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Poultry Press

Promoting the compassionate and respectful treatment of domestic fowl

Celebrating 34 years of dedicated activism for domestic fowl



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Photo of Matilda by Liqin Cao, March 30, 2024 at United Poultry Concerns

See inside for Rachel and Matilda's story.

UPC Welcomes Rachel & Matilda

By Liqin Cao and Franklin Wade



In late December 2023, two beautiful hens came to United Poultry Concerns sanctuary when their humans could no longer care for them due to personal health issues and desire to go traveling. The two hens looked well taken care of and in good health. They got along well with rest of the UPC flock but kept mostly to themselves. We often found them hanging out in the back, more wooded part of the sanctuary yard, behind the chicken houses. Our long time sanctuary staff named them Rachel and Matilda.

In just a few months, Rachel and Matilda have fully settled into their new home and new family. They are healthy, vibrant, confident and now a part of the flock.



This story has a happy ending, but also calls to mind the dilemma of backyard chicken-keeping. As animal advocates, we want people to get to know chickens as conscious and emotional individuals capable of a range of interests and personalities. At the same time, as the popularity of raising backyard flocks has grown, our shelters and sanctuaries have been inundated with calls to take in unwanted chickens, particularly roosters.

We advise people not to keep chickens if you cannot commit to taking good care of your chickens for their whole life. The life expectancy of most breeds can range from 8 to 12 years. There are many reports of pet chickens living as long as 20 years just like dogs and cats! And just like dogs and cats, chickens do get sick and veterinary care is essential and often expensive. Moreover, taking good care of these birds includes spending time with them...getting to know them and enjoying each other's company!

Some problems associated with backyard flocks include:

- ❗ *Hatchery Practices:* Similar to puppy mills, hatcheries prioritize profit over animal welfare, resulting in cramped housing conditions for breeding chickens and their offspring without outdoor access.
- ❗ *Cruel Shipping of Day-Old Chicks:* Day-old chicks are shipped through postal services without legal oversight, subjected to deprivation of food and water for up to 72 hours and extreme temperatures during transit, causing cruelty and medical issues.
- ❗ *Inaccurate Chicken Sexing:* Visual identification of roosters among purchased "hens" is challenging, leading to 20-50% misidentification rates, which may result in unwanted roosters.
- ❗ *Unwanted Roosters:* Roosters are often unwanted due to their inability to lay eggs and legal restrictions in urban or suburban settings, leading to abandonment, slaughter, or euthanasia.
- ❗ *Rodent Attraction:* Chicken coops attract rodents due to bedding and food, posing hygiene and pest control concerns for owners and neighbors.
- ❗ *Limited Veterinary Care:* Avian veterinary care is scarce and expensive, with few specialized veterinarians available, resulting in challenges accessing professional medical care for backyard chickens.

Our Beautiful Posters Celebrate International Respect for Chickens Day/Month in Washington, DC



United Poultry Concerns is delighted to share with you photos our beautiful “*What Wings Are For! Give a Cluck. Go Vegan!*” ads that ran at 14 Bike Share locations in Washington, DC. Washington, DC is ideal for reaching thousands of residents, commuters and out-of-town tourists with our message. We ran them through the entire month of May in honor of our annual International Respect for Chickens Day May 4/month of May campaign. They even installed them a few days early at no extra charge!

Also, for three days, starting on International Respect for Chickens Day, May 4th, we hired a truck to drive around downtown Washington, DC for 8 hours each day and display our ads “*What Wings Are For! Life Can Be Beautiful Go Vegan!*” and “*Kindness is Contagious - Live Vegan - Wash Your Hands of Animal Suffering.*”

Begun in 2005 to celebrate chickens throughout the world and protest their use in farming operations, and in all violent enterprises including cockfighting and laboratory experiments, International Respect for Chickens Day urges activists to do a special



COMPASSIONATE ACTION for chickens in May and – needless to say – every day! We gratefully accept tax-deductible donations to support our outdoor posters in selected cities each year. \$30,000 per city for one month brings our message to thousands of people – in May on behalf of Chickens, in November on behalf of Turkeys!

Glimmers of Light in the Dark of Night

12 POEMS BY KAREN DAVIS, PhD

There was a time when I wrote many poems, hundreds, then threw them all away. A few appeared in small poetry magazines, and I once gave a well-attended poetry reading at the First Congregational Church in San Francisco, where I sang

in the church choir's special concerts. Here are the poems I remember from that time, together with a few I have written since. The final poem, *Boris*, is by Terry Kleeman and Marie Gleason, speaking for the turkey they rescued from killing and brought to our sanctuary.
– Karen Davis, 2023

TIME

(When a fault line appears on your face in the mirror that wasn't there before)

Time moves quiet hands over all the faces of the earth
Presses down with deft and delicate fingers
Into her most high and holy places.
Forces them to fall
Delivers them to ashes. He fashions
New faces as he creeps along the traces
Of the rough-hewn stone, moves noiseless
In and out and over the bone
Altering, revealing, earth's body and her countenance.

Time's hand touches the stone of flesh
Traces an image there.
Carefully he cuts away the stone
To lay that image bare.
He holds a graven mirror
To show us the face we'll wear.



PAIN

(Contemplating the Universe of pain and suffering)

I've felt the heaviness of things in a sorrowful mood.
When things are sad, all things weigh the same.
Sorrow is the greatest leveler.
Better than death or democracy
It destroys distinctions like water.
Tears may be heavier than giant boulders
And the planet Jupiter is a feather
Compared with the mass of pain.

LEAVING

(From San Francisco to Shippensburg, Pennsylvania)

There is the pang
Already starting
Already foretelling
The pain which the future's bringing.
Nothing hurts like leaving
So far as the heart's concerned,
And though my plans are filled with singing
In the blithest regions of sound,
The bow mourns over the string
In the deeper layers of the song.



WINTER*(A December day in Altoona, Pennsylvania)*

Outside a wet snow falling.
 Inside, I am looking out, watching.
 I see old limbs accept the soft assault
 And gather white.
 It is almost dark.
 The afternoon stands absolutely still.

A CONFESSION OF ULTIMATE NIGHT*(To my friend Greg Hartley before he became a priest and died)*

I will let you down.
 I will make you sorry
 And you will say what
 You never thought you would
 That "I wish I'd never met her.
 I thought she descended from the sun
 In a moment of solar self-forgetfulness.
 But now I see she is the sun's own dark shadow
 Remembering the day not come
 But coming, when sun
 Will shine no more
 Nor I, nor she, nor anyone at all
 Anyway, not here."

Only, do not fail to notice
 The penumbra of my sadness.
 For it will speak for me when I must be
 Silent and dark, and just as cold for you.

For I am composed of countless unlighted places
 That never will know the warmth
 Of any summer sun, nor feel
 How light can melt
 Even a dark and weighted space
 Of lead and iron, and Age
 That began to be Old
 On the very First Day.

ADRIFT*(With Will Grant-Alexander in Ocean City, Maryland)*

It was a day in mid-September.
 The sun streamed down upon our heads
 As we walked up and down
 The hot grained yellow sands.
 As we walked, we read.
 We took turns reading aloud to one another
 As tiny yellow beetles
 Lay dying in great numbers
 Where the water washed and left them.

We wanted to understand these things
 And so all day we read, still watching
 The beetles and wondering
 Was there anything more we should do
 As into the waves, we gently threw a few.

The day grew dark
 The sand grew cold.
 We wondered what we knew.
 Einstein provided no clue.

PET STORE*(A pet shop in Silver Spring, Maryland once owned by two friends)*

She watches through bars no bird
 Ever heard of until a Man
 Invented one, and then another
 And another, and lined them up in a row.
 "These are to look through," he said.

Soft feathers, plucked but not preened.
 Bright wings with nowhere
 To fly.
 She closes her eyes. Just another
 Pet shopper passing her by,
 Out looking for
 Something better.

(cont.) Glimmers of Light in the Dark of Night**MOTH***(Watching a moth, many moths)*

A moth is a sad natural thing.
 A baffle beating the window, hitting the ceiling
 Singeing a wing.
 I wonder if it's wounded,
 And is fluttering in pain,
 Or did it lose its aim, before stopping
 On the window sill
 Never to rise again.

DUSTBATH*(A hen recovers herself in our sanctuary)*

First claws then beak, then
 Little bursts of earth – our hen
 Is taking a dustbath, her first
 Since rescued in a ravaged state
 Now safe at our place.

This spectral ballerina with
 Pendulous pale comb, blurred eyes,
 Spiny shafts, long thin nails
 Diaphanous almost.
 A sight to behold as hesitantly, then vigorously she
 Washes her body and soul clean in the soil
 Of the manmade filth
 That never was herself.



Photo of UPC Sanctuary Hens Dustbathing by Davida G. Breifer

CHICKEN DREAMING*(Ancestral memories in a metal chicken shed)*

He sits in this house of feces and pain
 With thousands of others
 All the same, call it a triumph or
 Call it insane.
 His eyes are burning.
 His liver is leaking.
 His legs are aching and lame.
 But he will be
 Eaten with pleasure
 All the same.

His nerves, bones and tendons will be nuggets in
 a bucket
 Chewed by a fan
 At a game.
 His “wings” (don’t ask) will prove
 What it means
 To be a Man
 Like every other
 Man and his brother,
 Inane.

His breast will water
 The mouth of a lady trying
 To lose weight with this
 Lump on her plate.
 For this he was made
 For supper.

Meanwhile he dreams his
 Impossible dream:
 Ancestral memories
 Of family and friends
 Of tropical forest all rainy and green
 From which he came
 To suffer like this
 For a foul mouth of chicken bliss.

THE BABY CHICKEN SONG *(To the tune of "Twinkle, Twinkle, Little Star")*

Chicken, chicken, why aren't you
With your mother hen so true?
Pecking, playing, running around,
Taking sunbaths on the ground.
Chicken, chicken, why aren't you
With your mother hen so true?

Chicken, chicken, why aren't you
With your sisters and brothers, too?
Scratching, peeping, having fun,
Taking dustbaths in the sun.
Chicken, chicken, why aren't you
With your sisters and brothers, too?

Chicken, chicken, where's your dad?
Your rooster father, calling like mad.
Finding goodies, calling you all,
"Chook, Chook, CHOOK,
Come have a ball!"

Chicken, chicken, baby bird,
May your cheeping cries be heard,
Hushed and soothed by those who see
We are all one family.
Chicken, chicken, why aren't you
With your mother hen so true?



SOUND OF A BATTERY HEN

(Adapted from anonymous)

You can tell me if you come by the
North door. I am in the twelfth cage
On the left-hand side of the third row
From the floor; and in that cage
I am usually the middle one of eight or six or three.
But even without directions, you'd
Discover me. We have the same pale
Comb, clipped yellow beak and white or auburn
Feathers, but as the door opens and you
Hear above the electric fan a kind of
One-word wail, I am the one
Who sounds loudest in my head.

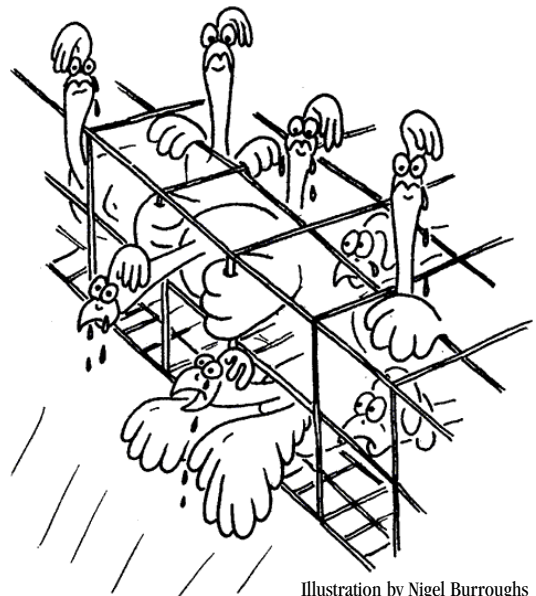


Illustration by Nigel Burroughs

A LEGACY OF COMPASSION FOR THE BIRDS

Please remember United Poultry Concerns through a provision in your will.
Please consider an enduring gift of behalf of the birds.

A legal bequest may be worded as follows:

I give, devise and bequeath to United Poultry Concerns, Inc., a not-for-profit corporation incorporated in the state of Maryland and located in the state of Virginia, the sum of \$ _____ and/or (specifically designated property and/or stock contribution).

We welcome inquiries.

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Karen & Mr. Frizzle ©2008 Davida G. Breier

(cont.) Glimmers of Light in the Dark of Night

On February 14, 2001, we had our veterinarian come to the sanctuary and put Boris to sleep due to his inability to walk anymore. He was not more than 2 years old, but as a male turkey rescued from the meat industry, he became too heavy for his legs to support him, and he suffered. We loved him very much and would like to share with our members the poem that his rescuers and sponsors, Marie Gleason and Terry Kleeman, wrote on his behalf in his memory.

BORIS

You never really got to see
 The real turkey inside of me.
 The one with a body my frame could have supported
 The one with feet where my toes weren't aborted.
 The one who could eat his food with a beak
 Like a real bird and not a geek.
 The one who wanted to have a mate
 But was too large to propagate.
 My life had one saving grace
 And it was Karen Davis's place.
 Yes, a human too was she
 But one who took care of me.
 I only knew fear and pain
 Now happiness did remain.
 Thank you Karen for giving me the chance
 To spread my feathers and do a turkey prance.
 In my last year, I almost got to be
 The real turkey inside of me.

-Love Boris



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We NEED Your Strong and Continuing Financial Support

New Membership **\$35** 2024 Membership Renewal **\$30**

Membership includes our quarterly *Poultry Press* Magazine to keep you informed on current issues, and how you can get involved in many other ways. If you would like to support us by credit card, please go to our website at www.upc-online.org and click on DONATE to make your donation. It's that easy!

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Do you want to be removed from our mailing list? Please tell us now. The U.S. Postal Service charges UPC for every returned mailing. Remailing the magazine costs UPC an additional sum. Due to the enormous cost of remailing, we can no longer provide this service. Thank you for your consideration. Please keep up your membership. We need your continuing financial support.



United Poultry Concerns
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Rowdy the Rooster Is Still Going Strong!

In 2018, United Poultry Concerns adopted 50 chickens rescued from a cockfighting operation in Virginia Beach. We expected all of them to be hens, but three turned out to be roosters. Rowdy is one of those wonderful roosters!



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The Futuristic Fate of Birds and the Other Earthlings

Podcast published on May 26, 2023. Please visit www.upc-online.org/podcasts to listen to this episode of *Thinking Like a Chicken Podcast - News & Views!*



UPC sanctuary hens. Photo by Davida G. Breier

Farmed animals have traditionally been morally abandoned and treated with probably more contempt than any other major category of animals we abuse. An example can be found in demeaning Environmentalist discourse. Despite some improvements in terms of ethics and understanding, chickens and other animals regarded as “food” are living in increasingly malformed bodies and diseased environments. Not only are the numbers of our victims rising; new genetic technologies and computerized devices are making the lives of both farmed animals and free-living birds and other beings even worse. In this podcast episode I discuss what I see as the futuristic fate of birds and the other earthlings, short of a change in our cultural priorities and behavior. – *Karen Davis*

Transcript: The Futuristic Fate of Birds and the Other Earthlings

Hello, and thank you for joining me today. I’m Karen Davis, the founder and president of United Poultry Concerns, a nonprofit organization that promotes compassion and respect for chickens, turkeys, ducks, and other domesticated birds.

Today I want to talk about what I fear will be the future for birds and other species if we continue on our current course.

Ethical protest against the genetic engineering of birds and other animals has focused primarily on the

violation of species integrity, although attention has also been paid to the suffering of individual animals, and a moral repugnance has been shown against defining animals as patentable “manufactures.” This definition represents a further debasement of nonhuman animals from their traditional low status as property lacking value and claims in their own right.

Animals used in genetic engineering are further degraded in not even being recognized as whole beings but only as embodiments of certain DNA sequences, genetic resources, model systems, production traits, and body parts.

Reduction of chickens and other animals to model disease and food production traits is not new. Researchers have developed and maintained highly inbred flocks of chickens over many decades. Bizarre pathological conditions that necessarily arise over time in these inbred flocks are then specifically bred for by the researchers, who will then claim to have created a new “model” that resembles some disease pattern or other, such as multiple sclerosis in humans or heart attack syndromes in commercially-bred chickens. In animal agriculture, the fitness of an animal has historically been determined by whether the animal pleased “its” (his or her) owner enough to be allowed to survive to maturity and reproduce.

Genetic engineering carries these attitudes and practices further in line with a past in which nonhuman animals have repeatedly been denied possession of a soul, reason, consciousness or some other vaunted human trait, and used without compassion or apology. Nor, in terms of cruelty and rationalization, does genetic engineering break continuity with a past in which nonhuman animals have had the misfortune to be included in a “sacred” circle and accordingly scapegoated and ritually sacrificed by a particular human group or tribe.

Today, environmentalists confer a relatively high and “respectful” status on free-living animals, who may then be hunted and otherwise “honored” with violence. Most often, it isn’t the individual animal who is “honored,” but rather the Category: not the bear but THE BEAR although, of course, it is the actual flesh and blood animal who is hunted and forced to bear the burden of being brutally “honored” and eaten as a specimen of that animal’s Category.

By contrast, domesticated animals, particularly farmed animals, have been castigated by environmentalists for “allowing” themselves to be domesticated, thereby placing themselves outside the circle of moral consideration. Farmed animals have, in effect, been blamed for allowing themselves to be turned into “genetic freaks” and degenerate parodies of nature. Factory-farmed animals have been further denounced for messing up the natural environment with their mounds of dead bodies and manure, unsightliness, diseases and pollution. Just recently, an animal advocacy website blamed “chickenshit” for spreading avian influenza. How does this language encourage public respect for these most thoroughly abused birds?

The poultry industry pollutes land, air and water with billions of pounds of manure and billions of gallons of waste water each year. This is detestable, but it is not the chickens’ fault. It is ours.

Farmed animals have been morally abandoned by our culture, our species, and treated with contempt and neglect, even on occasion by their so-called defenders. They have been dismissed as beyond the pale of equal, or even any, moral concern, although, morally, we owe more, not less, to the beings whose earthrights and birthrights we have so thoroughly stripped away.

The advent of Artificial Intelligence (AI), in which inanimate machines monitor and manipulate sentient “machines,” puts chickens and other farmed animals into ever deeper pits of human depravity and animal agony. As noted in an April 2023 article in *Noema Magazine*: “The use of AI in factory farms will, in the long run, increase the already huge number of animals who suffer in terrible conditions.”

In his book *Algeny: A New Word, A New World* (1983), social analyst Jeremy Rifkin wrote that in a genetically-engineered world, “if only one living creature were left unscathed . . . we would reach out to it, embrace it, touch it, marvel at it, with a peak of emotion that all the replicas together could not possibly hope to tap in us. For we experience something special with that creature that can never be experienced with the products of our own technological handiwork.”

Although touching in a way, this thought wrongly suggests that the animals helplessly violated by genetic engineers are mere manufactures of ours and that they are despicable aliens. It implies that the suffering of a genetically-engineered hen is somehow less real,

intimate, moving, and important, more “inanimate” and beyond our sympathy and moral accountability, than the sufferings we impose on a “pure” hen who is now looked upon as a sullied virgin. It invites us to glide evilly into the mentality of the genetic engineer who told a symposium regarding the birds who hatch in his laboratory with no sign of the desired genetic change: “We simply throw them away.”

Overall, I fear that chickens and other domesticated birds do not have a future worth living with the human species and that genetic engineering furthers a drive in our species to eliminate not only diversity and autonomy, but joy and happiness in other creatures, even as we proceed to extinguish, massacre, incarcerate, and invasively manipulate the remaining wild birds and other free-living beings on earth. For a look at some of what environmental ethologists are doing to wild birds, read “Fieldwork results . . .” by avian specialist Gisela Kaplan. It is NOT a pretty picture.

An example of the trend involving wild birds was reported on April 15, 2023 in *The Telegraph* (UK) in “Man’s plea as beloved bird is taken from him.” A wild crane with a broken leg was nursed back to health by this man in India. He and the crane bonded lovingly with each other. When wildlife authorities learned about it, they confiscated the crane and put him in a zoo where he is now a prisoner who, unless he is set free, will atrophy mentally and physically to death and may be subjected to human sexual assault (electro-masturbation to obtain semen to inseminate captive females). This obscenity is a common practice in zoos.

I think it is essentially true, as someone wrote, that “If there’s anything to reincarnation and a recycling of souls, with the decreasing biodiversity on this planet and daily loss of endangered species, the only place one will be able to go if they get recycled into another lifetime is into another human or a farmed animal.”

This vision portends the fate of earth’s other inhabitants as long as we continue down the road we have taken. All the omens are ominous.

Wild birds are dropping dead from the sky. Thus a *New York Times* column in April observes that “H5N1 is devastating the world’s birds.” What this means is that our species is devastating the world’s free-living birds for mouthfuls of captive birds’ misery. Humanity’s dietary behavior is a major contributor to the overall tragedy unfolding on earth. It is the root cause of

(cont.) The Futuristic Fate of Birds and the Other Earthlings

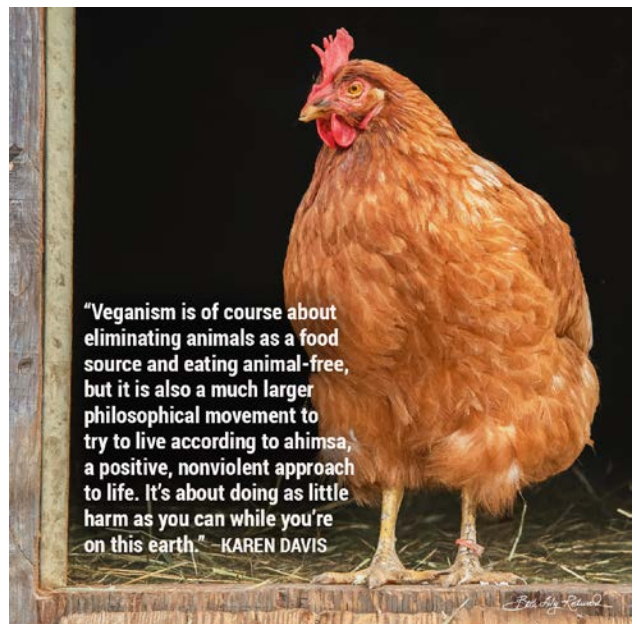
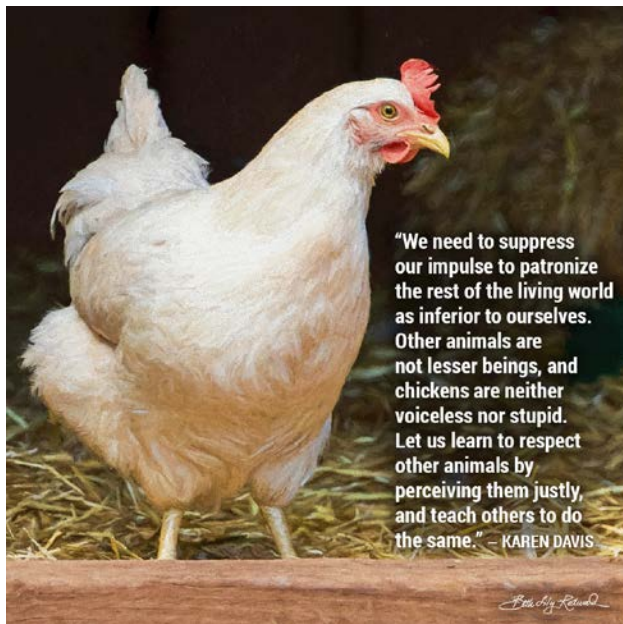
avian influenza in its current form of H5N1 and just about everything that ails this planet. Animal advocacy author and activist, Roberta Kalechofsky, notes in her book *Animal Suffering and The Holocaust* (2003), that “most human beings everywhere are indifferent to the hideous suffering of the animal world, most of which is not inflicted by nature ‘red in tooth and claw,’ but by humans themselves.”

Even if most people acknowledged the truth of this statement, how many would actually care, and quit the carnage?

I hope you have found today’s podcast provocative and informative and that you will share it with others. Please join me for the next podcast episode of *Thinking Like a Chicken: News & Views*. And have a wonderful day. Thank you.

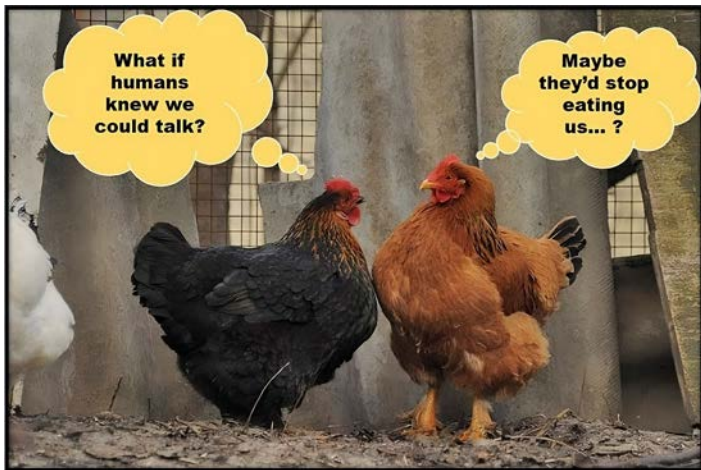
International Respect for Chickens Month Memes

By Beth Lily Redwood Photography



Chickens Talk. Are You Listening?

Humans Can Identify Reward-related Call Types of Chickens



It has long been established that chickens communicate through body language and vocalizations, which can be diverse and unique. Chicks communicate with their mother and siblings through peeping to synchronize hatching. They establish a communication network to inform the mother about the progress of hatching. After hatching, chicks use peeps and clucks to communicate with each other and their mother. Hens and roosters coordinate through nesting calls, primeval grumbling growls, egg cackles, distress calls, and squawks. Roosters crow to recognize danger while sending alarm cries that prompt the flock's



response. Food finding elicits vocal communication within the flock. Chickens also have soft trills, piping voice of woe when bored or at loose ends, and sing as they settle down for the night in peace.

Now, a study published in the journal *Royal Society Open Science* on January 3, 2024, reveals that humans possess the remarkable ability to comprehend fundamental chicken emotions solely through their clucks. Surprisingly, nearly 70 percent of participants successfully matched the cluck with the corresponding emotion, irrespective of their prior exposure to chickens. Furthermore, this research demonstrates that individuals' familiarity with chickens does not impact their capacity to interpret chicken moods based on sound alone. These findings shed light on humanity's inherent bond with other creatures and propose the existence of a universal language for expressing emotions among animals.

We know chickens can talk, we know we can understand them, so we should stop eating them!

Learn more about Chicken Talk by Karen Davis, PhD: "Let's Understand How Chickens Communicate - Vegan India!": www.upc-online.org/hcc



Special Friends: Rupert the rooster and UPC sanctuary assistant Paul Connon.

Watch the video: www.upc-online.org/pr

Freddaflower Memorial & Appreciation Fund

The pain of losing them is the price we pay for the privilege of knowing them and sharing their lives . . .

We thank those people who have contributed to our work with recent donations *In Loving Memory and in Honor and Appreciation* of the following beloved family members and friends, both those who have passed away and those who are with us.

In memory of Roderick Rooster. – *Deborah George*

In Memory of Charlie. – *Suzan Porto*

My gift is in memory of Karen Davis and her incredible advocacy for chickens, turkeys, and other domestic birds. – *Margaret Carpenter*

I am so sorry to hear of Karen's passing. She made the world a better place. This gift is to honor Karen and is in the name of our two sweet hens Blossom and Rosebud. – *Sue Kelso-Haines*

In memory of Karen Davis.

- *Goody Rogers* – *Sun Ki Choe*
- *Paula Wells* – *Eileen Hanrahan*
- *Zankhana Punwani* – *Kathleen Peirce*
- *Cindy Ekleberry* – *Anonymous*



Freddaflower

In loving memory of Karen Davis. I so admired all that Karen Davis did for the birds. I met her once in Central Park giving a talk about the birds, and she was genuinely caring, devoted, and committed. By gosh, she seemed like a really wonderful lady. I miss her for her birds and all of us. – *Odette Janavel*

This donation is in honor and memory of our beautiful, beloved Karen Davis founder of United Poultry Concerns. Your relentless work of love and compassion for the most abused animals on earth has opened the eyes of so many of us who never gave a chicken a second thought. May your work continue to flourish through those of us who got your message. I for one will never stop speaking about the hideous atrocities committed on innocent critters that most people call food. Oh how we will miss your radiant smile and your beautiful spirit on our sad planet. When I heard of your death, I burst into tears and felt some of my hope for a better world depart. May all the beaked and winged animals of our world lift up their voices to heaven where you now dwell. With so much love and gratitude. – *Lily Macy*

I'm so sorry about the loss of Karen Davis. She was such a force for good. She made the world a better place. – *Lesley Crocker*



Sandra Isobel Kyle, New Zealand activist

Karen - I miss her! – *Mary Boyd*

Please accept my sympathy on the death of Karen Davis. She was a beautiful soul and a wonderful example for us all. I know Karen’s work will continue. I wish you continuing success! – *Patricia Tereskiewicz*

Very sorry to hear about Karen. She was so true to her cause. Keep up the good work in her name. – *Johanna Armstrong*

In memory of Karen Davis. The world has lost such a dedicated activist and humanitarian. – *Sherry Fudim*

In Memory of Karen. Her bus campaigns were brilliant. Everything she did was brilliant. I know I join you in keeping her memory and commitment alive. Thank you. – *Carole Sutton*

We are very sorry for the loss of Karen Davis. She was awesome. With Sympathy, Alliance for Animals Madison, WI – *Amy Burns, Lesley Crocker, Mark Dwyer, Kristin Schrank & Mary Telfer*

I am so pleased to present UPC and the birds this gift from my loving friends who donated to my Birthday Fundraiser. Thank you all so very much! – *Ronnie Steinau*

In honor of Ronnie Steinau’s birthday. She is my loving sister. – *Marcia Kudlow*

In honor of Ronnie’s birthday!

- *Sherry Reisch* – *Toni Falcone*
- *Liz Gary* – *Sarah Van Coops-Bush*
- *Brenda Calvillo* – *Tracy Childs*
- *Barbara Cole*

Hen Rescued from Florida Live Animal Market

Dear UPC, On May 4th, 2024, Animal Rights Florida, Solutionary Species and Animal Activist Mentorship protested outside a live market in Orlando, FL. In 1996, my wife (Carla) and I attended the March for Animals in Washington DC and it was at that conference that we stopped by the UPC booth and got information about battery cages, forced molting and the horrors chickens endured so people could eat their flesh. It was that information that helped us go vegan and we never went back.

Karen was in our hearts today as we stood outside this market, educating customers and distributing vegan starter kits. Shannon Blair told the owner that today was International Respect for Chickens Day and he surrendered the pictured chicken to us, with the agreement that it not be disclosed where she came from. This hen will be in a home with other rescues and live out her normal life. We named her Karen after the strongest voice for chickens we have ever known. She is greatly missed and we will continue to fight for these birds.

For the Animals,
Bryan Wilson,
Animal Rights Florida



Shannon Blair gives Karen some water.

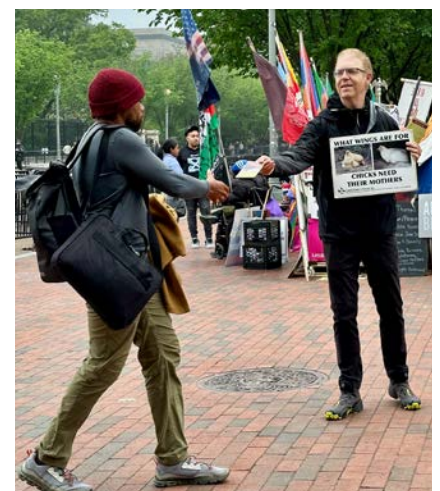
International Respect for Chickens Month Gallery



Peaceful demonstration in Olney, MD



White House Leafleting





Greenbelt Greenman Festival, MD



Walmart in Carlsbad, CA



Lancaster VegFest, PA



Western Mass. Animal Rights Advocates at Walmart in Hadley, MA

Vegan Recipe Corner

Portabella Pizzas

Recipe from Giant Food Savory (slightly modified)

Ingredients

- 4 medium portabella mushroom caps
- 2 tablespoons olive oil
- ½ cup cherry tomatoes
- 1 cup chunky pasta sauce
- 1 cup shredded vegan mozzarella cheese

Tip: Garnish with 1 teaspoon fresh oregano or basil leaves, if desired.

For more great recipes, go to
www.upc-online.org/recipes/

Instructions

1. Preheat oven to 425°F. Trim stems of the mushrooms. With spoon, scrape and discard gills from mushroom caps.
2. Brush with the oil and season with salt and pepper. Arrange gill-sides up on foil-lined baking sheet. Roast 10 min.
3. Meanwhile, slice or halve the cherry tomatoes.
4. Carefully remove mushrooms from oven. Drain off any excess liquid in mushroom caps. Divide the pasta sauce among mushrooms.
5. Top with the shredded mozzarella and cherry tomatoes. Roast 8–10 min., until mushrooms are tender and vegan cheese is melty.



Photo by Liqin Cao

POSTCARDS

20 for \$4.00, 40 for \$7.50



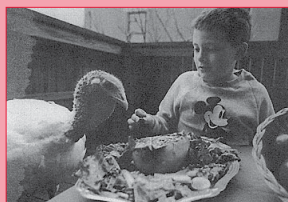
"Love is Best"



"Peaceable Kingdom"



"Chickens - To Know Them is to Love Them"



"Friends"

FACT SHEETS

20 for \$3.00

- "Viva, the Chicken Hen / Chickens Raised for Meat"
- "Jane-one tiny chicken foot"
- "Starving Poultry for Profit" (forced molting)
- "Poultry Slaughter: The Need for Legislation"
- "The Rougher They Look, The Better They Lay" (free-range egg production)
- "Intensive Poultry Production: Fouling the Environment"
- "Philosophic Vegetarianism: Acting Affirmatively for Peace"
- "The Rhetoric of Apology in Animal Rights"
- "Providing a Good Home for Chickens"
- "Chicken Talk: The Language of Chickens"
- "Celebrate Easter Without Eggs"
- "Chicken for Dinner: It's Enough To Make You Sick"
- "Guide to Staffing Tables: Do's & Don'ts"
- "Henny's New Friends"
- "Avoiding Burnout"
- "The Life of One Battery Hen"
- "Bird Flu - What You Need to Know"
- "How I Learned the Truth About Eggs"

"Peeper the Turkey, a Story of Endless Love"

"Factory Farming vs. Alternative Farming: The Humane Hoax"

BROCHURES

20 for \$3.00

- "A Wing & A Prayer" (Kapparot ritual)
- "Don't Plants Have Feelings Too?"
- "Chickens"
- "The Battery Hen"
- "Turkeys"
- "Ostriches & Emus: Nowhere To Hide"
- "Japanese Quail"
- "The Use of Birds In Agricultural and Biomedical Research"
- "Free-Range' Poultry and Eggs: Not All They're Cracked Up to Be" - New & Revised!
- "Live Poultry Markets" (in English, Spanish, & Chinese)
- "Chicken-Flying Contests"

LEAFLETS (FLYERS)

10 for \$1.00, 25 for \$2.50

- "Chicken for Dinner?"
- "The 'Human' Nature of Pigeons"
- "The Truth about Feather Hair Extensions"
- "Birds Suffer Horribly for Pillows & Coats"

Bumper Stickers \$2 each

Don't Just Switch from Beef to Chicken: Get the Slaughterhouse out of your Kitchen.
Don't Just Switch from Beef to Chicken: Go Vegan.

Beautiful Chicken and Turkey Buttons

\$2.50 each. 3 for \$6. 10 for \$15. Any mixture.

Stick Up For Chickens • Chickens are Friends, Not Food
Turkeys are Friends, Not Food • End Chickens as Kaporos
Be Kind to Turkeys - Don't Gobble Me



Life Can Be Beautiful - Go Vegan! Brochure



24 full-color
5.5" x 8.5" pages.

\$1.00 each.
20 for \$5.00.
50 for \$10.00.
100 for \$15.00.
200 for \$25.00.

UPC Ordering Information:

All Prices Include Postage

To order indicated items send check or money order to:

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P.O. Box 150
Machipongo, VA 23405-0150

Or order online at upc-online.org

T-shirts Too Neat to Eat (Hen & Egg or Rooster) •

Give a Cluck. Go Vegan! • What Wings Are For • Available in Unisex (S, M, L, XL) or Ladies (S, M, L, XL) \$25

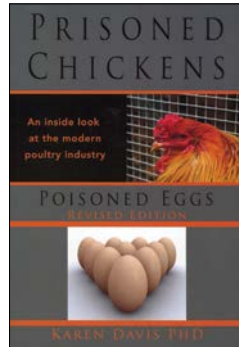


BOOKS

Prisoned Chickens, Poisoned Eggs: An Inside Look at the Modern Poultry Industry

By Karen Davis

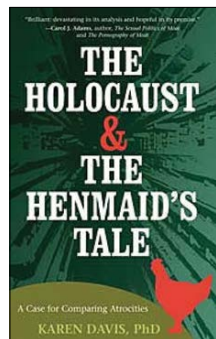
This newly revised edition of *Prisoned Chickens, Poisoned Eggs* looks at avian influenza, food poisoning, chicken suffering, genetic engineering, and the growth of chicken rights activism since the 1990s. Presents a compelling argument for a compassionate plant-based cuisine. "Riveting . . . Brilliant." – *Choice magazine, American Library Association* \$14.95.



The Holocaust and the Henmaid's Tale: A Case for Comparing Atrocities

By Karen Davis

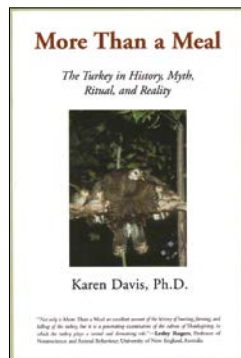
In this thoughtful and thought-provoking contribution to the study of animals and the Holocaust, Karen Davis makes the case that significant parallels can – and must – be drawn between the Holocaust and the institutionalized abuse of billions of animals on factory farms. "Compelling and convincing . . . this bold, brave book." – Charles Patterson, author of *Eternal Treblinka* \$14.95



More Than a Meal: The Turkey in History, Myth, Ritual, and Reality

By Karen Davis

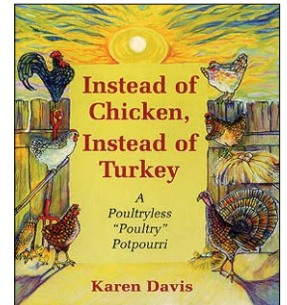
Karen Davis shows how turkeys in the wild have complex lives and family units, and how they were an integral part of Native American and continental cultures and landscape before the Europeans arrived, while drawing larger conclusions about our paradoxical relationship with turkeys, all birds and other animals including other human beings. "The turkey's historical disfigurement is starkly depicted by Karen Davis in 'More Than a Meal.'" – *The New Yorker* \$14.95



Instead of Chicken, Instead of Turkey: A Poultryless "Poultry" Potpourri

By Karen Davis

This delightful vegan cookbook by United Poultry Concerns features homestyle, ethnic, and exotic recipes that duplicate and convert a variety of poultry and egg dishes. Includes artwork, poems, and illuminating passages showing chickens and turkeys in an appreciative light. \$14.95

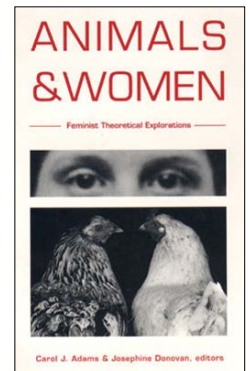


Animals and Women:

Feminist Theoretical Explorations Edited by Carol J. Adams & Josephine Donovan

Adams & Josephine Donovan

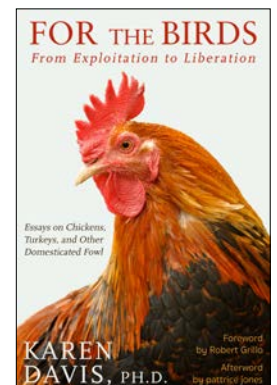
"Karen Davis's brilliant essay [Thinking Like a Chicken: Farm Animals and The Feminine Connection] brings together the book's central concepts, leading to conclusions that rightly should disturb feminists and animal advocates alike." – Review by Deborah Tanzer, Ph.D. in *The Animals' Agenda*. \$16.95



For the Birds: From Exploitation to Liberation

Essays by Karen Davis

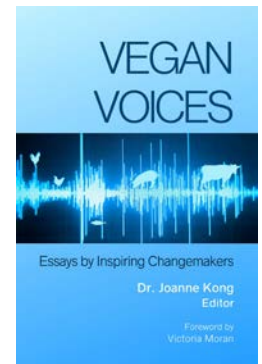
FOR THE BIRDS "Can Only Be Described with Superlatives" – *Animal Culture Magazine*. \$20



Vegan Voices: Essays by Inspiring Changemakers

Edited by Dr. Joanne Kong

This inspiring book includes the essay "With Heart and Voice: Will Birds Sing Or Will They Be Silent?" by Karen Davis. \$20



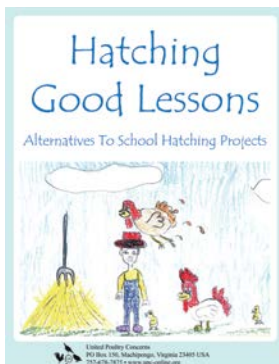
CHILDREN'S BOOKS & EDUCATIONAL MATERIALS

Hatching Good Lessons: Alternatives To School Hatching Projects

By United Poultry Concerns

A guide booklet for elementary school teachers and other educators including parents. 16 pages of information, storytelling, classroom activities & color photos. Grades K-6 (some activities are designed for K-12). \$2.50 per booklet. 5 for \$5. It can be viewed and printed out at

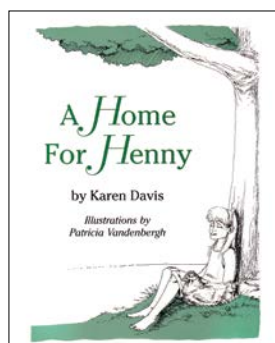
www.upc-online.org/hatching.



A Boy, A Chicken and The Lion of Judah – How Ari Became a Vegetarian

By Roberta Kalechofsky

This wonderfully gifted children's story, set in modern Israel, is about a young boy's quest for moral independence. An intelligent book for all ages. Winner of the Fund for Animals "Kind Writers Make Kind Readers Award." \$10



A Home for Henny

By Karen Davis

Melanie is a 3rd grader who is excited about a chick hatching project in her class at school. The project seemed like a good idea at first, but unexpected problems arise and the whole class learns a lesson in compassion. When the project is over, Melanie adopts one of the chicks she names Henny. *A Home for Henny*

explores the challenges and concerns with school hatching projects while evoking the lively personality of Henny and her loving relationship with Melanie. \$6.99



Dave Loves Chickens

By Carlos Patino

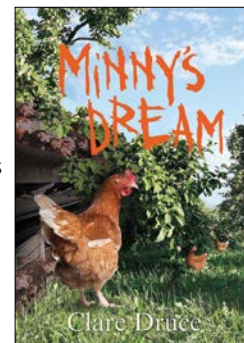
Dave is a quirky monster from another planet who loves chickens and all animals on Earth. He encourages people to share his love and not eat any

animals! Filled with fun and bold colors, this book is perfect for young children to learn compassion for chickens and all animals in a sweetly told, lovable story. \$10

Minnie's Dream

By Clare Druce

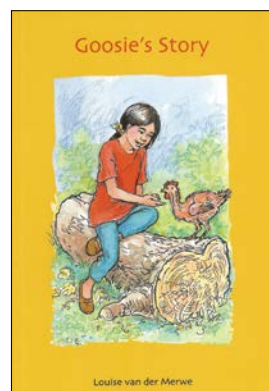
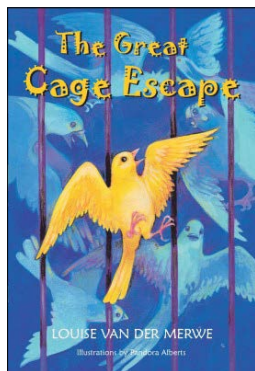
What happens when a young girl from the city discovers a battery-hen operation in the country? What happens when a "battery hen" named Minny speaks to her? What must she do when her friend Minny is going to be killed? This book is a must for the young person(s) in your life, age 8-14. \$10



The Great Cage Escape

Grades 4-7. By Louise Van Der Merwe

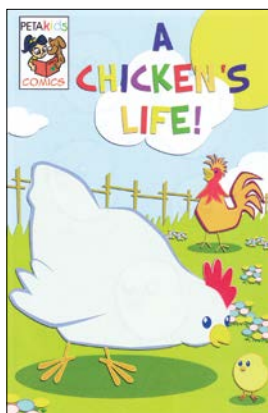
The birds in a pet shop think they are happy until a brown box punched full of air holes is left overnight on their front door step. The creature inside looks very weird at first. But as his feathers begin to grow, his true identity becomes apparent, and the stories he tells inspire the pet shop birds to pull off a Great Cage Escape. This is a story that encourages respect for all forms of life and helps learners realize that heaven can be right here on earth if we choose to make it so. \$4.95



Goosie's Story

By Louise Van Der Merwe

A touching story about a "battery" hen who is given a chance to lead a normal life – a happy life. This moving book will be warmly welcomed and shared by children, parents and teachers, highlighting as it does the concern and compassion we ought to feel for all our feathered friends on this earth. \$4.95



A Chicken's Life!

Grades 4-6. *PETAkids Comics*

This cute comic book illustrates a group of children visiting an animal sanctuary where they meet a flock of chickens and learn all about them including the differences between Nature's Way and The Factory Farm Way. "Are these chickens really your friends?" they ask. "I've never met a chicken before." *A Chicken's Life* includes a puzzle for elementary school students to unscramble

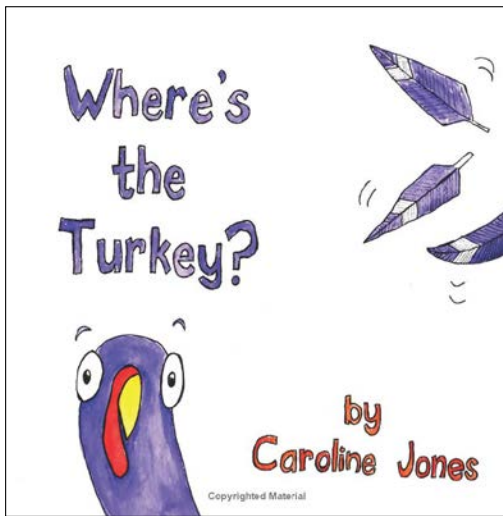
words including barn, beak, cluck, feathers, grass, hatch, peck, peep, wings, and lots more. \$1.50 each. 10 for \$10.

More Books, plus Videos available at upc-online.org/merchandise

(continued) CHILDREN’S BOOKS & EDUCATIONAL MATERIALS

Where’s the Turkey?, by Caroline Jones, is a charming and adorable book for young children. The child is engaged in a journey, with visual clues in the illustrations, toward discovering where the turkey is, which is not on the table. Young children love the “look-and-find” challenge page by page. I recommend this book most highly. It illustrates a Happy Thanksgiving with the whole family and a delicious Thanksgiving feast for which the turkeys themselves can give thanks for enjoying the day in their own happy “turkey” way. \$6.99

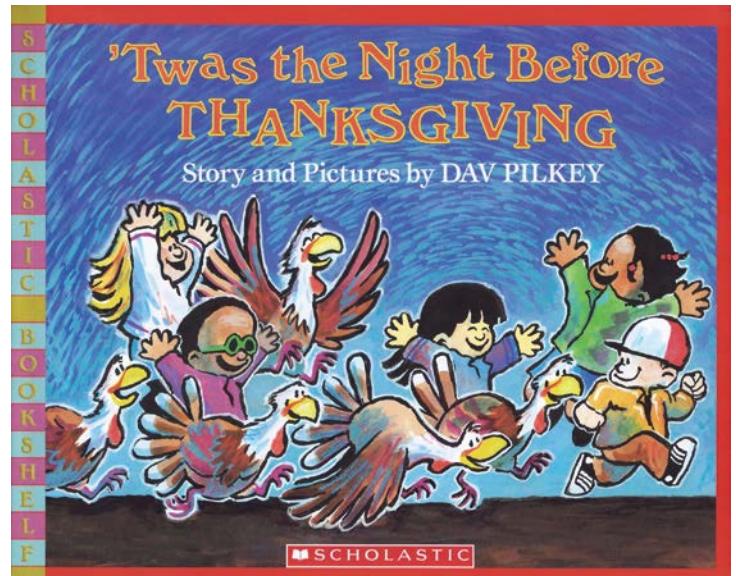
– Karen Davis, United Poultry Concerns



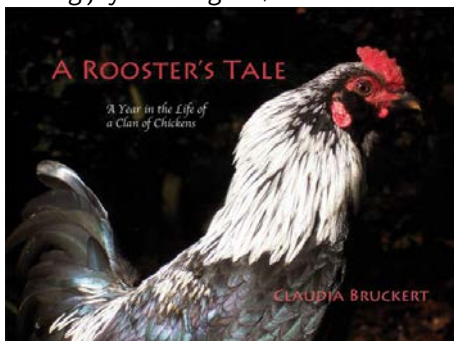
'Twas the Night Before THANKSGIVING

Story and Pictures by Dav Pilkey, Scholastic Book Shelf

Turkeys don’t usually celebrate Thanksgiving. And they wish we wouldn’t either! Here is a tale of eight children who meet eight turkeys who are in big trouble. Only the kids can keep the turkeys from meeting their Thanksgiving fate. But how will they save the turkeys? \$6.99



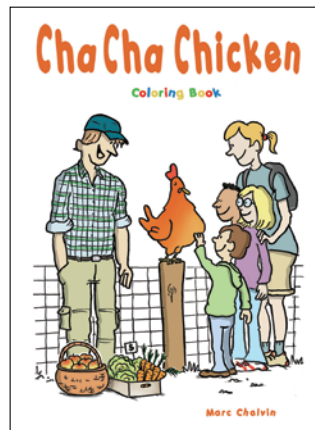
A Rooster’s Tale: A Year in the Life of a Clan of Chickens, by Claudia Bruckert, transports readers to the fascinating world of Change, who tells the real life story of his chicken family during his first year of life. Enchanting experiences and intriguing facts, chronicled and photographed beautifully over the course of one year, convey deep insights into the daily life of chickens. Grades 3-12 and a reading joy for all ages. \$20



Cha Cha Chicken Coloring Book

By Marc Chalvin

Narrated by Cha Cha the hen, this book invites children to visit Green Farm sanctuary and learn about the happy animals who live there. Written by Marian Hailey-Moss and illustrated by Marc Chalvin, Cha Cha shows children that chickens are people too and invites them to color their world beautiful! *Cha Cha Chicken Coloring Book* is a delightful gift for children K-3. \$10



Chickens at Play

By United Poultry Concerns

This vibrant video shows chickens at the United Poultry Concerns sanctuary accompanied by lively music, with brief explanations of what the chickens are doing throughout their daily activities into the evening as, one by one, they hop up to their perches for the night. Narrated by a young child. 10:04 minutes. DVD. \$5. \$12.50 for 5. Watch: <http://vimeo.com/13210456>



More books and videos available at upc-online.org/merchandise

Stickers Send a message with your mail! Order our eye-catching color stickers! 2" x 2 3/4", 100 stickers for \$10.



"Dying for Dinner" Cards
Place in stores, mail, etc.!
3" x 4", 25 for \$2.50



POSTERS



International Respect for Chickens Day

Celebrate 12.5" x 17" Wings 12" x 16"



A Heart Beats in Us the Same as in You

Photo by PeTA
Full-color poster vividly captures the truth about factory chickens for the public. Vegetarian message. 18"x22".



Today's chickens are forced to grow too big too fast. They're forced to live in filth. They go to slaughter with yellow pus, harmful bacteria, heart and lung disease, tumors, crippled legs, sick immune systems, and more. Millions of dollars are spent hiding these facts.

Friends, Not Food

Photo by Franklin Wade
Liqin Cao & FreddaFlower.
Full color 19"x27" poster.



Photos by Jim Robertson & Karen Davis
Great educational tool. Full color 11-1/2"x16" poster.

Walking to Freedom After a Year in Cages

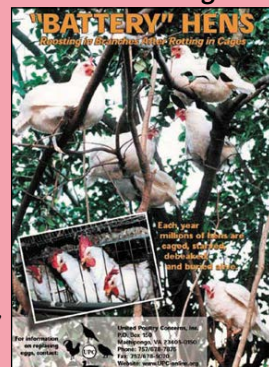
Photo by Dave Clegg. Full color, 18"x22" poster.



"Battery" Hens

Roosting in Branches After Rotting in Cages

Photo by Susan Rayfield
This beautiful color poster shows the rescued Cypress hens at UPC. Perfect for your office, your home, your school. 11.5"x16".



Great Turkeys Poster!

Photos by Barbara Davidson & Susan Rayfield
The posters are in color, and come in two sizes: 11.5" x 16", and 18" x 27".

**UPC posters in any mix:
One for \$4. Two for \$5.
Three for \$7.**

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INSIDE

UPC Welcomes Rachel & Matilda
Respect for Chickens Ads & Activism
Glimmers of Light in the Dark of Night
Rowdy the Rooster
Futuristic Fate of Birds and the Other Earthlings
Chickens Talk. Are You Listening?
Freddaflower Fund
Vegan Recipe Corner & *More!*

Wishing You a Happy Summer!
Please renew your membership for 2024



UPC "Go Vegan!" Ads Hit Washington, DC in May

See inside!