

Spring 2017

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# Poultry Press

*Promoting the compassionate and respectful treatment of domestic fowl*

*Celebrating 27 years of dedicated activism for domestic fowl*



UPC# 11656

## United Poultry Concerns

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This photo of Karen Davis & Nathaniel the rooster was taken at our sanctuary on May 21, 2014 by Richard Cundari. It will appear as an ad in the forthcoming 2017-2018 University of Maryland *Visitors Guide Magazine* in print & online.

*You are cordially invited to attend*

## United Poultry Concerns' Sixth Annual Conference

*On the topic of*



**Saturday, March 11, 2017, Berkeley, California**

**Conference Hosts:** United Poultry Concerns, Berkeley Organization for Animal Advocacy

**Conference Synopsis:** United Poultry Concerns' 6th Annual *Conscious Eating Conference* brings expert speakers to Berkeley, California to share their ideas about the best food choices we can make for the planet, ourselves, and other animals. We will explore the ethics of eating and the effect of agriculture on animals and the planet, and why it matters.

This year, we are dedicating a section of the conference to the question, ***How Does Religion Help or Hinder Animal Liberation?*** According to Pew research, 84% of the world population, and 78% of the U.S. population, consider themselves religious or have a religious identity. Many animal activists believe that spiritual communities are a "low-hanging fruit" for vegan advocacy, but are they? What do various religions say about our relationship to animals and the natural world? Should we work within these communities or leave religion behind? We will explore these questions through speakers representing Christianity, Judaism, Hinduism, Buddhism, and Atheism.



**Location:** David Brower Center, 2150 Allston Way, Berkeley, CA 94704 (Near the UC Berkeley Campus)

**Date:** Saturday, March 11, 2017 • **Registration:** 9am • **Program:** 10am - 6pm

**Registration:** FREE for students with IDs. To register as a student, email [hope@upc-online.org](mailto:hope@upc-online.org).  
\$15 pre-registration for all others, \$25 at the door the day of the event. To register, send check or money  
order to UPC, PO Box 150, Machipongo, VA 23405,  
or register by credit card at [www.upc-online.org/forums/2017](http://www.upc-online.org/forums/2017).

## Conscious Eating Conference Schedule of Speakers

Saturday, March 11, 2017, Berkeley, California

8 am

**Registration Opens**

### **Presentations**

9:00 – 9:50 am

Lisa Kemmerer, *Sister Species*

*10 minute break*

10:00 – 10:50 am

Sandra Higgins, *Eden Farmed Animal Sanctuary, Ireland*

*10 minute break*

11:00 – 11:50 am

Karen Davis, *United Poultry Concerns*

11:50 – 1:00 pm

**Lunch**

1:00 – 1:40 pm

**Does Religion Help or Hinder Animal Liberation?**

Will Tuttle, *Buddhism*

*5 minute break*

1:45 – 2:25 pm

Cogen Bohanec, *Hinduism*

*5 minute break*

2:30 – 3:10 pm

Kim Socha, *Atheism*

*5 minute break*

3:15 – 3:55 pm

Jonathan Klein, *Judaism*

*5 minute break*

4:00 – 4:40 pm

Carol Adams, *Christianity*

*5 minute break*

4:45 – 6:00 pm

Panel Discussion, *Question & Answer Session*



(continued) 6th Conscious Eating Conference - March 11, 2017

## Full Bios and Presentation Summaries of 2017 Speakers

### Changing the World for Animals

Presentation by Lisa Kemmerer

9:00 – 9:50 am

Effective animal advocacy requires meeting people where they are — but people are different, so how can we prepare for reaching out to those we meet? Despite so many differences, are there common threads that can help activists to communicate with diverse people? What makes a good argument, and what are some of the most important tools in an activist's tool kit? This talk explores a variety of concepts and methods necessary to meet people where they are with well-rounded, well-informed animal advocacy.



**Lisa Kemmerer** is a philosopher-activist and professor. Dr. Kemmerer is known internationally for social justice work on behalf of animals, the environment, and disempowered human beings. An activist for decades, she has written/

edited nine books, including *Eating Earth: Dietary Choice and Environmental Health*; *Animals and World Religions*; and *Sister Species: Women, Animals, and Social Justice*. [www.lisakemmerer.com](http://www.lisakemmerer.com)

### Go Vegan World & The Animals of Eden

Presentation by Sandra Higgins

10:00 – 10:50 am

Originating in Ireland, Go Vegan World is a unique public advertising campaign that has now become the biggest and longest running international campaign of its kind. Its billboards feature animals who are not fictional or anonymous: they are the real, feeling beings with names, histories, and personalities, who have lived and died at Eden Farmed Animal Sanctuary, Ireland. For the first time in history, the animals have taken to the streets. Sandra Higgins will discuss how they have

inspired and informed this campaign and how they have been received by the media and mainstream public.



**Sandra Higgins** founded Eden Farmed Animal Sanctuary, the first vegan sanctuary in Ireland, in 2008. Eden is now home to more than 100 resident animals, all of whom have been rescued from human use. In 2015 she founded Go Vegan Ireland, a public

educational advertising campaign which quickly developed into the international campaign, Go Vegan World. Sandra is a practicing psychologist whose interest in animal rights stems from her specialty in trauma. She studied Pure Psychology at The Open University, and at Trinity College, Dublin where she obtained an MSc in Counselling Psychology. She is the author of *The Power of Compassion*, *How to be Happy & Healthy* and *The Seven Natural Elements of Mental Health*. Sandra works in private practice at The Compassion Foundation of Ireland where she incorporates the non-violent philosophy of veganism in her clinical work.

[www.edenfarmedanimalsanctuary.com](http://www.edenfarmedanimalsanctuary.com)

### Farmed Animal Activism as Verbal Disruption and the Dilemma of Sitting at the Table or Shunning the Table

Presentation by Karen Davis

11:00 – 11:50 am

Karen will discuss how animal advocates can verbally disrupt conventional views of farmed animals and food with words that jolt people into consciousness, like the difference between eating “a chicken wing” versus eating *a chicken's wing*. She will discuss whether ethical vegans should refuse to sit where animal products are served, as is being urged by some organizations. How do we reconcile our ethical goals with our daily social demands? I will give examples of the dilemmas we face.



**Karen Davis**, PhD is the President and Founder of United Poultry Concerns, a nonprofit organization that promotes the compassionate and respectful treatment of domestic fowl. Her books include *Prisoned Chickens*, *Poisoned Eggs: An Inside Look at the Modern Poultry Industry*;

*More Than a Meal: The Turkey in History, Myth, Ritual, and Reality*; and *The Holocaust and the Henmaid's Tale: A Case for Comparing Atrocities*. Award-winningly profiled in *The Washington Post*, and the author of many published articles and book chapters, most recently in *Meat Culture* | Brill (2016), Karen maintains a sanctuary for chickens in Virginia and was inducted into the U.S. Animal Rights Hall of Fame in 2002 for "outstanding contributions to animal liberation."

[www.upc-online.org/karenbio.htm](http://www.upc-online.org/karenbio.htm)

### Heart Teachings on the Dharma Path

Presentation by Will Tuttle

1:00 – 1:40 pm

The essence of Buddhist practice is awakening to our original wisdom, beyond the confining delusions of our cultural conditioning. The foundation of this awakening is practicing mindfulness and compassion. Join author Will Tuttle, a former Zen monk and Buddhist practitioner for over 40 years, in a provocative and insightful exploration into the connections between Buddhist practice and our daily lives here in the West. He will be focusing especially on the practical and spiritual ramifications of our food choices and how these impact us both personally and culturally.



**Dr. Will Tuttle** is the visionary author of the acclaimed best-seller *The World Peace Diet*, which has been published in 16 languages and is a recipient of the Courage of Conscience Award and the Empty Cages Award. He's also the editor of a recent book on the interconnection of social justice

issues, *Circles of Compassion*, and is the creator of several wellness and advocacy training programs. A former Zen monk and a Dharma Master in the Korean Zen tradition, as well as a 36-year vegan, he is devoted to cultural healing and awakening.

[www.worldpeacediet.com](http://www.worldpeacediet.com)

### Krishna the Cow Protector:

**Ancient Ethics, Hindu Values, and Veganism**

Presentation by Cogen Bohanec

1:45 – 2:25 pm

For two millennia, the concepts of *ahimsā* (non-harming), vegetarianism, and cow-protection have been fundamental spiritual principles in Hindu traditions and have perhaps created the largest vegetarian culture in world history. In recent years, the West has been greatly influenced by Hindu ethics, which are partly responsible for our modern vegan and animal rights movements. Cogen will explore the ancient roots of vegetarianism in India, will offer correlations to our modern societies, and will show how Hindu traditions can (and do) employ constructive theology to be an important cultural resource in the battle against the modern holocaust of animals and the Earth.



**Cogen Bohanec** has spent nearly two decades studying, practicing and teaching a variety of Eastern Religions (Yoga, Buddhism, Hinduism, Jainism, etc.) with his primary faith identity being Gaudiya Vaishnava (a sect

of Hinduism). He is a PhD student at the Center for Dharma Studies (CDS) at the Graduate Theological Union (GTU) in Berkeley, CA and he holds an MA degree in Buddhist Studies from the Institute of Buddhist Studies (IBS). He has studied and translated Sanskrit literature for over eight years academically, with over five years at UC Berkeley, and has studied both Yoga and Sanskrit in India. He is the co-author of *The Ultimate Betrayal: Is There Happy Meat?* with his wife Hope Bohanec, with whom he has collaborated for fifteen years in the Animal Rights Movement.

[www.the-ultimate-betrayal.com](http://www.the-ultimate-betrayal.com)

**(continued) 6th Conscious Eating Conference - March 11, 2017****We Demand Our Bodies Now:  
*Atheism and Animal Liberation****Presentation by Kim Socha*

2:30 – 3:10 pm

Arising from Kim Socha's book *Animal Liberation and Atheism: Dismantling the Procrustean Bed*, this talk is based on the premise that religious conceptions of animals inherently rely on speciesist ontologies. Socha aims to show the ways in which literature from the New Atheist movement provides promising new conceptions that challenge and undermine speciesism. As encouraging as these ideas are, however, they are articulated by those who will not give up their presumably natural right to dominate other animals. Socha will explore these inconsistencies with the ultimate objective of positioning the secular community as an area from which anti-speciesist views of nonhuman animals may flourish.



**Kim Socha** holds a PhD in English and is a college professor in the areas of writing and literature. As a volunteer, she teaches English to immigrants and refugees in Minneapolis. She is an organizer with Minnesota Animal Liberation, which focuses on the fur trade,

and Progress for Science, an anti-vivisection feminist collective. Her publications include *Animal Liberation and Atheism: Dismantling the Procrustean Bed* and *Women, Destruction, and the Avant-Garde: A Paradigm for Animal Liberation*. She is also contributing editor of *Defining Critical Animal Studies: An Intersectional Social Justice Approach for Liberation* and *Confronting Animal Exploitation: Grassroots Essays on Liberation and Veganism*.

[www.facebook.com/AnimalLiberationAndAtheism](http://www.facebook.com/AnimalLiberationAndAtheism)

**Back To The Garden:  
*Divine Intention vs. Human Nature****Presentation by Rabbi Jonathan Klein*

3:15 – 3:55 pm

Religion seeks answers to the most basic questions about human nature. Ethical vegans everywhere struggle with the apparent bloodthirst of humans, willing to suspend any semblance of compassion for other sentient beings of another species. Does the seemingly insatiable appetite that humans have for meat suggest an error in Divine vision? What, exactly, IS the divine vision for our world? We will explore biblical and post-biblical Jewish sources that attempt to grapple with human nature vis-a-vis Divine intention for our relationship with the planet and all of its inhabitants.



**Rabbi Jonathan Klein** was ordained in 1997 from Hebrew Union College. He is the Executive Director of Clergy and Laity United for Economic Justice (CLUE). Prior to his role at CLUE, Rabbi Klein served on the staff of Progressive Jewish Alliance (now Bend the Arc).

Rabbi Klein currently serves on the boards of the ACLU of Southern California and the anti-war Interfaith Communities United for Justice and Peace (ICUJP). As an animal rights activist, Rabbi Klein co-founded Faith Action for Animals, which organizes faith leaders to actively protect animals from human speciesism. His advocacy has helped lead to a ban on fur in West Hollywood as well as a ban on use of a bullhook on animals in circuses in Los Angeles and Oakland, and currently he leads efforts within California to curb the practice of Kapparot, a rite for expiation of sin through the slaughter of chickens during the Jewish High Holidays. Rabbi Klein also leads efforts to create a faith-based advocacy voice in cases of environmental injustices that disproportionately impact low-income communities. An ardent environmentalist, Rabbi Klein also took a lead role in organizing a styrofoam ban in Pasadena.



**Christianity and Compassion:  
Confronting the Contradictions**

*Presentation by Carol Adams*

4:00 – 4:40 pm

For some, Christian theology has been used to justify the consumption and use of animals; for others, Christianity is seen as a liberatory religion in which compassion is central to its belief and practice. Adams will briefly touch on key issues such as the meaning of “dominance” as it is introduced in Genesis 1, the connection between language about God and language about the other animals, the meaning of sacrifice, the way Communion language reifies the consumption of lambs, and will conclude with a discussion of the meaning of Christian veganism, drawing on the concept of “attention” from Christian mystic Simone Weil and proposing a Christology of veganism and that no more crucifixions are necessary.



**Carol J. Adams** is a feminist-vegan advocate, activist, and independent scholar and the author of numerous books including *The Sexual Politics of Meat: A Feminist-Vegetarian Critical Theory*, now in a Bloomsbury Revelations edition celebrating its 25<sup>th</sup> anniversary. Carol is also the author of books on living as a vegan, including *Never Too Late to Go Vegan: The Over-50 Guide to Adopting and Thriving on a Vegan Diet* (with Patti Breitman and Virginia Messina), *Living Among Meat Eaters: The Vegetarian's Survival Guide*, and *How to Eat Like a Vegetarian Even if You Never Want to Be One*. She is the author of the training manual, *Pastoral Care for Domestic Violence: Case Studies for Clergy - for Christian Audiences - Training Manual* (2007) published by the FaithTrust Institute. She has a Masters of Divinity from Yale University.

[www.caroljadams.com](http://www.caroljadams.com)

*More information available at [www.upc-online.org/forums/2017](http://www.upc-online.org/forums/2017)*

## *Poultry Press*

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# Urge Chamber of Commerce to Eliminate Ostrich Races at Chandler Ostrich Festival



Ostrich Festival in Chandler, Arizona

On March 10-12, 2017, the Chandler Arizona Chamber of Commerce will hold its annual Ostrich Festival. Begun in 1989, the festival hires an animal supplier to provide ostriches, emus, camels and zebras to be raced, chased, harnessed to a vehicle, or ridden rodeo-style. The Chamber describes the ostrich races: "Professional riders take the reins of a chariot or ride the large birds bareback around a race track."

Tension between Chandler's evolving high-tech industry and the city's vanishing rural past was a theme of last year's *Arizona Republic* coverage. Chandler, a town southeast of Phoenix, is now "more of a mecca for information technology corporations than for farmers of large birds," the *Arizona Republic* reported.

Last year's festival featured many new animal-free attractions including a racing game of motorized, remote-controlled cars and a Batman and Superman Show "about bullying," presumably showing children that real heroes do not act like bullies. Yet the ostrich races and other animal attractions bully and ridicule captive birds and other animals to perform dangerous, demeaning and unnatural acts.

Ostriches and emus are the oldest living birds on earth. In their natural habitats, these fleet-footed nomads, designed by 90 million years of evolution to roam vast desert spaces and survey the land with their large brilliant eyes in all directions at once, are stately, dignified birds devoted to their families. The ostrich festival strips them of their dignity, puts them in danger,

and makes fun of them. Ostriches and emus are not suited by temperament or anatomy to pull chariots and be ridden by "cowboys." Their large fragile eyes, long necks and legs are easily injured.

Once said to draw 250,000 visitors, the Ostrich Festival now attracts about 100,000 people, according to the Chamber of Commerce. A local activist told UPC last year, "The event does raise a great deal of money, yet they came up with new events this year, so they need to take the high road and create more events and get out of the animal abuse entertainment business."

For more information about ostriches and emus, please visit our webpage at [www.upc-online.org/ostriches](http://www.upc-online.org/ostriches).

## What Can I Do?

- This year United Poultry Concerns is coordinating festival protest demonstrations with Arizona activists. If you can participate, please contact Robert Franklin by email at [yyhwz@hotmail.com](mailto:yyhwz@hotmail.com) or by phone at 480-440-4376 - cell phone (call or text).





🐔 Urge the Chandler Chamber of Commerce to cancel the ostrich races and make the festival a positive event that respects the life and feelings of all creatures. Just as Chandler's evolution to a high tech center has benefited the town, so the Ostrich Festival can evolve to a lucrative attraction in which ostrich races and their like are relegated to a past that no longer reflects the evolving consciousness of today's society toward animals. Respectfully request a written reply to your concerns.

Contact:

Terri Kimble, President/CEO  
Chandler Chamber of Commerce  
25 S. Arizona Place, Suite 201  
Chandler, AZ 85225  
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You can post a message to the Chandler Chamber of Commerce through their website by clicking on Contact Us at <http://www.chandlerchamber.com>.

You can also reach them through their Facebook and Twitter pages. Facebook: <https://www.facebook.com/ChandlerChamber>  
Twitter: <https://twitter.com/chandlerchamber>

*All letters, phone calls and Internet messages to the Chandler Chamber of Commerce should be polite, caring, respectful and concerned. Our goal is to make the world a more just, enlightened, and compassionate place.*



"On one occasion I saw and sketched a female tending her hatchlings. The young will get careful attention from both male and female adults before they develop the necessary independence to be on the move with the family group."  
— John Seerey-Lester

## We Don't Need to Slaughter a Sheep to Learn "Where Our Food Comes From"

*UPC President Karen Davis' Letter was published by Mountain Xpress in Asheville, North Carolina, Nov. 17 & 18, 2016. Unfortunately, the sheep was slaughtered despite the outcry of opposition leading up to the killing.*

**W**ild Abundance, a homesteading business near Asheville, plans to teach a "humane" do-it-yourself slaughter workshop that will include the killing of a live sheep. The instructors and self-styled "ethical butchers" leading this class promote the idea that what's needed to bridge the gap between urbanized meat eaters and the animals behind the meat is to slaughter their own animals. Look your chicken or your goat in the eye and "honor" the animal as you slice "its" throat and watch "it" suffocate to death in "its" own blood.

Bear in mind that serial murderers "bond" with their victims – they know their victim's pain and experience it vicariously as pleasure. Bonding and "connecting" do not necessarily entail compassion, and violating another's body does not lead to sympathy with the victim. Indeed, hurting others is a thrill for many people who lust for more of the delicious sensation. We know this is true when it comes to humans intentionally hurting other humans, but when it comes to humans intentionally hurting animals, the rhetoric disconnects from reality as easily as the face disconnects from a small

helpless body under the smack of a hatchet.

One of the instructors of this upcoming class is local butcher Meredith Leigh, who states that "ego is largely to blame about why we get so upset about eating animals. We assume we are important . . . our ego just gets in the way."

Yet her position is infected with ego, based as it is on the entitled idea that "might makes right," and that dietary preference is more important than an animal's life.

When you choose to kill an animal for culinary pleasure, you are saying that for you this animal is Nothing. You are Everything. And since animals have no protection against us, we can say and do whatever we please about our reasons for destroying them.

Beyond the injustice of killing animals needlessly, farmed animals are inefficient converters of food and require far more crops, land, water, and energy than sustainable plant-based agriculture. If Wild Abundance truly aspires to be a model of sustainable and ethical living, they should focus instead on regenerative plant-based food production.

KAREN DAVIS, President  
United Poultry Concerns  
Machipongo, VA



A turkey and a lamb  
comfort each other.  
Photo courtesy of  
The Gentle Barn

## “Let Them Eat Chicken,” Audubon

*“I find this article very insensitive to the chickens.” – Karen Davis, Audubon, Winter 2016, p. 11.*

A response to “Let Them Eat Chicken,” *Audubon*, Fall 2016. “Dozens of Bald Eagles are flocking to an organic farm in Georgia each winter to dine on an all-you-can-eat buffet of pasture-raised chicken. What’s a sustainable farmer to do?”

There is nothing natural about a wide-open expanse of land for chickens – they evolved in the tropical rainforest and, despite all the problems our species has bred into them physically, their “wild” nature is intact. Let a fox or a hawk appear and they put up a huge commotion and rush under the trees and bushes. Looking at these photographs, there is no way a hen (especially these rather heavy-bodied brown hens) could escape an overhead predator fast enough in all that open space.



I find this article very insensitive to the chickens and what they’re experiencing as a result of the situation they have been forced into by their keepers. Where are the trees and bushes? These are essential elements for chickens and the environment they need to thrive.

KAREN DAVIS, President  
United Poultry Concerns  
Machipongo, VA

## Remember the Animals with “Animal-Free”

A response to “Vegan eating: More men are going animal-free” by Elisa Ludwig, *The Philadelphia Inquirer*, Jan. 4, 2017, p. F01.

### Remember the animals

I love reading that more men are opting for animal-free foods and that more restaurants are catering successfully to a trend away from animal products and toward plant-powered food choices. An ethical vegan since 1983, I have long argued for the term animal-free, which puts the animals in mind in a way that “meat,” “dairy,” and “vegan” do not. The animals who lived and died miserably, only to be parsed into chicken wings, hamburgers, bacon, and cheese, need to be remembered for their own sakes and for the sake of a future in which I hope they are no longer on the menu or the table.

KAREN DAVIS, President  
United Poultry Concerns  
Machipongo, VA



Illustration from *Nature’s Chicken* by Nigel Burroughs



## A Holiday Happy Ending

### *Mama Hen and Seven Chicks Rescued from a Gas Station*

By Hope Bohanec, Projects Manager for UPC



The other morning I was pumping gas into my Prius when I saw a beautiful chicken hanging around the door of the gas station convenience store. She had brown and black feathers with white specks like snow had just lightly fallen on her back. As I looked closer, I saw that this hen had several tiny chicks in the bushes behind her right outside the door of the gas station store. I looked around thinking this was an unusual (and unsafe) place for her to hatch her clutch as there was nothing near that small square patch of bushes but concrete, cars, and a busy road.

I asked the store workers who said there were eight chicks when they first hatched, but now there were only seven. As the cold drizzle started to fall, darkening the color of the concrete, the hen puffed out her wings a bit and the babies huddled under her for protection.



I knew I couldn't leave them there. I started making calls.

My friends Melanie and Russ Walker dropped everything and were at the gas station within a half hour with an animal crate and towels. I had been sitting near the mama hen working on getting her used to me. We bought sunflower seeds from the store and fed her a few. She was

coming right up to me as I was talking to her. I got my hands near her as she was pecking at a seed and quickly gripped her and gently put her into the crate. Next it was all hands on deck snatching scattering, peeping chicks! We quickly gathered all seven and put them in with mom.

A new farmed animal sanctuary in California called Goatlandia agreed to take the feathered family. Deb Blum, the founder of Goatlandia, has been caring for not only goats, but rescued pigs and a flock of a couple dozen chickens on her land in North Santa Rosa for many years. I was so grateful that she agreed to take them, and right away too. After we got the crate in my car, I headed directly there.





As a vegan activist, I think about farmed animals every day. I think about the suffering they endure, their horrible living conditions, the tortuous procedures they must undergo, the loneliness and misery they must feel, and what I can do to help them.

But I rarely actually encounter or engage with animals, though I have been trained to handle them in rescue situations. It was a treat to have this family in my car and I was so moved by the soft, cautious vocalizations of the mama hen on the drive to the sanctuary. She seemed to be saying, "Yes, this is a somewhat distressing situation, but we will be okay. It's true kids, I'm a little concerned, but mom is here and we will be okay."



When I arrived at the sanctuary, Deb was preparing a small coop in a separate area, but near the chicken runs. She fluffed fresh straw on the ground and I helped her clean water and food dispensers and fill them. She prepared a large dog crate and lined the bottom with towels and then took a bulky towel, rolled it up, and formed a circle with it in the back of the crate. Deb knew just what she needed because as we coaxed the family out of the travel crate and into the larger dog crate, mama knew exactly what to do with the nest of towel. She immediately gathered her brood under her and settled down on the "nest," seeming right at home.

The next day, a storm rolled into our area with a steady, cold rain and I had a smile on my face all day thinking about that little feathered family and how they were now safe, warm, and dry. Eight lives are now out of harm's way. It was a good day.

A huge thank you to Melanie and Russ Walker for quickly coming to the rescue and to Deb Blum for taking them in!

*Hope Bohanec discovered this little chicken family in Sonoma County, California on Friday, December 9, 2016. The family is thriving at Goatlandia thanks to Hope's quick-witted intervention on their behalf.*  
– United Poultry Concerns



## A LEGACY OF COMPASSION FOR THE BIRDS

Please remember United Poultry Concerns through a provision in your will.  
Please consider an enduring gift of behalf of the birds.

A legal bequest may be worded as follows:

I give, devise and bequeath to United Poultry Concerns, Inc., a not-for-profit corporation incorporated in the state of Maryland and located in the state of Virginia, the sum of \$\_\_\_\_\_ and/or (specifically designated property and/or stock contribution).

We welcome inquiries.

**United Poultry Concerns, Inc.**  
**P.O. Box 150 • Machipongo, Virginia 23405-0150**  
**(757) 678-7875**



Karen & Mr. Frizzle ©2008 Davida G. Breier



## Food Fictions

by Karen Davis, PhD

### A Review of Farm to Fable: *The Fictions of Our Animal-Consuming Culture*

by Robert Grillo

Vegan Publishers 2016.

\$13.50 paperback; \$5.99 eBook

**F**arm to Fable: *The Fictions of Our Animal-Consuming Culture* examines the foundations that support humanity's systematic assault on the identities, bodies and feelings of animals in order to consume them. We may agree with the author, Robert Grillo, director of Free from Harm, that the majority of people are "in denial," and that once the truth breaks through the barriers of denial, most people will see the animals for who they truly are and come to view meat, milk and eggs unfavorably. Suffused with the sense that "once I was blind, but now I see," they will end their participation in the greatest invisible horror show on earth.

I say *participation* because animal product consumers are complicit, to varying degrees, in the manufacture of the "food fictions" Grillo analyzes. The consumer is not a blank slate on which the animal food production system imprints a false set of beliefs and practices. Taken together, the psychological, societal, cultural, historical, appetitive and commercial forces involved in animal product consumption form a constellation that can balk the animal advocate's effort to break through with "why this issue matters to us and building a convincing case for why it should matter to others."

***"Chickens in the trucks are for food so you don't think about them."***

As for the *invisibility* of the animals: here on the rural Eastern Shore of Virginia where I live, for example, you cannot *not* see the truckloads of chickens going up and down the roads to slaughter every day, but as one person told me after meeting a chicken rescued from the poultry industry at our sanctuary – a person who

has her own pet chickens – you just accept, she said, that the chickens in the trucks are for food so you don't think about them.

Throughout history there have been vegetarians and vegans, but we are at a point in Western culture where the entire enterprise of animal farming has begun to affect social consciousness as a problem. There is no way to fit the foot of Anastasia or Drizella into Cinderella's glass slipper. No way to produce zillions of land and water animals annually for human consumption without the industrial model; no way to industrialize animals humanely or sustainably.

Some folks are starting to grasp this fact, and if it matters to them they will likely become vegetarians or vegans, or else they will look for ways to have it both ways by opting for green-washing, "the fiction that raising animals for food, even when compared to raising plants for food, can be done sustainably," and humane-washing, "animal agriculture's key strategy to intercept the conversation and deflect it away from veganism and retain consumers by using a sophisticated set of marketing fictions."

Grillo in discussing green-washing and other fictions recounts the claims embedded in each and refutes them one by one. For example, there is not enough arable land and water on the planet to sustain the number of small farms and free-ranging animals that would have to exist in order to supply meat, milk and eggs to 7 billion-plus human beings.

It isn't only the Temple Grandin brand of humane factory-farming fiction, or the Michael Pollan brand of humane Do-It-Yourself fiction that Grillo deconstructs; conventional animal welfare societies contribute to the delusion that we can devour animals endlessly,





abundantly, sustainably, and humanely without “factory farming,” a consummate falsehood.

***“Farm to Fable reaches beyond the fabrications of mainstream consumerism and seductive advertising”***

*Farm to Fable* reaches beyond the fabrications of mainstream consumerism and seductive advertising to how movies and TV shows portray nonhuman animals and the characters’ attitudes toward them. As well, Grillo examines clichés that infiltrate the animal advocacy movement, undermining our confidence and identifying us with fictions we need to combat. We become neurotically fearful of being and appearing “too morally pure,” “too judgmental,” “too privileged,” “too emotional,” and other No No’s that distinguish the justice for animals movement, particularly for farmed animals, from other social justice movements.

For example, animal advocates have been criticized



Robert Grillo

that our concern for animals is a privileged white people’s “first-world concern,” but as Grillo points out, “many other social justice issues have their roots in the first world too, like

justice for sweatshop laborers, battered women, and date rape victims; gay rights and gay marriage; hate crime; bullying; and equal pay for women. But notice how advocates for these causes are never criticized as ‘first world.’ On the contrary, they are often lauded for their brave work to expose and fight against these injustices.”

***“Leveraging Truth to Fight Fictions”***

*Farm to Fable* concludes with a chapter on Leveraging Truth to Fight Fictions. I believe every animal advocate can benefit from this chapter. If you are a passionate advocate who winces when a colleague challenges: “Do you want results or do you want to be right?” this book is for you and for all of us. We may disagree with some of Robert Grillo’s views, but we need to be conscious of our reasons for what we think and do in order to act constructively for animals, whose only hope of relief *from* us as a species is with those of us who are fighting for them.

A question I have is whether we can realistically lump together farmers who raise and slaughter animals, and have done so for generations, with consumers who know farmed animals only as pieces of meat along with people who were once vegetarians or were not experienced in killing, but are now enthusiastic Do-It-Yourself slaughterers. Can we really lump together the majority of consumers of animal products as being “in denial”? This seems to me to be a handy but not very helpful explanation of what animals are up against, being too broad, basic and abstract to make sense of it all. -- Karen Davis

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*The pain of losing them is the price we pay for the privilege of knowing them and sharing their lives . . .*

We thank those people who have contributed to our work with recent donations *In Loving Memory and in Honor and Appreciation* of the following beloved family members and friends, both those who have passed away and those who are with us.

My donation is in memory of my beautiful Baboo. Thank you. – *Jennifer Raymond*

My donation is in memory of my dear hen Vina. "I'll never forget the mischievous twinkle in your eyes as you greeted each day with joyous anticipation, 8 years of 'our special hugs' and your indomitable spirit." – *Michele Nash*

My donation is in memory of Dixie Beauchamp, my beloved Sicilian Buttercup hen (2007-2014). Please give every single chicken you come to, a kiss for me. – *Roberta Beauchamp*

My donation is in memory of my loving sister, Miffi Bedrick. – *Jane Bedrick*

My donation is in memory of my husband, Richard Frank. – *Madeline Hastings-Frank*

I would like to donate to UPC to help with the humane treatment of animals as a gift donation in the names of George and Lucille Kooyoomjian. – *Janet and Wesley Rieben*

My donation is in support of Hilda Wilson, a tireless chicken supporter. – *Richard Wilson*

Our donation is in memory of our sweet chicken, Koffey. She had a recurring eye infection and would often use her beak to find her way around. Horrifically, it appears that a weasel found a small opening in her coop, squeezed through, and killed her. Grief stricken but with a strong resolve to never let this happen again, we are making this donation in memory of our

sweetest, most gentle and docile companion, Koffey. – *Dave and Cheryl Hopkins*



My donation is in memory of my rooster, Bird – short for Superbird. He was the best rooster in the world! I take in a lot of sick, abandoned and hurt birds, and through it all, my buddy Bird was there, preening them, softly cooing to them, helping them roost. That 9 pounds of luvin rooster would let people run their fingers through his feathers and hold him and I never worried he would hurt someone. In June 2016, Bird got very sick, and despite good veterinary care, he wasted away and then passed quietly in my arms with his head on my shoulder. Months later, I still cry as I type this to you. I am attaching a photo of Bird in loving memory of him. – *Dee Waters*



In honor of Nero, Fredericka, Julie, Nathaniel, Leonard, and Bertha, remembered forever and sadly missed. – *Paul Deane*

My gift is in honor of All God's Creatures. – *Brien Comerford*



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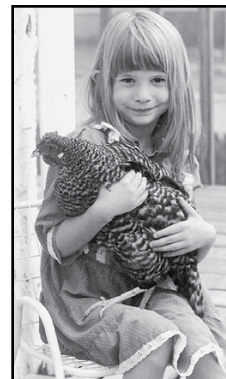
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## Vegan Recipe Corner

### Vegan “Clam” Chowder

Recipe from [www.forksandbeans.com](http://www.forksandbeans.com) (slightly modified)

Prep time: 15 mins, Cook time 30 mins

#### Ingredients for the Mushroom “Clams”:

- 1 cup roughly chopped shiitake mushrooms (or whatever mushrooms you have on hand)
- ½ cup white wine
- 1 teaspoon celery seed (not fresh celery)
- 2 teaspoons vegan butter

#### Ingredients for the Soup Base:

- ⅓ medium yellow onion, chopped
- 2 celery stalks, rinsed, finely chopped
- 2 medium-sized carrots, chopped
- ⅓ cup frozen corn
- 1 teaspoon dried thyme
- 3 tablespoon gluten-free flour
- 1 medium potato, peeled and cut into 1" cubes
- 3 cups vegetable broth
- ½ cup nondairy milk
- ¼ cup fresh parsley, chopped

#### Ingredients for the “Cream” base:

- 1 cup cauliflower, slightly steamed
- ¾ cup nondairy milk
- 1 tablespoon vegan butter
- ¼ teaspoon salt
- ¼ teaspoon cracked pepper

#### Instructions for the mushrooms:

1. In a large saucepan (big enough to make the soup) sauté the mushrooms with the vegan butter over medium high heat.
2. Add the white wine and stir until it is completely absorbed.
3. Stir in the celery seed. Remove from heat and place the mushrooms on a separate plate.

#### Instructions for the “Cream” Sauce:

1. Blend everything together in a high-speed blender. If it is too thick to blend add a tablespoon of non-dairy milk at a time until desired consistency. Adjust seasonings according to preference.

#### Instructions for the Soup Base:

1. Over medium-high heat, sauté the onions, celery, carrots, corn, and thyme together until the onions are translucent.
2. Throw in the gluten-free flour and mix until well-combined.
3. Add the broth and nondairy milk. Bring to a boil, stirring often.
4. Add the potatoes and cream base. Allow to fully heat through (approx. 10-15 minutes).
5. Add the mushrooms and chopped parsley last and heat another 2-3 minutes.
6. Season according to taste. Garnish with fresh parsley.

For more great recipes, go to  
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Photo by Liqin Cao

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"The Rougher They Look, The Better  
They Lay" (free-range egg production)  
"Intensive Poultry Production: Fouling  
the Environment"  
"Philosophic Vegetarianism: Acting  
Affirmatively for Peace"  
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"Providing a Good Home for Chickens"  
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"Celebrate Easter Without Eggs"  
"Chicken for Dinner: It's Enough To  
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## BOOKS

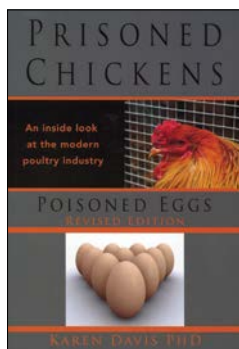
**Prisoned Chickens, Poisoned Eggs:  
An Inside Look at the Modern  
Poultry Industry**

By Karen Davis

This newly revised edition of *Prisoned Chickens, Poisoned Eggs* looks at avian influenza, food poisoning, chicken suffering, genetic engineering, and the growth of chicken rights activism since the 1990s. Presents a compelling argument for a compassionate plant-based cuisine. "Riveting . . . Brilliant."

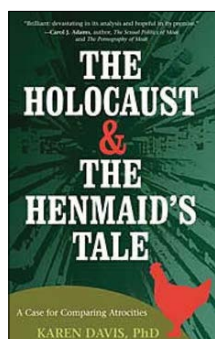
– *Choice magazine, American*

*Library Association* \$14.95. 40% off bulk orders of 5 (\$8.97 each) = \$44.85 for 5.

**The Holocaust and the Henmaid's Tale:  
A Case for Comparing Atrocities**

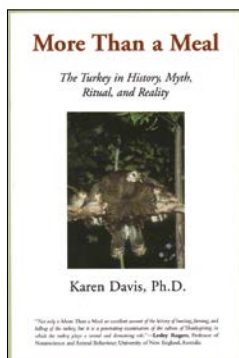
By Karen Davis

In this thoughtful and thought-provoking contribution to the study of animals and the Holocaust, Karen Davis makes the case that significant parallels can – and must – be drawn between the Holocaust and the institutionalized abuse of billions of animals on factory farms. "Compelling and convincing . . . this bold, brave book." – Charles Patterson, author of *Eternal Treblinka* \$14.95

**More Than a Meal: The Turkey in History,  
Myth, Ritual, and Reality**

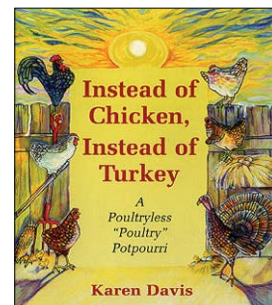
By Karen Davis

Karen Davis shows how turkeys in the wild have complex lives and family units, and how they were an integral part of Native American and continental cultures and landscape before the Europeans arrived, while drawing larger conclusions about our paradoxical relationship with turkeys, all birds and other animals including other human beings. "The turkey's historical disfigurement is starkly depicted by Karen Davis in 'More Than a Meal.'" – *The New Yorker* \$14.95

**Instead of Chicken, Instead of Turkey:  
A Poultryless "Poultry" Potpourri**

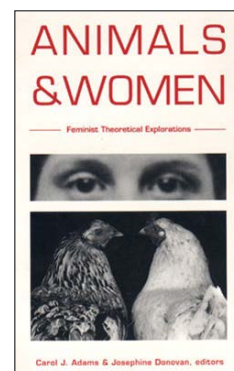
By Karen Davis

This delightful vegan cookbook by United Poultry Concerns features homestyle, ethnic, and exotic recipes that duplicate and convert a variety of poultry and egg dishes. Includes artwork, poems, and illuminating passages showing chickens and turkeys in an appreciative light. \$14.95

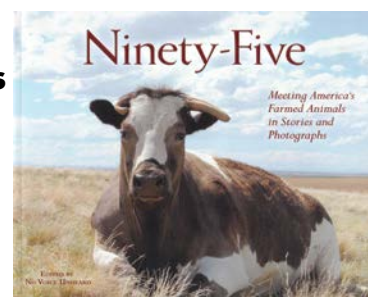
**Animals and Women:  
Feminist Theoretical  
Explorations** Edited by Carol J.

Adams &amp; Josephine Donovan

"Karen Davis's brilliant essay [Thinking Like a Chicken: Farm Animals and The Feminine Connection] brings together the book's central concepts, leading to conclusions that rightly should disturb feminists and animal advocates alike." – Review by Deborah Tanzer, Ph.D. in *The Animals' Agenda*. \$16.95

**Ninety-Five:  
Meeting America's  
Farmed Animals  
in Stories and  
Photographs**

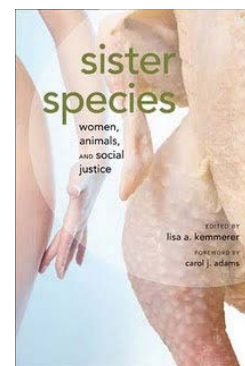
An anthology of photos and stories by No Voice Unheard Editors: Marilee Geyer, Diane Leigh and Windi Wojdak. \$20

**Sister Species: Women,  
Animals, and Social**

Justice Edited by Lisa Kemmerer,

Forward by Carol J. Adams

Sister Species presents the experiences of fourteen women activists who are working on behalf of non-human animals and a more just and compassionate world. \$14.95



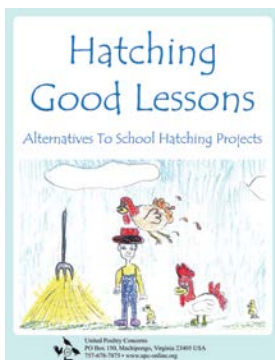


## CHILDREN'S BOOKS & EDUCATIONAL MATERIALS

### Hatching Good Lessons: Alternatives To School Hatching Projects

By United Poultry Concerns

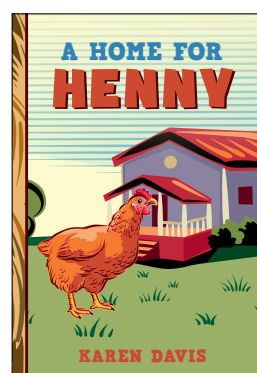
A guide booklet for elementary school teachers and other educators including parents. Revised & Updated, 2013. 16 pages of information, storytelling, classroom activities & color photos. Grades K-6 (some activities are designed for K-12). \$2.50 per booklet. 5 for \$5. It can be viewed and printed out at [www.upc-online.org/hatching/](http://www.upc-online.org/hatching/).



### A Boy, A Chicken and The Lion of Judah – How Ari Became a Vegetarian

By Roberta Kalechofsky

This wonderfully gifted children's story, set in modern Israel, is about a young boy's quest for moral independence. An intelligent book for all ages. Winner of the Fund for Animals "Kind Writers Make Kind Readers Award." \$10



### A Home for Henny

By Karen Davis

Melanie is a 3rd grader who is excited about a chick hatching project in her class at school. The project seemed like a good idea at first, but unexpected problems arise and the whole class learns a lesson in compassion. When the project is over, Melanie adopts one of the chicks she names Henny. *A Home for Henny* explores the challenges and concerns with school hatching projects

while evoking the lively personality of Henny and her loving relationship with Melanie. \$6.99



### Dave Loves Chickens

By Carlos Patino

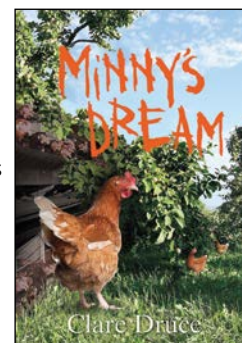
Dave is a quirky monster from another planet who loves chickens and all animals on Earth. He encourages people to share his love and not eat any

animals! Filled with fun and bold colors, this book is perfect for young children to learn compassion for chickens and all animals in a sweetly told, lovable story. \$10

### Minnie's Dream

By Clare Druce

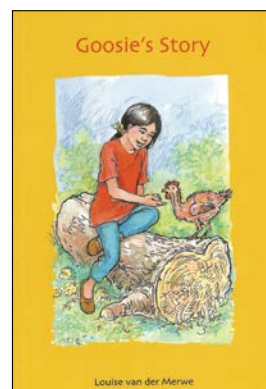
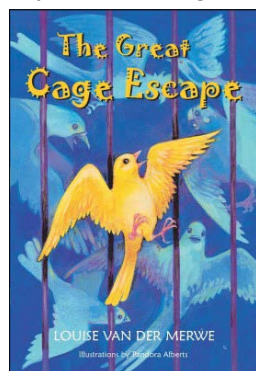
What happens when a young girl from the city discovers a battery-hen operation in the country? What happens when a "battery hen" named Minny speaks to her? What must she do when her friend Minny is going to be killed? This book is a must for the young person(s) in your life, age 8-14. \$10



### The Great Cage Escape

Grades 4-7. By Louise Van Der Merwe

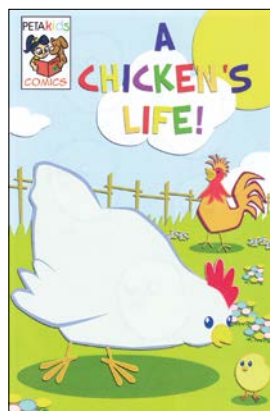
The birds in a pet shop think they are happy until a brown box punched full of air holes is left overnight on their front door step. The creature inside looks very weird at first. But as his feathers begin to grow, his true identity becomes apparent, and the stories he tells inspire the pet shop birds to pull off a Great Cage Escape. This is a story that encourages respect for all forms of life and helps learners realize that heaven can be right here on earth if we choose to make it so. \$4.95



### Goosie's Story

By Louise Van Der Merwe

A touching story about a "battery" hen who is given a chance to lead a normal life – a happy life. This moving book will be warmly welcomed and shared by children, parents and teachers, highlighting as it does the concern and compassion we ought to feel for all our feathered friends on this earth. \$4.95



### A Chicken's Life!

Grades 4-6. *PETAkids Comics*

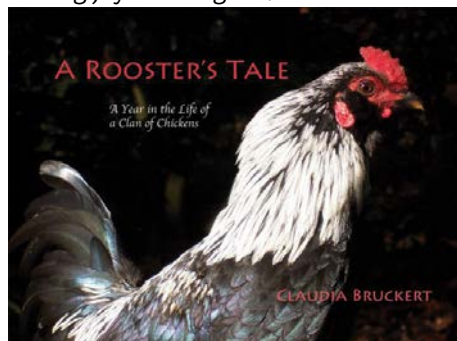
This cute comic book illustrates a group of children visiting an animal sanctuary where they meet a flock of chickens and learn all about them including the differences between Nature's Way and The Factory Farm Way. "Are these chickens really your friends?" they ask. "I've never met a chicken before." *A Chicken's Life* includes a puzzle for elementary school students to unscramble

words including barn, beak, cluck, feathers, grass, hatch, peck, peep, wings, and lots more. \$1.50 each. 10 for \$10.

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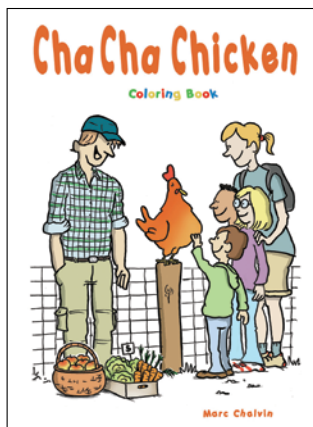
**(continued) CHILDREN'S BOOKS & EDUCATIONAL MATERIALS****A Rooster's Tale: A Year in the Life of a Clan of Chickens**, by Claudia Bruckert,

transports readers to the fascinating world of Change, who tells the real life story of his chicken family during his first year of life. Enchanting experiences and intriguing facts, chronicled and photographed beautifully over the course of one year, convey deep insights into the daily life of chickens. Grades 3-12 and a reading joy for all ages. \$20

**Cha Cha Chicken Coloring Book** By Marc Chalvin

Narrated by Cha Cha the hen, this book invites children to visit Green Farm sanctuary and learn about the happy animals who live

there. Written by Marian Hailey-Moss and illustrated by Marc Chalvin, Cha Cha shows children that chickens are people too and invites them to color their world beautiful! *Cha Cha Chicken Coloring Book* is a delightful gift for children K-3. \$10

**Chickens at Play**

By United Poultry Concerns

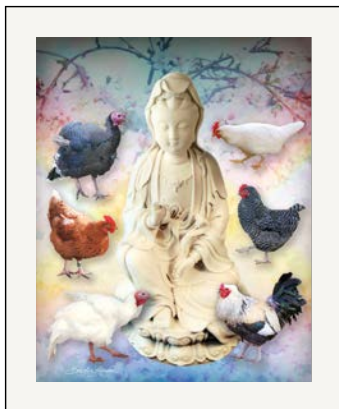
This vibrant video shows chickens at the United Poultry Concerns sanctuary accompanied by lively music, with brief explanations of what the chickens are doing throughout their daily activities into the evening as, one by one, they hop up to their perches for the night. Narrated by a young child. 10:04 minutes. DVD. \$5. \$12.50 for 5. Watch: <http://vimeo.com/13210456>



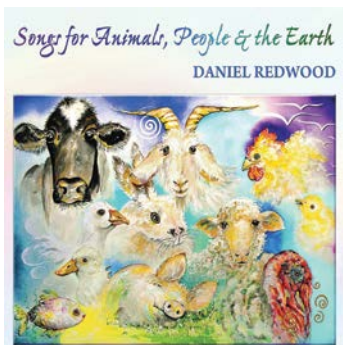
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is Daniel Redwood's powerful new album of sanctuary songs. Dedicated to "the compassionate women and men whose hearts and minds have awakened to the needless suffering of animals," this music is beautiful, moving & exhilarating, lyrical and liberating! \$12.

**Cruel: Bearing Witness To Animal Exploitation**

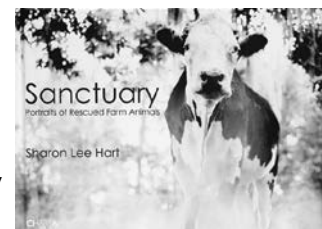
By Sue Coe, OR Books, 2012

Renowned visual artist Sue Coe, pioneer champion of animal rights and author of *Dead Meat*, has produced this mesmerizing new book documenting the experiences of animals raised and slaughtered for human consumption. Through its written account and haunting visual images, *Cruel* is a surpassingly passionate testimony to the waste, sorrow and violence perpetrated by our species against others. \$20

**Sanctuary: Portraits of Rescued Farm Animals**

By Sharon Lee Hart, Charta Books, 2012

Sharon Lee Hart's photography project SANCTUARY takes you on an intimate journey to meet wonderful animals and the courageous rescuers who become their companions. Sanctuary caregivers evoke individual animals in short, handwritten stories accompanying Hart's starkly beautiful black & white photography. \$20





**Stickers** Send a message with your mail! Order our eye-catching color stickers! 100 stickers for \$10.



**With Heart and Voice - a Beautiful Greeting Card from UPC** \$19.95 for 20 cards. \$38.95 for 40 cards, envelopes included. Single card & envelope \$1.00.



## POSTERS



### International Respect for Chickens Day

Celebrate 12.5" x 17" Wings 12" x 16"



### A Heart Beats in Us the Same as in You

Photo by PeTA

Full-color poster vividly captures the truth about factory chickens for the public. Vegetarian message. 18"x22".



Today's chickens are forced to grow too big too fast. They're forced to live in filth. They go to slaughter with yellow pus, harmful bacteria, heart and lung disease, tumors, crippled legs, sick immune systems, and more. Millions of dollars are spent hiding these facts.

### Friends, Not Food

Photo by Franklin Wade

Liqin Cao & FreddaFlower.

Full color 19"x27" poster.



## WHAT WINGS ARE FOR



### CHICKS NEED THEIR MOTHERS

Photos by Jim Robertson & Karen Davis  
Great educational tool. Full color 11-1/2"x16" poster.

### Walking to Freedom After a Year in Cages

Photo by Dave Clegg. Full color, 18"x22" poster.

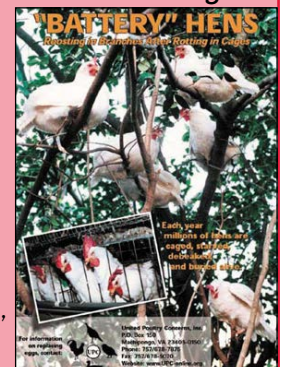


### "Battery" Hens

Roosting in Branches After Rotting in Cages

Photo by Susan Rayfield

This beautiful color poster shows the rescued Cypress hens at UPC. Perfect for your office, your home, your school. 11.5"x16".



### Great Turkeys Poster!

Photos by Barbara Davidson & Susan Rayfield

The posters are in color, and come in two sizes: 11.5" x 16", and 18" x 27".

**UPC posters in any mix:  
One for \$4. Two for \$5.  
Three for \$7.**



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Freddaflower Fund  
Recipe Corner & *More!*

*Wishing You a Beautiful Spring!*  
*Please renew your membership for 2017*

## International Respect for Chickens Day May 4

*“Please do an ACTION for Chickens in May!”*

INTERNATIONAL RESPECT FOR CHICKENS DAY, MAY 4 is an annual project launched by United Poultry Concerns in 2005 to celebrate chickens throughout the world and protest the bleakness of their lives in farming operations. The entire month of May is International Respect for Chickens Month!

Please do an ACTION for chickens on or around May 4. Ideas include leafleting on a busy street corner, holding an office party or classroom celebration, writing a letter to the editor, doing a radio call-in, tabling at your local church, school or shopping mall, hosting a vegan open house, or simply talking to family, friends or strangers about the plight – and delight – of chickens and how people can help them.



Ruby & Ivy, photo: Jim Robertson

See our merchandise pages for posters & brochures, also available at [www.upc-online.org/merchandise](http://www.upc-online.org/merchandise).

**What Wings Are For!**

*Thank you for making every day Respect for Chickens Day!*