

Winter-Spring 2020

Volume 29, Number 4



Poultry Press

Promoting the compassionate and respectful treatment of domestic fowl

Celebrating 30 years of dedicated activism for domestic fowl

United Poultry Concerns

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(Beth Clifton collage)

The Great Escape!

Turn to page 8 to read about:

*Turkeys: Sympathy, Sensibility, and Sentience
Plus Social Dancing and Driving Off Predators*

You are cordially invited to attend

United Poultry Concerns' Ninth Annual Conference

On the topic of



Saturday, February 29, 2020, Berkeley, California

Conference Host: United Poultry Concerns

Conference Synopsis: Our 2020 *Conscious Eating Conference* brings expert speakers from across the country to Berkeley, California to share their ideas and experiences. This year we explore overlapping oppressions with these questions: How is speciesism entangled with other forms of oppression? How do different forms of oppression prop each other up? What is the best way for us to represent veganism and animal advocacy that recognizes multiple, overlapping oppressions? How do we create supportive alliances?

Please join us for this exciting day that includes the **Animal Rights Herstory Panel** detailing the struggle for animals and animal rights since the 1980s.

Location: David Brower Center, 2150 Allston Way, Berkeley, CA 94704
(Near the UC Berkeley Campus)

Date: Saturday, February 29, 2020

Registration Opens: 8am

Program: 8:45am - 5pm



Registration: FREE for students with IDs. To register as a student, email hope@upc-online.org. \$25 pre-registration for all others. \$35 at the door the day of the event. To register, send check or money order to UPC, PO Box 150, Machipongo, VA 23405, or register by credit card at www.upc-online.org/forums/2020.

Food: Registration includes a continental breakfast of vegan pastries & fruit, delicious vegan lunch, and all-day coffee & tea.

Conscious Eating Conference Schedule of Speakers

Saturday, February 29, 2020, Berkeley, California

8:00 am

Registration Opens

Presentations

Pax Ahimsa Gethen, *Conference Host*

8:45 – 9:50 am

Karen Davis, *United Poultry Concerns*
Comparing Atrocities: Pros, Cons and Paradoxes

10 minute break

10:00 – 10:50 am

Christopher Sebastian McJetters, *Author and Activist*
White Meat: How Did Animal Exploitation Become a Signifier for White National Identity and How Do We Fight It?

10 minute break

11:00 – 11:50 pm

lauren Ornelas, *Food Empowerment Project*
Why Caring Only About Non-Human Animals Might Be Right For You!

11:50 – 1:00 pm

Lunch

1:00 – 1:50 pm

Carol Adams, *Author and Activist*
On Trying To Be an Antiracist Vegan Feminist

10 minute break

2:00 – 2:50 pm

Jasmine Leyva, *The Invisible Vegan*
The Invisible Vegan: A Journey of Compassion

10 minute break

3:00 – 5:00 pm

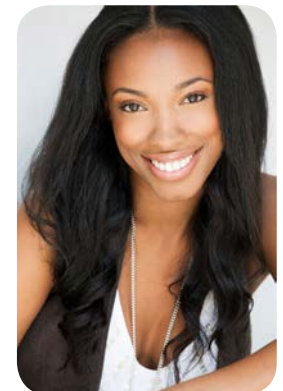
Animal Rights Herstory Panel
Karen Davis, Carol Adams, Patti Breitman



lauren Ornelas



Carol Adams



Jasmine Leyva



Patti Breitman

More information available at www.upc-online.org/forums/2020



Karen Davis



Christopher Sebastian
McJetters



Pax Ahimsa Gethen

Vegan Voices: “Life Can Be Beautiful”

Our newly revised brochure *Life Can Be Beautiful - Go Vegan!* has everything! Great recipes, health info, environmental facts, animal farming (ugh) & why sports heroes and other smart folks are going vegan. Plus resources. 24 full-color 5.5 x 8.5 pages with photos.

Why is “Animal Free” the Best that Food Can Be?

Animals

I was a half ass vegetarian who still ate dairy and shellfish. I was doing an interview with a guest and he said, “I hear you’re a vegetarian; do you eat dairy?” I said “yeah,” and he said, it’s “liquid meat.” I said, “Oh my God,” because it hit me just like that; eating dairy was the same in terms of animal welfare as eating meat. That moment I went vegan. – “Plant Chat: Jane Velez-Mitchell, Plant-Based Advocate”

Earth

With animal agriculture as the leading cause of species extinction, water pollution, ocean dead zones and habitat destruction, and with the death spiral of the ecosystem ever more pronounced, becoming vegan is the most important and direct change we can immediately make to save the planet and its species. – “Saving the Planet, One Meal at a Time.” American journalist and Presbyterian minister, Chris Hedges

Health

*For me, the most persuasive evidence supporting a healthy vegan diet is the everyday reality that a dozen or so people with whom I eat have done extraordinary things as a direct result of intelligent veganism. They’ve conquered obesity, chronic disease, depression, and a host of food-related disorders by exclusively eating an exciting diversity of plants. If there’s one lesson I’ve learned, it is this: the diet empowers. – James McWilliams, “The Evidence for a Vegan Diet,” *The Atlantic**

Spirit

*I found the data that began to reaffirm my vegetarianism. It led me to learn more about our environment and cruelty to animals. I began saying I was a vegetarian because, for me, it was the best way to live in accordance with the ideals and values that I have. Suddenly, eating eggs for me was something that didn’t align with my spirit, and I could feel it. My veganism started then.” – New Jersey Senator Cory Booker, “This Planet Simply Can’t Sustain People Eating Meat,” *The Washington Free Beacon**



Recipes
Inside!



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www.upc-online.org/merchandise

Happy Home for Kaporos Chickens!

In 2019, United Poultry Concerns Funded This Beautiful New Barn, Pasture & Plaue for Rescued “Cornish” Kaporos Chickens to live out their lives in the loving care of Tamerlaine Sanctuary.

Dear UPC,

“We are so happy with your banner for our new barn and enclosed yard which will serve as our permanent home for rescued Kaporos chickens, whom we call our Cornish chicken population! Thank you for all of your help and support!”
 – Gabrielle Stubbert & Peter Nussbaum, Cofounders of Tamerlaine Sanctuary and Preserve in Montague, New Jersey, October 23, 2019



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**Would you like to do more to help the birds?
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Chickens are Courageous Birds. They are NOT Cowards, or a Trope for Human Cowardice

By Karen Davis, PhD, President,
United Poultry Concerns



Cayman Chickens. Photo by Davida G. Breier

An article coauthored by Carol J. Adams and Marc Bekoff on October 28, 2019 “**Abu Bakr al-Baghdadi Didn’t Die Like a Dog,**” has inspired me to stress that chickens are not cowards any more than dogs are. Chickens are not “chicken.” Therefore, they cannot be invoked as a metaphor for human cowardice except as a cliché.

Donald Trump asserted on October 27 that the head of ISIS “died like a dog. He died like a coward.” Adams and Bekoff point out that Abu Bakr al-Baghdadi did not “die like a dog.” However he may have died, dogs do not generally die, or for that matter live, like cowards. Chickens don’t, either.

Bravery of Chickens

The call of the wild is in the chicken’s heart, too. Far from being “chicken,” roosters and hens are legendary for bravery. In classical times, the bearing of the rooster symbolized military valor: his crest stood for the soldier’s helmet and his spurs stood for the sword. A chicken will stand up to an adult human being. Our tiny bantam rooster, Bantu, would flash out of the bushes and repeatedly attack our legs, his body tense, his eyes riveted on our shins, lest we should threaten his beloved hens.

An annoyed hen will confront a pesky young rooster with her hackles raised, and run him off! Though chickens will fight fiercely and successfully with foxes

and eagles to protect their family, with humans such bravery usually does not win. A woman employed on a breeder farm in Maryland wrote a letter to the newspaper, berating the defenders of chickens for trying to make her lose her job, threatening her ability to support herself and her daughter.

For her, “breeder” hens were “mean” birds who “peck your arm when you are trying to collect the eggs.” In her defense of her life and her daughter’s life against the champions of chickens, she failed to see the comparison between her motherly protection of her child and the captive hen’s courageous effort to protect her own offspring.

In an outdoor chicken flock, ritual and playful sparring and chasing normally suffice to maintain peace and resolve disputes without actual bloodshed. Even hens occasionally have a go at each other, but in 35 years of keeping chickens, I have never seen a hen-fight, with its ritualized postures and gestures, turn seriously violent or last for more than a few minutes. Chickens have a natural sense of order and learn quickly from each other. An exasperated bird will either move away from the offender or else aim a peck, or a pecking gesture (I’ve seen this many times) that sends a message – “lay off” or “back off!”

Bloody battles, as when a new bird is introduced into an established flock, are rare, short-lived, and usually affect the comb (the crest on top of a chicken’s head), which, being packed with blood vessels, can make an injury look worse than it is. It’s when chickens are crowded, confined, bored, or forced to compete at



Bantu, UPC Sanctuary Rooster
(1990-2000)

a feeder that distempered behavior can erupt. However, chickens allowed to grow up in successive generations unconfined do not evince a rigid “pecking order.” Parents oversee their young, and the young contend playfully, among many other activities. A flock of well-acquainted adults is an amiable social group.

Sometimes chickens run away; however, fleeing from a bully or a hereditary predator-species on legs designed for the purpose does not constitute cowardice.



Cayman Chickens. Photo by Davida G. Breier

Scientists Cite Courage in Roosters and Hens, but “No Serious Fights”

In a field study of feral chickens on a coral island northeast of Queensland, Australia in the 1960s, G. McBride and his colleagues recorded the birds’ social and parental behavior over the course of a year. Here is how they describe the birds’ response to a perceived threat to their chicks:

When a hen with very young chicks was disturbed by a man, she gave a full display and the alarm cackle. When pressed closely, she hid her chicks by regularly turning and making a short charge at her pursuer. As she turned, she pushed one or two of her chicks into a hollow, while giving a particularly loud squawk among her clucks.¹

Once the chicks were all safely hidden, the hen raised an alarm call that was echoed by the distant roosters who came to her. In the following scene, we see the rooster with his hens and their young:

When the group moves, the rooster gathers the hens together before moving. The hens keep contact with him while moving, and he controls their movement when crossing open ground. When disturbed, he gives the alarm call and walks parallel to the predator or potential predator while the hens quietly hide.

When the flock was disturbed, the roosters

were observed to drive the hens away, by rushing toward them with their wings spread. While the hens foraged, the roosters spent the majority of their time on guard in their tail-up, wing-down alert posture. Roosters used the broody hen display when charging: tail fanned, wings down, feathers puffed.

Occasionally, roosters from other territories joined the flock, but according to the investigators, “No serious fights were observed during any of these intrusions, though the males made several rushes at each other.” Typically, the “trespassing territorial males left after a contest involving crowing, display and territorial tidbitting.”² In the non-breeding season, the areas became overlapping territories in which all of the birds and their progeny mingled. The only real fight the investigators ever saw among roosters took place in a pen, and this fight, which for one bird was fatal, they attribute to “the restriction of movements in the pen, as well as to the inability of a defeated bird to escape by flying into a tree.”

Notes

¹ Despite our no chick-hatching policy at United Poultry Concerns, in May 2019, a rooster and a hen we adopted from a cockfighting raid in 2018 sneaked a family into our sanctuary consisting of five baby chicks. Being so tiny at first, these chicks were able to squeeze through the wire fence and get stuck on the other side. They would peep frantically to their mother hen, and she responded frantically to their cries, unable to reach them. (We quickly fixed the problem.) When this first happened, I rushed over to the mother hen in the wooded area of our sanctuary where the chicks had been born and she was panicking, and quick as could be, she leaped into the air and struck my face with her claws, seeing me as a threat to her endangered family.

² A mother hen will pick up a tasty seed or bug and drop it at her chicks’ feet to show them it is good to eat. A rooster will do the same for his favorite hen, often including a courtly dance around her. Some roosters will tidbit in a pretense of eating, when what they are really doing is fixing their eye intently on someone they seek to intimidate or mislead, to control and perhaps attack if provoked. Occasionally I and visitors to our sanctuary have been the objects of this riveting tidbitting performance in a rooster set on protecting his turf.

Turkeys: Sympathy, Sensibility, and Sentience

Plus Social Dancing and Driving Off Predators

By Karen Davis, PhD, President,
United Poultry Concerns

This article was first published Nov. 19, 2019 on the *Animals 24-7* website.



The Great Escape!
(Beth Clifton collage)



Turkeys in the mist in Maine. Photo by Hope Crusier

Turkeys Express Social Sympathy

An emotional behavior in turkeys that has been said to “defy logic” is “the great wake” they will hold over a fallen companion. In one episode cited by A.W. Schorger, in *The Wild Turkey: Its*

History and Domestication on page 149, the wing beat of a turkey hen who had been shot “brought a flock that stopped beside the dying bird” instead of running away as “expected.”

John Jay Audubon (1785-1851) wrote how, after he shot a female turkey sitting on a fence, the male birds responded to her cries. “I looked over the log,” he writes, “and saw about thirty fine cocks advancing rather cautiously towards the very spot where I lay concealed. They came so near that the light in their eyes could easily be perceived, when I fired one barrel, and killed three. The rest, instead of flying off, fell a strutting around their dead companions.” (Audubon, it must be mentioned, murdered thousands of birds both as models for his paintings and for sport.)

Similar behavior has been observed in turkeys on factory farms. When, as frequently happens in those places, a bird has a convulsive heart attack, three or four others will surround their dead companion and die on the spot themselves. The National Turkey Federation wants people to think that what it calls this “hysteria” proves that turkeys are not intelligent. What their behavior actually reveals is an empathetic sensibility that should awaken us to how terribly we treat them and make us stop.

Observers have marveled at “the great speed of the transplanting of sound” from one bird to another within a flock at a moment’s danger. One bird having begun gobbling, the others follow him so quickly that “it is impossible for the human ear to detect an interval” or to determine which bird started the chorus or caused it to cease (Schorger, 152).

Turkeys Dance Joyfully

In *Illumination in the Flatwoods*, Joe Hutto describes how his 3-month-old motherless turkeys, upon seeing him in the morning, would drop down from where they sat “softly chattering” in a tree, stretch their wings and do a little dance, “a joyful happy dance, expressing an exuberance.”

Not only do young turkeys do this. As Schorger quoted another witness:

I heard a flock of wild turkeys calling. . . . They were just having a twilight frolic before going to roost.

They kept dashing at one another in mock anger, stridently calling all the while, almost playing leap-frog in their antics. Their notes were bold and clear. . . . For about five minutes they played on the brown pine-straw floor of the forest, then as if at a signal, they assumed a sudden stealth and stole off in the glimmering shadows.

Yet another witness quoted by Schorger describes adult turkeys playing together on cold mornings:

Frequently as many as eight or ten will participate in a sort of chase during which they will run at each other, then dodge suddenly, missing a collision by inches. Sometimes they will duck through or around a patch of brush to put their companions off guard.

A Mother Turkey Fights Off a Hawk

“Now I have seen the turkey hen fight with a passion that would make the eagle seem tame.”

Everette M. Prosis, in a fall letter to *Virginia Tech Magazine* described an awesome mother turkey fly into action to protect her poults from a hawk in rural Virginia:

I saw a turkey coming into the back field. She had about 10 babies about the size of large quail walking with her. . . . Without warning, the hen



Photo by Beth Clifton

Wild turkeys taking flight.

took off vertically as if she had stepped on a mine. About 20 feet off the ground, she intercepted and attacked a hawk that was coming in for a baby. The hen hit the hawk with her feet first and with her back almost parallel to the ground. The hawk flew toward the back of the field with the turkey hen in pursuit; it turned back towards the babies, and the hen hit it again.

They both fell about 10 feet and were fighting with their feet, until the hawk headed for the tree line and kept going. The hen returned to her babies. When they went back into the pines, the babies were very close to their mother's feet. Wish you could have seen it.

Thanks to this keen observer, we did!



A mother turkey sheltering her poults, courtesy of United Poultry Concerns

References:

Joe Hutto. *Illumination in the Flatwoods: A Season with the Wild Turkey*. Lyons & Burford, 1995.

Everette M. Prosis, Letter to the Editor. *Virginia Tech Magazine*, Fall 1999.

A W. Schorger, A.W. *The Wild Turkey: Its History and Domestication*. University of Oklahoma Press, 1966.

Orthodox Community May Be Growing More Receptive to Our Perspective

By Jill Carnegie, Campaign Strategist for the Alliance to End Chickens as Kaporos



Jill Carnegie, UPC's Campaign Strategist for the Alliance to End Chickens as Kaporos, is shown rescuing a suffering chicken October 7th at the Kaporos Vigil in the Crown Heights neighborhood of Brooklyn, New York, where Alliance activists offered water and watermelon to as many as possible of the 60,000 chickens crated for days on the streets in preparation for the Kaporos "atonement" massacre, in which certain ultra-Orthodox Jewish populations "transfer" their sins and punishment to the chickens each fall in the days leading up to Yom Kippur. This ritual is not mandated by Jewish law and most members of the Jewish community do not participate. *Your donations to support our campaign to end chicken Kaporos are much needed and greatly appreciated.*

End Chicken Kaporos Activism Bigger Than Ever

The Alliance to End Chickens as Kaporos includes a coalition of organizations whose actions in October 2019 during the Kaporos rituals in Brooklyn, New York were bigger than ever. With Jewish Veg and The Save Movement involved, we also welcomed the Shamayim Animal Advocacy Network, the Interfaith Vegan Coalition and In Defense of Animals. Jewish Veg has made this campaign the cornerstone of their work in New York City.

We held actions from October 2nd-October 8th with a break on Saturday since there were no accessible birds that day. Collectively, we saw over 300 activists join us on the ground with about 200 joining the Mass Chicken Care action on the final evening of Kaporos in Crown Heights.

Supportive Police Presence

While we had an extraordinarily devastating and improper incident with a few cops (captured on film and being analyzed by the attorneys on our team) on one of the days, that was the exception. The police in Williamsburg and Crown Heights overwhelmingly welcomed us back to the streets and even assisted in negotiating for the surrender of several birds into our care. The new Community Affairs officer in Borough Park is still if-y, but we are in communication with him and working to build what we hope will be a positive relationship.

Unprecedented Open Rescue of Chickens in October 2019

The amount of visible rescue/open rescue during our actions was unprecedented. This is so powerful for the activists to witness amongst the horrors in the streets. We even had a brand-new victory at the Friday action where a site surrendered 26 birds into our care, 100% out in the open. We saved the majority of our coordinated rescue work for the morning after the final Kaporos night so that more activists could participate.

So many workers and practitioners welcomed our guidance on how to hold the chickens, including children. Several willingly allowed us to remove injured birds to provide them with care. Almost none of them attempted to restrict our access. As you can appreciate, this is a massive shift in tone from previous years. However, we remained unapologetic at sites where the management was less cooperative. The operator of one site refused to remove dead bodies from crates containing live birds. We asked politely and offered to

help, yet he still refused. We responded by removing the bodies for him and placing the bodies on the table set up to sell tickets. My gut feeling is that this combination of cooperation but also calculated confrontation is a good tightrope for us to walk.



Giving Watermelon to Suffering Birds Brings Kindness to Them

The shift to providing watermelon was embraced and loved by the activists AND the birds. While the coordination was more complicated to prepare for each day, it was well worth it and everyone agreed that it was bittersweet to see the chickens figure out and then get so excited about the watermelon placed into their crates. Based on the number of sites and the number of crates at each site, it is safe to estimate that we provided some sort of care and attention to over 10,000 suffering chickens.

We have several residents in Crown Heights partnering with us to speak out to city agencies and officials, along with supporting the activism in various ways.

Orthodox Community May Be More Receptive to Our Caring Activism

The biggest benefits we see accumulating as a result of the shift in our presence includes: the Orthodox community is far more receptive to our perspective; the work of our outreach advocates is SUPPORTED rather than hindered by the presence of hundreds of activists during the rituals; videos and messaging supporting our work are becoming consistent in message groups

in the Orthodox community; and we have a growing number of former Kaporos practitioners joining as Outreach Activists, as they feel safer returning to their neighborhoods with this tone.

The consensus from activists is that caring for the birds and showing compassion for them is productive and our best chance for progress in this campaign.

– Jill Carnegie, Alliance to End Chickens as Kaporos



Unparalleled Suffering Photography

The Alliance to End Chickens as Kaporos is a project of United Poultry Concerns. Formed in New York City in June 2010, the Alliance is an association of groups and individuals who seek to replace the use of chickens in Kaporos ceremonies with money or other non-animal symbols of atonement. The Alliance does not oppose Kaporos per se, only the cruel and unnecessary use of chickens in the ceremony.



Urge Ridgeland, Wisconsin Officials to Stop Cruel Chicken Toss



From: Letter to Dunn County Officials, Ridgeland, Wisconsin

“The chickens being subjected to this extremely stressful and terrifying situation are not enjoying themselves. When people derive enjoyment at such events, they do so by debasing their own character by seeking thrills through violent acts against unwilling participants. Of greater importance is that such events ‘teach’ children and others that it’s acceptable to use animals for any human purpose, regardless of how trivial and cruel. Our society needs to foster a greater respect for the other creatures with whom we share this planet. The ‘chicken toss’ is antithetical to that aspiration. I urge you to use your influence to discontinue this or any other use of animals that is unquestionably inhumane.” – *Nedim C. Buyukmihci, VMD, Emeritus Professor of Veterinary Medicine, University of California-Davis, Jan 24, 2019.*

United Poultry Concerns is joining Wisconsin-based Alliance for Animals again this year in politely urging the village of Ridgeland in Dunn County, Wisconsin to cancel the “Chicken Toss” in February (most likely Saturday, Feb. 15, since it is always held in mid-February).

The chicken toss consists of throwing many chickens, one or two at a time, up in the air from a roof. Crowds scramble to grab the birds as they fall to the ground. The chickens huddle together, freezing and fearful, in crates and bags, waiting to be thrown by participants who consider this cruel activity fun.

There is no similarity between a chicken being pulled from a container and thrown roughly up in the

air from a roof in the midst of a screaming mob, and a chicken fluttering voluntarily to the ground from a perch in a quiet place.

Feb. 16, 2019 “Chicken Toss” Report Todd Wilson

February 16 at 9:48 PM

“Today, for the second year in a row, we drove up to the Ridgeland, WI Pioneer Days event. The big attraction is throwing sick, frostbitten, terrified chickens off of a roof into a sea of drunk, crazed and violent humans. . . .”





What Can I Do?

Kevin Bygd
Dunn County Sheriff's Office
615 Stokke Parkway
Menomonie, WI 54751
Phone: 715-232-1564
kbygd@co.dunn.wi.us

Andrea Nodolf
Dunn County District Attorney's Office
615 Stokke Parkway, Suite 1700
Menomonie, WI 54751
Phone: 715-232-1687
Andrea.Nodolf@da.wi.gov

Brian Johnson
Dunn County Board Supervisor District 1
N12038 890th Street
Colfax, WI 54730
Phone: 715-658-1888
bjohnson@co.dunn.wi.us

🐔 Please call these Dunn County officials, and *politely* urge them to prohibit the "chicken toss" this year. Whether you reach a live person or a recording, leave a brief, clear, and respectful message expressing your concern for the chickens: their fear and possible injury and the frigid weather.

Thank you for taking action for these birds.— United Poultry Concerns

Bus Ads for Turkeys in Philadelphia

United Poultry Concerns ran our "Have a Compassionate Holiday Season - Be Kind To Turkeys - Go Vegan!" posters at 61 bus shelters in Philadelphia through the month of November 2019.



Freddaflower Memorial & Appreciation Fund

The pain of losing them is the price we pay for the privilege of knowing them and sharing their lives . . .

We thank those people who have contributed to our work with recent donations *In Loving Memory and in Honor and Appreciation* of the following beloved family members and friends, both those who have passed away and those who are with us.

In memory of Cla' our little rooster. We miss you little guy and are so happy to see your insuppressible spirit living on in HuneBerry. It makes me smile to still see you every day in him. – *Charles Nash*

For Neal, Chicken Champion, Friend of Poultry.
– *Elaine Yu*

Given in honor of Evelyn Oynebracten's 90th birthday and 45 years of animal activism. – *A friend*

Thank you for all you do. As a child I had a pet chicken named Phanton. She died of old age. I'm making this donation in the name of my friend Dana Petlit who donates time and funds to so many animal rescue groups. I have a rescue of 16 cats now. – *Susan Cook*

In honor of Anne Boguslavsky, a true and loving friend to birds. – *Muriel Garvey*

My gift is in memory of Pedro the turkey. – *Marian Isaac*



Freddaflower

In honor of Nero, Fredericka, Julie, Nathaniel, Leonard, and Bertha, remembered forever and sadly missed. – *Paul Deane*

My gift is in honor of All God's Creatures. – *Brien Comerford*

A LEGACY OF COMPASSION FOR THE BIRDS

Please remember United Poultry Concerns through a provision in your will.
Please consider an enduring gift of behalf of the birds.

A legal bequest may be worded as follows:

I give, devise and bequeath to United Poultry Concerns, Inc., a not-for-profit corporation incorporated in the state of Maryland and located in the state of Virginia, the sum of \$_____ and/or (specifically designated property and/or stock contribution).

We welcome inquiries.

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P.O. Box 150 • Machipongo, Virginia 23405-0150
(757) 678-7875



Karen & Mr. Frizzle ©2008 Davida G. Breier

International Respect for Chickens Day May 4

“Please do an ACTION for Chickens in May!”

INTERNATIONAL RESPECT FOR CHICKENS DAY, MAY 4 is an annual project launched by United Poultry Concerns in 2005 to celebrate chickens throughout the world and protest the bleakness of their lives in farming operations. The entire month of May is International Respect for Chickens Month!

Please do an ACTION for chickens on or around May 4. Ideas include leafleting on a busy street corner, holding an office party or classroom celebration, writing a letter to the editor, doing a radio call-in, tabling at your local church, school or shopping mall, hosting a vegan open house, or simply talking to family, friends or strangers about the plight – and delight – of chickens and how people can help them.



Ruby & Ivy, photo: Jim Robertson

See our merchandise pages for posters & brochures, also available at www.upc-online.org/merchandise.

What Wings Are For!

Thank you for making every day Respect for Chickens Day!

PLEASE, JOIN US TODAY!

We NEED Your Strong and Continuing Financial Support

New Membership **\$35** 2020 Membership Renewal **\$30**

Membership includes our quarterly *Poultry Press* Magazine to keep you informed on current issues, and how you can get involved in many other ways. If you would like to support us by credit card, please go to our website at www.upc-online.org and click on DONATE to make your donation. It's that easy!

Additional Tax-deductible Contribution:

\$20 \$35 \$50 \$100 \$500 Other \$ _____

Name _____

Address _____

City _____ State ____ Zip _____

Please make your check payable to United Poultry Concerns. THANK YOU!

Are you moving? Please send us your new address.

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United Poultry Concerns
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How Much Do Eggs Cost the Birds?

By Mary Britton Clouse
Founder of Chicken Run Rescue

Fad or Enduring Change?

Living with chickens presents opportunities and challenges to rethink our relationship with the most unjustly treated land animals on the planet. Will familiarity engender respect for them as sentient individuals and reshape our behavior toward them, or will they continue to be viewed as a means to our whims?

The opportunity for ethical evolution lies in enabling us to learn firsthand that chickens are intelligent, vivacious individuals who form lifelong emotional bonds with each other and other species. They are warm, silky and lovely to hold.

They are primarily ground-dwelling birds who are very home centered and can thrive in a typical urban backyard and home. They coexist happily with compatible dogs and cats and have life spans of 12 -14 years. Their wild relatives can live 30+ years.

A shift in thought about who is “food” and who is “pet” could mean a less violent world for the chickens and other animals trapped in a food production hell hidden from view: “Free range” and “cage free” birds meet their factory-farmed cousins at the same slaughter plants. Each year in the U.S., over 10 billion chickens suffer from intense confinement, cruel handling and painful, terrifying deaths. Although they represent over 95% of the animals raised for agricultural and other purposes, chickens are excluded from anticruelty laws, humane slaughter laws, and laws that regulate experimentation.

“Humanely Sustainable” vs. Ugly Reality

The challenge is to help people who think they are creating a more “sustainable” world understand how much their eggs cost the birds:

By 2 years old, hens begin to develop reproductive problems from incessant egg laying, which is completely unnatural and ultimately kills them. All domesticated hens have been manufactured for this trait by genetic modification and selective breeding.

Because of the constant wear on her system, hens



Photo by Chicken Run Rescue

The Henmaid's Tale.

Artwork by Mary Britton Clouse.

develop enlarged livers, other vital organ pathologies, and/or tumors. Often, the oviduct (a tube through which eggs pass from the ovary) disintegrates and the egg material ruptures into the body cavity and rots, slowly poisoning her with egg peritonitis. The pressure from enlarged organs and fluid build-up prevents her digestive tract from functioning, so she is literally starving to death.

Inconvenient Truth: Roosters

For every backyard hen, a rooster is killed or abandoned. Only hens are wanted for eggs. Since they have no commercial value, in the U.S. alone a quarter billion male chicks are destroyed at the hatchery, as soon as their sex is determined. They are suffocated in garbage or ground up alive for fertilizer or feed. Unwanted baby roosters are often shipped as “packing material.” No laws protect these chicks from any cost-efficient (read: cruel) method of disposal the producer chooses.

At a hatchery, of 80,000 chicks hatched per week, 40,000 never see their second day. Whether they are purchased by an individual or a corporation, directly

from a hatchery or from a local supplier who bought them from a hatchery, the same industry benefits, and the roosters are killed. Not “sustainable” if you are a rooster.

Urban animal farming is an extension of, not a “humane alternative” to, mass production. Inbreeding for egg or meat production, beak mutilation, separation of chicks from their mothers, mail-order shipping, confinement, disposal of unwanted males, and exhausted females whose egg-laying has declined: These are the truths behind the labels.

What Can We Do?

What’s a local food advocate to do? Veganics, also known as “stock-free,” “vegan organic” and “plant-based,” is a form of agriculture that goes beyond organic standards by eliminating the use of products derived from confined animals and by encouraging the presence of wild native animals on the farmland.

We want the human/chicken bond to evolve into one of companionship. Eating plants costs us little. Eating their eggs costs the birds their lives. – *Mary Britton Clouse, Chicken Run Rescue*

FOR THE BIRDS “Can Only Be Described with Superlatives”

FOR THE BIRDS

“Can Only Be Described with Superlatives”
– *Animal Culture Magazine*

Karen Davis, PhD, has done it again. *For the Birds* continues her uninterrupted output of concisely written, well-researched, and lyrically composed tomes. Organized as an anthology, it contains new material created expressly for this book and previously published material.

The book can only be described with superlatives – extraordinary writing, exemplary research, and heart-wrenching pathos.

Davis is a compelling storyteller and an accomplished academic, and this effort runs the gamut, from an examination of “bestiality” in all its dimensions, to a brilliantly written essay, “The Mental Life of Chickens Observed through Their Social Relationships,” in which Davis shares her poignant observations of the chickens at her sanctuary. Readers will alternately be enlightened, cry, and rage as they progress through this work.

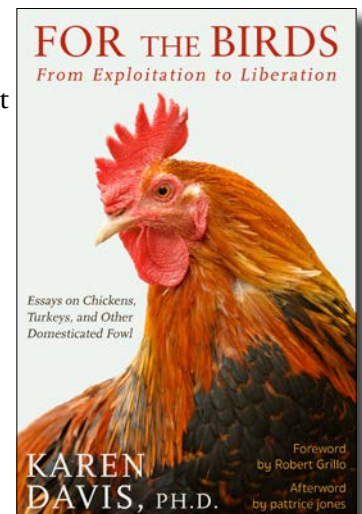
Those who are familiar with Davis’ other efforts will not be disappointed. Once again, she has delivered a book which should be in the library of every animal rights advocate. Of particular interest is “The Disengagement of Journalistic Discourse about Nonhuman Animals: An Analysis,” a topic Davis approaches with much passion. The introduction to “The Ethical Deviant” is on point, stating:

Psyche and socialization are complicated, but let us assume that there is a compassionate “child”— a

primal sympathy for animals in most of us. One of the saddest ironies in life, I believe, is that there are adults in every community who love and empathize with animals, only they don’t know there are others among them who feel the same way, because everyone keeps quiet about it. Fear of ridicule and rejection, isolation and ostracism, enables people to bully one another into silence and submission. Ethical deviance challenges the tyranny of custom and compliance.

Reading this book will remind you that you are not alone. Others share your concern for nonhuman animals. *For the Birds* will inspire you to stay the course. Gift this delightful book to your friends; they will thank you for your thoughtfulness and know they are not alone.

– *Mary C. Holmes*



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*Vegan Recipe Corner***Quick Cauliflower Coconut Stew**

Recipe by *DrHyman.com*

Serves: 4, Prep Time: 15 min., Cook Time: 20 min.

Ingredients

- 2 tablespoons coconut oil
- 1 teaspoon cumin seeds
- 1 medium onion, finely chopped
- 3 ripe tomatoes, finely chopped
- 1 medium head cauliflower, stemmed and cut into bite-size florets
- 1 jalapeno, stemmed, seeded, chopped
- 1 cup chopped kale
- 2 teaspoons ginger paste
- 1 tablespoon cumin powder
- 1 tablespoon coriander powder
- 1 teaspoon turmeric powder
- 1 can full-fat, unsweetened coconut milk
- 1 teaspoon sea salt
- 2 tablespoons chopped cilantro
- 8 ounces tofu, cubed (*optional*)

Directions

1. In a medium stock pot, heat the coconut oil for 30 seconds on medium heat
2. Add the cumin seeds and stir until they start to sputter. Then add the onions and cook for another minute, and then, add the tomatoes, stir and cook for a few more minutes until the tomatoes soften.
3. Add the rest of the ingredients and stir together. Cover the pan and simmer for about 15 minutes, stirring every 5 minutes to keep from burning.
4. Ladle the soup into 4 serving bowls and enjoy! Leftover stew can be stored in air-tight container and saved for lunch the next day.

For more great recipes, go to
www.upc-online.org/recipes!



Photo by Liqin Cao

POSTCARDS

20 for \$4.00, 40 for \$7.50



"Love is Best"



"Peaceable Kingdom"



"Chickens - To Know Them is to Love Them"



"Misery is Not a Health Food"

FACT SHEETS

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- "Viva, the Chicken Hen / Chickens Raised for Meat"
- "Jane-one tiny chicken foot"
- "Starving Poultry for Profit" (forced molting)
- "Poultry Slaughter: The Need for Legislation"
- "The Rougher They Look, The Better They Lay" (free-range egg production)
- "Intensive Poultry Production: Fouling the Environment"
- "Philosophic Vegetarianism: Acting Affirmatively for Peace"
- "The Rhetoric of Apology in Animal Rights"
- "Providing a Good Home for Chickens"
- "Chicken Talk: The Language of Chickens"
- "Celebrate Easter Without Eggs"
- "Chicken for Dinner: It's Enough To Make You Sick"
- "Guide to Staffing Tables: Do's & Don'ts"
- "Henny's New Friends"
- "Avoiding Burnout"
- "The Life of One Battery Hen"
- "Bird Flu - What You Need to Know"
- "How I Learned the Truth About Eggs"

"Peeper the Turkey, a Story of Endless Love"

"Factory Farming vs. Alternative Farming: The Humane Hoax"

BROCHURES

20 for \$3.00

- "A Wing & A Prayer" (Kapparat ritual)
- "Don't Plants Have Feelings Too?"
- "Chickens"
- "The Battery Hen"
- "Turkeys"
- "Ostriches & Emus: Nowhere To Hide"
- "Japanese Quail"
- "The Use of Birds In Agricultural and Biomedical Research"
- "Free-Range' Poultry and Eggs: Not All They're Cracked Up to Be" - New & Revised!
- "Live Poultry Markets" (in English, Spanish, & Chinese)
- "Chicken-Flying Contests"

LEAFLETS (FLYERS)

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- "The 'Human' Nature of Pigeons"
- "The Truth about Feather Hair Extensions"
- "Birds Suffer Horribly for Pillows & Coats"

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Turkeys are Friends, Not Food • End Chickens as Kaporos
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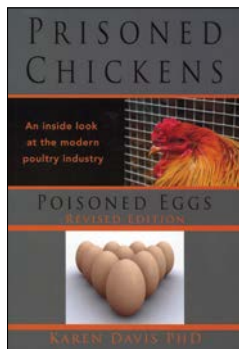


BOOKS

Prisoned Chickens, Poisoned Eggs: An Inside Look at the Modern Poultry Industry

By Karen Davis

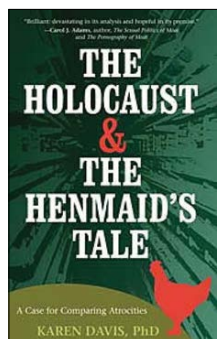
This newly revised edition of *Prisoned Chickens, Poisoned Eggs* looks at avian influenza, food poisoning, chicken suffering, genetic engineering, and the growth of chicken rights activism since the 1990s. Presents a compelling argument for a compassionate plant-based cuisine. "Riveting . . . Brilliant." – *Choice magazine, American Library Association* \$14.95. 40% off bulk orders of 5 (\$8.97 each) = \$44.85 for 5.



The Holocaust and the Henmaid's Tale: A Case for Comparing Atrocities

By Karen Davis

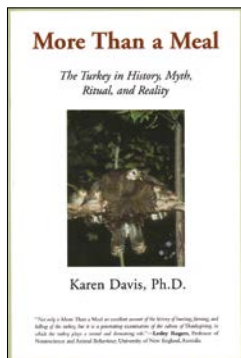
In this thoughtful and thought-provoking contribution to the study of animals and the Holocaust, Karen Davis makes the case that significant parallels can – and must – be drawn between the Holocaust and the institutionalized abuse of billions of animals on factory farms. "Compelling and convincing . . . this bold, brave book." - Charles Patterson, author of *Eternal Treblinka* \$14.95



More Than a Meal: The Turkey in History, Myth, Ritual, and Reality

By Karen Davis

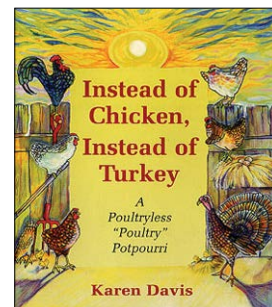
Karen Davis shows how turkeys in the wild have complex lives and family units, and how they were an integral part of Native American and continental cultures and landscape before the Europeans arrived, while drawing larger conclusions about our paradoxical relationship with turkeys, all birds and other animals including other human beings. "The turkey's historical disfigurement is starkly depicted by Karen Davis in 'More Than a Meal.'" - *The New Yorker* \$14.95



Instead of Chicken, Instead of Turkey: A Poultryless "Poultry" Potpourri

By Karen Davis

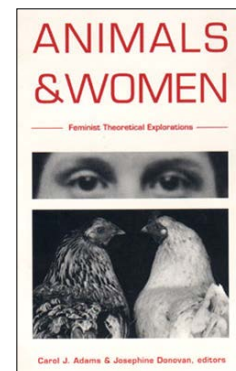
This delightful vegan cookbook by United Poultry Concerns features homestyle, ethnic, and exotic recipes that duplicate and convert a variety of poultry and egg dishes. Includes artwork, poems, and illuminating passages showing chickens and turkeys in an appreciative light. \$14.95



Animals and Women: Feminist Theoretical Explorations

Edited by Carol J. Adams & Josephine Donovan

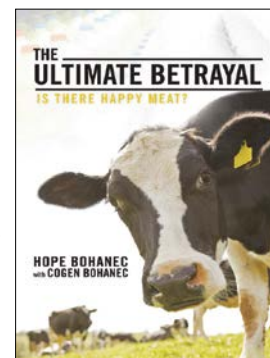
"Karen Davis's brilliant essay [Thinking Like a Chicken: Farm Animals and The Feminine Connection] brings together the book's central concepts, leading to conclusions that rightly should disturb feminists and animal advocates alike." - Review by Deborah Tanzer, Ph.D. in *The Animals' Agenda*. \$16.95



The Ultimate Betrayal: Is There Happy Meat?

By Hope Bohanec

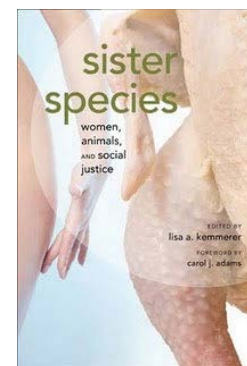
The Ultimate Betrayal lifts the veil of secrecy surrounding animal farming, offering a rare look inside the world of alternative animal agriculture. \$14.95



Sister Species: Women, Animals, and Social Justice

Edited by Lisa Kemmerer, Forward by Carol J. Adams

Sister Species presents the experiences of fourteen women activists who are working on behalf of non-human animals and a more just and compassionate world. \$14.95



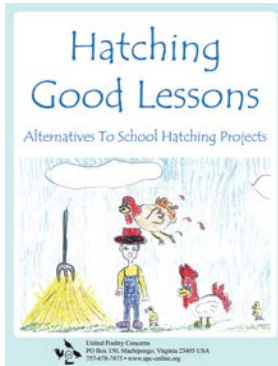
CHILDREN'S BOOKS & EDUCATIONAL MATERIALS

Hatching Good Lessons: Alternatives To School Hatching Projects

By *United Poultry Concerns*

A guide booklet for elementary school teachers and other educators including parents. 16 pages of information, storytelling, classroom activities & color photos. Grades K-6 (some activities are designed for K-12). \$2.50 per booklet. 5 for \$5. It can be viewed and printed out at

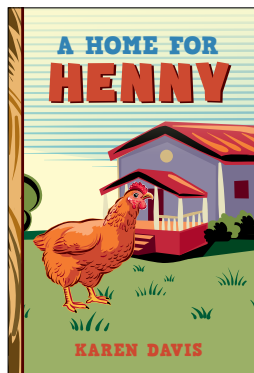
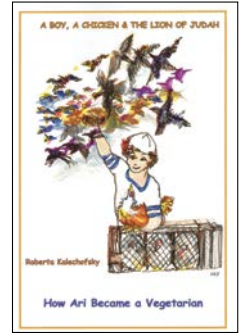
www.upc-online.org/hatching/.



A Boy, A Chicken and The Lion of Judah – How Ari Became a Vegetarian

By *Roberta Kalechofsky*

This wonderfully gifted children's story, set in modern Israel, is about a young boy's quest for moral independence. An intelligent book for all ages. Winner of the Fund for Animals "Kind Writers Make Kind Readers Award." \$10



A Home for Henny

By *Karen Davis*

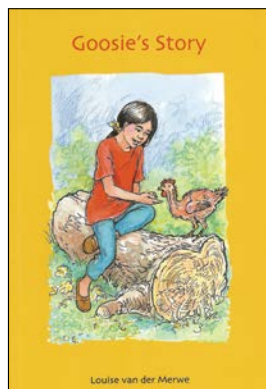
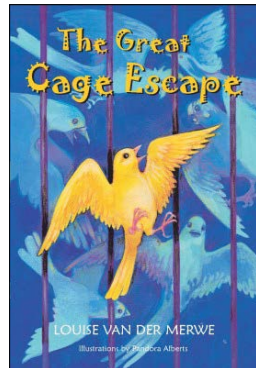
Melanie is a 3rd grader who is excited about a chick hatching project in her class at school. The project seemed like a good idea at first, but unexpected problems arise and the whole class learns a lesson in compassion. When the project is over, Melanie adopts one of the chicks she names Henny. *A Home for Henny* explores the challenges and concerns with school hatching projects

while evoking the lively personality of Henny and her loving relationship with Melanie. \$6.99

The Great Cage Escape

Grades 4-7. By *Louise Van Der Merwe*

The birds in a pet shop think they are happy until a brown box punched full of air holes is left overnight on their front door step. The creature inside looks very weird at first. But as his feathers begin to grow, his true identity becomes apparent, and the stories he tells inspire the pet shop birds to pull off a Great Cage Escape. This is a story that encourages respect for all forms of life and helps learners realize that heaven can be right here on earth if we choose to make it so. \$4.95



Goosie's Story

By *Louise Van Der Merwe*

A touching story about a "battery" hen who is given a chance to lead a normal life – a happy life. This moving book will be warmly welcomed and shared by children, parents and teachers, highlighting as it does the concern and compassion we ought to feel for all our feathered friends on this earth. \$4.95



Dave Loves Chickens

By *Carlos Patino*

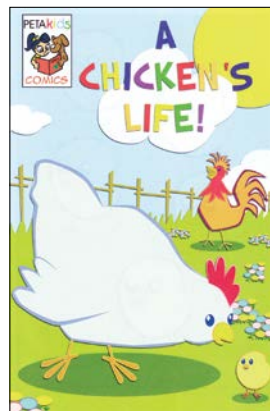
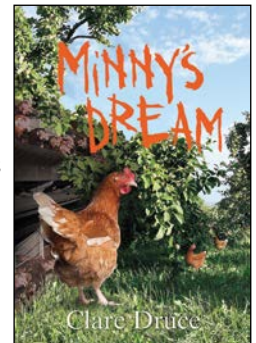
Dave is a quirky monster from another planet who loves chickens and all animals on Earth. He encourages people to share his love and not eat any

animals! Filled with fun and bold colors, this book is perfect for young children to learn compassion for chickens and all animals in a sweetly told, lovable story. \$10

Minnie's Dream

By *Clare Druce*

What happens when a young girl from the city discovers a battery-hen operation in the country? What happens when a "battery hen" named Minny speaks to her? What must she do when her friend Minny is going to be killed? This book is a must for the young person(s) in your life, age 8-14. \$10



A Chicken's Life!

Grades 4-6. *PETAkids Comics*

This cute comic book illustrates a group of children visiting an animal sanctuary where they meet a flock of chickens and learn all about them including the differences between Nature's Way and The Factory Farm Way. "Are these chickens really your friends?" they ask. "I've never met a chicken before." *A Chicken's Life* includes a puzzle for elementary school students to unscramble

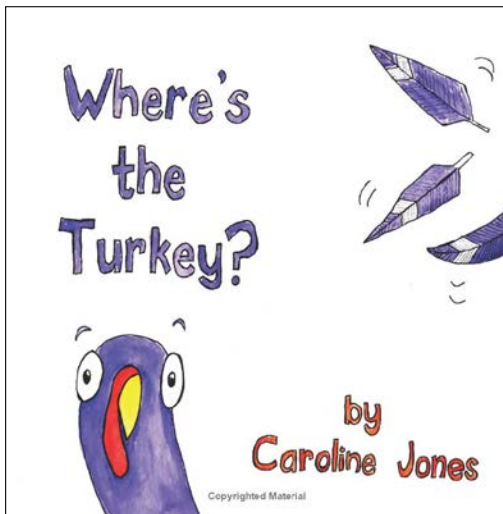
words including barn, beak, cluck, feathers, grass, hatch, peck, peep, wings, and lots more. \$1.50 each. 10 for \$10.

More Books, plus Videos available at upc-online.org/merchandise

(continued) CHILDREN’S BOOKS & EDUCATIONAL MATERIALS

Where’s the Turkey?, by Caroline Jones, is a charming and adorable book for young children. The child is engaged in a journey, with visual clues in the illustrations, toward discovering where the turkey is, which is not on the table. Young children love the “look-and-find” challenge page by page. I recommend this book most highly. It illustrates a Happy Thanksgiving with the whole family and a delicious Thanksgiving feast for which the turkeys themselves can give thanks for enjoying the day in their own happy “turkey” way. \$6.99

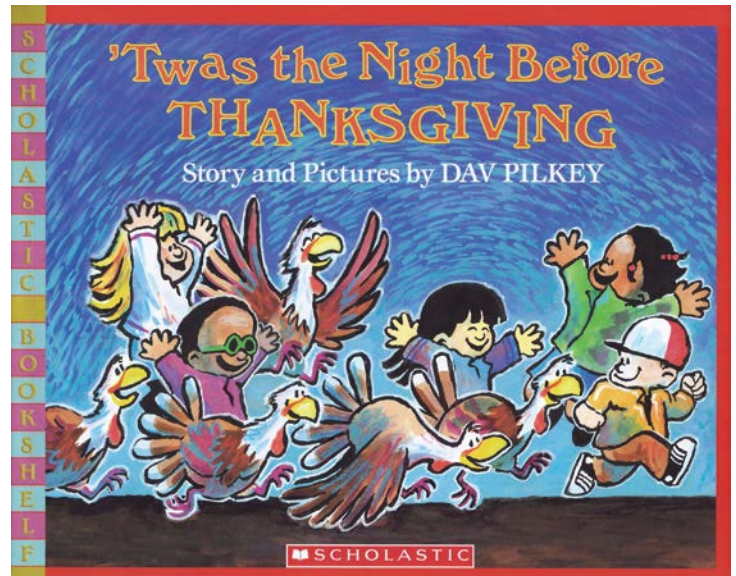
– Karen Davis, United Poultry Concerns



'Twas the Night Before THANKSGIVING

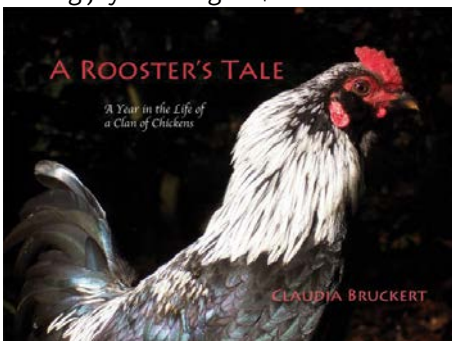
Story and Pictures by Dav Pilkey, Scholastic Book Shelf

Turkeys don’t usually celebrate Thanksgiving. And they wish we wouldn’t either! Here is a tale of eight children who meet eight turkeys who are in big trouble. Only the kids can keep the turkeys from meeting their Thanksgiving fate. But how will they save the turkeys? \$6.99



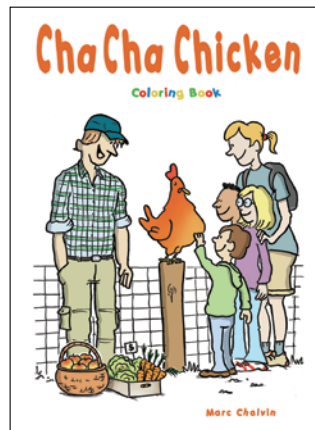
A Rooster’s Tale: A Year in the Life of a Clan of Chickens, by Claudia Bruckert,

transports readers to the fascinating world of Change, who tells the real life story of his chicken family during his first year of life. Enchanting experiences and intriguing facts, chronicled and photographed beautifully over the course of one year, convey deep insights into the daily life of chickens. Grades 3-12 and a reading joy for all ages. \$20



Cha Cha Chicken Coloring Book By Marc Chalvin

Narrated by Cha Cha the hen, this book invites children to visit Green Farm sanctuary and learn about the happy animals who live there. Written by Marian Hailey-Moss and illustrated by Marc Chalvin, Cha Cha shows children that chickens are people too and invites them to color their world beautiful! *Cha Cha Chicken Coloring Book* is a delightful gift for children K-3. \$10



Chickens at Play

By United Poultry Concerns

This vibrant video shows chickens at the United Poultry Concerns sanctuary accompanied by lively music, with brief explanations of what the chickens are doing throughout their daily activities into the evening as, one by one, they hop up to their perches for the night. Narrated by a young child. 10:04 minutes. DVD. \$5. \$12.50 for 5. Watch: <http://vimeo.com/13210456>



More books and videos available at upc-online.org/merchandise

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POSTERS



International Respect for Chickens Day

Celebrate 12.5" x 17" Wings 12" x 16"



A Heart Beats in Us the Same as in You

Photo by PeTA. Full-color poster vividly captures the truth about factory chickens for the public. Vegetarian message. 18"x22".



Today's chickens are forced to grow too big too fast. They're forced to live in filth. They go to slaughter with yellow pus, harmful bacteria, heart and lung disease, tumors, crippled legs, sick immune systems, and more. Millions of dollars are spent hiding these facts.

Friends, Not Food

Photo by Franklin Wade. Liqin Cao & FreddaFlower. Full color 19"x27" poster.



WHAT WINGS ARE FOR



CHICKS NEED THEIR MOTHERS

Photos by Jim Robertson & Karen Davis. Great educational tool. Full color 11-1/2"x16" poster.

Walking to Freedom After a Year in Cages

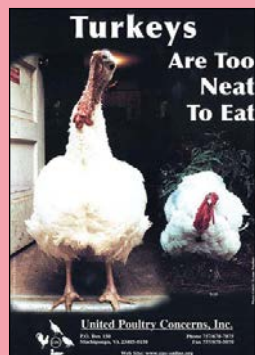
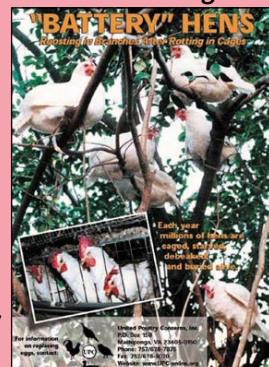
Photo by Dave Clegg. Full color, 18"x22" poster.



"Battery" Hens

Roosting in Branches After Rotting in Cages

Photo by Susan Rayfield. This beautiful color poster shows the rescued Cypress hens at UPC. Perfect for your office, your home, your school. 11.5"x16".



Great Turkeys Poster!

Photos by Barbara Davidson & Susan Rayfield. The posters are in color, and come in two sizes: 11.5" x 16", and 18" x 27".

UPC posters in any mix: One for \$4. Two for \$5. Three for \$7.

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Respect for Chickens Day
Freddaflower Fund
Recipe Corner & More!

*Wishing You a Happy Passage from Winter to Spring!
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Chicken Run Rescue photo of Bob McGrath and his lady loves by Colleen McGrath.

“Life is very special when you have lots of chicken friends
and a good book to read about them.”