, who are raised in the same state as the slaughter plants they are going to. The Twenty-Eight Hour Law carries a pittance penalty of \$500 maximum and isn't enforced anyway.

## What Can I Do?

- 🐔 If you haven't already done so, please remove birds and all animal products from your diet and share this post with others. Remember that what you are seeing in these images goes on every day and night 24/7 for just one reason: customers. For animal-free recipes visit [www.upc-online.org/recipes](http://www.upc-online.org/recipes).
- 🐔 Contact Pilgrim's Pride and urge the company to require their catching crews to place the birds gently in the transport crates and make sure they are sitting upright and not thrown on their backs or with body parts trapped in cage doors or between wires. Request a reply to your concerns: What are they going to do about it?

### Contact Pilgrim's Pride:

**Address:** 1770 Promontory Circle  
Greeley, CO 80634

**Customer Service:** 1-800-321-1470

**Contact Page:** [www.pilgrimspride.com](http://www.pilgrimspride.com)

*Thank you for taking action – United Poultry Concerns*



*Vegan Recipe Corner***Vegan Quiche Muffins with Sun-dried Tomatoes***Recipe by JessicaInTheKitchen.com***Sauté**

- 1 tablespoon coconut oil (or any oil)
- 4 cloves minced garlic
- 4 tablespoons chopped onion
- ¼ cup diced sundried tomato
- 1 cup chopped mushrooms
- 2 cups chopped spinach
- Salt and pepper to taste (for the veggies)

**Blender**

- 1 lb drained firm tofu
- 1 cup almond milk
- 4 tablespoons nutritional yeast
- ½ teaspoon sea salt
- ¼ teaspoon black pepper
- ½ teaspoon turmeric (for color)
- ½ teaspoon baking powder
- ¼ teaspoon black salt (kala namak - optional for eggy taste)
- 1 tablespoon freshly chopped chives

**Directions**

1. Preheat oven to 375°F. Lightly press tofu to drain excess water and set aside. Grease a 12-cup muffin container and set aside.
2. Heat the oil in a pan over medium high heat. Stir in the mushrooms, garlic, onions, sun-dried tomato, and spinach. Season lightly with salt and pepper to taste. Allow to cook until the onions are translucent, about 5 to 8 minutes. Remove from heat and set aside.
3. In a high-powered blender, add the tofu, almond milk, nutritional yeast, sea salt, kala namak, black pepper, turmeric, and baking powder. Blend on high until completely smooth.
4. With a wooden spoon, stir in blender mixture to the sautéed vegetables and add the chives.
5. Spoon out the mixture into 12 greased muffin cups and bake for 35 minutes until a toothpick comes out mostly clean. After removing from oven wait 5 minutes and then loosen edges with a knife and remove onto a wire rack.
6. Serve while still warm, or while cold, and enjoy!

Hummus with Celery,  
Carrots & Toasted  
Tortilla Wedges

For more great recipes, go to  
[www.upc-online.org/recipes!](http://www.upc-online.org/recipes!)

Spread nut or  
seed butter onto a  
flour tortilla. Place  
a peeled banana  
in the middle, roll  
the tortilla into a  
tube and slice into  
rounds.

Vegan  
Quiche Muffins  
with Sun-dried  
Tomatoes



Photo by Liqin Cao

## POSTCARDS

20 for \$4.00, 40 for \$7.50



"Love is Best"



"Peaceable Kingdom"



"Chickens - To Know Them is to Love Them"



"Misery is Not a Health Food"

## FACT SHEETS

20 for \$3.00

- "Viva, the Chicken Hen / Chickens Raised for Meat"
- "Jane-one tiny chicken foot"
- "Starving Poultry for Profit" (forced molting)
- "Poultry Slaughter: The Need for Legislation"
- "The Rougher They Look, The Better They Lay" (free-range egg production)
- "Intensive Poultry Production: Fouling the Environment"
- "Philosophic Vegetarianism: Acting Affirmatively for Peace"
- "The Rhetoric of Apology in Animal Rights"
- "Providing a Good Home for Chickens"
- "Chicken Talk: The Language of Chickens"
- "Celebrate Easter Without Eggs"
- "Chicken for Dinner: It's Enough To Make You Sick"
- "Guide to Staffing Tables: Do's & Don'ts"
- "Henny's New Friends"
- "Avoiding Burnout"
- "The Life of One Battery Hen"
- "Bird Flu - What You Need to Know"
- "How I Learned the Truth About Eggs"

- "Peeper the Turkey, a Story of Endless Love"
- "Factory Farming vs. Alternative Farming: The Humane Hoax"

## BROCHURES

20 for \$3.00

- "A Wing & A Prayer" (Kapparot ritual)
- "Don't Plants Have Feelings Too?"
- "Chickens"
- "The Battery Hen"
- "Turkeys"
- "Ostriches & Emus: Nowhere To Hide"
- "Japanese Quail"
- "The Use of Birds In Agricultural and Biomedical Research"
- "'Free-Range' Poultry and Eggs: Not All They're Cracked Up to Be" - New & Revised!
- "Live Poultry Markets" (in English, Spanish, & Chinese)
- "Chicken-Flying Contests"

## LEAFLETS (FLYERS)

10 for \$1.00, 25 for \$2.50

- "Chicken for Dinner?"
- "The 'Human' Nature of Pigeons"
- "The Truth about Feather Hair Extensions"
- "Birds Suffer Horribly for Pillows & Coats"

## Bumper Stickers

Don't Just Switch from Beef to Chicken: Get the Slaughterhouse out of your Kitchen. \$1 each

Don't Just Switch from Beef to Chicken: Go Vegan. \$1 each

## Beautiful Chicken and Turkey Buttons

\$2 each. 3 for \$5. 10 for \$10. Any mixture.

Stick Up For Chickens • Chickens are Friends, Not Food  
Turkeys are Friends, Not Food • End Chickens as Kaporos  
Be Kind to Turkeys - Don't Gobble Me



## Life Can Be Beautiful - Go Vegan! Brochure

24 full-color  
5.5" x 8.5" pages.  
Now in Spanish!

\$1.00 each.  
20 for \$5.00.  
50 for \$10.00.  
100 for \$15.00.  
200 for \$25.00.



## UPC Ordering Information:

All Prices Include Postage

To order indicated items send check or money order to:

**United Poultry Concerns**

P.O. Box 150  
Machipongo, VA 23405-0150

Or order online at [upc-online.org](http://upc-online.org)

**T-shirts** Too Neat to Eat (Hen & Egg or Rooster) • Give a Cluck. Go Vegan! • Available in Unisex (S, M, L, XL) or Ladies (S, M, L, XL) \$20





## BOOKS

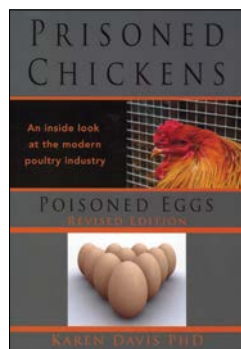
**Prisoned Chickens, Poisoned Eggs:  
An Inside Look at the Modern  
Poultry Industry**

By Karen Davis

This newly revised edition of *Prisoned Chickens, Poisoned Eggs* looks at avian influenza, food poisoning, chicken suffering, genetic engineering, and the growth of chicken rights activism since the 1990s. Presents a compelling argument for a compassionate plant-based cuisine. "Riveting . . . Brilliant."

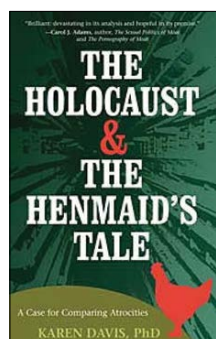
– *Choice magazine, American*

*Library Association* \$14.95. 40% off bulk orders of 5 (\$8.97 each) = \$44.85 for 5.

**The Holocaust and the Henmaid's Tale:  
A Case for Comparing Atrocities**

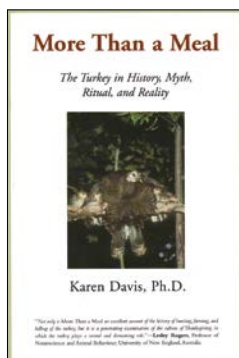
By Karen Davis

In this thoughtful and thought-provoking contribution to the study of animals and the Holocaust, Karen Davis makes the case that significant parallels can – and must – be drawn between the Holocaust and the institutionalized abuse of billions of animals on factory farms. "Compelling and convincing . . . this bold, brave book." – Charles Patterson, author of *Eternal Treblinka* \$14.95

**More Than a Meal: The Turkey in History,  
Myth, Ritual, and Reality**

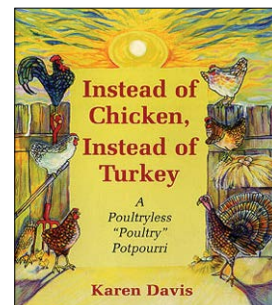
By Karen Davis

Karen Davis shows how turkeys in the wild have complex lives and family units, and how they were an integral part of Native American and continental cultures and landscape before the Europeans arrived, while drawing larger conclusions about our paradoxical relationship with turkeys, all birds and other animals including other human beings. "The turkey's historical disfigurement is starkly depicted by Karen Davis in 'More Than a Meal.'" – *The New Yorker* \$14.95

**Instead of Chicken, Instead of Turkey:  
A Poultryless "Poultry" Potpourri**

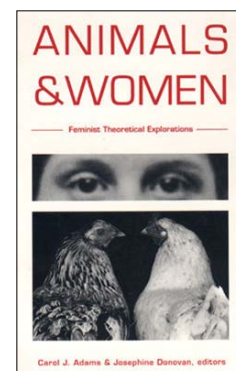
By Karen Davis

This delightful vegan cookbook by United Poultry Concerns features homestyle, ethnic, and exotic recipes that duplicate and convert a variety of poultry and egg dishes. Includes artwork, poems, and illuminating passages showing chickens and turkeys in an appreciative light. \$14.95

**Animals and Women:  
Feminist Theoretical  
Explorations**

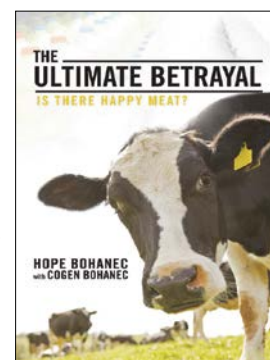
Edited by Carol J. Adams &amp; Josephine Donovan

"Karen Davis's brilliant essay [Thinking Like a Chicken: Farm Animals and The Feminine Connection] brings together the book's central concepts, leading to conclusions that rightly should disturb feminists and animal advocates alike." – Review by Deborah Tanzer, Ph.D. in *The Animals' Agenda*. \$16.95

**The Ultimate Betrayal:  
Is There Happy Meat?**

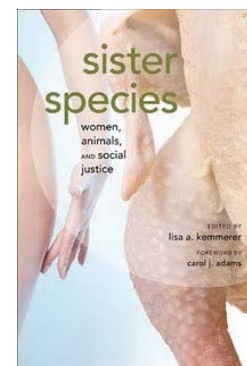
By Hope Bohanec

*The Ultimate Betrayal* lifts the veil of secrecy surrounding animal farming, offering a rare look inside the world of alternative animal agriculture. \$14.95

**Sister Species: Women,  
Animals, and Social  
Justice**

Edited by Lisa Kemmerer, Forward by Carol J. Adams

Sister Species presents the experiences of fourteen women activists who are working on behalf of non-human animals and a more just and compassionate world. \$14.95

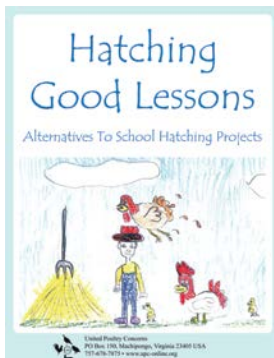


## CHILDREN'S BOOKS & EDUCATIONAL MATERIALS

### Hatching Good Lessons: Alternatives To School Hatching Projects

By United Poultry Concerns

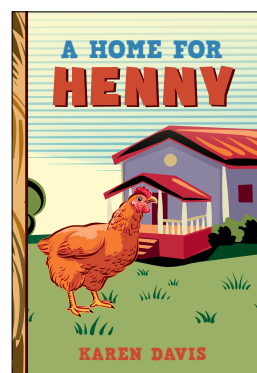
A guide booklet for elementary school teachers and other educators including parents. Revised & Updated, 2013. 16 pages of information, storytelling, classroom activities & color photos. Grades K-6 (some activities are designed for K-12). \$2.50 per booklet. 5 for \$5. It can be viewed and printed out at [www.upc-online.org/hatching/](http://www.upc-online.org/hatching/).



### A Boy, A Chicken and The Lion of Judah – How Ari Became a Vegetarian

By Roberta Kalechofsky

This wonderfully gifted children's story, set in modern Israel, is about a young boy's quest for moral independence. An intelligent book for all ages. Winner of the Fund for Animals "Kind Writers Make Kind Readers Award." \$10



### A Home for Henny

By Karen Davis

Melanie is a 3rd grader who is excited about a chick hatching project in her class at school. The project seemed like a good idea at first, but unexpected problems arise and the whole class learns a lesson in compassion. When the project is over, Melanie adopts one of the chicks she names Henny. *A Home for Henny* explores the challenges and concerns with school hatching projects

while evoking the lively personality of Henny and her loving relationship with Melanie. \$6.99



### Dave Loves Chickens

By Carlos Patino

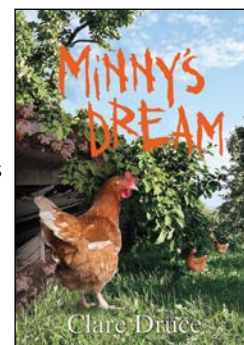
Dave is a quirky monster from another planet who loves chickens and all animals on Earth. He encourages people to share his love and not eat any

animals! Filled with fun and bold colors, this book is perfect for young children to learn compassion for chickens and all animals in a sweetly told, lovable story. \$10

### Minnie's Dream

By Clare Druce

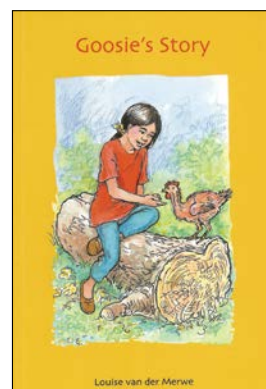
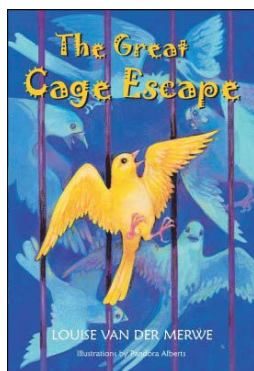
What happens when a young girl from the city discovers a battery-hen operation in the country? What happens when a "battery hen" named Minny speaks to her? What must she do when her friend Minny is going to be killed? This book is a must for the young person(s) in your life, age 8-14. \$10



### The Great Cage Escape

Grades 4-7. By Louise Van Der Merwe

The birds in a pet shop think they are happy until a brown box punched full of air holes is left overnight on their front door step. The creature inside looks very weird at first. But as his feathers begin to grow, his true identity becomes apparent, and the stories he tells inspire the pet shop birds to pull off a Great Cage Escape. This is a story that encourages respect for all forms of life and helps learners realize that heaven can be right here on earth if we choose to make it so. \$4.95



### Goosie's Story

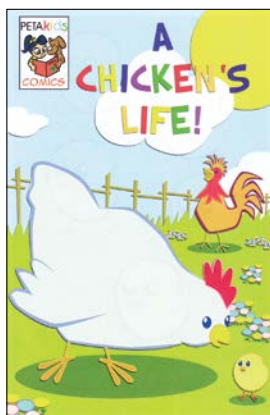
By Louise Van Der Merwe

A touching story about a "battery" hen who is given a chance to lead a normal life – a happy life. This moving book will be warmly welcomed and shared by children, parents and teachers, highlighting as it does the concern and compassion we ought to feel for all our feathered friends on this earth. \$4.95

### A Chicken's Life!

Grades 4-6. *PETAKids Comics*

This cute comic book illustrates a group of children visiting an animal sanctuary where they meet a flock of chickens and learn all about them including the differences between Nature's Way and The Factory Farm Way. "Are these chickens really your friends?" they ask. "I've never met a chicken before." *A Chicken's Life* includes a puzzle for elementary school students to unscramble



words including barn, beak, cluck, feathers, grass, hatch, peck, peep, wings, and lots more. \$1.50 each. 10 for \$10.

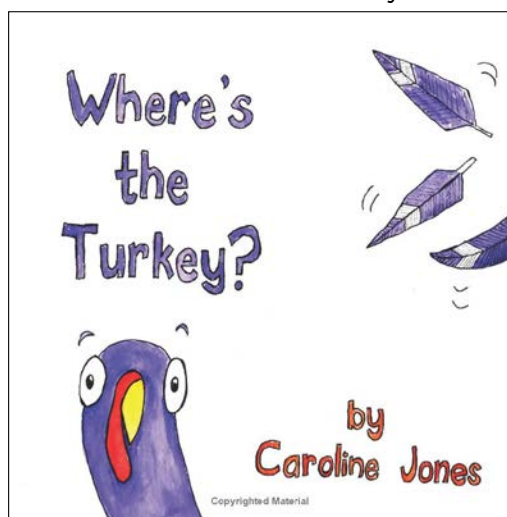
**More Books, plus Videos available at [upc-online.org/merchandise](http://upc-online.org/merchandise)**



**(continued) CHILDREN'S BOOKS & EDUCATIONAL MATERIALS**

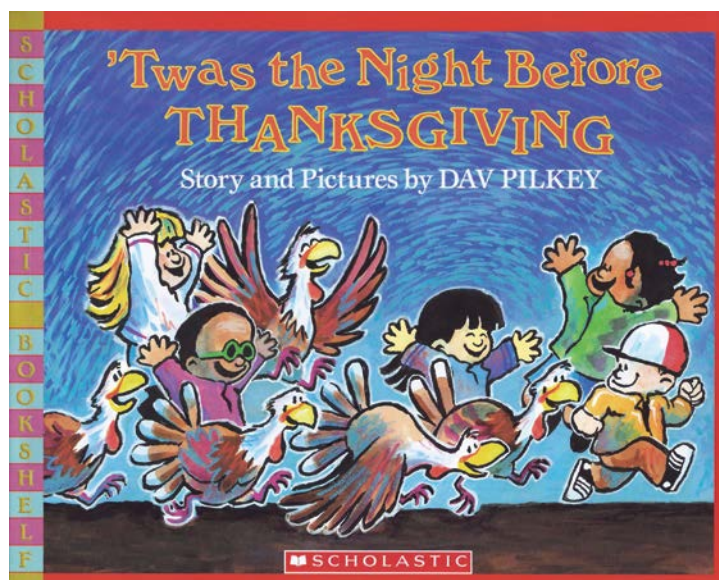
**Where's the Turkey?**, by Caroline Jones, is a charming and adorable book for young children. The child is engaged in a journey, with visual clues in the illustrations, toward discovering where the turkey is, which is not on the table. Young children love the "look-and-find" challenge page by page. I recommend this book most highly. It illustrates a Happy Thanksgiving with the whole family and a delicious Thanksgiving feast for which the turkeys themselves can give thanks for enjoying the day in their own happy "turkey" way. \$6.99

– Karen Davis, United Poultry Concerns

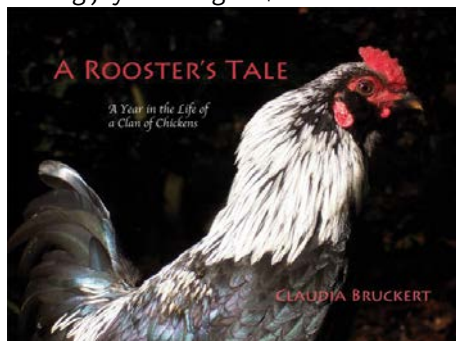
**'Twas the Night Before THANKSGIVING**

Story and Pictures by Dav Pilkey, Scholastic Book Shelf

Turkeys don't usually celebrate Thanksgiving. And they wish we wouldn't either! Here is a tale of eight children who meet eight turkeys who are in big trouble. Only the kids can keep the turkeys from meeting their Thanksgiving fate. But how will they save the turkeys? \$6.99

**A Rooster's Tale: A Year in the Life of a Clan of Chickens**

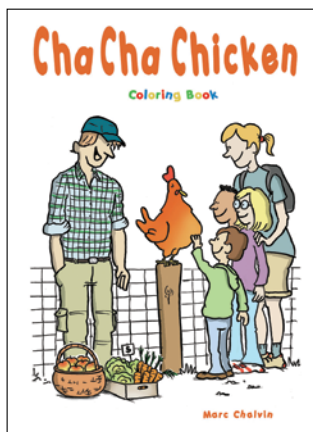
by Claudia Bruckert, transports readers to the fascinating world of Change, who tells the real life story of his chicken family during his first year of life. Enchanting experiences and intriguing facts, chronicled and photographed beautifully over the course of one year, convey deep insights into the daily life of chickens. Grades 3-12 and a reading joy for all ages. \$20

**Cha Cha Chicken Coloring Book**

By Marc Chalvin

Narrated by Cha Cha the hen, this book invites children to visit Green Farm sanctuary and learn about the happy animals who live

there. Written by Marian Hailey-Moss and illustrated by Marc Chalvin, Cha Cha shows children that chickens are people too and invites them to color their world beautiful! *Cha Cha Chicken Coloring Book* is a delightful gift for children K-3. \$10

**Chickens at Play**

By United Poultry Concerns

This vibrant video shows chickens at the United Poultry Concerns sanctuary accompanied by lively music, with brief explanations of what the chickens are doing throughout their daily activities into the evening as, one by one, they hop up to their perches for the night. Narrated by a young child. 10:04 minutes. DVD. \$5. \$12.50 for 5. Watch: <http://vimeo.com/13210456>



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## POSTERS



### International Respect for Chickens Day

Celebrate 12.5" x 17" Wings 12" x 16"



### A Heart Beats in Us the Same as in You

Photo by PeTA

Full-color poster vividly captures the truth about factory chickens for the public. Vegetarian message. 18"x22".



### Friends, Not Food

Photo by Franklin Wade

Liqin Cao & FreddaFlower.

Full color 19"x27" poster.



## WHAT WINGS ARE FOR



### CHICKS NEED THEIR MOTHERS

Photos by Jim Robertson & Karen Davis  
Great educational tool. Full color 11-1/2"x16" poster.

### Walking to Freedom After a Year in Cages

Photo by Dave Clegg. Full color, 18"x22" poster.

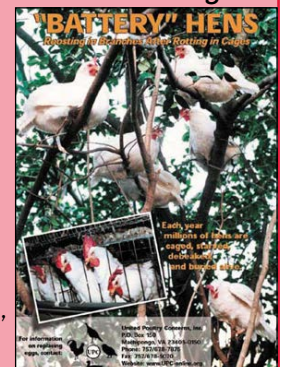


### "Battery" Hens

Roosting in Branches After Rotting in Cages

Photo by Susan Rayfield

This beautiful color poster shows the rescued Cypress hens at UPC. Perfect for your office, your home, your school. 11.5"x16".



### Great Turkeys Poster!

Photos by Barbara Davidson & Susan Rayfield

The posters are in color, and come in two sizes: 11.5" x 16", and 18" x 27".

**UPC posters in any mix:  
One for \$4. Two for \$5.  
Three for \$7.**



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## INSIDE

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50 New Sanctuary Birds!  
Okay to Buy Birds?  
Mr. Rogers' Neighborhood  
*Fresh Air?*  
Recipe Corner & More!

*Wishing You a Fabulous Fall!*  
*Please renew your membership for 2019*



Photo: Nova Scotia Bird Society

“Dear friends, I want you to know how much your work has influenced my life and actions in the world. This picture was taken at a marsh near me.” – Susan Vickery