

Poultry Press

Promoting the compassionate and respectful treatment of domestic fowl

Celebrating 24 years of dedicated activism for domestic fowl





UPC# 11656

United Poultry Concerns

P.O. Box 150 Machipongo, VA 23405-0150 (757) 678-7875 FAX: (757) 678-5070 info@upc-online.org

Visit Our Web Site: www.upc-online.org





This February 2014 Chicken Run Rescue calendar photo is by Irena Shuke, courtesy of Chicken Run Rescue. In this photo, Albert is participating in the World Animals Day celebration organized by a local animal sanctuary in Malta. Irena says Albert touched many hearts during his short life and that children and adults alike were deeply drawn to him. She writes that Albert "knew his name perfectly and always used to come running when I called him amidst our other 100+ feathered sweethearts in the yard." To order your 2014 calendar and submit your own chicken photos for next year's Chicken Run Rescue calendar contest, contact chickenrunrescue@comcast. net. For information about Chicken Run Rescue and the calendar contest, visit www.chickenrunrescue.org.

CRR founder Mary Britton Clouse is a featured speaker at our April conference in Berkeley, CA. Please see inside for details.

Uncooped's Grand Opening: Deconstructing the Domesticated Chicken Inspires Enthusiastic Turnout in Los Angeles!

"We are so honored to be able to share UPC's many accomplishments through this exhibit and to preserve these historically significant artifacts." - Abbie Rogers, Curator



Artwork by Angie Carreiro, www.iloveanimalart.com

The Grand Opening of the Uncooped Museum honoring chickens was held January 9-12, 2014 in Los Angeles. Created by the National Museum of Animals & Society with support from United Poultry Concerns, the exhibit is fantastic! It will be up through March, so please visit 4302 Melrose Avenue corner of Heliotrope Drive if you are in or near Los Angeles. For more information, please see www.museumofanimals.org.

And please visit the permanent Uncooped Museum online at www.uncooped.org. This permanent collection includes photographs, illustrations, paintings,





essays, interviews, videos, artifacts, and campaign materials capturing the many ways in which chickens have been perceived and treated by humans, how they have suffered and died and recovered and rejoiced and been loved, cherished, honored, tortured, murdered, maligned and advocated for from the past to the present. Uncooped was inspired by UPC's International Respect for Chickens Day May 4/Month of May. Please see page 14 for ideas about what you can do to advocate for chickens in May 2014. - Karen Davis, President of United Poultry Concerns, proud underwriter of Uncooped: Deconstructing the Domesticated Chicken!





Urge Bill and Melinda Gates NOT to Support KFC in Africa!



A chicken breeding farm in Africa

entucky Fried Chicken (KFC) is spreading through the African continent like the plague with more than 750 locations in sub-Saharan Africa alone. It is commandeering huge industrial chicken farms to supply a growing African middle-class market for KFC products. Soy is a main ingredient in processed chicken feed due to its high protein content. To help small farmers in Africa get in on the game, the Bill and Melinda Gates Foundation gave \$8 million in 2010 to TechnoServe, a nonprofit partner of Cargill, the world's largest soy producer and a global poultry corporation.

A January 10, 2014 article in *Mother Jones* – "How Bill Gates Is Helping KFC Take Over Africa" – explains that a primary market for Africa's soybean growers will be the KFC supply chain. By giving money to TechnoServe, the Gates Foundation is helping to convert small farms and local diets in Africa to a factory-farm economy featuring industrially-raised chickens fed industrially-produced soybeans. Despite a professed commitment to wholesome nutrition and ethical investing, in 2012 the Gates Foundation gave nearly a million dollars to Yum Brands, the parent company of Taco Bell, Pizza Hut, and KFC.

To grow, KFC and other fast food chains require a steady supply of chickens conforming to their model of producing abnormally large, fast-growing birds who are fed a mash made of soybeans, corn, fishmeal and rendered animal remains that are typically loaded with pathogens. *Mother Jones* reports that both the Gates Foundation and the U.S. government are funding companies to build "value chains" – business relationships that link small farmers in Africa to "sellers of agricultural inputs like fertilizer on one side, and big buyers of corn and soy on the other. Those buyers turn these commodities into

feed, and then sell it to large chicken wholesalers who are staking their future growth on supplying KFC's African expansion."

This Gates Foundation investment activity contradicts Bill Gates's website article, *Bill Gates: Food Is Ripe for Innovation*, where he wrote in 2013: "There's plenty of protein and necessary amino acids in plants, including the world's four major commodity crops – rice, maize, wheat and soy. The problem is that instead of feeding these crops to people, we're feeding most of them to livestock. Fortunately, there are thousands of plant proteins in the world, and many of them have yet to be explored for use in the production of meat alternatives."

What Can I Do?

Please contact the Gates Foundation. Urge Bill and Melinda Gates to uphold the Gates Foundation's commitment to plant-based agriculture and nutrition, and to honor its claim not to invest in "companies whose profit model is centrally tied to corporate activity that they find egregious." KFC, Burger King, Walmart and other companies the Gates Foundation Trust is supporting fit the definition of EGREGIOUS. These companies mistreat workers. They treat chickens and other animals abominably. They devastate the African and South American rainforests and contribute to exorbitant health care costs, eating disorders and poor nutrition throughout the world. The Gates Foundation should oppose the global expansion of industrialized chicken farming. Growing soybeans to be fed to tens of billions of chickens for people to eat is vastly more wasteful and environmentally destructive than growing soybeans for 7 billion people to eat directly in the form of vegan food products. Request a response to your concerns.

Bill and Melinda Gates Foundation

500 Fifth Avenue North Seattle, WA 98109 Phone: 206-709-3100

feedback@gatesfoundation.org info@gatesfoundation.org

www.facebook.com/billmelindagatesfoundation www.twitter.com/gatesfoundation

Volume 23, Number 4

New Books from UPC!

Dave Loves Chickens Written & Illustrated by Carlos Patino

Vegan Publishers www.veganpublishers.com

Dave Loves Chickens is a brand new beautiful book for young children examining the unique characteristics of chickens and questioning why people eat animals. The main character of the book, Dave, is a quirky monster from another planet who loves the animals on Earth and encourages others to appreciate them and not eat them! This fun, lighthearted



book, full of bold colors and friendly illustrations, is ideal for parents who would like to introduce their children to a more compassionate way of treating chickens and all animals. Available from United Poultry Concerns \$10

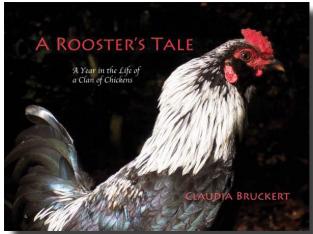
A Rooster's Tale: A Year in the Life of a Clan of Chickens

Story and color photos by Claudia Bruckert. www.claudiabruckert.com
Grades 3-12. Available in English and German. Available in English from United

Poultry Concerns \$20

Can chickens talk? What does a rooster do all day? Would a mother hen attack a hawk? What happens within a family of chickens?

This soulful and humorous book takes the reader to a fascinating foreign world. The young rooster Change tells the real life story of his family. Enchanting events and



intriguing facts, chronicled and photographed over the course of one year, convey deep insights into daily chicken life. A reading joy for all ages.

Would you like to do more to help the birds?

Just go to www.upc-online.org/email and sign up to

BECOME A UPC E-SUBSCRIBER!

News updates, action alerts, upcoming events and more!

Poultry Press

is published quarterly by United Poultry Concerns, Inc., a national nonprofit 501 (c) (3) organization incorporated in the State of Maryland. Federal ID: 52-1705678

EDITOR: Karen Davis

Graphic Design: Franklin Wade

UNITED POULTRY CONCERNS, INC.

Officers:

KAREN DAVIS, PhD *President-Director*

Liqin Cao

Vice President-Director

FRANKLIN WADE
Vice President-Director

VEDA STRAMVice President-Director

DEBBIE ALEKNASecretary Treasurer-Director

Website Administrator/ Graphic Designer: Franklin Wade

OFFICE ASSISTANT:
RONNIE STEINAU

Sanctuary Assistant: Holly Wills

WEB ASSISTANT: BILL FERGUSON

Projects Manager: Hope Bohanec

Advisors:

Carol J. Adams, Author Holly Cheever, DVM Mary Britton Clouse, Chicken Run Rescue Sean Day, Attorney Clare Druce, Chickens' Lib Sheila Schwartz, PhD, Humane Education

Kim Sturla, Animal Place

Committee of NYC

Is It Okay for Sanctuaries to Give Hens' Eggs to Donors?

ecently United Poultry Concerns was asked this question on behalf of a sanctuary that was considering giving away their rescued hens' "freely-laid eggs to certain financial supporters as a 'personal touch,' the thought being that the eggs are laid naturally, and by giving them to people, the hens who laid them would serve as 'ambassadors' for the sanctuary."

Q. Do you endorse giving away these naturally-laid eggs, or do you feel that to do so invites people to keep using eggs, thereby deterring them from possibly adopting a vegan diet?

A. UPC does not endorse giving away eggs as an incentive for public support. While we understand the challenge of financing a sanctuary and of getting people to change to a compassionate animal-free diet, we believe it is the role of animal advocates to represent all animals as individuals of value in their own right, and not as sources of products. The chickens themselves, aided by effective advocacy, should be the ambassadors, not their eggs.

UPC would never use our sanctuary hens' eggs to make money for our organization or to encourage people to care about chickens. Similarly, if we had a sanctuary for cows, we would not try to win favor with people by giving them free milk from our rescued cows!

The majority of farmed animal sanctuary residents have come from situations of terrible suffering and abuse. The exceptions are animals whose former caregivers could no longer keep them due to incapacity or death. A farmed animal sanctuary is a tiny island of refuge for a

fraction of animals who had the luck to escape from the universe of suffering that society forces them to live in.

In addition to caring for these animals, our responsibility is to educate people to see chickens, cows and other farmed animals as whole beings. Using their eggs or milk to try to get people to care about them reinforces the perception of them as suppliers of products for humans. But hens do not lay eggs, and cows do not "give" milk, for us. The purpose of eggs and milk is to nourish these animals' own young.

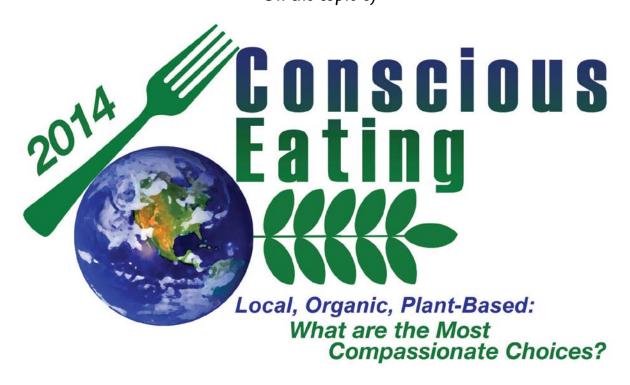
Q. Relating to your last statement, if you don't allow your hens to hatch their eggs, which would be fertile since you also have roosters, what do you do with the eggs they lay? The eggs could be fed to other farmed animal residents, like the pigs, could they not? Are there any circumstances in which you would be OK with the use of the hens' eggs?

A. Feeding the eggs to other animals at the sanctuary is fine in our opinion. We hard-boil our hens' eggs and feed them back to the chickens. Our role is to provide a happy home for our birds, minimizing our control over them as much as is compatible with protecting them from predators and other preventable dangers. Our role is to educate people to understand why we do not allow our hens to hatch chicks: First because this is a sanctuary and not a breeding or farming operation. Second because we do not support bringing animals into a world in which the majority are mistreated by our species and in which millions already exist who need caring and responsible homes.



You are cordially invited to attend

United Poultry Concerns' Twelfth Annual Conference On the topic of



Sunday, April 6, 2014, Berkeley, California

Conference Hosts: United Poultry Concerns, Animal Place, Berkeley Organization for Animal Advocacy



Conference Synopsis: UPC's Conscious Eating Conference will inform and empower our community about the true nature of sustainable and compassionate food choices. As we face unprecedented global challenges from climate change to food deserts, we know that agriculture plays a crucial role in these challenges and that it is our responsibility to make informed and conscious choices for ourselves, our environment, for animals, and the planet. Our 2014 conference will focus on backyard animal-keeping versus factory-farming, the "humane meat" myth, upgrading our language to replace terms disparaging plant-based foods as mere "substitutes" for animal products, and examining how animals can get lost in vegan advocacy discourse.







Location: David Brower Center, 2150 Allston Way, Berkeley, CA 94704

Date: Sunday, April 6, 2014 • Registration: 8am • Program: 9am - 6pm

Registration: FREE for students with IDs. To register as a student, email hope@upc-online.org. \$15 all others. To register, send check or money order to UPC, PO Box 150, Machipongo, VA 23405, or register by credit card at www.upc-online.org/forums/2014.

Food: Continental breakfast, Lunch for all participants, Dinner for speakers

Speakers:



Karen Davis, PhD, President of United Poultry Concerns, sanctuary director & author of books including *Prisoned Chickens, Poisoned Eggs: An Inside Look at the Modern Poultry Industry*. www.upc-online.org

Colleen Patrick-Goudreau, award-winning author of five books, including the bestselling *The Joy of Vegan Baking, The Vegan Table, Color Me Vegan, Vegan's Daily Companion*, and *The 30-Day Vegan Challenge*. www.compassionatecook.com





Ethan Brown, CEO and co-founder of Beyond Meat, a company focused on perfectly replacing animal protein with plant protein. www.beyondmeat.com

Robert Grillo, director of Free from Harm, a nonprofit animal rescue, education and advocacy organization. www.freefromharm.org





Mary Britton Clouse, Founder of Chicken Run Rescue and Justice for Animals Arts Guild. www.chickenrunrescue.org





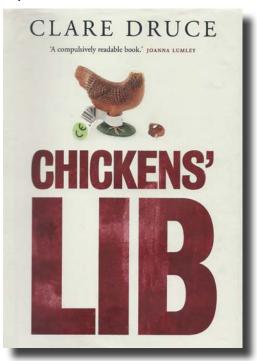
Full Bios for CEC 2014 Spearkers available at www.upc-online.org/forums/2014

Chickens' Lib: The Story of a Campaign

By Clare Druce
Bluemoose Books, 2013
kevin@bluemoosebooks.com
www.bluemoosebooks.com

333 pages including References & 16 pages of photographs

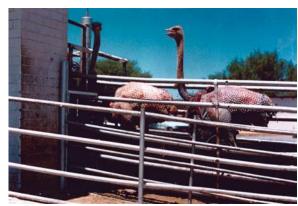
Review by Karen Davis, PhD, President of United Poultry Concerns



"In a campaign one must aim high." – Clare Druce, Chickens' Lib

lare Druce, cofounder of U.K.-based Chickens' Lib, presents a harrowing, often grimly humorous account of her organization's 40-year fight to expose and eliminate the industrialized farming of chickens and other birds and animals in the United Kingdom and the European Union. Following Ruth Harrison, whose 1964 book *Animal Machines* forced the hidden facts of 20th-century factory farming into public awareness, Clare Druce, a professional clarinetist with a husband and two children, and her mother, Violet Spalding, launched a crusade on behalf of battery-caged hens in the early 1970s.

Chickens' Lib was the first organization in the world to specialize in exposing the suffering of egg-laying hens and baby "broiler" chickens, and to advocate for their rights. Clare's 1989 book Chicken and Egg: Who Pays the Price? was the first book to focus specifically on the newly formed poultry and egg industries designed to produce cheap food for the masses after World War Two. Her books Chicken and Egg and Minny's Dream, along with Chickens' Lib's videos Sentenced for Life, Chicken for Dinner and Hidden Suffering, and the organization's powerful posters and steady flow of scrupulously documented fact sheets and action alerts, educated me and thousands of other people about modern poultry and egg production and the intense suffering inflicted on birds for their flesh and eggs. It was Clare who in the early 1990s made me aware of the gruesome effort to raise ostriches and emus for meat in the U.S. and the U.K. and who prompted my discovery of the horrible ostrich industry in South Africa in which ostriches were, and probably still are, plucked alive for their plumes.



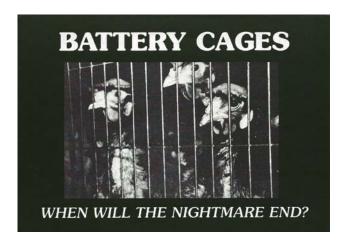
Chickens' Lib: The Story of a Campaign is about building a force of resistance against what Violet Spalding (who died in 1999) told a reporter in 1973 is a "story of calculated cruelty." The slogan Chickens' Lib – fighting cruelty evolved, through horrific revelations recounted in the book, to include egg-laying hens, chickens, turkeys and ducks raised for meat, the factory farming of quails, ostriches and game birds, and the sadistic business of pheasant hunting.

The calculated cruelties exposed by Chickens' Lib are those of the British and European governments and the industries they support. The culprits include the Church of England and a group of nuns who told the

press, "Our ten thousand nuns [hens] are quite happy. They sit in their cages all day long and sing." Druce describes her visit to the nuns' farm in 1978:

We'd not, of course, expected to find a good battery unit (for there's no such thing) but with women in charge – nuns, even – might there perhaps be just a hint of mercy? As it turned out, no, there was not. This was a business, with hens as raw material and eggs the finished product.

These birds' combs were exceptionally pale, even for battery hens, and we felt certain the cages were overstocked. The inevitable feeling of stress hit us, along with the appalling smell. Suddenly I was near to throwing up, and I thought afterwards how that would have served these women right. For the place was, literally, sickening.



By contrast, a government Veterinary Officer, who visited the nuns' farm in response to Chickens' Lib's call for an investigation, reportedly found "no evidence that the birds were suffering unnecessary pain or distress" to the extent that any welfare laws were being broken. This is the government response in case after case: "No evidence of unnecessary pain or unnecessary distress was found."

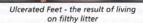
The book begins with Clare and Violet demonstrating in Parliament Square on a cold rainy day in 1971. Covered in plastic are four former battery hens in a cage. Five human beings occupy another cage. The purpose of the not yet named Chickens' Lib demonstrators is to challenge the Agriculture Minister to "end the birds' suffering" by exposing the condition

of hens whose eggs are being falsely sold as "farm fresh." Clare and her mother stand ready with their press releases wondering whether press will show up, when out of the gloom a reporter and a cameraman from the illustrious *Guardian* newspaper appear and provide excellent coverage the next day.

When you launch a campaign for "food" animals and start off getting great press, you might fantasize that the abuses you're exposing will be quickly eliminated. Such fantasies dissolve in the face of powerful vested interests, bureaucracy, and the desire of consumers for cheap products and comforting reassurances that everything is "humane." Far from being defeated by these obstacles, Chickens' Lib became an implacable opponent of government-protected animal cruelty and a vigorous voice for suffering birds.

Alternately patronized as "little old ladies" and "young ladies," accused of being "undercover agents," Clare and Violet shock the Ministry of Agriculture, Fisheries and Food (now called the Department of Environment, Food & Rural Affairs, or DEFRA) by bringing a group of poor little ravaged hens into the Ministry's London offices. They carry a shopping bag filled with ulcerated ammonia-burned chickens' feet to a Ministry meeting where officials drone on: "But how can we be certain chickens suffer without further research?" "I have here official proof of the suffering of broiler chickens," Druce tells them and opens her bag of "sad amputated bits and pieces" from which "the putrid stench of rotting flesh" wafts around the boardroom. Once, after getting the brush-off, Clare and Violet take five hens into Wakefield cathedral during a church service, only to be thrown out by the Provost. "This is most improper," he thunders. "Battery farms are most improper too," they yell back.



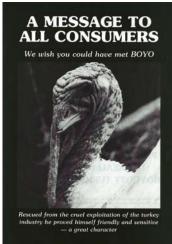




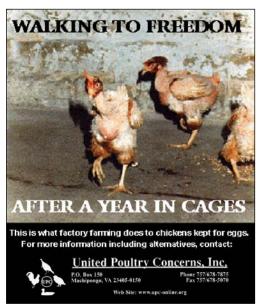
slaughter by Chickens' Lib. (note the deformed feet)



Describing their campaign to educate the public about the brutal turkey industry including "sexual manipulation of sick and deformed male birds," and the growth of *Salmonella* and antibiotic resistance worldwide, Druce writes: "Some might say Chickens' Lib displayed foolish optimism, with this talk of preventing the



expansion of the turkey industry. But in a campaign one must aim high." Their aim remains high despite the disappointments they encounter, as when a veterinary surgeon employed by the RSPCA and assumed to be helpful pronounces "the most pitiful and naked" hen in a little flock of rescues to be "more than happy." You can see this hen, Felicity, and her friends on our poster Walking to Freedom After a Year in Cages, courtesy of Chickens' Lib.



In "Factory farming's smallest victim," Druce describes the British government's manufacture of a quail meat and egg industry. Already established in some other European countries and in Asia, quail factory farming was officially launched in Britain in 1985. Druce evokes the misery of these shy little birds in their filthy battery cages and poultry scientists' depiction of how a quail's instinct to make "a sudden and strong vertical take-off leap" of self-protection in its

natural habitat causes the birds to bang and injure their heads repeatedly against the top of their cages in their frustrated effort to make that leap.



In her chapter "The Sporting Life," Druce draws attention to the game bird industry. Victims of the tradition of organized bird-shooting parties, pheasants and other avian species targeted for assault are debeaked and fitted with clamps, spectacles, and other sociopathic devices that, added to the squalor in which they are raised for the massacre that awaits them, result in inflamed nostrils and beaks, septicemia, arthritis, brain disease, tumors, blindness, chronic pain, terror and other pathologies duly reported in the *Veterinary Record*, the weekly journal of the veterinary profession.

It isn't just Britain, of course. As Druce writes on page 232: "Most of our knowledge about game birds has been based on practices in the UK, but while writing this chapter I've looked at various websites. One day I lit upon a hauntingly sad image from America. A sturdy leather harness encircles a live pheasant as she lies helpless on the grass, denied any hope of movement, let alone escape. The device comes in different sizes to suit different types of birds, including the tiny quail, and is an aid for training gun dogs."

For me, this image epitomizes the plight of nonhuman animals with humans. What can be done?

A purpose in writing *Chickens' Lib*, Druce explains, is "to highlight the lack of enforcement" of animal welfare legislation in the United Kingdom and the European Union. Chickens' Lib has spent 40 years investigating violations of various welfare laws and presenting the evidence to inert government officials; still, she argues that an informed public must persist in challenging governments "who have issued legislation"

demanding comfort and well-being under systems that preclude both."

I cannot disagree with this argument; however, short of a radical change in humanity's eating habits, and a revolution in our attitude toward nonhuman animals, such systems will never go away unless Nature itself intervenes. Right now these systems are expanding rapidly throughout the world as the human population grows and people with money to spend consume ever more animal products. The U.K. no less than the U.S. – which doesn't even have federal laws "protecting" farmed animals apart from the Humane Methods of Slaughter Act, whose methods are not humane and which is not enforced and excludes all birds and fish – is part of a global system of animal production too big to imagine. This system cannot be fixed as long as a market for animal products exists.



"Delicate" lady with dying turkey, by Sue Coe

Proposals to restore the "traditional farm" ignore the fact that old-fashioned farming, in Britain and everywhere else, has always involved cruelty to animals including whipping pigs to soften their flesh, blinding geese to keep them immobilized, slow cooking of live birds in front of fireplaces, hanging turkeys and calves upside down to bleed them out slowly through holes cut into their throats — the list goes on. These days the back-to-the-small-farm people show scarcely, if any,

more compassion for chickens and other animals bound for the table than the factory farm model they claim to reject, but in fact simply imitate. As activists, we must insist upon a totally different relationship with nonhuman animals, one that translates not just into "welfare" laws for legally enslaved property, but Rights for our fellow creatures. Near the end of *Chickens' Lib*, Clare writes:

In the early days of Chickens' Lib Violet and I were able to face the harrowing East End butchers' shops, and later the battery sheds, because we needed first-hand knowledge – plus the hens. We tried not to dwell on their misery – constantly thinking about it could become destructive. I did develop a personal technique for bad moments, though. If I felt nervous, for example before giving a talk, I'd imagine myself inside a battery shed. *That's* why I'm doing this, I'd tell myself. Think about the hens. Go for it.

But sometimes pictures come into my mind unbidden, unwanted even. A battery hen is waking up after yet another night spent crouching on the grid of the cage floor or, if in a so-called enriched cage, perched on a plastic rod. It's about 3am in the shed, and the rows of dim, cobweb-festooned lights have just come on, to ensure that most eggs will be laid early, to fit in with the farmer's schedule. Once again, she must face another seventeenhour 'day' of boredom and frustration, pain and misery.

I find that image intolerably sad, the more so because the exclusion of the enriched cage from the 2012 barren battery cage ban illustrates the grim fact that, despite all the campaigning by activists, the EU hasn't moved on very far at all.

This is crushing, frustrating, and infuriating, but there is only one thing for us to do in the face of such sorrow and evil. Fight on. The story of a campaign for animals is this: we have only just begun the worldwide crusade for animals and animal liberation, and we are here for good and forever. Chickens' Lib, by whatever name, will carry on through those who follow, building our strength, leading the way. – *Karen Davis*

Personhood Beyond the Human Conference at Yale University

Experts Gather at Yale to Discuss Whether Animals Are People

By Karen Davis, PhD, President of United Poultry Concerns

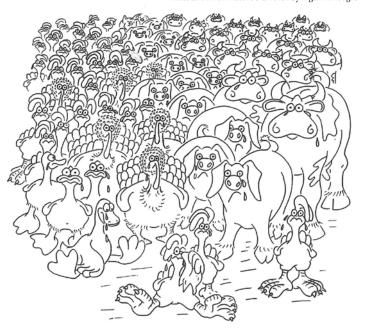


he Personhood Beyond the Human conference at Yale University, December 6-8, 2013, reveals growing support among ethicists, lawyers, scientists and others for changing the status of nonhuman animals from one of legal thinghood, with no rights, to a status of personhood with a capacity for legal rights. The Nonhuman Rights Project, founded by attorney Steven Wise, is breaking ground on legal rights for nonhuman animals, for whom, he says, "The passage from thing to person constitutes a legal transubstantiation."

While nonhuman primates were the main topic of the conference, reflecting the Nonhuman Rights Project's current lawsuits on behalf of chimpanzees, as a speaker I seized the opportunity to shine a light on chickens. In "The Provocative Elitism of 'Personhood' for Nonhuman Creatures in Animal Advocacy Parlance and Polemics," I argued that animal advocates cannot allow the idea to take hold that only the great apes and certain other "higher" animals are fit to be "persons." Working to change the moral status of the great apes should not be done at the expense of other animals. Nonhuman animals should not be ranked according to a hierarchy of "intelligence" or be cognitively equated with toddlers and mentally incompetent human adults, as has been suggested by some animal advocates.

An adult chicken raising her chicks does not think like a six-year-old. She thinks like a mother hen, in which respect she is like all other attentive and doting mothers of all species.

Illustration from Nature's Chicken by Nigel Burroughs



"What must we do to prove we are 'persons'?"

Since a criterion for "personhood" is often cited as a nonhuman animal's demonstration of self-recognition in a mirror, I read the following excerpt from my essay, "The Social Life of Chickens," about our hen, Freddaflower:

Chickens in my experience have a core identity and sense of themselves as chickens. An example is a chick I named Fred, sole survivor of a classroom hatching project in which embryos were mechanically incubated. Fred was so large, loud and demanding from the moment he set foot in our kitchen, I assumed he'd grow up to be a rooster. He raced up and down the hallway, hopped up on my shoulder, leapt to the top of my head, ran across my back, down my arm and onto the floor when I was at the computer, and was generally what you'd call "pushy," but adorably so. I remember one day putting Fred outdoors in an enclosure with a few adult hens on the ground, and he flew straight up the tree to a branch, peeping loudly, apparently wanting no part of them.

"Fred" grew into a lustrously beautiful black hen whom I renamed Freddaflower. Often we'd sit on the

Photo by Franklin Wade

sofa together at night while I watched television or read. Even by herself, Freddaflower liked to perch on the arm of the sofa in front of the TV when it was on, suggesting she liked to be there because it was our special place. She ran up and down the stairs to the second floor as she pleased, and often I would find her in the guestroom standing prettily in front of the full-length mirror preening her feathers and observing herself. She appeared to be fully aware that it was she herself she was looking at in the mirror. I'd say to her, "Look, Freddaflower - that's you! Look how pretty you are!" And she seemed already to know that.

Freddaflower loved for me to hold her and pet her. She demanded to be picked up. She would close her eyes and purr while I stroked her feathers and kissed her face. From time to time, I placed her outside in the chicken yard, and sometimes she ventured out on her own, but she always came back. Eventually I noticed she was returning to me less and less, and for shorter periods. One night she elected to remain in the chicken house with the flock. From then on until she died of ovarian cancer in my arms two years later, Freddaflower expressed her ambivalence of wanting to be with me but also wanting to be with the other hens, to socialize and nest with them and participate in their world and the reliving of ancestral experiences that she carried within herself.



Ligin Cao and Freddaflower

*Karen Davis's presentation at the Personhood
Beyond the Human conference can be viewed on
UPC's website at www.upc-online.org/videos. To read
"The Social Life of Chickens," go to
www.upc-online.org/thinking, scroll down to the
article, and click it on.

PLEASE, JOIN US TODAY!

We NEED Your Strong and Continuing Financial Support

□ New Membership \$35 □ 2014 Membership Renewal \$30

Membership includes our quarterly *Poultry Press* Magazine to keep you informed on current issues, and how you can get involved in many other ways. If you would like to support us by credit card, please go to our website at www.upc-online.org and click on DONATE to make your donation. It's that easy!

Additional Tax-deductible Contribution:

Address

□\$20 □\$35 □\$50 □\$100 □\$500 □Other \$____ Name____

City _____ State ___ Zip ___

Please make your check payable to United Poultry Concerns. THANK YOU!

Are you moving? Please send us your new address.

Do you want to be removed from our mailing list? Please tell us now. The U.S. Postal Service charges UPC for every returned mailing. Remailing the magazine costs UPC an additional sum. Due to the enormous





cost of remailing, we can no longer provide this service. Thank you for your consideration. Please keep up your membership. We need your continuing financial support.

International Respect for Chickens Day May 4 "Please do an ACTION for Chickens in May!"

INTERNATIONAL RESPECT FOR CHICKENS DAY, MAY 4 is an annual project launched by United Poultry Concerns in 2005 to celebrate chickens throughout the world and protest the bleakness of their lives in farming operations. The entire month of May is International Respect for Chickens Month!

Please do an ACTION for chickens on or around May 4. Ideas include leafleting on a busy street corner, holding an office party or classroom celebration, writing a letter to the editor, doing a radio call-in, tabling at your local church, school or shopping mall, hosting a vegan open house, or simply talking to family, friends or strangers about the plight – and delight – of chickens and how people can help them.



See our merchandise pages for posters & brochures, also available at www.upc-online.org/merchandise.

Thank you for making every day Respect for Chickens Day!

Free Ways to Help United Poultry Concerns Raise Much-Needed Funds

Please make free fundraising a part of your online routine

Every time you shop at any of 700+ online stores in the iGive network, a portion of the money you spend benefits United Poultry Concerns. It's a free service, and you'll never pay more when you reach a store through iGive. In fact, smart shoppers will enjoy iGive's repository of coupons, free shipping deals, and sales. To get started, just create your free iGive account. And when you search the web, do it through iSearchiGive.com where each search means a penny (or more!) for our cause!

Start iGiving at: www.iGive.com/UPC. Wow can also install the iGive Toolbar 3.0 now at www.iSearchiGive.com/UPC and help UPC get every possible donation when you shop or search online!

UPC's Holiday Commuter Campaign Urged People to "Be Kind to Turkeys - Go Vegan!" in the Nation's Capital

Photo by CBS Outdoor

From November 18 through December 15, 2013, sixty King-Size Bus Posters and 100 Metro Rail Headliners carried our message through the Washington, DC Metro Area.



Photo by Jessica Fomalont



A LEGACY OF COMPASSION FOR THE BIRDS

Please remember United Poultry Concerns through a provision in your will. Please consider an enduring gift of behalf of the birds.

A legal bequest may be worded as follows:

I give, devise and bequeath to United Poultry Concerns, Inc., a not-for-profit corporation incorporated in the state of Maryland and located in the state of Virginia, the sum of and/or (specifically designated property and/or stock contribution).

We welcome inquiries.

United Poultry Concerns, Inc. P.O. Box 150 • Machipongo, Virginia 23405-0150 (757)678-7875



Karen & Mr. Frizzle @2008 Davida G. Breier

Freddaflower Memorial & Appreciation Fund

The pain of losing them is the price we pay for the privilege of knowing them and sharing their lives . . .

We thank those people who have contributed to our work with recent donations *In Loving Memory and in Honor and Appreciation of* the following beloved family members and friends, both those who have passed away and those who are with us.

In honor of Ezra, who was left to die in a cemetery in Chicago in December as a ritual sacrifice. With his legs bound tightly together and covered with ribbons, a doll, and a piece of raw meat, Ezra was first seen on Christmas Eve by a person who called the police. Returning to the cemetery a week later, on New Year's Eve, the person found him still there, tied up at the headstone in the freezing cold. Suffering from severe frostbite, Ezra underwent surgery in January to remove his feet and part of a leg afflicted with gangrene. Miraculously, Ezra is alive, eating and communicating with the loving people who are doing everything they can to comfort him and help him recover from the sadistic cruelty he endured. – *Robert Grillo, Free from Harm*



Ezra at the veterinary hospital following his rescue from a Chicago cemetery on New Year's Eve.

My donation is in honor of my parents, Manjula and Fakirchand Dalal to be used for full and clear vegan promotion and not to be used for any "welfare" type activities. – *Saurabh Dalal*

In loving memory, to Ellen Ericksen & family of their mother, Toncia Schweitzer. – *Ronnie & Steve Steinau*

In memory of Elease Carrington, who died on October 21, 2013. – *Judith M. Nolan*

This donation is in memory of Tina. She was a tiny hen with a big purr. – *Jennifer Raymond*

Three of my beloved chickens passed away this year (2013) and my donation, on behalf of Annabel's Lil' Rescue Hen Vegan Bakery, is to remember them in your Freddaflower Memorial & Appreciation Fund. Genevieve, my oldest hen, died of cancer at age 4 in November. I raised her from a chick, she opened my eyes, and turned me vegan. She was one of the only batch of chicks I've ever raised. I only rescue now. Hope died suddenly in October after being rescued by Animal Place from a battery-cage facility in Turlock, CA. Casandra – "Cassy" – died at the end of August. I carried her around on a pillow wherever I went as she grew weak from ovarian cancer. I adored her and she me. She won a photo contest this year for Chicken Run Rescue's calendar for December 2014. I miss her. My heart aches for her. – *Anne Kenney*

For my special chicken, Kaola Gold, and all the wonderful chickens at UPC. – *Victoria A. Figurelli*

In honor and memory of Rynn Berry, age 68, who died on January 9, 2014 after collapsing during a run in Prospect Park in Brooklyn, New York on New Year's Eve. Rynn, who was historical advisor to the North American Vegetarian Society and on the Advisory Board of Earth Save, was a scholar, writer, lecturer and activist for animal rights and ethical veganism. His influential books include *Food for the Gods: Vegetarianism*

and the World's Religions, Famous Vegetarians and Their Favorite Recipes, The New Vegetarians, and the Vegan Guide to New York City. In Hitler: Neither Vegetarian nor Animal Lover, Rynn shows once and for all that Adolf Hitler and his cronies were not vegetarians or kind to animals as some have claimed.

Rynn Berry was a longtime friend and supporter of UPC whom I always looked forward to seeing each year at the Vegetarian Summerfest in Pittsburgh, PA and the Veggie Pride Parade in New York City. He was a pioneer of the worldwide vegan movement. Martin Rowe, founder & publisher of Lantern Books, wrote upon learning of Rynn's death: "Rynn's impact was literally incalculable, given how many met him, bought his books, or talked with him at the Union Square green market over the many years. He was the epitome of the kind of unheralded grassroots activist without which any movement for change cannot grow, and he was a witty and erudite figure: the Dr. Johnson of the vegetarian movement. He will be missed greatly, even by those who never met him, but his work will live on." - Karen Davis, United Poultry Concerns



Rynn Berry tabling at the Veggie Pride Parade in New York City, March 24, 2013. Photo by Pamela Rice

In memory of Bhante, Stella, and Sage. – *Sandra Herman*

In honor of Nero, Fredericka, Julie, Nathaniel, Leonard, and Bertha, remembered forever and sadly missed. – *Paul Deane*

My gift is in honor of All God's Creatures. – *Brien Comerford*

Karen Davis's Letter about Turkeys in The New York Times

front-page article in *The New York Times*, Dec. 27, 2013, touted the popularity of oversized turkey legs at Disneyland, citing turkey industry claims that turkeys bred for meat have plenty of exercise in their factory-farm prisons. UPC responded in a letter published January 2, 2014.

Re "Turkey Legs Conquer Land of Mouse Ears":

Why are these Disney theme park turkey legs so big? Turkeys have been artificially bred to grow so large that their legs, big as they are, cannot support their body weight. The disability of turkeys bred for the meat

industry is well documented in the scientific poultry literature. So much for these poor birds having "plenty of room to exercise their legs."

Even if they did, they would be in too much pain and much too heavy to exercise their legs. In nature, turkeys are excellent runners whose favorite way of getting around is walking. Their domesticated cousins are sedentary cripples. What's Disney-worthy about that?

KAREN DAVIS
President, United Poultry Concerns
Machipongo, Va.

Vegan Recipe Corner

Beyond Meat Rice Casserole

Recipe by Ligin Cao

Preheat oven to 350 degrees.

- 12 oz. *Beyond Meat* Chicken-Free Strips (or tofu or tempeh)
- 1 1/4 cups uncooked rice
- 1 cup chopped onion
- 1 cup chopped celery
- 1 cup chopped carrots
- ½ cup oil
- 1 vegetable boullion cube
- 2 cups water
- 2 cups vegan creamy portobello mushroom soup
- ½ teaspoon pepper
- 1 teaspoon salt

Cut *Beyond Meat* Chicken-Free Strips (or tofu or tempeh) into 1-inch strips and fry in 1 tablespoon

olive oil until lightly browned. Mix with rice, onion, celery, and carrots and place in bottom of 2 quart casserole dish.



Combine remaining ingredients in a saucepan and cook for 3 minutes over medium heat. Pour liquid mixture over ingredients in casserole dish. Place uncovered, in 350 degree preheated oven and bake for 1 hour. Remove from oven and let sit 5-10 minutes before serving.



Photos by Liqin Cao

POSTCARDS

20 for \$4.00, 40 for \$7.50



"Love is Best"



"Peaceable Kingdom"

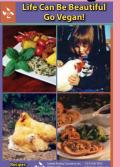


"Chickens To Know Them
is to Love Them"

"Misery is Not a Health Food"



Life Can Be Beautiful -Go Vegan! Brochure



24 full-color 5.5" x 8.5" pages.

\$1.00 each. 20 for \$5.00. 50 for \$10.00. 100 for \$15.00. 200 for \$25.00.

UPC Ordering Information:

All Prices Include Postage
To order indicated items send check
or money order to:

United Poultry Concerns

P.O. Box 150 Machipongo, VA 23405-0150

Or order online at upc-online.org

FACT SHEETS 20 for \$3.00

"Viva, the Chicken Hen / Chickens Raised for Meat"

"Jane-one tiny chicken foot"

"Starving Poultry for Profit" (forced molting)

"Poultry Slaughter: The Need for Legislation"

"Why Be Concerned About Mr. Perdue?"

"The Rougher They Look, The Better They Lay" (free-range egg production)

"Intensive Poultry Production: Fouling the Environment"

"Philosophic Vegetarianism: Acting Affirmatively for Peace"

"The Rhetoric of Apology in Animal Rights"

"Providing a Good Home for Chickens"
"Chicken Talk: The Language of
Chickens"

"Celebrate Easter Without Eggs"

"Chicken for Dinner: It's Enough To Make You Sick"

"Guide to Staffing Tables: Do's & Don'ts"

"Assume No Animal Products are Safe"

"Henny's New Friends"

"Avoiding Burnout"

"The Life of One Battery Hen"

"Bird Flu - What You Need to Know"

BROCHURES

20 for \$3.00

"A Wing & A Prayer" (Kapparot ritual)

"Don't Plants Have Feelings Too?"

"Chickens"

"The Battery Hen"

"Turkeys"

"Ostriches & Emus: Nowhere To Hide"

"Japanese Quail"

"The Use of Birds In Agricultural and Biomedical Research"

"'Free-Range' Poultry and Eggs: Not All They're Cracked Up to Be" - New & Revised!

"Live Poultry Markets" (in English, Spanish, & Chinese)

"Chicken-Flying Contests"

LEAFLETS (FLYERS) 10 for \$1.00, 25 for \$2.50

"Chicken for Dinner?"

"The 'Human' Nature of Pigeons"

"The Truth about Feather Hair Extensions"

"Birds Suffer Horribly for Pillows & Coats"

Bumper Stickers

Don't Just Switch from Beef to Chicken: Get the Slaughterhouse out of your Kitchen. \$1 each

Don't Just Switch from Beef to Chicken: Go Vegan. \$1 each

Beautiful Chicken and Turkey Buttons

\$2 each. 3 for \$5. 10 for \$10. Any mixture.

Stick Up For Chickens • Chickens are Friends, Not Food Turkeys are Friends, Not Food • End Chickens as Kaporos Be Kind to Turkeys - Don't Gobble Me









Too Neat to Eat T-shirts available from United Poultry Concerns in S, M. L, XL. Hen & Egg or Rooster. \$18

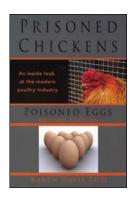
T-shirts, Aprons, Bags, and morel at www.Printfection.com/upcstore

BOOKS

Prisoned Chickens, Poisoned Eggs: An Inside Look at the Modern Poultry Industry

By Karen Davis

This newly revised edition of *Prisoned Chickens, Poisoned Eggs* looks at avian influenza, food poisoning, chicken suffering, genetic engineering, and the growth of chicken rights activism since the 1990s. Presents a compelling argument for a compassionate plant-based cuisine. "Riveting . . . Brilliant." – *Choice magazine, American*

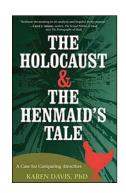


Library Association \$14.95. 40% off bulk orders of 5 (\$8.97 each) = \$44.85 for 5.

The Holocaust and the Henmaid's Tale: A Case for Comparing Atrocities

By Karen Davis

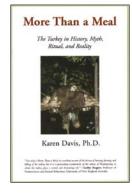
In this thoughtful and thoughtprovoking contribution to the study of animals and the Holocaust, Karen Davis makes the case that significant parallels can — and must — be drawn between the Holocaust and the institutionalized abuse of billions of animals on factory farms. "Compelling and convincing . . . this bold, brave book." - Charles Patterson, author of Eternal Treblinka \$14.95



More Than a Meal: The Turkey in History, Myth, Ritual, and Reality

By Karen Davis

Karen Davis shows how turkeys in the wild have complex lives and family units, and how they were an integral part of Native American and continental cultures and landscape before the Europeans arrived, while drawing larger conclusions about our paradoxical relationship with turkeys, all birds and other animals



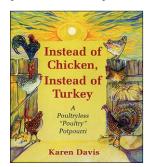
including other human beings. "The turkey's historical disfigurement is starkly depicted by Karen Davis in 'More Than a Meal.' " - The New Yorker \$14.95

Instead of Chicken, Instead of Turkey: A Poultryless "Poultry" Potpourri

By Karen Davis

This delightful vegan cookbook by United Poultry

Concerns features homestyle, ethnic, and exotic recipes that duplicate and convert a variety of poultry and egg dishes. Includes artwork, poems, and illuminating passages showing chickens and turkeys in an appreciative light. \$14.95

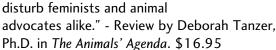


ANIMALS

&WOMEN

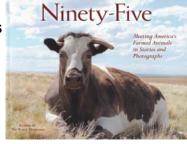
Animals and Women: Feminist Theoretical Explorations Edited by Carol J.

Adams & Josephine Donovan
"Karen Davis's brilliant essay
[Thinking Like a Chicken: Farm
Animals and The Feminine
Connection] brings together the
book's central concepts, leading
to conclusions that rightly should
disturb feminists and animal



Ninety-Five: Meeting America's Farmed Animals in Stories and Photographs

An anthology of photos and stories by No Voice Unheard Editors: Marilee



Geyer, Diane Leigh and Windi Wojdak. \$20

Sister Species: Women, Animals, and Social

Justice Edited by Lisa Kemmerer, Forward by Carol J. Adams
Sister Species presents the experiences of fourteen women activists who are working on behalf of nonhuman animals and a more just and compassionate world. \$14.95



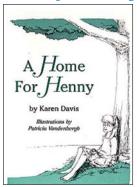
CHILDREN'S BOOKS & EDUCATIONAL MATERIALS

Hatching Good Lessons: Alternatives To School Hatching Projects

By United Poultry Concerns
A guide booklet for elementary school teachers and other educators including parents. Revised & Updated by United Poultry Concerns, 2010. 16 pages of information, storytelling, classroom activities & color photos.



Grades K-6 (some activities are designed for K-12). \$2.50 per booklet. \$1.00 per booklet for orders of 5 or more. It can be viewed and printed out directly at www.upc-online.org/hatching/.



A Home for Henny

By Karen Davis

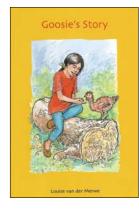
This wonderful children's book tells the touching story of a little girl, a chicken, and a school hatching project. Beautifully illustrated by Patricia Vandenbergh, it's the perfect gift for a child, parents, teachers, your local library. \$4.95

The Great Cage Escape

Grades 4-7. By Louise Van Der Merwe The birds in a pet shop think they are happy until a brown box punched full of air holes is left overnight on their front door step. The creature inside looks very weird at first. But as his feathers begin to grow, his true identity becomes apparent, and the stories he tells inspire the pet shop birds to pull off a Great Cage Escape.



This is a story that encourages respect for all forms of life and helps learners realize that heaven can be right here on earth if we choose to make it so. \$4.95



Goosie's Story

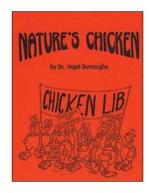
By Louise Van Der Merwe
A touching story about a "battery" hen who is given a chance to lead a normal life – a happy life.
This moving book will be warmly welcomed and shared by children, parents and teachers, highlighting as it does the concern and compassion we ought to feel for all our feathered friends on this earth. \$4.95

A Boy, A Chicken and The Lion of Judah – How Ari Became a Vegetarian

By Roberta Kalechofsky
This wonderfully gifted children's story, set in modern Israel, is about a young boy's quest for moral independence.
An intelligent book for all ages. Winner of the Fund for Animals "Kind Writers

Make Kind Readers Award." \$10





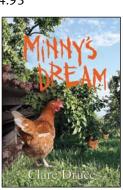
Nature's Chicken, The Story of Today's Chicken Farms

By Nigel Burroughs
With wry humor, this unique
children's storybook traces the
development of today's chicken
and egg factory farming in a
perfect blend of entertainment and
instruction. Wonderful illustrations.
Promotes compassion and respect
for chickens. \$4.95

Minny's Dream

By Clare Druce

What happens when a young girl from the city discovers a battery-hen operation in the country? What happens when a "battery hen" named Minny speaks to her? What must she do when her friend Minny is going to be killed? This book is a must for the young person(s) in your life, age 8-14. \$10



CHICKEN'S LIFE!

A Chicken's Life!

Grades 4-6. PETAkids Comics
This cute comic book illustrates a
group of children visiting an animal
sanctuary where they meet a flock
of chickens and learn all about them
including the differences between
Nature's Way and The Factory Farm
Way. "Are these chickens really
your friends?" they ask. "I've never
met a chicken before." A Chicken's
Life includes a puzzle for elementary
school students to unscramble

words including barn, beak, cluck, feathers, grass, hatch, peck, peep, wings, and lots more. \$1.50 each. 10 for \$10.

More Books available at upc-online.org/merchandise

VIDEOS

The Dignity, Beauty & Abuse of Chickens

By United Poultry Concerns

Our video shows chickens at UPC's sanctuary doing things that chickens like to do! 16:07 min. — Color * Music * No Narration. VHS and DVD. \$10



Inside a Live Poultry Market

By United Poultry Concerns

This horrific 11-minute video takes you inside a typical live bird market in New York City. An alternative to "factory farming"? Watch and decide. VHS and DVD. \$10

Behavior of Rescued Factory-Farmed Chickens in a Sanctuary Setting

By United Poultry Concerns

See what a chicken can be when almost free! This 12-minute video shows chickens, turkeys, and ducks at UPC's sanctuary racing out of their house to enjoy their day. VHS and DVD. \$10

Inside Tyson's Hell: Why I Got Out of the Chicken Slaughtering Business

By Virgil Butler

Produced by United Poultry Concerns and the Compassionate Living Project, Virgil's eyewitness account of what goes on inside chicken slaughter plants is an indispensable contribution to animal advocates working to promote a compassionate lifestyle. DVD. 58:35 min. \$15

Chickens at Play

By United Poultry Concerns
This vibrant video shows
chickens at the United
Poultry Concerns sanctuary
accompanied by lively music,
with brief explanations of what



the chickens are doing throughout their daily activities into the evening as, one by one, they hop up to their perches for the night. Narrated by a young child. 10:04 minutes.

Watch: http://vimeo.com/13210456 DVD. \$5. \$12.50 for 5.

More books and videos available at upc-online.org/merchandise

Plus These Great Gifts from UPC!

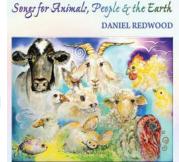
"The Mother of Compassion Blesses Our Fellow Beings - May They Be Happy and Free From Suffering"

Beth Redwood's beautiful artwork is available in a limited edition from United Poultry Concerns. 11 x 14" matted print ready for framing. \$20



"Songs for Animals, People & the Earth"

is Daniel Redwood's powerful new album of sanctuary songs. Dedicated to "the compassionate women and men whose hearts and minds have awakened to the needless



suffering of animals," this music is beautiful, moving & exhilarating, lyrical and liberating! \$12.

Cruel: Bearing Witness To Animal Exploitation

By Sue Coe, OR Books, 2012
Renowned visual artist Sue Coe, pioneer champion of animal rights and author of Dead Meat, has produced this mesmerizing new book documenting the experiences of animals raised and slaughtered for human consumption. Through its written account and haunting



visual images, *Cruel* is a surpassingly passionate testimony to the waste, sorrow and violence perpetrated by our species against others. \$20

Sanctuary: Portraits of Rescued Farm Animals By Sharon Lee Hart.

Charta Books, 2012 Sharon Lee Hart's photography project SANCTUARY takes



you on an intimate journey to meet wonderful animals and the courageous rescuers who become their companions. Sanctuary caregivers evoke individual animals in short, handwritten stories accompanying Hart's starkly beautiful black & white photography. \$20

Stickers Send a message with your mail! Order our eyecatching color stickers! 100 stickers for \$10.



With Heart and Voice - a Beautiful Greeting Card from UPC \$19.95 for 20 cards. \$38.95 for 40 cards.nvelopes included. Single card & envelope \$1.00.



POSTERS



International Respect for Chickens Day

Celebrate 12.5" x 17" Wings 12" x 16"



A Heart Beats in Us the Same as in You

Photo by PeTA

Full-color poster vividly captures the truth about factory chickens for the public. Vegetarian message. 18"x22".



Today's chickens are forced to grow too big too fast. They're forced to live in flith. They go to slaughter with yellow pus, harmful bacteria, heart and lung disease, turnors, crippled legs, sick immune systems, and more. Millions of dollars are spent hiding these facts

Friends, Not Food

Photo by Franklin Wade Liqin Cao & FreddaFlower. Full color 19"x27" poster.



WHAT WINGS ARE FOR





CHICKS NEED THEIR MOTHERS

Photos by Jim Robertson & Karen Davis Great educational tool. Full color 11-1/2"x16" poster.

Walking to Freedom After a Year in Cages

Photo by Dave Clegg. Full color, 18"x22" poster.



"Battery" Hens

Roosting in Branches After Rotting in

Cages
Photo by Susan
Rayfield
This beautiful color poster shows the rescued Cypress hens at UPC.
Perfect for your office, your home, your school.
11.5"x16".



Turkeys Are Too Neat To Eat Collect Poultry Concerns. Inc. Value Conce

ys Great Are Too Neat To Eat Poster!

Photos by Barbara Davidson & Susan Rayfield The posters are in color, and come in two sizes: 11.5" x 16", and 18" x 27".

UPC posters in any mix: One for \$4. Two for \$5. Three for \$7.

United Poultry Concerns, Inc.



P.O. Box 150 Machipongo, VA 23405-0150

Address Service Requested

Non-Profit U.S. Postage **PAID** Rockville, MD Permit # 4297

INSIDE

Conscious Eating Conference 2014
Uncooped Opens in LA
Chickens' Lib: Story of a Campaign
Bill Gates & KFC
A Plea for Animal Personhood
Eggs "Ambassadors" for Hens?
Ezra the Rooster Saved from Sacrifice
International Respect for Chickens Day
Recipe Corner & More!

Wishing You a Happy New Year!

Please renew your membership for 2014

Announcing the Conscious Eating Conference

Sunday, April 6, 2014
David Brower Center, Berkeley, CA

United Poultry Concerns has a dynamic lineup of speakers planned for this inspirational conference including author Colleen Patrick-Goudreau, Beyond Meat's CEO Ethan Brown and the founder and president of United Poultry Concerns, Karen Davis. This is UPC's twelfth conference and the third year in Berkeley, CA. so it's sure to be a fantastic day with delicious vegan food, great presentations and more. This event is co-sponsored by Animal Place.



"After being an animal advocate for many years, I went to the Conscious Eating Conference in 2012. I learned so much more than I ever dreamed about the food we eat and was inspired to go vegan. I now consider the annual conference my vegan birthday and look forward to it each year. Thank you United Poultry Concerns and Animal Place for this important and informative conference." Russ Walker, Marin Humane Society