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Poultry Press

Promoting the compassionate and respectful treatment of domestic fowl

Celebrating 27 years of dedicated activism for domestic fowl



UPC# 11656

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Concerns**

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UPC sanctuary photo by
Diane Harris, April 11, 2017

“Hans deBoer gathered up this baby rooster flung from a truck on a highway in Delaware. Cathy deBoer shampooed him and together they lovingly cared for him until April 7th when they drove him to our sanctuary in Virginia. They called him Chic, so I decided to call him Chicklett II after another baby rooster named Chicklett, who in 2010 was saved by Whitney Hillman, a 16-year-old student who refused to slaughter her chicken for a school project. Instead, she hid him in her purse and snuck him to safety and wrote a letter to her teacher explaining her decision.” – Karen Davis

Our 6th Annual Conscious Eating Conference Was a Fabulous Success!

Superbly organized by our projects manager Hope Bohanec, United Poultry Concerns hosted our 6th Annual Conscious Eating Conference at the David Brower Center in Berkeley, California on Saturday, March 11, 2017. The speakers were phenomenal and engaging, the food was delicious, and the energy was positive and inspired! We had lots of new people this year, as well as folks telling us that past Conscious Eating Conferences were their inspiration for going vegan.

The morning session featured Lisa Kemmerer, philosopher-activist professor at Montana State University and the author of nine books. Sandra Higgins came all the way from Ireland to talk about her two passions, Eden Farmed Animal Sanctuary, which she founded as the first vegan sanctuary in Ireland, and her powerful *Go Vegan World* campaign featuring billboard advertising with poignant images of farmed animals and Go Vegan messages. The morning concluded with UPC president Karen Davis's exhortations about the power of language and the daily challenges animal rights advocates face "in the real world."

After a raved-over lunch of polenta & Italian herb tomato sauce, garlic bread and homemade cake, the afternoon session – featuring five riveting speakers –



Carol Adams

focused on how the dominant religions of the world, as well as atheism, foster or frustrate our relationship with animals and nature and the advancement of ethical veganism.

Ready to watch! All Conference presentations can be viewed on video here:

www.upc-online.org/forums/2017/videos.html

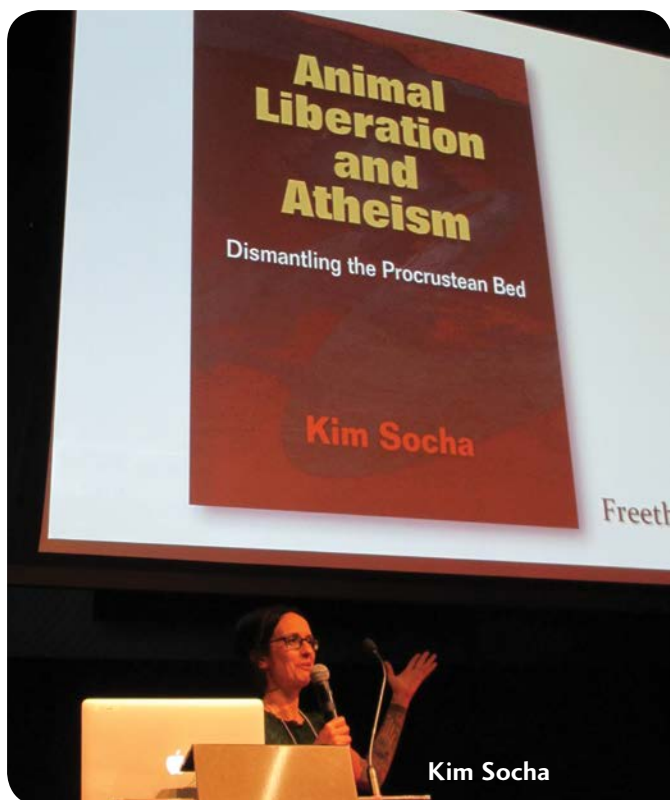
We thank everyone who helped make our 6th annual Conscious Eating Conference a wonderful success and we look forward to having you with us in 2018!



Lisa Kemmerer



Sandra Higgins



Kim Socha



Cogen Bohanec

"Having the atheist among the religious speakers was great. Very balanced and shows that we are all on the same page when it comes to animals!"



Karen Davis

"Attendees were super-positive and struck up conversations. I feel like I have new friends."

Photos by Liqin Cao



Will Tuttle



Rabbi Jonathan Klein



"Coming for the 3rd year! Loved the speakers, very inspirational. Liked meeting like-minded people. Loved the food. Very much enjoyed the displays and talking to people. Bought a book from UPC. Looking forward to next year!"

"Loved it! Got more than I expected! Thanks for a wonderful conference and a fantastic lunch!"



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Poultry Press

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Chandler Festival Ostrich Races Should Be Retired

By Karen Davis and Robert Franklin

Published in the East Valley editions of The Arizona Republic, March 1, 2017

Once upon a time, the ostrich races were hot entertainment maybe, but are they still?

Last year, it didn't seem so. The ostriches were raced in a remote area of the festival grounds, and the races were poorly attended compared to many other festival events.

This year, the Ostrich Festival will be held on March 10-12.

We believe the Chandler Chamber of Commerce should eliminate the ostrich races this year – both the chariot style and the rodeo style – and focus instead on attractions that reflect Chandler's evolving high-tech industry and the public's ever-growing interest in digital attractions and technical feats.

Last year's festival featured many new, nonanimal attractions including a racing game of motorized, remote-controlled cars that drew big audiences. The festival needs more of these kinds of activities.

Once said to draw 250,000 visitors, the festival now attracts about 100,000 visitors, according to the Chandler Chamber of Commerce.

Public interest is dwindling in staged performances featuring animals who are forced to act unnaturally, as

witnessed by the demise of Ringling Bros. circus. Rather than cling to relics of the past, the chamber should take stock and get out of the animal entertainment business.

Ostriches – the oldest living birds on earth – are designed by nature to roam vast desert spaces and survey the land with their brilliant eyes in all directions at once. In their natural habitat, ostriches are dignified birds devoted to their families.

By contrast, the ostrich races strip ostriches of their dignity, make them look silly, and put them in danger. Ostriches are not suited by temperament or anatomy to pull chariots and carry riders. Their large fragile eyes, long legs and necks can be easily injured – and whatever injuries they sustain are hidden from view as the ostriches are whisked away immediately as soon as the show is over.

For these reasons, we respectfully urge the Chandler Chamber of Commerce to retire the ostrich races permanently from the festival and use that space for innovative, 21st-century entertainment that is likely to attract whole new generations of festivalgoers.

Karen Davis, President, United Poultry Concerns.

Robert Franklin, Coordinator, Arizona Vegan Animal Liberation Activists.

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KAREN DAVIS AND ROBERT FRANKLIN OUR TURN

Chandler Festival ostrich races should be retired



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The Chandler Ostrich Festival has taken place for more than 25 years.

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Karen Davis is president of United Poultry Concerns, a non-profit organization that promotes the compassionate and respectful treatment of domestic fowl. Robert Franklin is coordinator for Arizona Vegan Animal Liberation Activists.

Ostrich Festival Protest Report, March 2017

"The fact that they attempted to silence us and marginalize us only served to fire us up and make us even more determined." - Robert Franklin, Festival Protest Organizer

This year, United Poultry Concerns campaigned with Arizona Vegan Animal Liberation Activists to protest the Chandler Ostrich Festival ostrich races March 10-12, sponsored by the Chandler Chamber of Commerce. Links posted on www.upc-online.org/ostriches document our 2017 campaign, and we thank Robert Franklin and his group for their fantastic festival protest! Here's how it went.

From "Rough Start" to "Fired Up and Determined!"

By Robert Franklin

**Protest Friday March 10, 2017.
6:00-8:00pm**



Friday's Protest got off to a rough start. Despite long talks with the Chandler Police Department days before the festival, Friday night I was told we could only protest on a specific corner where I assumed lots of people would see us. Wrong. They placed us in a "freedom of speech area." Their words, not ours.

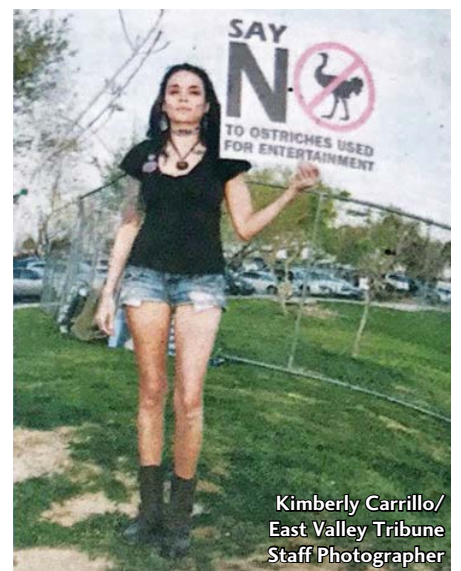
The area was behind the VIP tent. Even though we were right next to the fair, no one came by and the large VIP tent blocked our view of the only entrance in sight. We found this very unsatisfactory. We were not only pushed off and hidden in a corner, but with the ropes they had put up to "corral" us into, we felt like part of an exhibit set up by the organizers. They even had silly signs marking the area as the "freedom of speech area."

I decided to speak with my Chandler PD contact and ask for a change. He told me they would have



a better situation for us on Saturday and Sunday. We agreed to protest in the same area Friday night, reluctantly, but I felt it better not to create a lot of trouble on day 1. Once we got started, it went really well. Many activists got to meet each other and discuss activism and inspire others to become more involved. The fact that they attempted to silence us and marginalize us only served to fire us up and make us even more determined.

A highlight of the evening was when a reporter from the *East Valley Tribune* came by and took pictures and interviewed us to get our opinions. The activists felt empowered to have their voices heard in defense of the animals exploited by the Chandler Ostrich Festival. "Protesters claim victory in picketing Ostrich Festival" was published in the *East Valley Tribune*, Chandler, Arizona, March 19, 2017.



Kimberly Carrillo/
East Valley Tribune
Staff Photographer

**Willow Wind shows her support
for the ostriches at the
Chandler Ostrich Festival.**

Protest Saturday March 11, 2017. 2:00-6:00pm



Saturday was a much better day. This time I found our police contact right away and asked what changes were made for where we could protest. They'd enlarged our area slightly, but we were still behind a massive tent and roped in. I told the officer (politely) this simply won't do. He said the festival promoters were not willing to move us to any other place. So I began to question our right to freedom of speech and assembly on public space. Knowing that the entire park had been rented out for this "private" event, we didn't have much to go on. So I asked, "What about the sidewalk? Surely this is public space." He was reluctant to admit it, but I pushed on saying that the event promoters could not ban people from a public sidewalk. So we got our space!

We now had a major street corner where the majority of attendees would be coming into the park. I quickly updated the Facebook page and contacted as many activists as I could to let them know the new location, and posted someone at the old location to direct people where we would be. Saturday was a hot day with no shade. We brought 10 gallons of ice water for people to fill their bottles, and lots of sunscreen. Saturday saw 25 protesters, from 5 different animal rights organizations.

Easily over 1000 cars passed us on their way to the park, and many had to slow to a stop on the corner giving them plenty of time to read every sign. We even had 3 separate families pull over and tell us "thank you for being here," saying they had no idea that the festival abused animals and decided to go somewhere else that was "more ethical." Countless others said they would not go to the ostrich races, stating "there are a lot of fun things to do at the festival that don't involve animals."

To learn more about our campaign and what you can do, visit www.upc-online.org/ostriches.

Protest Sunday March 12, 2017. 11:00am-1:00pm



Sunday's protest was just as great in terms of outreach. There seemed to be a lot of public support for our cause. Maybe this is why the event promoters started to get pushy. They harassed several protesters and even tried to rip a protester's sign from his hands. This incident sparked a yelling match between activists and parking staff. However, I reminded the activists that our fight was with the animal abusers and the organization that promotes the abuse, not the parking staff. The police did come and speak with the parking staff and never with us about the incident. Another activist who was also harassed did go and talk with the parking staff after things had cooled off, to smooth things over. The rest of the protest went well. Sixteen people showed up and six traveled from Tucson to be with us.

Protest Sunday March 12, 2017. 4:00-6:00pm



Sunday afternoon, 12 people came, and for some, this was their first protest. We made good connections and friends over the long weekend. People left feeling accomplished that we had stood up against violence and exploitation. We got word that these same animals (the ostriches, zebras and camels) were to race at another venue here in Phoenix on March 25th. We re-purposed our signs to take a stand there as well.

Student INTERVIEW with Karen Davis, President of United Poultry Concerns

In March, a 7th grade student in Colorado asked United Poultry Concerns for an interview for a class project at her school. In this project, she explained in an email, “the students find a passion of theirs and either inform others or find a solution and put it into action. If students are feeling up for the challenge, they are encouraged to do both.”

Q. What is your view on the current situation of farmed animal welfare?

A. For billions of farmed animals on the planet, there is no “welfare.” To have welfare means to fare well. When we think of welfare this way, we realize how far removed the rhetoric is from the reality. The majority of animals raised on land and forced out of water for “food” are miserable. Chickens, for example, who evolved in the tropical forests of southeast Asia, are crowded and confined in filthy dark sheds filled with excrement and toxic gases. They are genetically manipulated for flesh and eggs at the expense of their happiness and wellbeing.

Fish are pulled out of the water to suffocate slowly to death because they cannot breathe out of water. Mutilation of farmed animals is basic to animal farming: debeaking, detoeing, tail docking, the list goes on. Unlike us, these animals never receive painkillers when their body parts are cut off or burned off.

The suffering of farmed animals is receiving much more attention now than it did twenty years ago. Legislative campaigns, undercover investigations, books, animal advocacy organizations including farmed animal sanctuaries, and the internet – all are contributing to wider public knowledge of how horribly animals are made to suffer for products that we do not need to eat or drink or feed to children in order to be healthy and productive individuals.

Q. What is your background with animal abuse and welfare?

A. I tell my story in “From Hunting Grounds to Chicken Rights: My Story in an Eggshell” in *Sister*

Species: Women, Animals, and Social Justice, edited by Lisa Kemmerer, University of Illinois Press. This book of engaging personal narratives by women activists is available from United Poultry Concerns.

Q. What animals are in most danger at this time?

A. All animals on the planet are in danger of one or more of these: Extinction, Incarceration, Habitat Loss, Family and Social Disruptions, Genetic Pathologies. Animals from tigers to tortoises are in danger of extinction particularly due to the destruction of their habitats as well as to the poisons we put into the environment that destroy their ability to produce healthy offspring. When animals lose the homeland they need in order to thrive, raise their families, and feed themselves, they die out.

Putting a few specimens of these animals in zoos is a fate worse than death for them. We are destroying the rainforests in which countless numbers of creatures live in ecological vibrancy, all for the sake of animal consumption. Our behavior toward the earth and its creatures may be “legal”; but by any sane, ethical standard, it is criminal and immoral.

Instead of extinction, farmed animals suffer the opposite fate. They are forced, through artificial and obscene breeding procedures, to endure endless proliferation. The healthy and fit condition these animals evolved in nature to enjoy has been degraded and defiled against their will by humans, causing them to suffer from diseases they did not experience until they were “domesticated.”

Q. What would solve the problem?

A. The solution would be a transformation of human attitudes and behaviors toward the world we share with the other occupants of our planet. As long as we pride ourselves on being OMNIVORES – devourers of everything – the earth will continue to degrade. Our consumer behavior is causing Global Warming, Species Extinctions, Habitat Erosion, Environmental Depletion,

Animal Agony, and more. Our consumer behavior proliferates garbage and toxic waste across the planet into the depths of the oceans and the air we breathe.

Unless we choose to respect and cherish the world we live in, the problems we are causing will grow. A question is whether we have the capability and the will to develop mentally, emotionally and spiritually, or whether we are doomed to repeat our destructive patterns, over and over, including the rationalizations that perpetuate these patterns.

Q. What steps can we take to make the world a better, happier place?

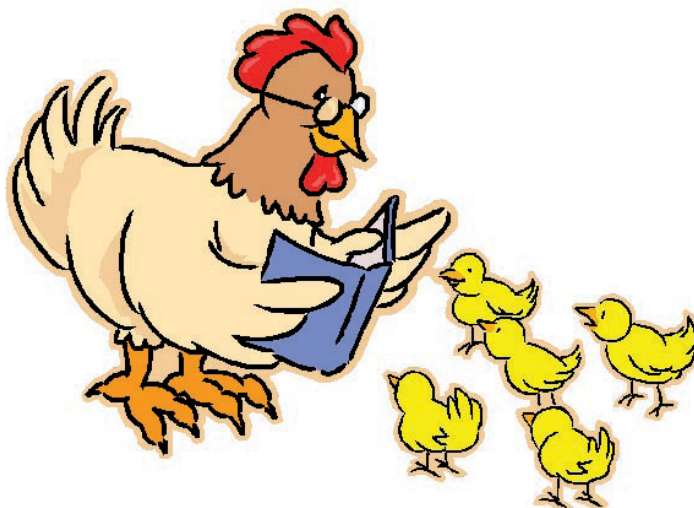
A. We can choose to buy and eat foods that are animal-free. Animal agribusiness is a major cause of global warming, and regardless of how animal products are labeled to pacify people, the animals embodied in these products were, and are, raised and killed inhumanely, stripped of their dignity.

We can use cloth and canvas shopping bags instead of plastic bags. We can make every effort to reuse and recycle (especially reuse) materials instead of throwing everything away and buying new stuff all the time. Instead of viewing ourselves as consumers

first and foremost, we can think of ourselves and act like a Citizen: a citizen of the earth as well as of our community.

We can choose courage over conformity. We can stand up for animals and the planet, for all who are vulnerable, suffering, and mistreated. We can teach by setting our best example in our daily life.

*Karen Davis, PhD, President of United Poultry Concerns,
March 17, 2017*



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United Poultry Concerns

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Catholic School Teaches Students to Mistreat Chickens for Fun– Please Protest!



Teacher throws a chicken in the air for children to chase.

On February 24, 2017, St. Cecilia Catholic School, a PK-8 private elementary school in Broussard, Louisiana, conducted a “chicken run” ritual for Mardi Gras. In the video clip, 8th-graders and a male teacher throw chickens into the air to be chased, grabbed, and tackled, as in a football game, mistreating them strictly for fun, and possibly injuring them in the process. St. Cecilia Catholic School is teaching students that it’s good sport to be a bully as long as the victim is defenseless.

What Can I Do?

Please contact St. Cecilia Catholic School and protest the “chicken run” ritual. You are also encouraged to post a comment on the school’s and the TV station’s Facebook pages. Urge St. Cecilia Catholic School to change this abusive ritual into acts of kindness, leaving chickens and other animals permanently out of the school’s staged entertainments. No school should encourage children to enjoy hurting chickens or anyone else. Most likely there are students at this school who are ashamed of this ritual, but are afraid to speak up for fear of ridicule and reprisal.

Here are the contacts you need to Speak Out:

George Fontenot, Principal:

St. Cecilia Catholic School
302 West Main Street
Broussard, LA 70518
Phone: 337-837-6363 (If the message machine is on, leave a message and request a call back, including your phone number.)

Tara Boone, Director of Curriculum:

Email: tboone@scsbluejays.org

Thank you for taking action!

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Please consider an enduring gift of behalf of the birds.

A legal bequest may be worded as follows:

I give, devise and bequeath to United Poultry Concerns, Inc., a not-for-profit corporation incorporated in the state of Maryland and located in the state of Virginia, the sum of \$_____ and/or (specifically designated property and/or stock contribution).

We welcome inquiries.

United Poultry Concerns, Inc.
P.O. Box 150 • Machipongo, Virginia 23405-0150
(757) 678-7875



Karen & Mr. Frizzle ©2008 Davida G. Breier

The Humane Economy: A Conversation



Wayne Pacelle



Karen Davis



John Sanbonmatsu

On Thursday evening, March 30, UPC President Karen Davis joined Political Philosophy Professor John Sanbonmatsu, and HSUS President Wayne Pacelle in a rousing discussion of Wayne's book "The Humane Economy." Sponsored by Animal Justice Advocates at the University of Virginia in Charlottesville, the debate was lively, passionate, and informative. We thank Animal Justice Advocates very much for inviting us to share our varying perspectives on how people can best help animals and advance the cause of animal liberation. We are pleased to share with you these kind expressions of gratitude for the event:

"Thank you so much to Karen Davis, Wayne Pacelle, and John Sanbonmatsu for an invigorating conversation last night. We hope that everyone who came was inspired to learn more about the topics we discussed and the animal rights movement as a whole. Be on the lookout for more exciting events like this with AJA!"

"Thank you AJA for inviting community members to your event! My husband and I attended, and we walked away with a lot to think and talk about. We have been vegan

for years, but conversations like this always remind us that being vegan isn't enough--we have work to do as activists as well. Thanks for the inspiration." – An appreciative comment posted on Facebook

"Karen, so many people have been remarking on the incredible passion they felt in your voice and statements- many have commented 'I've never heard of someone who loves chickens so much!' I believe you truly inspired the audience to see birds as beings and your passion will not be soon forgotten. Thank you so much for traveling to Charlottesville for this event and sharing your wisdom." – Animal Justice Advocates, University of Virginia

Click here to watch: [The Humane Economy: A Conversation with Karen Davis, John Sanbonmatsu, and Wayne Pacelle, University of Virginia, March 30, 2017](#). If you're reading this in print and have a computer, go to Videos & Presentations on our website, then click UPC Presentations. There you'll see the title. Just click and watch.



Freddaflower Memorial & Appreciation Fund

The pain of losing them is the price we pay for the privilege of knowing them and sharing their lives . . .

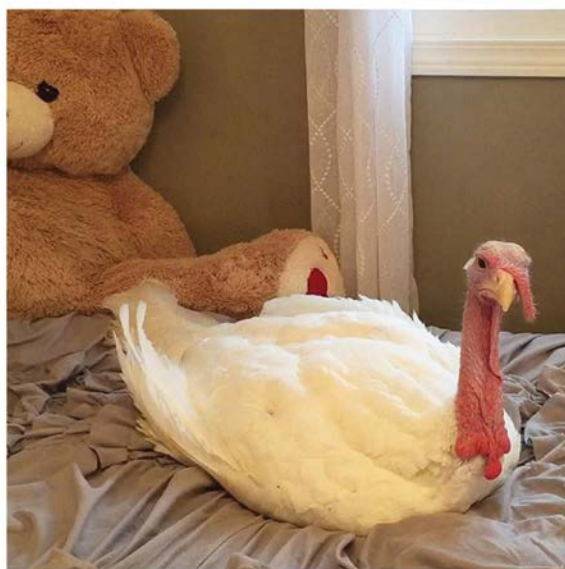
We thank those people who have contributed to our work with recent donations *In Loving Memory and in Honor and Appreciation* of the following beloved family members and friends, both those who have passed away and those who are with us.

My donation is to thank you for a wonderful Conscious Eating Conference and for all you are doing toward a better world! – *Susan Estrella*

My donation is a memorial for the suffering avian influenza victims – the birds – in Tennessee. – *Sandra Giardini*

My donation is in loving memory of my dear cat, Lady, who crossed the rainbow bridge December 30, 2015. We miss her gentle nature. Mom & Other Cat Ghost, “See ya at the rainbow bridge.” – *Gail A. Wilson*

My gift is in honor of the Conscious Eating Conference and Hope Bohanec. – *Patti Breitman*



Ginger the Turkey

This donation is in memory of our sweet and loving turkey, Ginger, who passed away as a result of a heart attack caused by the turkey industry. I rescued her in 2016 from a factory farm and we loved her very much. My 12-year-old daughter, an animal rights, vegan girl, started an Instagram account for Ginger. It has taken off with over 4,000 followers! An admirer of Ginger's, Stacy Pagac, has lovingly donated money to your organization in memory of Ginger. She has been so compassionate and supportive during this sad time. – *Jill Anderson*

I'm so happy I could donate in honor of Ginger the Turkey. She was rescued as a chick and unfortunately bred to be a factory farm turkey: to grow faster and bigger than a natural turkey should. This led to her untimely death. Seeing her story on Instagram, my heart ached for Ginger and her family and I wanted to donate in Ginger's name so more turkeys and other birds can be helped. – *Stacy Pagac*

My donation is in memory of Audrey, the loud and lovely chicken. – *Paul Veazey*

Please accept my membership in honor of our beloved Alfie, who was with us almost 7 years, despite a twisted beak, a loose-jointed leg, and

finally going deaf in one ear and blind in one eye. He was a beautiful Rhode Island Red rooster, who died peacefully in January this year. – *Barbara Moffit*

I am giving this gift in honor of my son, Peter Oliver, who was loved by the dear stray animals he rescued and took care of. You are doing amazing work with the Kaporos situation. Be Well. Love, *Anne Oliver*

This donation is in loving honor of my white, blue-eyed Oriental shorthair cat, Jasmine, a sweet, loving, beautiful girl who has been an important family member for over 18 years. She will be 19 years old July 16, 2017. She is suffering from kidney disease and has lost weight but continues to purr loudly sitting on my lap. She paws at me when she wants petting. "Happy Birthday, beautiful Jasmine! Love you, Mom." – *Ana A. Garcia*

In honor of Nero, Fredericka, Julie, Nathaniel, Leonard, and Bertha, remembered forever and sadly missed. – *Paul Deane*

My gift is in honor of All God's Creatures. – *Brien Comerford*

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Every time you shop at any of 1600+ online stores in the iGive network, a portion of the money you spend benefits United Poultry Concerns. It's a free service, and you'll never pay more when you reach a store through iGive. In fact, smart shoppers will enjoy iGive's repository of coupons, free shipping deals, and sales. To get started, just create your free iGive account. And when you search the web, do it through iSearchiGive.com where each search means a penny (or more!) for our cause!

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Tom Regan, Pioneer Animal Rights Philosopher Died February 17, But His Work & Influence Endure

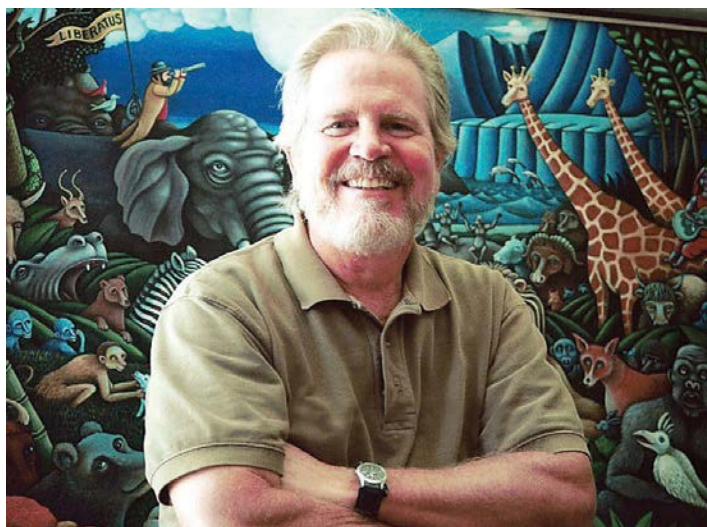
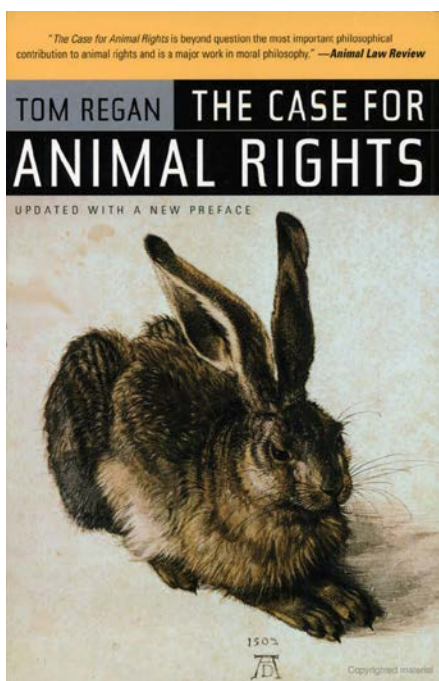
By Karen Davis, PhD

President of United Poultry Concerns

Philosopher Tom Regan, who wrote *The Case For Animal Rights*, died on February 17, 2017 after a battle with Parkinson's Disease.

I first met Tom Regan right around the time that his book *The Case For Animal Rights* was published in 1983. Since that book was more academic than Peter Singer's 1975 *Animal Liberation*, it probably was more dipped into by activists than read cover to cover. But Regan transcended Singer by arguing that nonhuman animals have not only "interests" but RIGHTS and INHERENT VALUE. Sentient beings are Subjects-of-a-Life, Regan argued, in the irreducible sense that "their experiential life fares well or ill for them, logically independently of their utility for others."

Tom Regan in his many writings following *The Case For Animal Rights* wrote expressively and movingly about animals and about his own early life in Pittsburgh, Pennsylvania and his evolution from being an avid boyhood fisherman and meat eater to becoming a passionate vegan advocate for animals and animal rights.



Tom Regan: A Man for ALL Creatures

"I Am Extremely Against Animal Abuse All the Time!"

I attended Tom's outdoor presentations in the 1980s and later, where he said of the Establishment versus himself: "They say we're EXTREMISTS for caring about animals! I AM an EXTREMIST. I am EXTREMELY against animal abuse, and I am against it All the Time!"

This is a paraphrase of a speech I heard him give one year. It was passionate and fiery and interesting too when you compare that oratory with his earliest foray into animal rights in a clip from **The Animals Film** where he appears reading from a paper, but delivering words that echo in all of us who are working for animals to this day and always will.

I am eternally grateful to Tom Regan, Emeritus Professor of Philosophy at North Carolina State University and the recipient of numerous achievement awards, for his establishment in philosophy and the arts of the case for animal rights. And I am honored by his kind words of appreciation for my own animal rights work through United Poultry Concerns in his 2013 Interview with the Eugene Veg Education Network, where he called me his "bellwether in the political storms that Animal Rights Advocates have to face."

—Karen Davis

“Toward Animals, Humans Are ISIS!” Karen Davis tells New York City Crowd at Veggie Pride Parade Rally

Watch United Poultry Concerns President Karen Davis's impassioned talk at the 10th annual Veggie Pride Parade Sunday April 2nd and Donny Moss's video of the Parade and onlookers' reactions!

Click here to watch: [“Toward Animals, Humans Are ISIS!” Karen Davis tells NYC Crowd at Veggie Pride Parade Rally.](#)

If you're reading this in print and have a computer, go to Videos & Presentations on our website, then click UPC Presentations. There you'll see the title. Just click and watch.



Photo by Rich Cundari



Photo by Rich Cundari

Every Day is Respect for Chickens (and Peafowl) Day at UPC!

We are thrilled to share with you this selection of photos taken by professional animal rights photographer Davida G. Breier on Friday, April 14th at our sanctuary in Machipongo, Virginia.



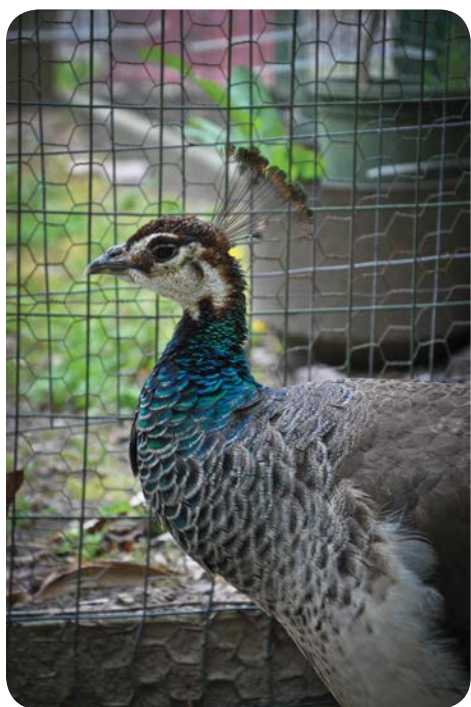
Mr-Sippi



Jasmine



Little Man



Felicity



Frankincense



Paco



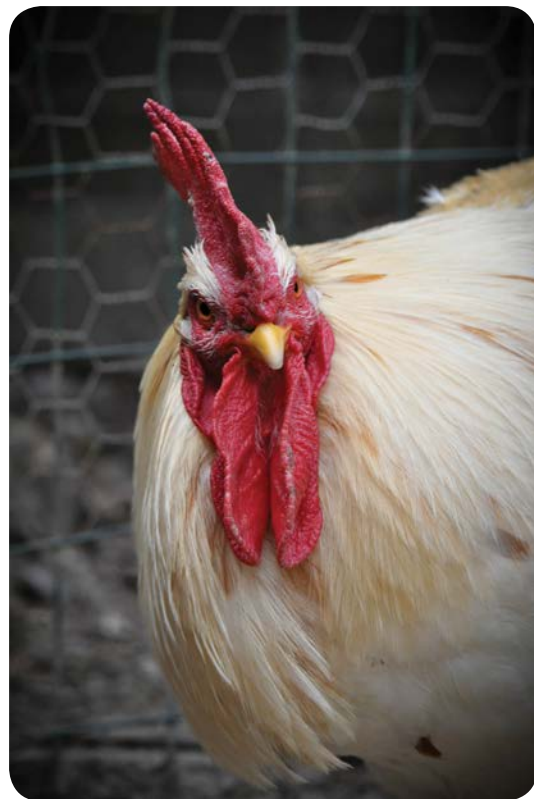
Myrna & Marisa



Little Man



Taja



Nathaniel



Lalo & Rosemary

*Vegan Recipe Corner***Pizza with Hummus and Herbs**

Recipe from www.giantfood.com (slightly modified)

Creamy hummus and crunchy sprouts are a match made in heaven in this kid-friendly twist on pizza.

Ingredients

- 1 (8 oz) can tomato sauce
- 4 (7 inch) pocketless pita bread
- 1 (1.5 oz) pkg basil
- 1 pint cherry tomatoes
- 1 (10 oz) tub spicy hummus
- ½ cup alfalfa sprouts
- 4 tbsp toasted pine nuts

*For more great recipes, go to
www.upc-online.org/recipes!*

Instructions

1. Preheat the oven to 450°F. Spread tomato sauce evenly over the pita bread. Bake on 2 sheet pans until crust is crispy, 10-12 min.
2. Meanwhile, coarsely chop the basil and halve the cherry tomatoes. Remove pita bread from the oven and spread hummus over each pizza. Top each with basil, tomatoes, sprouts, and pine nuts.

Tips

- Toast your own pine nuts. All you need is a few minutes and a hot pan.
- Finish pizzas with a pinch of salt and a drizzle of extra-virgin olive oil for flavor and texture.



Photo by Liqin Cao

POSTCARDS

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"Peaceable Kingdom"



"Chickens - To Know Them is to Love Them"



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P.O. Box 150
Machipongo, VA 23405-0150

Or order online at upc-online.org

FACT SHEETS

20 for \$3.00

"Viva, the Chicken Hen / Chickens
Raised for Meat"
"Jane-one tiny chicken foot"
"Starving Poultry for Profit" (forced
molting)
"Poultry Slaughter: The Need for
Legislation"
"The Rougher They Look, The Better
They Lay" (free-range egg production)
"Intensive Poultry Production: Fouling
the Environment"
"Philosophic Vegetarianism: Acting
Affirmatively for Peace"
"The Rhetoric of Apology in Animal
Rights"
"Providing a Good Home for Chickens"
"Chicken Talk: The Language of
Chickens"
"Celebrate Easter Without Eggs"
"Chicken for Dinner: It's Enough To
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"Guide to Staffing Tables: Do's & Don'ts"
"Henny's New Friends"
"Avoiding Burnout"
"The Life of One Battery Hen"
"Bird Flu - What You Need to Know"
"How I Learned the Truth About Eggs"

"Peeper the Turkey, a Story of Endless
Love"
"Factory Farming vs. Alternative Farming:
The Humane Hoax"

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"Don't Plants Have Feelings Too?"
"Chickens"
"The Battery Hen"
"Turkeys"
"Ostriches & Emus: Nowhere To Hide"
"Japanese Quail"
"The Use of Birds In Agricultural and
Biomedical Research"
"'Free-Range' Poultry and Eggs: Not All
They're Cracked Up to Be" - New &
Revised!
"Live Poultry Markets" (in English,
Spanish, & Chinese)
"Chicken-Flying Contests"

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"The 'Human' Nature of Pigeons"
"The Truth about Feather Hair Extensions"
"Birds Suffer Horribly for Pillows & Coats"

Bumper Stickers

Don't Just Switch from Beef to Chicken: Get the Slaughterhouse out of your
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Don't Just Switch from Beef to Chicken: Go Vegan. \$1 each

Beautiful Chicken and Turkey Buttons

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Stick Up For Chickens • Chickens are Friends, Not Food
Turkeys are Friends, Not Food • End Chickens as Kaporos
Be Kind to Turkeys - Don't Gobble Me



T-shirts Too Neat to Eat (Hen &
Egg or Rooster) • Give a Cluck. Go
Vegan! • Available in Unisex (S, M, L,
XL) or Ladies (S, M, L, XL) \$20



BOOKS

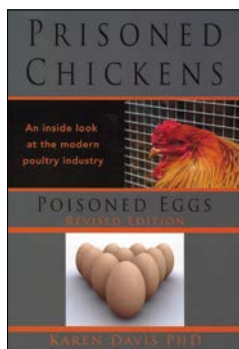
**Prisoned Chickens, Poisoned Eggs:
An Inside Look at the Modern
Poultry Industry**

By Karen Davis

This newly revised edition of *Prisoned Chickens, Poisoned Eggs* looks at avian influenza, food poisoning, chicken suffering, genetic engineering, and the growth of chicken rights activism since the 1990s. Presents a compelling argument for a compassionate plant-based cuisine. "Riveting . . . Brilliant."

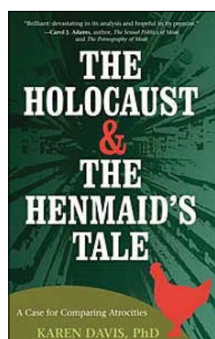
– *Choice magazine, American*

Library Association \$14.95. 40% off bulk orders of 5 (\$8.97 each) = \$44.85 for 5.

**The Holocaust and the Henmaid's Tale:
A Case for Comparing Atrocities**

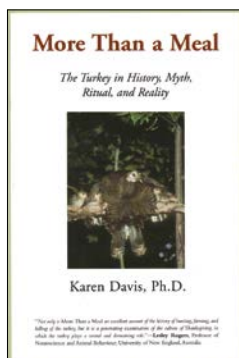
By Karen Davis

In this thoughtful and thought-provoking contribution to the study of animals and the Holocaust, Karen Davis makes the case that significant parallels can – and must – be drawn between the Holocaust and the institutionalized abuse of billions of animals on factory farms. "Compelling and convincing . . . this bold, brave book." – Charles Patterson, author of *Eternal Treblinka* \$14.95

**More Than a Meal: The Turkey in History,
Myth, Ritual, and Reality**

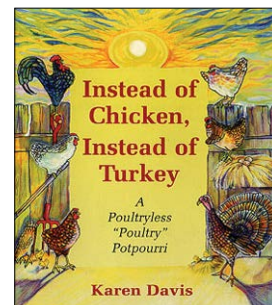
By Karen Davis

Karen Davis shows how turkeys in the wild have complex lives and family units, and how they were an integral part of Native American and continental cultures and landscape before the Europeans arrived, while drawing larger conclusions about our paradoxical relationship with turkeys, all birds and other animals including other human beings. "The turkey's historical disfigurement is starkly depicted by Karen Davis in 'More Than a Meal.'" – *The New Yorker* \$14.95

**Instead of Chicken, Instead of Turkey:
A Poultryless "Poultry" Potpourri**

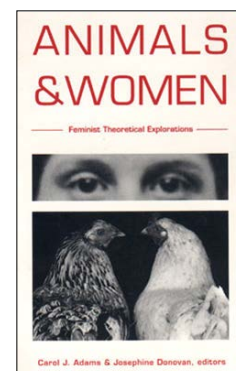
By Karen Davis

This delightful vegan cookbook by United Poultry Concerns features homestyle, ethnic, and exotic recipes that duplicate and convert a variety of poultry and egg dishes. Includes artwork, poems, and illuminating passages showing chickens and turkeys in an appreciative light. \$14.95

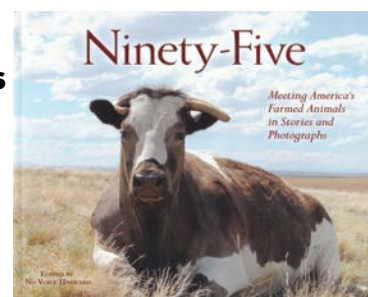
**Animals and Women:
Feminist Theoretical
Explorations** Edited by Carol J.

Adams & Josephine Donovan

"Karen Davis's brilliant essay [Thinking Like a Chicken: Farm Animals and The Feminine Connection] brings together the book's central concepts, leading to conclusions that rightly should disturb feminists and animal advocates alike." – Review by Deborah Tanzer, Ph.D. in *The Animals' Agenda*. \$16.95

**Ninety-Five:
Meeting America's
Farmed Animals
in Stories and
Photographs**

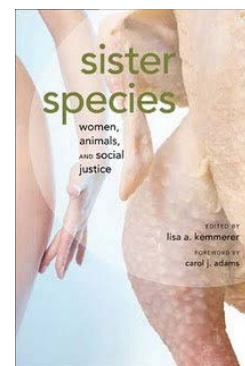
An anthology of photos and stories by No Voice Unheard Editors: Marilee Geyer, Diane Leigh and Windi Wojdak. \$20

**Sister Species: Women,
Animals, and Social**

Justice Edited by Lisa Kemmerer,

Forward by Carol J. Adams

Sister Species presents the experiences of fourteen women activists who are working on behalf of non-human animals and a more just and compassionate world. \$14.95

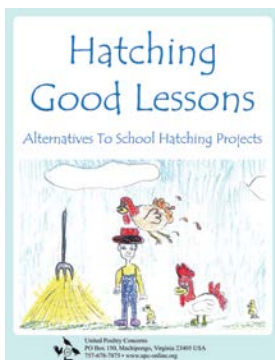


CHILDREN'S BOOKS & EDUCATIONAL MATERIALS

Hatching Good Lessons: Alternatives To School Hatching Projects

By United Poultry Concerns

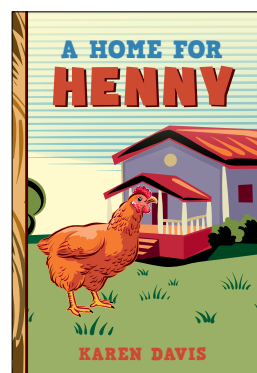
A guide booklet for elementary school teachers and other educators including parents. Revised & Updated, 2013. 16 pages of information, storytelling, classroom activities & color photos. Grades K-6 (some activities are designed for K-12). \$2.50 per booklet. 5 for \$5. It can be viewed and printed out at www.upc-online.org/hatching/.



A Boy, A Chicken and The Lion of Judah – How Ari Became a Vegetarian

By Roberta Kalechofsky

This wonderfully gifted children's story, set in modern Israel, is about a young boy's quest for moral independence. An intelligent book for all ages. Winner of the Fund for Animals "Kind Writers Make Kind Readers Award." \$10



A Home for Henny

By Karen Davis

Melanie is a 3rd grader who is excited about a chick hatching project in her class at school. The project seemed like a good idea at first, but unexpected problems arise and the whole class learns a lesson in compassion. When the project is over, Melanie adopts one of the chicks she names Henny. *A Home for Henny* explores the challenges and concerns with school hatching projects

while evoking the lively personality of Henny and her loving relationship with Melanie. \$6.99



Dave Loves Chickens

By Carlos Patino

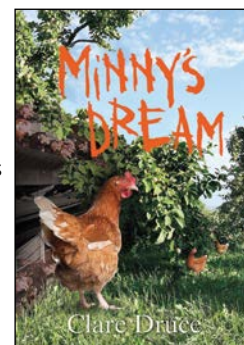
Dave is a quirky monster from another planet who loves chickens and all animals on Earth. He encourages people to share his love and not eat any

animals! Filled with fun and bold colors, this book is perfect for young children to learn compassion for chickens and all animals in a sweetly told, lovable story. \$10

Minnie's Dream

By Clare Druce

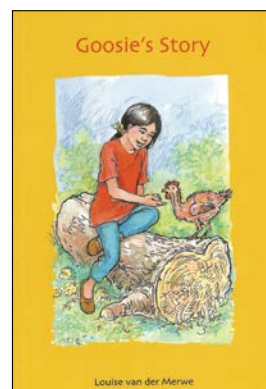
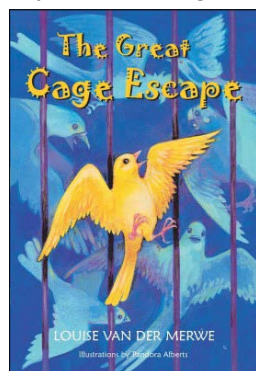
What happens when a young girl from the city discovers a battery-hen operation in the country? What happens when a "battery hen" named Minny speaks to her? What must she do when her friend Minny is going to be killed? This book is a must for the young person(s) in your life, age 8-14. \$10



The Great Cage Escape

Grades 4-7. By Louise Van Der Merwe

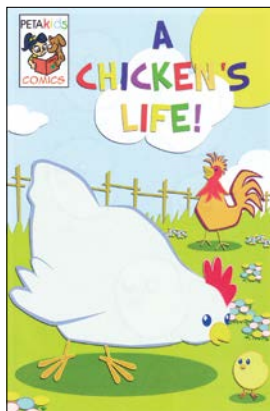
The birds in a pet shop think they are happy until a brown box punched full of air holes is left overnight on their front door step. The creature inside looks very weird at first. But as his feathers begin to grow, his true identity becomes apparent, and the stories he tells inspire the pet shop birds to pull off a Great Cage Escape. This is a story that encourages respect for all forms of life and helps learners realize that heaven can be right here on earth if we choose to make it so. \$4.95



Goosie's Story

By Louise Van Der Merwe

A touching story about a "battery" hen who is given a chance to lead a normal life – a happy life. This moving book will be warmly welcomed and shared by children, parents and teachers, highlighting as it does the concern and compassion we ought to feel for all our feathered friends on this earth. \$4.95



A Chicken's Life!

Grades 4-6. PETAkids Comics

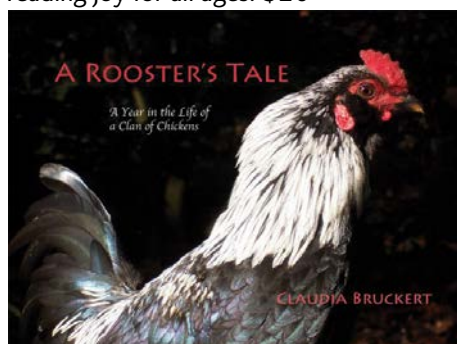
This cute comic book illustrates a group of children visiting an animal sanctuary where they meet a flock of chickens and learn all about them including the differences between Nature's Way and The Factory Farm Way. "Are these chickens really your friends?" they ask. "I've never met a chicken before." *A Chicken's Life* includes a puzzle for elementary school students to unscramble

words including barn, beak, cluck, feathers, grass, hatch, peck, peep, wings, and lots more. \$1.50 each. 10 for \$10.

More Books, plus Videos available at
upc-online.org/merchandise

(continued) CHILDREN'S BOOKS & EDUCATIONAL MATERIALS**A Rooster's Tale: A Year in the Life of a Clan of Chickens**

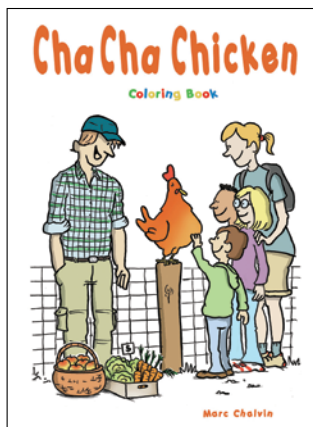
by Claudia Bruckert, transports readers to the fascinating world of Change, who tells the real life story of his chicken family during his first year of life. Enchanting experiences and intriguing facts, chronicled and photographed beautifully over the course of one year, convey deep insights into the daily life of chickens. Grades 3-12 and a reading joy for all ages. \$20

**Cha Cha Chicken Coloring Book**

By Marc Chalvin

Narrated by Cha Cha the hen, this book invites children to visit Green Farm sanctuary and learn about the happy animals who live

there. Written by Marian Hailey-Moss and illustrated by Marc Chalvin, Cha Cha shows children that chickens are people too and invites them to color their world beautiful! *Cha Cha Chicken Coloring Book* is a delightful gift for children K-3. \$10

**Chickens at Play**

By United Poultry Concerns

This vibrant video shows chickens at the United Poultry Concerns sanctuary accompanied by lively music, with brief explanations of what the chickens are doing throughout their daily activities into the evening as, one by one, they hop up to their perches for the night. Narrated by a young child. 10:04 minutes. DVD. \$5. \$12.50 for 5. Watch: <http://vimeo.com/13210456>



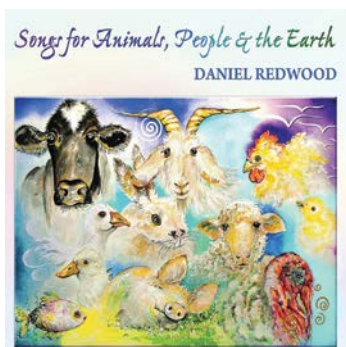
More books and videos available at upc-online.org/merchandise

Plus These Great Gifts from UPC!**"The Mother of Compassion Blesses Our Fellow Beings – May They Be Happy and Free From Suffering"**

Beth Redwood's beautiful artwork is available in a limited edition from United Poultry Concerns. 11 x 14" matted print ready for framing. \$20

**"Songs for Animals, People & the Earth"**

is Daniel Redwood's powerful new album of sanctuary songs. Dedicated to "the compassionate women and men whose hearts and minds have awakened to the needless suffering of animals," this music is beautiful, moving & exhilarating, lyrical and liberating! \$12.

**Cruel: Bearing Witness To Animal Exploitation**

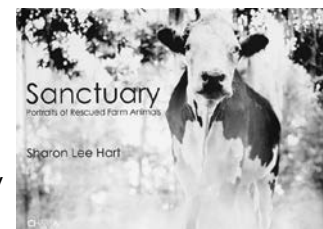
By Sue Coe, OR Books, 2012

Renowned visual artist Sue Coe, pioneer champion of animal rights and author of *Dead Meat*, has produced this mesmerizing new book documenting the experiences of animals raised and slaughtered for human consumption. Through its written account and haunting visual images, *Cruel* is a surpassingly passionate testimony to the waste, sorrow and violence perpetrated by our species against others. \$20

**Sanctuary: Portraits of Rescued Farm Animals**

By Sharon Lee Hart, Charta Books, 2012

Sharon Lee Hart's photography project SANCTUARY takes you on an intimate journey to meet wonderful animals and the courageous rescuers who become their companions. Sanctuary caregivers evoke individual animals in short, handwritten stories accompanying Hart's starkly beautiful black & white photography. \$20



Stickers Send a message with your mail! Order our eye-catching color stickers! 100 stickers for \$10.



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POSTERS



International Respect for Chickens Day

Celebrate 12.5" x 17" Wings 12" x 16"



A Heart Beats in Us the Same as in You

Photo by PeTA

Full-color poster vividly captures the truth about factory chickens for the public. Vegetarian message. 18"x22".



Today's chickens are forced to grow too big too fast. They're forced to live in filth. They go to slaughter with yellow pus, harmful bacteria, heart and lung disease, tumors, crippled legs, sick immune systems, and more. Millions of dollars are spent hiding these facts.

Friends, Not Food

Photo by Franklin Wade

Liqin Cao & FreddaFlower.

Full color 19"x27" poster.



WHAT WINGS ARE FOR



CHICKS NEED THEIR MOTHERS

Photos by Jim Robertson & Karen Davis
Great educational tool. Full color 11-1/2"x16" poster.

Walking to Freedom After a Year in Cages

Photo by Dave Clegg. Full color, 18"x22" poster.

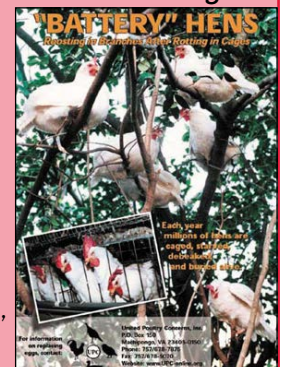


"Battery" Hens

Roosting in Branches After Rotting in Cages

Photo by Susan Rayfield

This beautiful color poster shows the rescued Cypress hens at UPC. Perfect for your office, your home, your school. 11.5"x16".



Great Turkeys Poster!

Photos by Barbara Davidson & Susan Rayfield

The posters are in color, and come in two sizes: 11.5" x 16", and 18" x 27".

**UPC posters in any mix:
One for \$4. Two for \$5.
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INSIDE

Conscious Eating Conference a Success!
Ostrich Festival Protest
Veggie Pride Parade
Schoolyard Cruelty Must Stop
Student Interview on Animal Welfare
Animal Justice Advocates Debate
Tribute to Philosopher Tom Regan
Freddaflower Fund
Recipe Corner & More!

Wishing You a Wonderful Summer!
Please renew your membership for 2017



UPC photo by Davida G. Breier

Every Day is Respect for Chickens Day at UPC!

See pages 16-17 for more photos by Davida G. Breier of our beautiful rescued birds.