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Poultry Press

Promoting the compassionate and respectful treatment of domestic fowl

Celebrating 26 years of dedicated activism for domestic fowl



UPC# 11656

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Photo by Franklin Wade

UPC advocated for turkeys with a special friend at the White House on November 20 2016.

Transforming Our Traditions

By Karen Davis, President of United Poultry Concerns

Cattle, sheep, swine, asses, mules, and goats, along with chickens, geese, and turkeys, all agreed enthusiastically to give their names back to the people to whom – as they put it – they belonged. – Ursula Le Guin, “She Unnames Them”



Photo of Karen Davis and Florence by John H. Sheally
courtesy of *The Virginian-Pilot*
November 25, 2004 (Thanksgiving Day)

Tradition can include evolution. Just as Christianity substitutes bread and wine for human and animal sacrifice in the Christian Eucharist, a communal thanksgiving in which Jesus reputedly chose vegetarian foods to symbolize his body and blood, so the tofu turkey and other animal-free foods are replacing the traditional corpse in many homes. Few people yearn for the bygone days of bloody altars and struggling victims in places of worship or in “kitchens covered with blood and filled with the cries of creatures expiring in tortures,” as the 18th-century poet Alexander Pope wrote of the lesser known side of Jane Austen’s polished society. Such scenes no longer appeal to most people, so how can they be justified out of sight and sound?

Yet even today, what is done to animals for food takes place in much of the world out in the open and unprotected. Either the ritual of animal food production is so visible a part of the culture as to render the animals “hidden” in familiarity, or it takes place in featureless

buildings and “processing plants,” rendering the animals invisible that way.

A woman who worked for a turkey company in England said of the birds at the slaughterhouse that when the coffee break sirens sounded, the kill crew dropped everything and left the turkeys hanging upside down from the conveyer belts until they came back from their break. No one thought about the birds, she said.

Nobel-prizewinning author, Alice Munro, sets her story, “The Turkey Season,” in a turkey slaughterhouse in rural Ontario, Canada during the Christmas season. Recalling her job as a turkey gutter when she was fourteen, the narrator says, “All I could see when I closed my eyes, the first few nights after working there, was turkeys. I saw them hanging upside down, plucked and stiffened, pale and cold, with the heads and necks limp, the eyes and nostrils clotted with dark blood. . . . I saw them not with aversion but with a sense of endless work to be done.”

Recalling his childhood in England, Reverend Andrew Linzey, Director of the Oxford Centre for Animal Ethics, recalls in “Honoring the Flesh” how the butcher shops “used to hang dead turkeys outside their stores at Christmas” to attract customers. Linzey says his initial revelation of the connection between meat and the death of a living creature took place when he was four or five years old, when his mother “placed a large turkey on the Christmas table.” This revelation influenced his spiritual life from then on.

Linzey argues that the central event of the incarnation in Christianity is God’s affirmation of “all



UPC photo by Davida G. Breier

flesh, both human and animal.” Could Christianity ever come to respect “all flesh,” not in false ceremonies of compassion, but in fact? Why can’t the symbolism in the image of animals grouped in the Nativity scene be extended to a theology that places all creatures within the realm of the Golden Rule? Christianity’s inclusion of animals in the Nativity scene doesn’t even appear in the canonical New Testament gospels, but was added centuries later.

Are such images doomed to being mere symbols and tokens of a reality we do not really want except as a tease, and not so much from a desire to protect the ideal from pollution by the real, but to protect the real from being “spoiled” by the ideal? Ironically, in the case of animal rights, the “idealists” are the ones who keep trying to focus society’s attention on actual lives and real individuals, the realm in which Life manifests itself, versus those who intone formalistically about Life and Species and invoke platitudes of Apology to and Respect for the Animal, while treating actual flesh and blood creatures in ways no different from the ways of those who profess no respect for the earth or for animals at all.

Just as the environmental movement has largely excluded individual animals from its purview, making

it, as philosopher Michael Allen Fox writes, “ethically myopic,” so Andrew Linzey says “there is something distinctly odd, even perverse, about an incarnational spirituality that cannot celebrate our relations with other creatures.” Theologians, he says, who are “eager, sometimes over-eager, to see incarnational resonances within almost every area of human activity . . . look with astonishment at the idea that our relations with animals might be an issue worthy of spiritual, nay incarnational, concern.”

Because the role of religion is a matter of controversy within the animal advocacy movement, our 2017 Conscious Eating Conference in Berkeley, California on Saturday March 11th is devoting a significant part of our program to the role of religion, asking: **How does religion help or hinder the cause of animal liberation?** Among the perspectives presented will be Kim Socha’s view in *Animal Liberation and Atheism*, that “the very concept of religion is inherently antithetical to animal liberation.” In my own non-theological opinion, if God can become flesh, then flesh can become fruit. With or without religion, we can share a flesh-free table lavished with the fruits of the Earth, making every day a day of celebration.

– Karen Davis



United Poultry Concerns activists advocate for turkeys and a compassionate holiday – every day – at the White House in Washington, DC on Sunday, November 20, 2016.

Remembering Reva (June 3 - October 24, 2016)

Our dear Reva fell out of the truck that was taking him and thousands of other baby chickens to be slaughtered when on Friday evening June 3rd he was rescued from the highway by Kathy and Tom O'Hara and brought the following day to United Poultry Concerns to live out his life. We told his story in the previous issue of *Poultry Press*, of how a nearly fatal day turned fateful for one bird out of thousands because of the kindness of strangers and the luck of "the fall." As a chicken bred to grow fast and huge, he struggled with his body, yet enabled himself to walk eventually, until he collapsed under his terrible weight and could no longer get off the ground or control the body he was trapped in. On Monday October 24th, our veterinarian Dr. Paula Cameron came to our sanctuary and put Reva to rest with a sedative followed by the injection he never felt as he passed away, surrounded and embraced by loved ones.

— Karen Davis, United Poultry Concerns



Cars drove by Reva on the Chesapeake Bay Tunnel Bridge until he was gathered into safety and care. Photo by Kathy & Tom O'Hara



Reva found love and happiness at United Poultry Concerns. Photo by Karen Davis

Poultry Press

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Karen & Mr. Frizzle ©2008 Davida G. Breier

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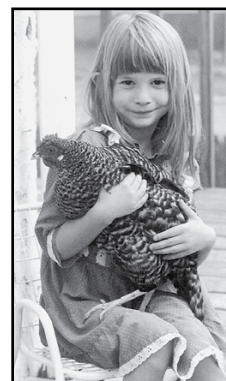
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Every time you shop at any of 1600+ online stores in the iGive network, a portion of the money you spend benefits United Poultry Concerns. It's a free service, and you'll never pay more when you reach a store through iGive. In fact, smart shoppers will enjoy iGive's repository of coupons, free shipping deals, and sales. To get started, just create your free iGive account. And when you search the web, do it through iSearchiGive.com where each search means a penny (or more!) for our cause!

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“Cows, chickens, pigs, turkeys . . . they were calling me.”

UPC's Projects Manager Hope Bohanec shares inspirational insights as a 27-year veteran activist in this Interview with Free from Harm (www.freefromharm.org), an online organization dedicated to farm animal advocacy and education.

The Interview, published Sept. 25, 2016, has been slightly edited for space by UPC.

Q. How and when did you get your start in animal advocacy?

A. From a very young age I had deep empathy and love for animals and a longing to help them. When I was a child I had pictures of animals pinned up all over my room and when people would ask what I wanted to be when I grew up, I would say that I was going to work with animals. I didn't know exactly what that meant and thought that maybe I was going to study them in some scientific capacity, but through my teens, my rebellious leanings and strong opinions drew me to activism.

My first activist inspiration came from Greenpeace back in the early 1990s. I was moved by their dangerous and daring actions that I saw on TV and volunteered with an East Coast Greenpeace chapter immediately out of high school. I heard about the plight of the ancient redwood trees being cut down in Northern California, and having always wanted to go to California, I packed up my car and headed west.

The radical, hardcore activism of Earth First! was incredibly inspiring to me, and I was soon doing “lock-downs” (blocking the logging roads with our bodies and various devices that made it hard to move us) and “tree sits,” where we would ascend trees that were in danger of being cut down with ropes and harnesses and build small wooden platforms to live on 100 feet off the ground. I stayed in one tree-sit that was just a large hammock tied between four trees for three months. My body ached from being unable to stand up the entire time, and doing my business in a bucket dangling over the side 80 feet up in the air was something I will never forget. The danger was real and a dear friend of mine fell from a tree sit and died. This selfless activism in my early twenties with other courageous people was affirming; I would be an activist for life.

During my time with Earth First! I was reading and learning about the suffering of farmed animals. I was already vegan, but the cows, chickens, pigs, turkeys . . . they were calling me. They seemed the ultimate underdogs, innocent and defenseless, but in more misery and anguish than any other animals on earth. I moved south to Sonoma County (an hour north of San Francisco) and brought the blockading tactics I had learned from Earth First! to vegan activism. Finding a small group of gutsy vegans, we blockaded slaughterhouses, shut down production for the day with bike locks around our necks connected to fences, cement-filled barrels, and activists dangling precariously 20 feet in the air on wooden tripods to make a statement and get media attention. This type of activism was tough to sustain with numerous arrests and big expense without feeling as effective as other forms of activism that had much less risk. This eventually evolved into the vegan education and advocacy I do today.

Q. Tell us about your current and future projects. Presentations, books, campaigns, etc.

A. I am United Poultry Concerns' Projects Manager. I am honored to have Karen Davis, the founder and president of UPC, as well as one of the great heroes of our movement, as my boss and I have learned so much from her. We have projects throughout the year that I help organize, like our International Respect for Chickens Day as well as organizing UPC's west coast outreach tables and offering presentations at conferences around the country. I help out with everything from organizing UPC events and protests to (occasionally) direct animal rescue.



I am also the Executive Director of Compassionate Living, a non-profit vegan advocacy organization. We sponsor the Sonoma County VegFest, organize video outreach on college campuses, host speakers, film showings, and more.

One of the main focuses of Compassionate Living is exposing the truth about humane labeling, which is the subject of my book, *The Ultimate Betrayal: Is There Happy Meat?* In Sonoma County, California, the “happy meat” phenomenon is rampant. Many people are choosing animal products with labels like free-range, humane, organic, etc. While this is still a small percentage of the animal product market, it’s growing fast and we need to be prepared to expose it for the fraud it is. In my book, I uncover the truth behind the “humane” labels, both ethically and environmentally. I found extensive and disturbing evidence that no matter the scale of the farm, animals suffer. There is inherent cruelty in animal agriculture, no matter the label.

**UPC’s 2016 Conscious Eating Conference
staff in Berkeley, California**



**Left to right: Bill Ferguson, Hope Bohanec,
Karen Davis, Veda Stram, and Liqin Cao.**

Q. You organize UPC’s annual Conscious Eating Conference in Berkeley. What does it take to organize a complex event like this?

A. Next year will be my 6th year organizing United Poultry Concerns’ Conscious Eating Conference. I have been building the skills of an event planner for many years planning potlucks and protests, but big events are like grassroots activism on steroids! You pack in

education, information, socialization, and good vegan food, all in one day and for a large audience. It takes someone (or a team) who is meticulous, organized, and can see the big picture even when dealing with details. The timeline is critical as well. Knowing what to take care of six months out, four months out, five weeks out, and holding to deadlines. VegFests are popping up everywhere now and there are lots of resources to help someone get started to organize one in their area.

Q. What is your vision for the future as it pertains to veganism and animal liberation?

A. I am very hopeful for the future. The animal liberation movement has a huge advantage; people love animals. The human response to a cute animal is adoration and affection and the vast majority of people don’t want to see animals suffer. When someone sees an animal in distress on the side of the road, people will stop traffic and risk their own lives to help them. The deeper, better part of our nature is compassion. Societal perceptions have put farmed animals in a lower class of animals, and people have convinced themselves that they need to eat animals, but all we must do is remind them of that love and compassion they innately have and show them that farmed animals are in no less need of rescue from distress.

Q. Can you leave us with some final words or advice for animal advocates?

A. Activism is not just one thing. If you are uncomfortable at a protest, try tabling or leafleting. If you don’t like those activities, try something else. Maybe you have a talent or skill you can put to work for animals like writing, social media or bookkeeping. For activism to be sustainable, you have to be at least somewhat comfortable and enjoy it. Do keep in mind that it’s not about you or your social needs; it’s about the animals, but whatever activism you do needs to be sustainable. The animals need you to continue your work, get better, be stronger, and evolve into a powerful and effective activist. The animals are counting on all of us to give as much as we can.

– Hope Bohanec

Don't Burn Out! 2017 is just around the corner!

A frustrated activist wrote to me in October that despite the dedicated work of United Poultry Concerns and other groups and individuals fighting for farmed animals, "The industry goes on as it always has." She challenged me personally to answer this question:

WHAT DID YOU ACTUALLY ACHIEVE IN YOUR LIFELONG WORK TO HELP CHICKENS AND OTHER ANIMALS?

My response:

"What did I achieve? I founded a national nonprofit organization that has educated many people and led many to be more informatively and compassionately aware of chickens and turkeys than they had previously been. I/UPC have given animal activists confidence to keep fighting for animals. We have produced a solid body of work. We're part of the great movement advancing the cause of veganism. We have rescued birds

and given them a chance for happiness. Though far from complacent, I know that my work has not been in vain and that it is part of a large and difficult endeavor. Consider how many people have laid the groundwork for future social justice accomplishments who, when they were alive, had no idea their efforts would ever be remembered or usable or inspiring to future generations. This is the spirit that drives us; this is the company we keep. Only imagine how many people toiled anonymously for justice in order for a Rosa Parks and a Martin Luther King to rise to the surface. These certified heroes and their accomplishments did not come out of nowhere. So let us please keep being strong for the animals, our fellow activists, and the world we are working to achieve. Take a break when you need to, fellow activist, but don't quit!" – *Karen Davis, president of United Poultry Concerns*

You're not doing the environment a favor by eating chicken instead of beef

Los Angeles Times - Opinion

By Karen Davis, President of United Poultry Concerns, October 20, 2016



**4-week-old Leghorn chicks in Valley Center, CA.
Los Angeles Times**

To the editor: Peter Singer and Karen Dawn suggest that chicken production may be less environmentally degrading than beef, but this claim is disputable. A study possibly behind

this assertion, by the National Academy of Sciences published in 2014, focused only on the environmental impact of feeding these animals. ("Thinking of giving up red meat? Half measures may end up increasing animal suffering," Opinion, Oct. 16)

The chicken industry in the mid-Atlantic region of the United States mirrors the poultry industry's baleful effect on the environment. More than 5,000 chicken houses hold a half a billion birds at any given time on a tiny strip of land. The 750,000 tons of waste produced annually by these captive birds has made the poultry industry the primary polluter of the Chesapeake Bay and coastal bays of Maryland, Delaware and Virginia.

Comparing the production of chickens and cows environmentally is like comparing rotten apples and oranges: Neither is "better."

Karen Davis, Machipongo, Va.

The writer is president of United Poultry Concerns.

Freddaflower Memorial & Appreciation Fund

The pain of losing them is the price we pay for the privilege of knowing them and sharing their lives . . .

We thank those people who have contributed to our work with recent donations *In Loving Memory and in Honor and Appreciation* of the following beloved family members and friends, both those who have passed away and those who are with us.

Please honor this donation to a true friend to the animals, Ginger. Please let her know my donation was made in her honor. – *Laura Lange*

Our donation is on behalf of Reva. – *Kathy and Tom O'Hara*

My donation is in honor of Kathy & Tom O'Hara who courageously rescued Reva the chicken from the Chesapeake Bay Tunnel Bridge in Virginia on June 3rd. – *Karen Van Es*

Dear UPC, your Reva story motivated me to give. Thank you for your work! – *Elsy M. Sandhusen*

My donation is To Honor Reva & all such brave souls. – *Odette M. Janavel*

To United Poultry Concerns with gratitude and appreciation for taking care of the McCrow family, from *Friends Forever*.

Dear UPC, my donation is In Memory of my Mom, Edith Browning. – *Heather Browning*

My donation is in loving memory of Fuzzy, the Muscovy Duck. – *Hope Tucci*

This donation is in Memory of my husband, Chief Warrant Officer, U.S. Coast Guard Retired – John E. Martin, Jr. He helped me build many safe places for my chickens and bought heat to help keep them warm when the weather was freezing. He was wonderful. – *Joan Martin*

In honor of Nero, Fredericka, Julie, Nathaniel, Leonard, and Bertha, remembered forever and sadly missed. – *Paul Deane*

My gift is in honor of All God's Creatures. – *Brien Comerford*



Fuzzy, our dear Muscovy duck, passed away at UPC in 2012.

Photo by Rich Cundari

You are cordially invited to attend

United Poultry Concerns' Sixth Annual Conference

On the topic of



Saturday, March 11, 2017, Berkeley, California

Conference Hosts: United Poultry Concerns, Berkeley Organization for Animal Advocacy

Conference Synopsis: United Poultry Concerns' 6th Annual *Conscious Eating Conference* brings expert speakers to Berkeley, California to share their ideas about the best food choices we can make for the planet, ourselves, and other animals. We will explore the ethics of eating and the effect of agriculture on animals and the planet, and why it matters.

This year, we are dedicating a section of the conference to the question, ***How Does Religion Help or Hinder Animal Liberation?*** According to Pew research, 84% of the world population, and 78% of the U.S. population, consider themselves religious or have a religious identity. Many animal activists believe that spiritual communities are a "low-hanging fruit" for vegan advocacy, but are they? What do various religions say about our relationship to animals and the natural world? Should we work within these communities or leave religion behind? We will explore these questions through speakers representing Christianity, Judaism, Hinduism, Buddhism, and Atheism.



Location: David Brower Center, 2150 Allston Way, Berkeley, CA 94704 (Near the UC Berkeley Campus)

Date: Saturday, March 11, 2017 • **Registration:** 9am • **Program:** 10am - 6pm

Registration: FREE for students with IDs. To register as a student, email hope@upc-online.org. \$15 pre-registration for all others, \$25 at the door the day of the event. To register, send check or money order to UPC, PO Box 150, Machipongo, VA 23405, or register by credit card at www.upc-online.org/forums/2017.

Speakers:

Karen Davis, President & Founder of United Poultry Concerns

Sandra Higgins, Director & Founder of Eden Farmed Animal Sanctuary in Ireland

Lisa Kemmerer, author of numerous books & editor of *Sister Species: Women, Animals, and Social Justice*



Special Session: How Does Religion Help or Hinder Animal Liberation?

Carol Adams, EcoFeminist & prolific author (*will speak on Christianity*)

Rabbi Jonathan Klein, Faith Action for Animals (*will speak on Judaism*)

Kim Socha, Scholar & author of *Animal Liberation and Atheism* (*will speak on Atheism*)

Cogen Bohanec, Center for Dharma Studies, Graduate Theological Union (*will speak on Hinduism*)

Will Tuttle, author of *The World Peace Diet* (*will speak on Buddhism*)



More information available at www.upc-online.org/forums/2017

Alliance to End Chicken Kaporos Campaign Heats Up!

Bicoastal Lawsuits, Media Revelations, NYC City Hall Rally, Chickens Rescued, and More

What is Kaporos?



Kaporos or Kapparot, meaning “atonements” or “substitution,” is a custom practiced by certain Hasidic communities in the days before Yom Kippur, the Jewish Day of Atonement in the fall. A chicken, money or other token of atonement is waved over the practitioner’s head who chants that this action will bring him or her peace in the year ahead. Kaporos is a custom dating to the 9th century. It is not a Jewish law. The use of chickens as Kaporos – in which a practitioner’s sins and punishment of death are transferred to the “substitute,” who is then slaughtered – has been criticized by rabbis and scholars as cruel, shameful, embarrassing, and absurd.

What Happens to Kaporos Chickens?

The chickens are mistreated in the days leading up to, during, and after Kaporos. In the U.S., Israel and elsewhere the ritual is performed, thousands of birds are trucked in from farms crammed in transport crates and forced to sit, uncared for, for days in their own waste without food, water, or shelter from the weather including pouring rain. During the ritual, practitioners rotate the chickens suspended by their legs or wings over their heads causing pain and potential injury to the birds’ fragile ligaments and bones.

In the performance of Kaporos in Brooklyn, Los Angeles and other sites, a carnival atmosphere prevails. Birds are crying, babies are screaming. Children and teenagers maltreat the chickens for fun. Dead and dying chickens, blood, body parts and plastic garbage bags are strewn in the streets and piled in Dumpsters. When the ritual is over, practitioners leave their carnage for sanitation workers to truck to landfills, while claiming the bodies are given to “the poor.”

©Unparalleled Suffering Photography



Brooklyn, New York

In 2010, United Poultry Concerns formed the Alliance to End Chickens as Kaporos with a group of New York City activists. Our goal was and is to expose and eliminate the use of chickens as Kaporos. Our methods include street protests, video documentation and urging mainstream journalists to investigate and report their own findings. This year, for example, journalist Nathan Tempey reported in the *Gothamist* on October 12th:

“Most Hasidic Jews I’ve spoken to in Brooklyn about Kapparot, the annual pre-Yom Kippur chicken slaughter ritual, say the meat . . . goes to charity. Given the challenges of safely storing and transporting chicken carcasses for human consumption . . . it seems safe to say that if you don’t see some large refrigeration equipment at a Kaporos event, the meat is probably not edible, or shouldn’t be eaten. Indeed, at this year’s large-scale events Monday evening on President Street at Kingston Avenue and on the Eastern Parkway service road, no refrigeration was apparent. Helpers for the ritual slaughterers could be seen tossing the birds, covered in blood and dusted with feces from their time in stacked crates, into trash bags and cans after their throats were slit. The following morning, an animal rights activist recorded this video that seems to show workers throwing out chicken bodies from both sites. The activist counted over 23 full trash cans emptied.” – *Nathan Tempey, Gothamist*



Photo courtesy of Gothamist



New York City Lawsuit

In 2015, the Alliance to End Chickens as Kaporos filed a lawsuit in the New York Supreme Court seeking an injunction against Kaporos in Brooklyn. The lawsuit prepared by Alliance attorney, Nora Constance Marino, named the City of New York, NYPD and City Health Department for failing to enforce 15 public health and animal cruelty laws violated by Kaporos practitioners. Marino argues: “There is absolutely no religious exemption for breaking laws designed to protect public health and safety.”

On September 14, 2015, the New York Supreme Court denied our request, and Marino filed an appeal on behalf of the Alliance, which is now pending.

City Hall Rally & Open Letter to NYC Mayor in The New York Times



In October, the Alliance to End Chickens as Kaporos purchased a quarter-page space in *The New York Times*. Published October 4, 2016, our Open Letter to NYC Mayor Bill de Blasio – **The Illegal**

Slaughter of Chickens on Our Streets Must Stop

– demands that the City enforce the laws and stop helping Kaporos violators perform their illegal activities: “Each year, the city participates in this illegal activity by providing the practitioners with police protection, barricades and orange [traffic] cones that are used to bleed out birds whose throats have been cut.” In conjunction with our Letter, the Alliance hosted a press briefing and rally on the steps of New York City Hall on October 5th, and held protests in Brooklyn October 9th & 10th.



Orange County, California Lawsuit

This year, in addition to our New York City campaign, United Poultry Concerns was the plaintiff in a federal Kaporos lawsuit filed by San Diego attorneys Bryan W. Pease and David R. Simon in September against Chabad of Irvine in Orange County. According to Pease, “For more than 20 years, law enforcement agencies in the U.S. have mistakenly believed they cannot enforce basic animal cruelty laws against the religious sacrifice of animals. Nothing could be further from the truth.”

Fantastic Activism for the Kaporos Chickens!

Activists rallied in New York, New Jersey, Chicago, and Southern California like never before on behalf of the Kaporos chickens. The planning, courage and care for these birds, for weeks and hours before, during, and

following Kaporos, is hugely gratifying and profoundly inspiring! Several wonderful sanctuaries, including And-Hof, Indraloka, Woodstock and others, are providing permanent care and rehabilitation for the more than 300 birds we were able to rescue this year from Kaporos in Brooklyn, New York.



Ex-Kaporos Chickens Meet Willie the Pig at And-Hof Sanctuary in Upstate New York



Ex-Kaporos Chickens at Woodstock Sanctuary in NY



Ex-Kaporos Chickens at Little Red Bird Sanctuary in CA

Media Coverage!

Through October our campaign against Kaporos received major news coverage including articles in *The New York Times*, *New York Post*, *Los Angeles Times*, *The Atlantic*, *Gothamist*, *Public Radio International*, and more! To read these articles and watch the videos, visit www.EndChickensAsKaporos.com.



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Help us win this fight for the birds!

Your check, money order, or online donation will help us win. Simply note "Kaporos" on your check, money order or online donation form, and your tax-deductible donation will be deposited in our Special Kaporos Account. To donate online, go to www.upc-online.org/donate.htm.

Thank You!



More Good News!

To help cover the cost of our New York City lawsuit, we launched an online Fundraiser at the end of September. We're thrilled to report that we reached our goal of \$25,000 thanks entirely to your support! A matching pledge of \$5,000 to the Alliance to End Chickens as Kaporos gives us \$30,000 to continue our fight to force the City of New York to enforce the laws being violated by Kaporos practitioners. If the laws are enforced, there will be no Kaporos.

We ran these eye-catching ads in the Fall semester's University of Maryland student newspaper *The Diamondback*!

DON'T GOBBLE ME!
This Thanksgiving, Let Me Live -
Go Vegan!



Turkeys raised for food are torn from their mothers, debeaked, detoed, sexually assaulted, imprisoned in filthy sheds, tortured with electric shocks, and brutally murdered.

"I have never done such hard, dirty, disgusting work in my life: 10 hours of pushing birds, grabbing birds, wrestling birds, jerking them upside down, pushing open their vents, dodging their panic-blown excrement and breathing the dust stirred up by terrified birds." – Jim Mason, former "milker" at a ConAgra turkey breeding plant in Missouri

Turkeys have a zest for living. In nature, turkeys walk fast, fly well, even swim! Treated with respect, turkeys are very friendly birds. Native to the woods and fields, turkeys raised for food never know the warmth of a mother bird's wings or the comfort she brings. Did you know that in nature, young turkeys spend up to 5 months close to their mothers?



This Thanksgiving, discover new traditions.

Visit www.upc-online.org/recipes for great holiday recipes!
Learn more about turkeys at www.upc-online.org/turkeys.



United Poultry Concerns • PO box 150 • Machipongo, VA 23405
757-678-7875 • info@upc-online.org • www.upc-online.org

Compassion is a Beautiful Thing.



Choose Vegan

United Poultry Concerns
www.UPC-online.org



Misery In Every Mouthful.

"The chickens hang there and look at you while they are bleeding. They try to hide their head from you by sticking it under the wing of the chicken next to them on the slaughter line. You can tell by them looking at you, they're scared to death." -Virgil Butler, former Tyson chicken slaughterhouse worker



What Wings Are For

Millions of chickens are scalded alive each year. In tanks of boiling water "the chickens scream, kick, and their eyeballs pop out of their heads," said Virgil Butler, who quit the chicken business and became a vegetarian. He said: "I could no longer look at a piece of meat anymore without seeing the sad face of the suffering animal who had lived in it when she was alive."

Please choose compassion for chickens & a kinder world with a heart healthy vegan diet. For delicious recipes, visit www.upc-online.org/recipes.

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United Poultry Concerns is a nonprofit organization that promotes the compassionate and respectful treatment of domestic fowl.



We ran these eye-catching bus posters in Seattle and Minneapolis through November!



Wings T-shirts, Mugs, Bags, and more now available at www.zazzle.com/unitedpoultryconcern



*Vegan Recipe Corner***Roasted Brussels Sprouts and Sweet Potatoes**

Recipe from www.giantfood.com

Ingredients:

- 1 lb fresh Brussels sprouts halved or frozen whole
- 1 lb peeled and cubed sweet potatoes (3 cups)
- 1 cup chopped onion
- 2 Tablespoons canola or olive oil
- 1 Tablespoon orange juice or balsamic vinegar
- ¼ teaspoon ground cinnamon or nutmeg
- ½ teaspoon ground black pepper
- ¼ cup walnuts or pecans
- ¼ cup dried cranberries

*For more great recipes, go to
www.upc-online.org/recipes!*

Steps:

1. Preheat oven to 375°F.
2. Spread the Brussels sprouts, sweet potatoes and onions on a large rimmed baking sheet.
3. In a small bowl combine oil, orange juice and cinnamon; drizzle over the vegetable mixture and toss to coat evenly. Sprinkle pepper over vegetables.
4. Place in oven to roast for 15 minutes. Stir gently, add nuts and continue to roast for another 15 minutes, or until vegetables are tender and nicely browned.
5. Add cranberries to mixture and serve warm.



Photo by Liqin Cao

POSTCARDS

20 for \$4.00, 40 for \$7.50



"Love is Best"



"Peaceable Kingdom"



"Chickens - To Know Them is to Love Them"



"Misery is Not a Health Food"

Life Can Be Beautiful - Go Vegan! Brochure

24 full-color
5.5" x 8.5" pages.
Now in Spanish!

\$1.00 each.
20 for \$5.00.
50 for \$10.00.
100 for \$15.00.
200 for \$25.00.



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All Prices Include Postage

To order indicated items send check
or money order to:

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P.O. Box 150
Machipongo, VA 23405-0150

Or order online at upc-online.org

FACT SHEETS

20 for \$3.00

"Viva, the Chicken Hen / Chickens
Raised for Meat"
"Jane-one tiny chicken foot"
"Starving Poultry for Profit" (forced
molting)
"Poultry Slaughter: The Need for
Legislation"
"The Rougher They Look, The Better
They Lay" (free-range egg production)
"Intensive Poultry Production: Fouling
the Environment"
"Philosophic Vegetarianism: Acting
Affirmatively for Peace"
"The Rhetoric of Apology in Animal
Rights"
"Providing a Good Home for Chickens"
"Chicken Talk: The Language of
Chickens"
"Celebrate Easter Without Eggs"
"Chicken for Dinner: It's Enough To
Make You Sick"
"Guide to Staffing Tables: Do's & Don'ts"
"Henny's New Friends"
"Avoiding Burnout"
"The Life of One Battery Hen"
"Bird Flu - What You Need to Know"
"How I Learned the Truth About Eggs"

"Peeper the Turkey, a Story of Endless
Love"
"Factory Farming vs. Alternative Farming:
The Humane Hoax"

BROCHURES

20 for \$3.00

"A Wing & A Prayer" (Kapparot ritual)
"Don't Plants Have Feelings Too?"
"Chickens"
"The Battery Hen"
"Turkeys"
"Ostriches & Emus: Nowhere To Hide"
"Japanese Quail"
"The Use of Birds In Agricultural and
Biomedical Research"
"'Free-Range' Poultry and Eggs: Not All
They're Cracked Up to Be" - New &
Revised!
"Live Poultry Markets" (in English,
Spanish, & Chinese)
"Chicken-Flying Contests"

LEAFLETS (FLYERS)

10 for \$1.00, 25 for \$2.50

"Chicken for Dinner?"
"The 'Human' Nature of Pigeons"
"The Truth about Feather Hair Extensions"
"Birds Suffer Horribly for Pillows & Coats"

Bumper Stickers

Don't Just Switch from Beef to Chicken: Get the Slaughterhouse out of your
Kitchen. \$1 each

Don't Just Switch from Beef to Chicken: Go Vegan. \$1 each

Beautiful Chicken and Turkey Buttons

\$2 each. 3 for \$5. 10 for \$10. Any mixture.

Stick Up For Chickens • Chickens are Friends, Not Food
Turkeys are Friends, Not Food • End Chickens as Kaporos
Be Kind to Turkeys - Don't Gobble Me



T-shirts

Too Neat to Eat (Hen &
Egg or Rooster) • Give a Cluck. Go
Vegan! • Available in Unisex (S, M, L,
XL) or Ladies (S, M, L, XL) \$20



BOOKS

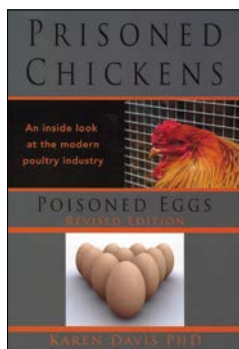
**Prisoned Chickens, Poisoned Eggs:
An Inside Look at the Modern
Poultry Industry**

By Karen Davis

This newly revised edition of *Prisoned Chickens, Poisoned Eggs* looks at avian influenza, food poisoning, chicken suffering, genetic engineering, and the growth of chicken rights activism since the 1990s. Presents a compelling argument for a compassionate plant-based cuisine. "Riveting . . . Brilliant."

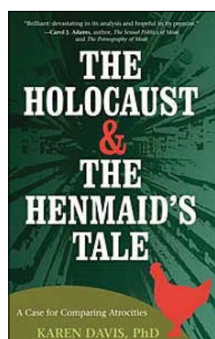
– *Choice magazine, American*

Library Association \$14.95. 40% off bulk orders of 5 (\$8.97 each) = \$44.85 for 5.

**The Holocaust and the Henmaid's Tale:
A Case for Comparing Atrocities**

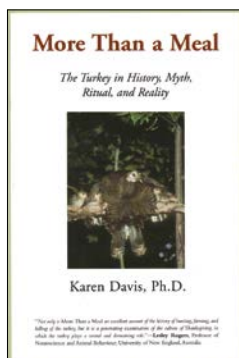
By Karen Davis

In this thoughtful and thought-provoking contribution to the study of animals and the Holocaust, Karen Davis makes the case that significant parallels can – and must – be drawn between the Holocaust and the institutionalized abuse of billions of animals on factory farms. "Compelling and convincing . . . this bold, brave book." – Charles Patterson, author of *Eternal Treblinka* \$14.95

**More Than a Meal: The Turkey in History,
Myth, Ritual, and Reality**

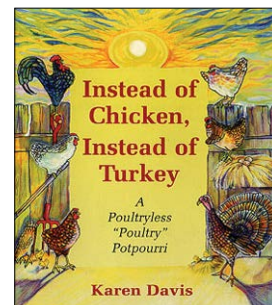
By Karen Davis

Karen Davis shows how turkeys in the wild have complex lives and family units, and how they were an integral part of Native American and continental cultures and landscape before the Europeans arrived, while drawing larger conclusions about our paradoxical relationship with turkeys, all birds and other animals including other human beings. "The turkey's historical disfigurement is starkly depicted by Karen Davis in 'More Than a Meal.'" – *The New Yorker* \$14.95

**Instead of Chicken, Instead of Turkey:
A Poultryless "Poultry" Potpourri**

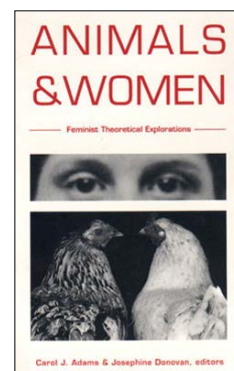
By Karen Davis

This delightful vegan cookbook by United Poultry Concerns features homestyle, ethnic, and exotic recipes that duplicate and convert a variety of poultry and egg dishes. Includes artwork, poems, and illuminating passages showing chickens and turkeys in an appreciative light. \$14.95

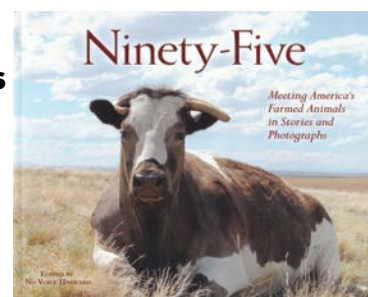
**Animals and Women:
Feminist Theoretical
Explorations** Edited by Carol J.

Adams & Josephine Donovan

"Karen Davis's brilliant essay [Thinking Like a Chicken: Farm Animals and The Feminine Connection] brings together the book's central concepts, leading to conclusions that rightly should disturb feminists and animal advocates alike." – Review by Deborah Tanzer, Ph.D. in *The Animals' Agenda*. \$16.95

**Ninety-Five:
Meeting America's
Farmed Animals
in Stories and
Photographs**

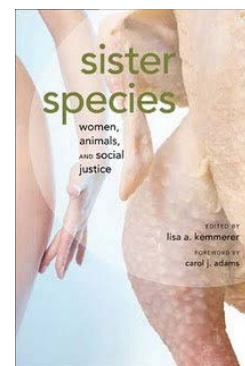
An anthology of photos and stories by No Voice Unheard Editors: Marilee Geyer, Diane Leigh and Windi Wojdak. \$20

**Sister Species: Women,
Animals, and Social**

Justice Edited by Lisa Kemmerer,

Forward by Carol J. Adams

Sister Species presents the experiences of fourteen women activists who are working on behalf of non-human animals and a more just and compassionate world. \$14.95

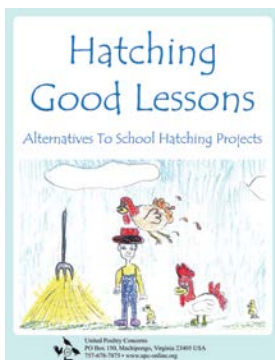


CHILDREN'S BOOKS & EDUCATIONAL MATERIALS

Hatching Good Lessons: Alternatives To School Hatching Projects

By United Poultry Concerns

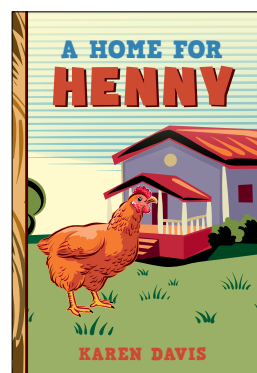
A guide booklet for elementary school teachers and other educators including parents. Revised & Updated, 2013. 16 pages of information, storytelling, classroom activities & color photos. Grades K-6 (some activities are designed for K-12). \$2.50 per booklet. 5 for \$5. It can be viewed and printed out at www.upc-online.org/hatching/.



A Boy, A Chicken and The Lion of Judah – How Ari Became a Vegetarian

By Roberta Kalechofsky

This wonderfully gifted children's story, set in modern Israel, is about a young boy's quest for moral independence. An intelligent book for all ages. Winner of the Fund for Animals "Kind Writers Make Kind Readers Award." \$10



A Home for Henny

By Karen Davis

Melanie is a 3rd grader who is excited about a chick hatching project in her class at school. The project seemed like a good idea at first, but unexpected problems arise and the whole class learns a lesson in compassion. When the project is over, Melanie adopts one of the chicks she names Henny. *A Home for Henny* explores the challenges and concerns with school hatching projects

while evoking the lively personality of Henny and her loving relationship with Melanie. \$6.99



Dave Loves Chickens

By Carlos Patino

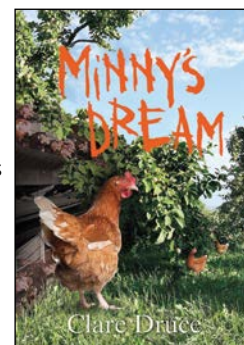
Dave is a quirky monster from another planet who loves chickens and all animals on Earth. He encourages people to share his love and not eat any

animals! Filled with fun and bold colors, this book is perfect for young children to learn compassion for chickens and all animals in a sweetly told, lovable story. \$10

Minnie's Dream

By Clare Druce

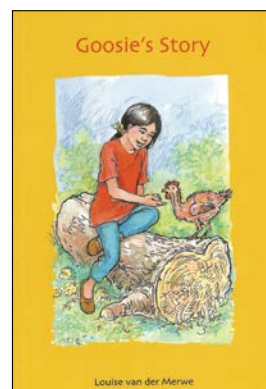
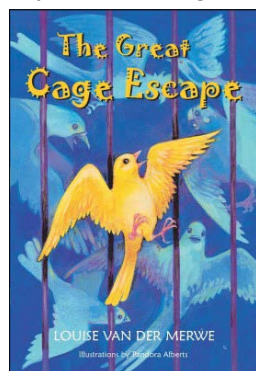
What happens when a young girl from the city discovers a battery-hen operation in the country? What happens when a "battery hen" named Minny speaks to her? What must she do when her friend Minny is going to be killed? This book is a must for the young person(s) in your life, age 8-14. \$10



The Great Cage Escape

Grades 4-7. By Louise Van Der Merwe

The birds in a pet shop think they are happy until a brown box punched full of air holes is left overnight on their front door step. The creature inside looks very weird at first. But as his feathers begin to grow, his true identity becomes apparent, and the stories he tells inspire the pet shop birds to pull off a Great Cage Escape. This is a story that encourages respect for all forms of life and helps learners realize that heaven can be right here on earth if we choose to make it so. \$4.95



Goosie's Story

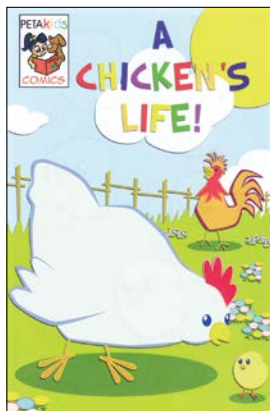
By Louise Van Der Merwe

A touching story about a "battery" hen who is given a chance to lead a normal life – a happy life. This moving book will be warmly welcomed and shared by children, parents and teachers, highlighting as it does the concern and compassion we ought to feel for all our feathered friends on this earth. \$4.95

A Chicken's Life!

Grades 4-6. PETAkids Comics

This cute comic book illustrates a group of children visiting an animal sanctuary where they meet a flock of chickens and learn all about them including the differences between Nature's Way and The Factory Farm Way. "Are these chickens really your friends?" they ask. "I've never met a chicken before." *A Chicken's Life* includes a puzzle for elementary school students to unscramble

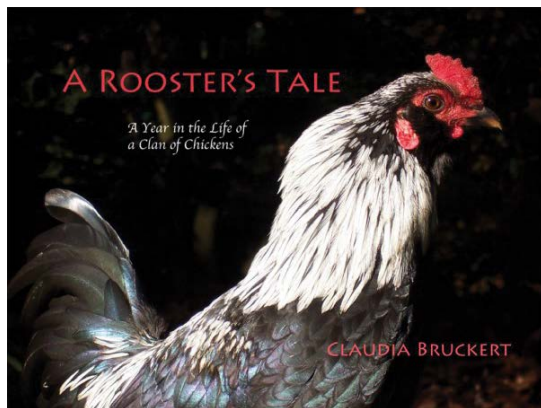


words including barn, beak, cluck, feathers, grass, hatch, peck, peep, wings, and lots more. \$1.50 each. 10 for \$10.

More Books, plus Videos available at upc-online.org/merchandise

(continued) CHILDREN'S BOOKS & EDUCATIONAL MATERIALS

A Rooster's Tale: A Year in the Life of a Clan of Chickens, by Claudia Bruckert, transports readers to the fascinating world of Change, who tells the real life story of his chicken family during his first year of life. Enchanting experiences and intriguing facts, chronicled and photographed beautifully over the course of one year, convey deep insights into the daily life of chickens. Grades 3-12 and a reading joy for all ages. \$20

**Chickens at Play**

By United Poultry Concerns

This vibrant video shows chickens at the United Poultry Concerns sanctuary accompanied by lively music, with brief explanations of what the chickens are doing throughout their daily activities into the evening as, one by one, they hop up to their perches for the night. Narrated by a young child. 10:04 minutes.

Watch: <http://vimeo.com/13210456> DVD. \$5. \$12.50 for 5.



More books and videos available at upc-online.org/merchandise

Plus These Great Gifts from UPC!

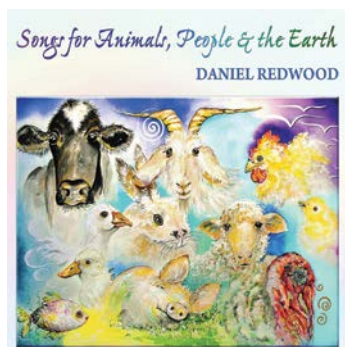
"The Mother of Compassion Blesses Our Fellow Beings – May They Be Happy and Free From Suffering"

Beth Redwood's beautiful artwork is available in a limited edition from United Poultry Concerns. 11 x 14" matted print ready for framing. \$20



"Songs for Animals, People & the Earth"

is Daniel Redwood's powerful new album of sanctuary songs. Dedicated to "the compassionate women and men whose hearts and minds have awakened to the needless suffering of animals," this music is beautiful, moving & exhilarating, lyrical and liberating! \$12.



Cruel: Bearing Witness To Animal Exploitation

By Sue Coe, OR Books, 2012

Renowned visual artist Sue Coe, pioneer champion of animal rights and author of *Dead Meat*, has produced this mesmerizing new book documenting the experiences of animals raised and slaughtered for human consumption. Through its written account and haunting visual images, *Cruel* is a surpassingly passionate testimony to the waste, sorrow and violence perpetrated by our species against others. \$20



Sanctuary: Portraits of Rescued Farm Animals

By Sharon Lee Hart, Charta Books, 2012

Sharon Lee Hart's photography project SANCTUARY takes you on an intimate journey to meet wonderful animals and the courageous rescuers who become their companions. Sanctuary caregivers evoke individual animals in short, handwritten stories accompanying Hart's starkly beautiful black & white photography. \$20



Stickers Send a message with your mail! Order our eye-catching color stickers! 100 stickers for \$10.



With Heart and Voice - a Beautiful Greeting Card from UPC \$19.95 for 20 cards. \$38.95 for 40 cards. envelopes included. Single card & envelope \$1.00.



POSTERS



International Respect for Chickens Day

Celebrate 12.5" x 17" Wings 12" x 16"



A Heart Beats in Us the Same as in You

Photo by PeTA

Full-color poster vividly captures the truth about factory chickens for the public. Vegetarian message. 18"x22".



Today's chickens are forced to grow too big too fast. They're forced to live in filth. They go to slaughter with yellow pus, harmful bacteria, heart and lung disease, tumors, crippled legs, sick immune systems, and more. Millions of dollars are spent hiding these facts.

Friends, Not Food

Photo by Franklin Wade

Liqin Cao & Fredda Flower.

Full color 19"x27" poster.



WHAT WINGS ARE FOR



CHICKS NEED THEIR MOTHERS

Photos by Jim Robertson & Karen Davis
Great educational tool. Full color 11-1/2"x16" poster.

Walking to Freedom After a Year in Cages

Photo by Dave Clegg. Full color, 18"x22" poster.

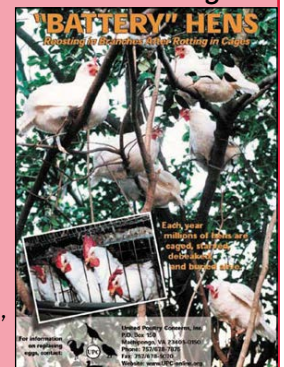


"Battery" Hens

Roosting in Branches After Rotting in Cages

Photo by Susan Rayfield

This beautiful color poster shows the rescued Cypress hens at UPC. Perfect for your office, your home, your school. 11.5"x16".



Great Turkeys Poster!

Photos by Barbara Davidson & Susan Rayfield

The posters are in color, and come in two sizes: 11.5" x 16", and 18" x 27".

**UPC posters in any mix:
One for \$4. Two for \$5.
Three for \$7.**

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INSIDE

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The Company We Keep
Interview with Hope Bohanec
Conscious Eating Conference 2017
Kaporos Campaign 2016
Remembering Reva
Freddaflower Fund
Recipe Corner & More!

Wishing You a Happy Holiday Season!
Please renew your membership for 2017



UPC photo by Rich Cundari

Our beautiful rescued hens enjoy their wooded sanctuary shelter, May 25, 2016.