“Through the years, people have inspired me with their beautiful stories of birds they love including harrowing accounts of risks they have taken to rescue a rooster or a hen from cruelty to safety. This issue of Poultry Press features the heroic actions of a high school student who defied her teacher’s demand that she kill the chicken she had raised in his classroom. It is fitting that we begin the New Year with the story of Whitney Hillman. As I wrote in my letter to her principal, ‘It is easy to venerate pioneers of the past. Whitney Hillman is in the present, and she is definitely the hope of the future.’” – Karen Davis, President of United Poultry Concerns
By Karen Davis, PhD

*This discussion derives from my article “Culturally Rationalized Forms of Chicken Sacrifice: The Kaporos Ritual and the Chicken Project,” pp. 6-7 in the November-December, 2010 edition of ANIMAL PEOPLE, the leading independent newspaper providing original investigative coverage of animal protection worldwide. In print and online at www.animalpeoplenews.org.*

In initiating children into society through rituals of animal slaughter is traditional in rural communities and in towns where rites from a rural past are retained. Where I grew up, in Altoona, PA, schools were closed on the first day of hunting season – they still are – so boys could “go huntin’” with their uncles and dads. On the farm, 4-H projects initiate children into the “realities” of life, and a farm boy or girl must learn the rituals of conduct and speech fitted to these occasions. In 4-H, a child is given a young animal to raise. When the animal is grown, the child enters him or her in an agricultural fair to compete for a prize, after which the animal is auctioned and hauled off to slaughter. Competing for a prize and auction money helps divert the child’s emotions from the harm impending to the animal who has been innocently raised. The 4-H experience culminates in sacrificing the animal in a ritual meant to maintain the agricultural way of life. It also involves sacrifice of the child’s feelings of tenderness and love for the animal.

A 4-H participant goes typically from a condition of happy innocence to grief and tears, leading to final acceptance of the “necessity” of these sacrifices. Within a few years, the soul of the youngster who wept over his or her first cow, pig, or sheep has effectively been slain. The young adult may thereafter participate in raising animals for slaughter by the hundreds, thousands, or even tens of thousands.

Occasionally a child refuses to submit to the sacrificial process, which leads to consideration of a class activity called the Chicken Project (or “Broiler Project”), which has been conducted in some schools in recent years, and which United Poultry Concerns is actively working to prevent.

In the Chicken Project, the school purchases 20 or so baby “broiler” chicks from an industrial hatchery for students to raise for six week and then kill, under the guidance of their teacher. Following the slaughter, the remains are consumed at a school banquet. Any raw or residual grief or awful memories the students might have about killing their chickens, watching them suffer and die in buckets of blood, is absorbed into a festival of food and manufactured “pride” that the teacher and school officials tell the students they should feel as a result of having “raised their own food” instead of purchasing “factory-farmed meat” at the supermarket.

In some cases, the Chicken Project adapts the traditional 4-H experience to a more recent trend known as the “locavore movement.” Based on the idea that people should consume only food that is grown or slaughtered locally, to reduce the environmental cost of long-distance food transport, the locavore movement is also about eating “clean,” preferably organic food, as opposed to the “unclean,” chemically embalmed garbage of factory farming.

Factory farming is decried, but what has come to define and energize the locavore movement above all is the argument crystallized by Michael Pollan in *The Omnivore’s Dilemma*, that while industrial animal production is nasty and cruel, human beings are designed to eat animals, so slaughtering one’s own animals, or buying slaughtered meat from local, allegedly “sustainable” and “humane” farms, is the most reasonable and ethical solution. Thus, while a high school Chicken Project inspired by locavorism may include a vegetable garden and related assignments as part of a Food Unit, the course is weighted with the idea that the most important and “realistic” food choices are between “factory-farmed meat” and “meat” you kill yourself, or as nearly as possible. Whether the project is part of a traditional Animal Science course, or a trendy Food Unit, the official rationalization in both cases is that raising and slaughtering their own chickens benefits students with a “real life” lesson on “where their food comes from.”
When the time came for students at Concordia High School, in the small agricultural town of Concordia, Kansas, to slaughter their chickens on October 11, 2010, one student said “No.”

Whitney Hillman, a 16-year-old junior in Nate Hamilton’s Animal Science and Food Production course, not only refused to slaughter her chicken, Chicklett; she grabbed him out of his cage the day of the killings, tucked him into her purse, and spirited him to safety.

But Whitney didn’t stop there. She wrote an impassioned letter to Hamilton and the high school principal explaining her actions. In her letter she described how the students were told to name their chickens and color them with purple markers for identification, and how resistance to the project grew inside her. Subsequently, Whitney described how reality and rhetoric clashed in Hamilton’s classroom. For example, she told the Salina Journal, “He kept saying he’d much rather eat one of these chickens than one raised by Tyson, but I really didn’t see much difference. They were packed in [their cages in the classroom], with barely any room to move.”

Although Whitney was not a vegetarian prior to the Chicken Project, she says she no longer eats animals, and that while she once wanted a career in zoology, she is now considering a career in animal advocacy. Whitney’s verbal skills and moral courage would be tremendous assets for animals. It should be noted that while Whitney was the only student brave enough to defy her teacher’s instructions to kill, she spoke for others who sadly petted their chickens goodbye and didn’t want to slaughter them, but felt they had no choice. It should also be noted that Whitney is blessed with parents who helped her save Chicklett, and who totally support her.

“Teen saves pet chicken from slaughter at school,” The Kansas City Star, Oct. 23, 2010

“Her mother contacted Karen Davis, president of United Poultry Concerns, a national non-profit group that campaigns against inhumane treatment of poultry. ‘We submit doing this to chickens is unforgivable and inexcusable, and the same goes for [doing this to] the students,’ Davis said. ‘I praise Whitney for having the courage in an agriculture environment to stand up and refuse to be coerced into violating her conscience by killing her chicken.’”

On October 17, 2010, Whitney Hillman’s mother, Kristina Frost, sent an email to United Poultry Concerns:

Dear UPC,

I saw your group online, and I am writing to request your help in addressing what went on at my daughter’s school regarding the slaughtering of over 40 chickens. My daughter rescued her chicken from her high school classroom and ran away from school with him on 10/11/2010. The chicken was one of over 40 chickens scheduled to have their throats cut that day by high schoolers as part of a classroom pilot program to “teach” kids where their food comes from. NO preparation for the teens or families, no permission slips and no warnings at class sign-up were given. It was too late to transfer classes by the time the chicks arrived in the class. My daughter refused to be a part of the slaughter and could not leave her chicken behind, so she chicken-napped him and ran away from the school leaving a letter addressed to her teacher and principal behind.

Here is my daughter’s letter of October 11, 2010. Thank you, Kristina Frost, Whitney’s mother
“Why I Took Chicklett and Ran,” by Whitney Hillman to her teacher and principal:
(Ellipses indicate slight editing for space. – UPC Editor)

At the beginning of the semester we were told we were going to be buying baby chicks, raising them for 5-7 weeks, and then slaughtering them. When we were told this, it was too late to transfer classes. Assuming we didn’t have enough funding for the project, I wasn’t too concerned. Then all of a sudden we have boxes filled with baby chickens, and we were told to pick our own chicken. Obviously, I think this is wrong in many ways, and my intent in this letter is to explain why I did what I did. . . .

Permission slips are widely used within school systems, mainly for field trips and movies. History classes are big on this because we watch R-rated movies. These movies are not rated R because of their sexual content, nudity, or language, but because of their blood, gore, and violence. What is involved in chicken slaughtering? Blood, gore, and violence. So I think that’s a pretty good reason for a permission slip. Also, some parents might object to this all together! Maybe they don’t want their children to have this experience, or perhaps they are a vegetarian family, and don’t believe in the slaughtering of animals for food. Whatever the reason, like it or not, parents do have a say!

When the word raise is brought to mind, what do you think of? When I hear the word “raise,” I think of taking care of something or someone because they cannot do it on their own. This involves animals; they cannot raise themselves, especially not in a cage. So we chose our chickens, gave our chickens names, and found ways to remember which chicken belonged to each person. While everyone else was covering their chickens in permanent marker, I was looking at my chicken’s color. My chicken had an orange head instead of yellow, which is what all the other chickens had in my group. So I could distinctly tell the difference, but Mr. Hamilton made me color mine anyway. I didn’t want to color my chicken with a permanent marker because it felt wrong. If coloring the chicken made me feel bad, how do you imagine killing it would make me feel? So, instead of coloring my chicken, I put a purple dot on his foot. It still felt wrong, but it was a lot better than covering his feathers in purple marker. So, I had chosen my chicken, given him a name (Chicklett), and now it was time to raise my chicken. . . .

My chicken has become a loved one. No matter how stupid that sounds, he has. I am an animal lover, I have a dog and he’s like my son. I go to the zoo and it makes me cry because the animals look so depressed and lonely. So, yes I have, in fact, become attached to Chicklett, and could not participate in his death. If you cannot understand my perspective, let me put it in perspective for you. If you have a pet at home that you love dearly, or if you have ever had a pet that you loved, then look at it like this: someone throws your pet in a cage with 4 or 5 others, and says in 5 weeks you are to cut off its head, pull off its fur, clean out all the guts, bag and freeze the meat, and take it home for your family to enjoy. What would you do? Would you not do everything in your power to keep a loved one safe? Are pets not loved ones? So, please do not judge what I did on the grounds of stupidity and bad behavior, but on the grounds of love and empathy for another living being. I have raised my chicken. I will not kill him, but skipping the killing wasn’t enough, I had to save him.

Dissection is a major part of science, but there is almost always a choice of doing an online version, or watching. [However] we were told that we must do some part of the slaughtering. My job is not cutting the chicken’s head off or boiling the chicken in hot water to make the feathers easier to pull out, nor do I have to gut the chicken. My job is to pluck each feather from my chicken, and other chickens’ dead bodies. Close your eyes and imagine having someone cut off your head, and then stripping you naked: not a fun image, right? Yes, it is just a chicken to you, but to me it’s a living being and has just as much right to live as we do. . . .

So I will gladly accept any punishment you give me, but I will not apologize for what I have done, I will not regret it, and I would definitely do it again if I had to. . . . I will not be telling where my chicken is, but that he is safe. I will gladly pay any cost that is asked of me, because I did take the chicken, but please, all I ask is that you understand why.

Whitney Hillman, October 11, 2010, the day of the killings
Please write to Concordia High School officials and urge that animal slaughter be removed from the curriculum. It is wrong for teachers to put knives in the hands of students, who have no idea what they are doing but are anxiously submitting to their teacher’s violent demands. Please write thoughtfully and sensitively, the way Whitney Hillman wrote to her teacher and principal. Thank you for being a voice for the chickens, and for the students, many of whom will be traumatized for life as a result of their participation in this brutal killing of innocent birds who trusted them and whom they felt forced to betray by the misguided adults they looked up to.

**Gregg Errebo, Principal**  
**Corey Isbell, Assistant Principal**  
Unified School District 333  
Concordia Junior/Senior High School  
436 W. 10th Street  
Concordia, KS 66901  
Via Email: gregg.errebo@usd333.com, corey.isbell@usd333.com

**Bev Mortimer, School Superintendent**  
Unified School District 333 Board of Education  
217 W. 7th Street  
Concordia, KS 66901  
Via Email: bev.mortimer@usd333.com

**Unified School District 333 Board of Education Members:**  
Wanda Backstrom, Member  
Jolene Kindel, Member  
Chuck Knapp, Member  
Rick Limon, Member  
Pat Murk, Member  
Kevin Pounds, Member  
Mary Beth Smith, Member  
Unified School District 333 Board of Education  
217 W. 7th Street  
Concordia, KS 66901  
Email addresses:  
[Email addresses provided]
Becoming a Mentsh

By Steve Farbman

This write-up is adapted with the author’s permission from his Nov. 12 letter to Whitney Hillman and from his article, “Courageous High School Student Defies School Authorities and Saves a Chicken,” published in the Jewish Vegetarians of North America Newsletter, December 9, 2010. The entire article, including samples of Farbman’s students’ letters to Whitney Hillman about her chicken heist, and Whitney’s reply, is posted on www.JewishVeg.com.

I teach a course entitled “Becoming a Mentsh” to seventh graders at Temple Rodef Shalom in Falls Church, Virginia. A Mentsh is a person of integrity and honor, one who is responsible, caring, and compassionate – a person who knows the right thing to do and does it. While we should respect our teachers, we are taught to stand up to them if they tell us to do something wrong. Jewish tradition instructs us that doing what is right comes first. At the end of October, I deviated from the course curriculum to highlight recent events at Concordia High School, in Kansas, after being alerted by United Poultry Concerns about the “broiler project” and Whitney Hillman’s refusal to slaughter her chicken, Chicklett, or let others do the dastardly deed.

I knew right away I had a real-life and timely example of a Mentsh, which would be so much more instructive than reading from a book. I would let my students decide for themselves whether Whitney exhibited Mentsh-like qualities in saving Chicklett. I devoted two lessons to the events at Concordia, both of which engendered lively conversation, ending with letters written by my students to Whitney explaining why she either is or is not a Mentsh. The letters were written in class and overwhelmingly supported Whitney. Here is one example:

“I like how you went out of your way to save the chicken’s life. I liked how you put away school rules and replaced them with your rules, not killing innocent animals. The way you saved the chicken’s life really spoke to me. You were really brave how you disagreed with the teacher. I am really happy for you and the chicken for what you did. I hope that your deed will change your life and other people’s lives. Thank you. Sam”
“Just a Chicken” by Chicklett

You think I have no purpose,
I’m just food for your plate.
I hope this facebook shows you,
Food was not my intended fate.
The world is waking up now,
I hope you will wake up too.
Yes, I am only one chicken,
But you need to wear my shoe.
I hope you learn from me now,
That happy meals and finger lickin’
Do not portray the true reality,
And cruelty toward the chicken.

I don’t deserve to die by a child’s hands,
And my life is not your teaching tool.
I deserve to live as a chicken should,
This “project” does not belong in school.
I hope to change this indifference,
Though I know it won’t change for some.
But my death was not a needed event
To “Know Where Your Food Comes From.”

You wanted us to wear for you
An “identification” head-stamp.
And live within the confines
Of your concentration camp.
When you began to plan this “project,”
Did you ever stop and ponder
That children and chickens would bond,
And their hearts would only grow fonder?

You think that my short lifespan
Makes for a fair debate.
You knew I was genetically modified.
Why did you reenact the hate?

So you think death is a skill
That a child needs to know?
You used me in your classroom,
And let the children watch me grow.
The weekend before the slaughter,
We would like to have been fed.
But you were not the hungry one,

We were just food, you said.
I think you could have taught better,
Taught lessons more humane.
But instead you only contributed
To sadness, death and pain.

I’m asking that you learn from me now,
And read the messages I’ve read from some.
I think it’s time to turn tables on you,
Do you “know where YOUR food comes from?”
You say it was all for “attention.”
I hope that makes you feel better.
But we are seeking change,
And we’ll do that … letter by letter.
You’d like this all to come to a stop,
You’d like the quiet and silence.
But don’t you see? If I do that,
I’m succumbing to the violence.

Whitney believed she had no choice.
She had to grab me and run.
So you sacrificed every chicken,
Every single chicken—but one.
So you think I’m just one chicken,
One less meal on your plate.
But my purpose now is greater,
And that’s a much better fate.

Whitney’s final message is a gift to the world,
Please open up your eyes.
See finger lickin’ for what it really is,
One giant pack of lies.

Chicklett’s poem “Just a Chicken” is expressed through the mind and spirit of his friend and savior Whitney Hillman, in memory of Chicklett’s flock mates who were slaughtered by students bullied by their teacher at Concordia High School in Concordia, Kansas on October 11, 2010. To meet Chicklett on Facebook, go to www.facebook.com/chicklett.chickenhillman.
Sanctuary, an Exhibit

Photographer Sharon Lee Hart featured UPC and nine other sanctuaries in an exhibit entitled Sanctuary, on view at Tinny Contemporary Gallery in Nashville, Tennessee, December 4, 2010-January 1, 2011. The exhibit included these beautiful photographs of UPC residents.

The Farm Animal Sanctuary Project

“This project began because of my love of farm animals and the knowledge that they are the most abused, overlooked animals on the planet. While visiting the sanctuaries, I confirmed what I knew in my heart to be true. These animals are unique; some quirky or funny, others sensitive, shy, playful, intelligent, mischievous, or inquisitive. . . . I am making portraits of each animal to show their individual personality and to give them the respect they deserve. I invite you to view the photographs with compassionate eyes and hope that you begin to see farm animals in a new light.”-- Sharon Lee Hart.

View all the photos at www.farmanimalsanctuaryproject.com.
Kaola Gold

Starlight

Terrain
We thank those people who have contributed to our work with recent donations In Loving Memory and in Honor and Appreciation of the following beloved family members and friends:

In honor of Rina Deych & her family and your Alliance to End Chickens as Kaporos, of which Rina is a founding member. – Anonymous

In loving memory of Henrieta, Marieta, and Penny. – Suzanne Pease

In honor of Nero, Fredericka, Julie, Nathaniel, Leonard, and Bertha, remembered forever and sadly missed. – Paul Deane

In loving memory of Bernadine. – Cheryl Hopkins

My donation honors “Chicklett Chicken Hillman.” – Miriam A. Cohen

In loving memory of my dear friend and neighbor, Beverly Barr, who did so much for me and my cats, Ethel and Misty. – Margaret Carpenter

In the name of Patti Breitman and Stan Rosenthal. I know Patti admires your work so much. – Victoria Moran

In precious memory of little Chico. He was a dachshund, who loved all cows! Jai jinendra! – Aleksei Green

To my spirited animal rights activist friend, Bob Chorush, who died of cancer in Evergreen Hospice in Kirkland, WA on January 2, 2011. “Through the years, you very kindly sent me stories about chickens from the media – usually touching, charming stories about a particular chicken whom a person fell in love with on getting to know the adorable bird. Just as a person who gets to know a chicken falls in love with the marvelous soul, so when I got to know you, Bob, I fell in love with you, my dear friend, beloved soul, and colleague in ‘the struggle.’” – Karen Davis

My gift is in honor of All God’s Creatures. – Brien Comerford

Dear Friends,

Several of our members have made financial contributions in the form of stock to United Poultry Concerns through our securities account. We are deeply grateful for these gifts, and anticipate more in the future. There are two obvious benefits in making stock contributions. Please consider these advantages in making your future gifts to United Poultry Concerns.

Donors may give as much stock as they want to a nonprofit organization without impinging upon their estate. By giving this way, they avoid paying a capital gains tax on their assets, because they are gifting their assets.

The benefits to the nonprofit are obvious. In giving a gift of stock, you enable the nonprofit of your choice to grow and do more. It’s as simple and important as that. Everyone wins.

United Poultry Concerns has a securities account with UBS Investment Center. For information on how you can donate to us this way, please call 877-827-7870, and a member of the UBS Advisory Team will help you. You may ask to speak directly with Rachel Tamlin or Earl Singletary.

From United Poultry Concerns and all our Feathered Friends, we thank you for helping to ensure our future!

Sincerely,
Karen Davis, Ph.D., President
Three teenage boys – two 15-year olds and one 14-year old – were arrested on December 1, 2010 for strangling to death Linny and Maxine, two hens living peacefully with four other hens at El Monte Elementary School in Concord, California. According to the Contra Costa Times, “The two chickens were found dead in their coop, strangled with what police described as a type of cord or rope, the morning of Nov. 24 by a school custodian. The intruders had broken through a lock and plywood securing the coop.”

Under CA Penal Code 597, a person is guilty of cruelty to animals who “maliciously and intentionally maims, mutilates, tortures or wounds a living animal, or maliciously and intentionally kills an animal.”

Please urge the Contra Costa County District Attorney’s Office to prosecute these teenagers (their names were withheld by police due to their ages) for cruelty to animals. It’s important to the Concord community and the school that they be punished for their crime. Their cruelty caused suffering not only to the chickens they killed, but to the other birds who had to watch and listen as their flock mates suffered and died in the course of being strangled. Their cruelty caused suffering to the students, teachers, principal, and the custodian who found the chickens tortured to death.

Contact:
District Attorney Robert Kochly
Contra Costa County District Attorney’s Office
Attention: Juvenile Division
900 Ward Street
Martinez, CA 94553
Phone: 925-957-2200
Fax: 925-957-2240
Email: DA-Commentary-Feedback@contracostada.org

A LEGACY OF COMPASSION FOR THE BIRDS

Please remember United Poultry Concerns through a provision in your will.
Please consider an enduring gift of behalf of the birds.

A legal bequest may be worded as follows:

I give, devise and bequeath to United Poultry Concerns, Inc., a not-for-profit corporation incorporated in the state of Maryland and located in the state of Virginia, the sum of $_______ and/or (specifically designated property and/or stock contribution).

We welcome inquiries.

United Poultry Concerns, Inc.
P.O. Box 150 • Machipongo, Virginia 23405-0150
(757) 678-7875

Karen & Mr. Frizzle ©2008 Davida G. Breier
Chickens are “crammed into paper bags and carried around screaming and yelling horrifically. The cruelty is very obvious and severe.” – Andrew Zollman, organizer of LGBT Compassion’s Live Markets Campaign, quoted in the San Francisco Chronicle, Jan. 7, 2011. www.lgbtcompassion.org/livemarkets/images/chronicle010711.pdf

Although cruelty to animals is illegal under California Penal Code 597, section 597.3 exempts live market “poultry” from coverage. As a result, the San Francisco District Attorney’s office refuses to prosecute the city’s live bird market vendors for numerous ongoing cruelty violations, including stuffing crying chickens in bags for customers to carry off and kill at home. Stumped by the DA’s inaction, LGBT Compassion has accelerated its powerful grassroots campaign which began in April 2009 to educate customers and others about the horrific animal cruelty, public health code violations and other city law-breaking the vendors are getting away with.

Last year, United Poultry Concerns joined forces with LGBT Compassion by coauthoring a bristling handout brochure, “What’s Wrong with Live Chickens at Farmers Markets” in English and Chinese, highlighting the abuses – above all, the terrible suffering of the birds (mostly hens) being trucked every week from industrial farms to the markets – and urging the public to protest to law enforcement, avoid the markets and eat compassionately. For more information about this campaign and other live poultry markets, see www.upc-online.org/livemarkets.

In addition to their regular weekly protest demonstrations, videotaping of violations, and a steady stream of letters to city officials, LGBT Compassion has launched predawn protests at taxpayer-subsidized Raymond Young Poultry in San Francisco’s UN Plaza. This vendor complains of a 20 percent loss in trade thanks to the activists. Great!!! In an email to UPC, Andrew Zollman wrote:

“Our newest tactic focuses on the fact that their permit doesn’t allow farmers’ market activities before 6 a.m., but Raymond Young gets there before 5 and begins selling right away – violating many sections of the Park Code. We also discovered that restaurants are arriving very early and buying huge quantities of birds. 3 guys made at least 5 trips back and forth to their truck, loading it with probably 100 birds. That could be newsworthy and stop some of the market’s biggest customers.”
PLEASE, Join Us Today!
We NEED Your Strong and Continuing Financial Support

☐ New Membership $35  ☐ 2011 Membership Renewal $30

Membership includes our quarterly Poultry Press Magazine to keep you informed on current issues, and how you can get involved in many other ways. If you would like to support us by credit card, please go to our website at www.upc-online.org and click on DONATE to make your donation. It’s that easy!

Additional Tax-deductible Contribution:

☐ $20  ☐ $35  ☐ $50  ☐ $100  ☐ $500  ☐ Other $_______

Name____________________________________________________________
Address _________________________________________________________
City _____________________________________ State ___ Zip __________

Please make your check payable to United Poultry Concerns. THANK YOU!

Are you moving? Please send us your new address.

Do you want to be removed from our mailing list? Please tell us now. The U.S. Postal Service charges UPC for every returned mailing. Remailing the magazine costs UPC an additional sum. Due to the enormous cost of remailing, we can no longer provide this service. Thank you for your consideration. Please keep up your membership. We need your continuing financial support.
Banana Walnut Muffins

Ingredients:

* 4 medium bananas or 3 large bananas
* 3/4 cup cane sugar or sucanat
* 1/3 cup melted margarine
  (Earth Balance Natural Buttery Spread)
* 1 tsp baking soda
* 1 tsp baking powder
* 1/2 tsp salt
* 1 1/2 cups of all purpose flour
* 1/3 cup of chopped walnuts
* 1 tbs flax seed meal (optional)

1. Preheat oven to 375 degrees.

2. Mash bananas well and then add sugar and melted margarine.

3. In a separate bowl, mix the dry ingredients well and then add to the banana mixture.

4. Add the chopped walnuts and mix to bring everything together.

5. Coat the muffin pan with margarine.

6. Fill each muffin cup 3/4 full.

7. Sprinkle with finely chopped walnuts.

8. Bake for 20 minutes.

Makes 12 muffins. Note that sucanat and flax seed meal will make the muffin darker in color.
FACT SHEETS
20 for $3.00:
“Viva, the Chicken Hen / Chickens Raised for Meat”
“Jane-one tiny chicken foot”
“Starving Poultry for Profit” (forced molting)
“Poultry Slaughter: The Need for Legislation”
“Why Be Concerned About Mr. Perdue?”
“The Rougher They Look, The Better They Lay” (free-range egg production)
“Intensive Poultry Production: Fouling the Environment”
“Philosophic Vegetarianism: Acting Affirmatively for Peace”
“The Rhetoric of Apology in Animal Rights”
“Providing a Good Home for Chickens”
“Chicken Talk: The Language of Chickens”
“Celebrate Easter Without Eggs”
“Chicken for Dinner: It’s Enough To Make You Sick”
“Guide to Staffing Tables: Do’s & Don’ts”
“Assume No Animal Products are Safe”
“Henny’s New Friends”
“Avoiding Burnout”
“The Life of One Battery Hen”
“Bird Flu - What You Need to Know”

BROCHURES
20 for $3.00:
“A Wing & A Prayer” (Kapparot ritual)
“Don’t Plants Have Feelings Too?”
“Chickens”
“The Battery Hen”
“Turkeys”
“Ostriches & Emus: Nowhere To Hide”
“Japanese Quail”
“The Use of Birds In Agricultural and Biomedical Research”
“Free-Range’ Poultry and Eggs: Not All They’re Cracked Up to Be” - New & Revised!
“Live Poultry Markets” (in English, Spanish, & Chinese)
“Chicken-Flying Contests”

LEAFLETS (FLYERS)
20 FOR $1.50
“Chicken for Dinner?”
“Assume No Animal Products are Safe”

Bumper Stickers
Don’t Just Switch from Beef to Chicken: Get the Slaughterhouse out of your Kitchen. $1 each
Don’t Just Switch from Beef to Chicken: Go Vegan. $1 each

Beautiful Chicken and Turkey Buttons
$2.00 each. 3 for $5.00. 10 for $10.00. Any mixture.
Chickens are Friends, Not Food
Turkeys are Friends, Not Food
Stick Up For Chickens
Be Kind to Turkeys-Don’t Gobble Me

T-shirts, Aprons, Bags, and more!
at www.Printfection.com/upcstore
Prisoned Chickens, Poisoned Eggs: An Inside Look at the Modern Poultry Industry
By Karen Davis

The Holocaust and the Henmaid’s Tale: A Case for Comparing Atrocities
By Karen Davis
In this thoughtful and thought-provoking contribution to the study of animals and the Holocaust, Karen Davis makes the case that significant parallels can – and must – be drawn between the Holocaust and the institutionalized abuse of billions of animals on factory farms. “Compelling and convincing . . . this bold, brave book.” - Charles Patterson, author of *Eternal Treblinka* $14.95

More Than a Meal: The Turkey in History, Myth, Ritual, and Reality
By Karen Davis
Karen Davis shows how turkeys in the wild have complex lives and family units, and how they were an integral part of Native American and continental cultures and landscape before the Europeans arrived, while drawing larger conclusions about our paradoxical relationship with turkeys, all birds and other animals including other human beings. “The turkey’s historical disfigurement is starkly depicted by Karen Davis in ‘More Than a Meal.’ ” - The New Yorker $14.95

Instead of Chicken, Instead of Turkey: A Poultryless “Poultry” Potpourri
By Karen Davis
This delightful vegan cookbook by United Poultry Concerns features homestyle, ethnic, and exotic recipes that duplicate and convert a variety of poultry and egg dishes. Includes artwork, poems, and illuminating passages showing chickens and turkeys in an appreciative light. $14.95

Animals and Women: Feminist Theoretical Explorations
Edited by Carol J. Adams & Josephine Donovan
“Karen Davis’s brilliant essay [Thinking Like a Chicken: Farm Animals and The Feminine Connection] brings together the book’s central concepts, leading to conclusions that rightly should disturb feminists and animal advocates alike.” – Review by Deborah Tanzer, Ph.D. in *The Animals’ Agenda*. $16.95

Ninety-Five: Meeting America’s Farmed Animals in Stories and Photographs
An anthology of photos and stories by No Voice Unheard Editors: Marilee Geyer, Diane Leigh and Windi Wojdak. $20

Replacing Eggs
By United Poultry Concerns
Sick of salmonella? Our exciting booklet invites you to cook and eat happily without eggs! 21 delicious recipes. $1.50
Hatching Good Lessons: Alternatives To School Hatching Projects
By United Poultry Concerns
A guide booklet for elementary school teachers and other educators including parents. Revised & Updated by United Poultry Concerns, 2010. 16 pages of information, storytelling, classroom activities & color photos. Grades K-6 (some activities are designed for K-12) $2.50 per booklet. $1.00 per booklet for orders of 5 or more. It can be viewed and printed out directly at www.upc-online.org/hatching/.

A Home for Henny
By Karen Davis
This wonderful children’s book tells the touching story of a little girl, a chicken, and a school hatching project. Beautifully illustrated by Patricia Vandenbergh, it’s the perfect gift for a child, parents, teachers, your local library. $4.95

Animal Place: Where Magical Things Happen
By Kim Sturla
Enchant young children with this charming tale about a stubborn girl who is secretly touched by a cow while visiting a sanctuary for farm animals. $10

Goosie’s Story
By Louise Van Der Merwe
A touching story about a “battery” hen who is given a chance to lead a normal life – a happy life. This moving book will be warmly welcomed and shared by children, parents and teachers, highlighting as it does the concern and compassion we ought to feel for all our feathered friends on this earth. $4.95

A Boy, A Chicken and The Lion of Judah – How Ari Became a Vegetarian
By Roberta Kalechofsky
This wonderfully gifted children’s story, set in modern Israel, is about a young boy’s quest for moral independence. An intelligent book for all ages. Winner of the Fund for Animals “Kind Writers Make Kind Readers Award.” $10

Nature’s Chicken, The Story of Today’s Chicken Farms
By Nigel Burroughs
With wry humor, this unique children’s storybook traces the development of today’s chicken and egg factory farming in a perfect blend of entertainment and instruction. Wonderful illustrations. Promotes compassion and respect for chickens. $4.95

Minny’s Dream
By Clare Druce
What happens when a young girl from the city discovers a battery-hen operation in the country? What happens when a “battery hen” named Minny speaks to her? What must she do when her friend Minny is going to be killed? This book is a must for the young person(s) in your life, age 8-14. $10

When the Chickens Went on Strike
By Erica Silverman and illustrated by Matthew Trueman.
One day during Rosh Hashanah – the beginning of the Jewish New Year – a boy overhears the chickens in his village plan a strike. They are sick of being used for Kapores, the custom practiced in his Russian village where live chickens are waved over everyone’s heads to erase their bad deeds. “An end to Kapores!” the chickens chant as they flee the town.

This enchanting book is adapted from a story by Sholom Aleichem, the great Yiddish author best known for his tales which are the basis of the internationally acclaimed play Fiddler on the Roof. $10
A Chicken’s Life! Grades 4-6
PETAkids Comics
This cute comic book illustrates a group of children visiting an animal sanctuary where they meet a flock of chickens and learn all about them including the differences between Nature’s Way and The Factory Farm Way. “Are these chickens really your friends?” they ask. “I’ve never met a chicken before.” A Chicken’s Life includes a puzzle for elementary school students to unscramble words including barn, beak, cluck, feathers, grass, hatch, peck, peep, wings, and lots more. $1.50 each. 10 for $10.

VIDEOS

The Emotional World of Farm Animals
By Animal Place
This is a wonderful documentary produced by Animal Place and led by best-selling author Jeffrey Masson. This delightful film – for viewers of all ages – is all about the thinking and feeling side of farmed animals. A PBS Primetime Favorite! Get your local station to air it. VHS and DVD $20

The Dignity, Beauty & Abuse of Chickens
By United Poultry Concerns
Our video shows chickens at UPC’s sanctuary doing things that chickens like to do! 16:07 min. — Color * Music * No Narration. VHS and DVD. $10

Inside a Live Poultry Market
By United Poultry Concerns
This horrific 11-minute video takes you inside a typical live bird market in New York City. An alternative to “factory farming”? Watch and decide. VHS and DVD. $10

Behavior of Rescued Factory-Farmed Chickens in a Sanctuary Setting
By United Poultry Concerns
See what a chicken can be when almost free! This 12-minute video shows chickens, turkeys, and ducks at UPC’s sanctuary racing out of their house to enjoy their day. VHS and DVD. $10

Inside Tyson’s Hell: Why I Got Out of the Chicken Slaughtering Business
By Virgil Butler
Produced by United Poultry Concerns and the Compassionate Living Project, Virgil’s eyewitness account of what goes on inside chicken slaughter plants is an indispensable contribution to animal advocates working to promote a compassionate lifestyle. DVD. 58:35 min. $15

45 Days: The Life and Death of a Broiler Chicken
By Compassion Over Killing
This 12-minute video shows the pathetic industry treatment of the more than 9 billion baby “broiler” chickens slaughtered each year in the US. VHS and DVD. $10

Hidden Suffering
By Chickens’ Lib/ Farm Animal Welfare Network
This vivid half hour video exposes the cruelty of the battery cage system and intensive broiler chicken, turkey and duck production. VHS. $10

Ducks Out of Water
By Viva! International Voice for Animals
This powerful 5-minute video takes you inside today’s factory-farmed duck sheds in the US. VHS. $10

Delicacy of Despair
By GourmetCruelty.com
This investigation and rescue takes you behind the closed doors of the foie gras industry and shows what ducks and geese endure to produce “fatty liver.” 16:30 minutes. DVD. $10

Chickens at Play
By United Poultry Concerns
This vibrant video shows chickens at the United Poultry Concerns sanctuary accompanied by lively music, with brief explanations of what the chickens are doing throughout their daily activities into the evening as, one by one, they hop up to their perches for the night. Narrated by a young child. 10:04 minutes. Watch: http://vimeo.com/13210456 DVD. $5. $12.50 for 5.
Stickers
Send a message with your mail! Order our eye-catching color stickers! 100 stickers for $10.

With Heart and Voice - a Beautiful Greeting Card from UPC
$19.95 for 20 cards. $38.95 for 40 cards. Envelopes included. Single card & envelope $1.00.

POSTERS

A Heart Beats in Us the Same as in You
Photo by People for the Ethical Treatment of Animals
Full-color poster vividly captures the truth about factory chickens for the public.
Vegetarian message. 18"x22".

Friends, Not Food
Photo by Franklin Wade
Liqin Cao & Fredda Flower.
Full color 19”x27” poster.

What Wings are For: Chicks Need Their Mothers
Photos by Jim Robertson & Karen Davis
Great educational tool. Full color 11-1/2”x16” poster.

Walking to Freedom After a Year in Cages
Photo by Dave Clegg
Full color. 18”x22” poster.

“Battery Hens”
Photo by Susan Rayfield
Roosting in Branches After Rotting in Cages
This beautiful color poster shows the rescued Cypress hens at UPC. Perfect for your office, your home, your school — Size 11.5 inches.

Great Turkeys Poster!
Photos by Barbara Davidson & Susan Rayfield
The posters are in color, and come in two sizes; 11.5” x 16”, and 18” x 27”

UPC posters in any mix:
One for $4. Two for $5. Three for $7.
Our sanctuary rooster Kingsley is so handsome with his snow-white plumage and snowy tail feathers, his large red comb crowning his majestic head, his high-stepping walk on regal rooster legs, and his deep-throated crow that soars forth every morning. This photo, by Davida G. Breier, was a winner in the 2011 Chicken Run Rescue Calendar Photo Contest in which winning photos are published each year in a beautiful Chicken Calendar. To order and learn more, including how to enter the next contest, go to www.brittonclouse.com/chickenrunrescue.