Gabby

Turn to page 4 to read her story!
You are cordially invited to attend

United Poultry Concerns’ Seventh Annual Conference

On the topic of

2018

Conscious Eating

What are the Most Compassionate Choices?

Saturday, March 10, 2018, Berkeley, California

Conference Hosts: United Poultry Concerns, Berkeley Organization for Animal Advocacy

Conference Synopsis: United Poultry Concerns’ 7th Annual Conscious Eating Conference brings expert speakers to Berkeley, California to share their ideas about the best food choices we can make for the planet, ourselves, and other animals. We will explore the ethics of eating and the effect of agriculture on animals and the planet, and why it matters.

Location: David Brower Center, 2150 Allston Way, Berkeley, CA 94704 (Near the UC Berkeley Campus)

Date: Saturday, March 10, 2018 • Registration: 9am • Program: 10am - 6pm

Registration: FREE for students with IDs. To register as a student, email hope@upc-online.org. $20 pre-registration for all others, $30 at the door the day of the event. To register, send check or money order to UPC, PO Box 150, Machipongo, VA 23405, or register by credit card at www.upc-online.org/forums/2018. 
Karen Davis, PhD is the founder and President of United Poultry Concerns, a national organization that promotes the compassionate and respectful treatment of domestic fowl including a sanctuary for chickens in Virginia. Elected to the National Animal Rights Hall of Fame for Outstanding Contributions to Animal Liberation, Karen is the author of Prioned Chickens, Poisoned Eggs; The Holocaust and the Henmaid’s Tale, and other groundbreaking works revealing the plight of poultry and advancing conceptual and strategic approaches to effective farmed animal advocacy. In “Don’t Just Switch From Beef to Chicken,” Karen debunks the claim that consuming poultry harms the environment less than eating beef and explains why the environment that chickens and turkeys are raised in makes them, and consumers of poultry products, sick.

Hope Bohanec has been active in animal protection and environmental activism for over 20 years and is the author of The Ultimate Betrayal: Is There Happy Meat? She is a nationally recognized leader and speaker in the animal advocacy movement, and the Projects Manager for United Poultry Concerns. Hope is also the Executive Director of Compassionate Living, a Sonoma County, California-based vegan advocacy organization and the primary organizer of UPC’s annual Conscious Eating Conference at UC Berkeley as well as the Sonoma County VegFest. Hope will discuss the latest scientific research on fish and how these sentient sea creatures experience pain, fear, joy, and friendship. We will learn what our ocean cousins think and feel and how we can help protect them.

Adam P. Karp is a Martindale-Hubbell AV Preeminent-rated lawyer who practices animal law throughout Washington, Oregon, and Idaho. In his 19th year practicing law, Adam estimates having evaluated and/or handled over 6000 animal law cases to date and authored Understanding Animal Law, published by Carolina Academic Press in 2016. He teaches law at the University of Washington School of Law and Seattle University School of Law and received the American Bar Association Excellence in the Advancement of Animal Law award in 2012. In “Veganic Lawyering, Carnivore-Keeping, and Natalist Ruminations,” Adam, a vegan of 18 years, will discuss the law and ethics of responding to false vegan advertising; of vegan conscientious objection in employment, education, and incarceration; of keeping obligate and opportunistic carnivorous animal companions; and the vegan ethics of having or not having children.

John Sanbonmatsu, PhD is associate professor of philosophy at Worcester Polytechnic Institute in Massachusetts whose works probe the nature of speciesism as a mode of production, particularly as it intersects with capitalism. His current work focuses on “locavorism” and “humane” meat discourse as a new strategy for legitimating animal exploitation and stabilizing meat as a “natural” commodity. Among his many publications, John is the editor of Critical Theory and Animal Liberation and a blogger for The Huffington Post. In “Lady Macbeth at the Rotisserie: ‘Femivores,’ Violence, and the New Maternalism in Animal Agriculture,” John surveys memoirs written by middle class white women about leaving careers to take up animal husbandry, as a way (they claim) to empower themselves as women and to realize an “authentic” connection with animals and the land. John shows how, by uniting mothering and fertility with frank, violent sadism and death fetishism, “femivores” are playing a pivotal ideological role in legitimating speciesism and stabilizing meat as a “natural,” “humane” commodity.
Clifton Roberts is a vegan of two decades, Humane Party Volunteer, speaker, 2016 U.S. presidential candidate, and 2018 candidate for U.S. Senate. Clifton is passionate about protecting the most innocent beings on the planet, the deteriorating health of human beings, and the preservation and revitalization of our air, land, and water resources. Clifton also works for the world’s largest semiconductor producer in the company’s Global Ethics & Compliance Office. He will discuss how to insert vegan advocacy into politics.

Justin Van Kleeck, PhD is a freelance writer, educator, and community organizer. In 2014, Justin and his wife Rosemary founded the Triangle Chicken Advocates microsanctuary in North Carolina, which inspired them to start The Microsanctuary Movement later that year. He also founded and contributes to the radical vegan blog, Striving with Systems. Justin currently serves as the Sanctuary & Microsanctuary Advisor for A Well-Fed World. Justin will discuss the humane myth, and how animal agriculture on every scale involves exploitation and suffering, as well as how efforts to come up with “better” ways to farm animals expose the roots of speciesism underlying all forms of violence towards animals.

More information available at www.upc-online.org/forums/2018
Coxcomb

Here was where
the bully could not reach.
– Greg Kuzma

Abraham was a rooster. He’d been made to fight. He was not a fighter.
He ended up in a basement with a “No one touch the killer!”

We brought him to the sanctuary. He loved peanut butter and jelly.
He loved laps and Linda’s pillow. He was not a fighter. He wanted

to be held by toddlers, phi beta kappas, grievers and socialists and pop stars. He wanted you to gentle his comb

between your forefinger and thumb. It was a smooth, warm piece of a smooth, warm Abe, and it blushed bliss. It was tender

like someone who had been as unloved as a chicken and then as loved as a chicken could be.

He grew old and full of love and died, rubbing his head back and forth, back and forth against Linda’s arm. We planted

coxcomb, a growing glow.

This poem, by Gretchen Primack, is from her book of poems, Kind, published by Post Traumatic Press, with line drawings by Susan Siegel.
California Ballot Initiative to “Prevent Cruelty”

The Prevention of Cruelty to Farm Animals Act sounds like a great idea. But is it? What is it? (This is the Act as of December 2017.)

Background

“Prevent Cruelty California” is a campaign to put a measure on the November 2018 state ballot to remedy the failure of Proposition 2 in November 2008 to deliver on promoters’ promises. 63% of California voters supported the measure believing it would ban cages for egg-laying hens.

Prop 2, which was to have taken effect in 2015, required that calves raised for veal, pregnant pigs, and hens used for commercial egg production must have enough space to lie down, stand up, fully extend their limbs, and turn around without bumping into other animals, walls or bars in the confinement area. By far, the majority of animals affected would have been the state’s 20 million egg-laying hens.

2015 came and went, largely due to the vague language of Prop 2, which allowed California egg producers to continue keeping the majority of hens in barren battery cages, or in “enriched” battery cages. Each caged hen in the United States is recommended by the U.S. industry association, United Egg Producers, in its 2017 Guidelines, to have 67-86 square inches of “usable space per bird” – 67 square inches for the smaller white hens, 86 square inches for the larger brown hens, “to optimize hen welfare.”

“Prevention of Cruelty” Proposal

The stated purpose of the proposed 2018 ballot initiative is to “upgrade California’s laws relating to the extreme confinement of farm animals.” Under its provisions, which could take years to finalize, California egg producers would still have ample time to implement it, and if by the end of 2019 or 2021 or 2022 or 2024 or whenever, they still hadn’t done so and didn’t want to,
they could lobby the CA legislature to change the law. Normally, the CA legislature may not amend or repeal an approved measure without submitting the change to voters, but this ballot measure includes a clause waiving this protection.

So how would the new ballot measure “prevent cruelty”? It wouldn’t. At best, the cruelty could be reduced. Compared to barren battery cages, the proposed law requires cage-free housing to include “scratch areas, perches, nest boxes, and dust bathing areas” for the hens. Yet even these amenities can pose problems for the deeply overcrowded hens to deal with.

Worrisome terminology in the proposed California ballot measure:

• A farm owner or operator shall not “knowingly” cause any covered animal to be confined in a cruel manner. An operator could claim that he or she didn’t “know.” The word is slippery.

• A cage-free system is one in which “hens are free to roam unrestricted.” In principle, yes, but in practice, no. At most, each hen in a cage-free system has a maximum of 1.5 square feet; more often 1 square foot (144 square inches). This tiny allotment per hen does not facilitate “roaming.” Practically speaking, the terms roam and unrestricted are misleading.

• Regarding egg-laying hens, the proposed law in its current form defines “Confined in a cruel manner” as follows:

After December 31, 2019, confining an egg-laying hen with less than 144 square inches of usable floor space; OR After December 31, 2021, confining an egg-laying hen with less than the amount of usable floor space required by the 2017 edition of United Egg Producers’ Animal Husbandry Guidelines for U.S. Egg-Laying Flocks: Guidelines for Cage-Free Housing.

In other words, by the end of 2019, each “cage-free” hen would have to have 1.5 square feet of living space in a building with no elevated platforms, and 1 square foot of living space in a building providing “access to multiple elevated platforms with usable floor space both on top of and underneath the platforms.”

Crowding and Contamination, Density and Despair

The barren battery cage and the “enriched” battery cage are the cruelest of all living systems for hens. Currently, 13 million California hens are in cages. At the same time, the “cage-free” environment in standard commercial operations consists of thousands of brown or white chicken bodies from one end of the building to the other. Many more hens may be added to the “multi-tiered” version of a cage-free facility. One result of this massive, multidimensional density of hens is that, if those on the platforms try to flutter down to the floor, they can break or dislocate their wings, legs or breast bone in their effort to land in a space that is free of hens.

As for the provision in the proposed law that each hen must be able to fully extend her limbs, particularly her wings, what this really means is that, in the cage-free environment, one hen at a time could presumably spread both wings, not that all hens simultaneously could do so if they wished. Recall that one square foot equals 144 square inches and that half a square foot equals 72 square inches. A three-to-four-pound hen needs a minimum of 74 square inches merely to stand, 197 square inches to flap her wings, 135 square inches...
to ruffle her feathers, 172 square inches to preen her feathers, and 133 square inches to scratch the ground (Poultry Digest, May 1990).

**No Escape But In Brutal Death**

In November 2017, People for the Ethical Treatment of Animals posted “Why We Oppose California’s Farmed-Animal Initiative and You Should Too,” stating in part: “No one who has seen, either in person or on video, the inside of ‘cage-free’ factory farms could describe them as anything other than severely crowded hellholes. And the end for the hens in such places still comes when the petrified birds are roughly rounded up—frequently resulting in broken legs or wings—transported in all weather extremes, and subjected to the horrors of the slaughterhouse. So much for ‘humane eggs.’”

In our visits to “The Happy Hen” and Sauder’s Eggs (“Welcome to Humane Heartland”) in Lancaster County, Pennsylvania, and to Black Eagle Farm in Nelson County Virginia, United Poultry Concerns witnessed the sadness and madness of these “cage-free” operations, including the deafening voices of thousands of distressed hens. We experienced firsthand the attitude of the operators toward the hens, who are nothing to them but containers of “golden” eggs. The owner of “The Happy Hen” joked when we commented on the terrible condition of the hens’ feathers: “We have a saying: The rougher they look, the better they lay.” Ralph Glatt, the owner of Black Eagle, smirked when we mentioned the industry practice of killing “spent” hens by shoving them into metal boxes and hosing them to death with CO2, “I think it freezes their lungs.”

**What the Proposed Law Does NOT Do:**

- The proposed California ballot measure does not cover the hens during their first 5 months of life while they are being raised to maturity in wire cages, as in this photograph.
- It does not apply to hens subjected to catching, culling, or transport.
- It does not apply to hens subjected to mass disposal during disease outbreaks.
- It does not address the destruction of male baby chicks at birth.
- It does not apply to hens at slaughter.
- It does not include live animal markets.
- It does not address the practice of painfully debeaking egg-laying hens—which may be done once, even twice to a hen, in keeping with United Egg Producers’ 2017 Guidelines on “therapeutic beak trimming.”
- The proposed measure does not address the toxic ammonia levels of 20 parts per million in confined-hen buildings, which the egg industry allows to reach even higher levels of toxicity to accommodate “emergencies” of unspecified duration. All mass-production systems are full of atmospheric poisons and contaminants that cause chronic respiratory infections and painful eye irritation in the hens who, unlike the workers darting in and out of the facilities with protective face masks, get no relief.

**A High Crime is a Misdemeanor**

Finally, any “person” (individual, firm, partnership, joint venture, association, etc.) who violates any of the proposed provisions is guilty, not of a felony, but of a misdemeanor, punishable, if convicted, by a fine not to
exceed $1,000, or by imprisonment in the county jail for a period not longer than 180 days, or both.

Needless to say, a misdemeanor charge is very minor and not an incentive to prosecution. Even if prosecution were pursued, it would not impose a hardship on a typical farmed-animal production operation. What government agency, under the proposed ballot measure, would actually, as opposed to nominally, safeguard the inmates of the nation’s penitentiaries? Our bet is none. – Karen Davis, President of United Poultry Concerns

If you’re considering gathering signatures for the November 2018 ballot initiative in California, please arm yourself with the facts to inform people accurately what the proposed measure would and would not do for the hens. Study the wording of the ballot measure, and decide for yourself if putting your time into this campaign is a good way for you to help the hens over the long run.

Please do not urge, encourage or ask people to purchase and consume “cage-free” eggs or any variation of “humanely-raised eggs,” “cruelty-free eggs,” and the like. As animal advocates, we cannot give people permission to make chickens and other animals suffer “humanely” for our appetites. We cannot disperse false assurances.

Please DO actively promote egg-free food products, dining, and recipes. Please promote food products, menus and recipes that are free of animal products.

Order Replacing Eggs from United Poultry Concerns. 16 delicious recipes. $1.50.

Free Ways to Help United Poultry Concerns Raise Much-Needed Funds

Every time you shop at any of 1600+ online stores in the iGive network, a portion of the money you spend benefits United Poultry Concerns. It’s a free service, and you’ll never pay more when you reach a store through iGive. In fact, smart shoppers will enjoy iGive’s repository of coupons, free shipping deals, and sales. To get started, just create your free iGive account. And when you search the web, do it through iSearchiGive.com where each search means a penny (or more!) for our cause!

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No Tyson in Kansas: Wichita Eagle Letter by Karen Davis

Tyson Foods has met fierce opposition in Kansas, where the company is looking to expand its horrible chicken production operations. Recently the residents of Tonganoxie, Kansas in Leavenworth County rallied successfully to keep Tyson out, as did residents of Sedgwick County. Letters to the state’s largest newspaper, *The Wichita Eagle*, have been overwhelmingly against Tyson getting a foothold. UPC president Karen Davis’s Letter was published on Nov. 28, 2017. Days later, Sedgwick County formally withdrew its welcome to Tyson.

Opposition from a chicken region
*The Wichita Eagle, Nov. 28, 2017*

Public opposition to a Tyson chicken production complex in Sedgwick County is well-founded. I hope it will be heeded. I speak as a resident of the eastern shore of Virginia which, together with Delaware and Maryland’s Eastern Shore, is a chicken industry-dominated region with thousands of chicken sheds on the main road and back roads and gigantic slaughter plants including Tyson.

If Sedgwick County lets Tyson in, the operation will likely expand, but even if it didn’t, a complex comprising a hatchery, feed mill, slaughter plant and chicken sheds would pollute the county and lower its value as a place where people want to live, because the sight, smell and sadness of the chickens cannot be hidden, even by the shrubbery Tyson plants to hide its activities. The trucks with their sagging loads of traumatized birds are in plain sight.

Tyson targets rural counties, expecting little or no resistance from impoverished residents desperate for almost any kind of work no matter how repugnant, violent, and degrading. The company was surprised when residents of Tonganoxie successfully withdrew their welcome after educating themselves of the outcome if Tyson got inside their gates. I hope Sedgwick County residents will likewise succeed.

*KAREN DAVIS, MACHIPOGON, VA.*
Investigation of Tyson Chicken Farm in Virginia Shows Workers’ Sadistic Cruelty to Chickens – Again


To the Editor:

I hope the Dec. 7 Metro article “10 poultry-farm workers fired after video surfaces” wakes up readers to the reality of modern chicken farms. The video from Compassion Over Killing depicts standard industry behavior. The cruelty to the chickens in the video is business as usual.

Some people believe we are moving in the direction of “humane meat” and “animal-friendly” agriculture as we become better informed of the realities of industrialized animal production practices. However, a global decline in industrialized animal farming is not going to happen as long as billions of people buy and consume animal products.

The idea of a golden age of compassionate animal farming that could somehow be reclaimed and modernized is misplaced. A look at the books — volumes of historical poultry-keeping literature at the National Agricultural Library in Beltsville for example — dispels all vestiges of belief in humane poultry farming in any era. Every cruelty in today’s industry is rooted in the past.

The growing interest in animal-free “meat” and plant protein is extremely encouraging. If there is going to be progress, this is where the action is.

Karen Davis, Machipongo, Va.
The writer is president of United Poultry Concerns.
Finding Paradise: Leilani Farm Sanctuary of Maui

By Laurelee Blanchard
©2017 Leilani Farm Sanctuary

People can purchase this book online through Amazon and Barnes & Noble. Costco will carry the book throughout the Hawaiian Islands.

Review by Karen Davis, PhD, President of United Poultry Concerns

I first met Laurelee Blanchard in the mid-1990s when she was working for Farm Animal Reform Movement, now Farm Animal Rights Movement (FARM). Later, I became aware of Laurelee as the founder of a gorgeous sanctuary for farmed animals in Hawaii. Photos showed a world of exquisite beauty inhabited by a Noah’s Ark of rescued animals – chickens, turkeys, ducks, geese, cows, goats, tortoises, pigs and deer.

Images like these convey no drama, but as the philosopher Hegel said, “Everything that is had to become so.” There was and is a struggle involved in a thing of beauty. Finding Paradise is about the struggle to create and maintain an earthly paradise for rescued farmed animals in a world that is not paradise. Finding Paradise is about the struggle to escape what Laurelee had once deemed the height of success – a worldly paradise in commercial real estate.

Laurelee grew up in Southern California and attended a high school plagued with gang violence before getting out of there. Her father had a temper and was physically abusive toward her and her cats, to birds in the yard, and a dog next door. Her parents divorced when she was in junior high, and her dad committed suicide after an injury left him disabled with pain and depression.

In the 1980s, Laurelee worked as a radiological technologist at St. Jude’s Hospital and married a medical doctor. Together they enjoyed “the good life,” which Laurelee avidly pursued after leaving her job in the thrall of ideas set forth in the book The Magic of Thinking Big. “I felt motivated to seek a career with unlimited earning potential,” she says of her aspirations at the time; meanwhile, an “inner animal activist” struggled to awaken.

This happened in a real estate office in 1992 where, one morning at work, she discovered a mouse stuck in a glue trap. Helped by two fellow brokers, she freed the mouse in a field, disposed of all the glue traps in sealed envelopes, and signed on to a campaign urging Home Depot to stop selling glue traps.

Enjoying her booming career and glamorous lifestyle, symbolized by a luxurious black Jaguar, Laurelee began trapping homeless cats and taking them to veterinarians for spay-neuter surgeries. News of horrendous cruelties to animals in everyday life entered her consciousness. She joined Orange County People for Animals, where she picked up a pamphlet describing the environmental destructiveness of factory farms and their monstrous mistreatment of animals, whereupon she and her husband Rick “agreed that the most powerful way to help animals was to stop consuming them.”

They discovered the world of delicious vegan food products including the health benefits. Still a commercial real estate broker, Laurelee plunged ever more deeply into animal rights, protesting the anal electrocution of foxes and animals being skinned alive, tortured, mutilated and murdered for fashion and food. She saw the cheap ploys of animal exploiters, as when a fur store owner “wheeled out her paralyzed son draped in a fur coat, claiming that fur was the only way to keep him warm.” She was arrested and handcuffed by a security guard inside a department store on Fur Free Friday. When he turned his back, she managed to struggle out of the cuffs, thinking “How could this be happening to a business executive like me?”

A visit to Farm Sanctuary in Northern California introduced Laurelee to real live turkeys, enabling her
to speak to the media and others with personal feeling about them as well as industry facts, and inspiring her and Rick with “the appeal of living in the country, far away from the crush of humanity.”

Moving to Maui

In 1999, their search brought them to the beautiful Hawaiian island of Maui, where they’d honeymooned years before, to establish an eight-acre paradise for themselves and the farmed animals they would lovingly rescue and care for.

And they all lived happily ever after.

In fact, the elation of relocation was fraught with troubles. Hawaii is beautiful, but for animals at the mercy of hunters, farmers, cockfighters and more, it is hell. Laurelee discovers two horrific battery-caged hen facilities close by, from which she rescues hens traumatized by the squalor and brutality they’ve endured just so humans could eat their eggs. She enters “the sad, dark cavern” of a pig factory where mother pigs are “nursing their young through metal bars” and pregnant sows lie in stalls so small they can’t move.

She describes these and other animal torture chambers and maniacal devices and the pitiless indifference of the owners and managers she meets toward the animals who are just a business to them or a form of entertainment like cockfighting which, a mere misdemeanor in Hawaii, is rampant. At one point she grabs a rooster from a cockfighting compound where hundreds of “sad souls” are tied by their legs to teepees and forced to stand “in piles of stinking manure” with empty water bowls. Gripping a rooster, she is chased to her car by gunshots.

All kinds of troubles erupt for Laurelee in her shaky sanctuary paradise, including financial ruin, a failed marriage, property problems, severe depression, things that would cause a less determined and resilient person to give up. Laurelee fights through these trials for the sake of her sanity, the sanctuary, and the animals whom she loves and whose stories she vividly tells in words and through the many expressive photographs that make this book a treasure and a virtual visit to a place where animals who have been saved find joy, peace and loving care, because Laurelee Blanchard fought to make this place for them. Leilani Farm Sanctuary became a bona fide nonprofit in 2007.

The sanctuary teaches visitors about the animals they encounter. “Visitors,” says Laurelee, “are amazed to discover that chickens are soft and cuddly and that they love petting just like cats do. . . . We show them that they can cuddle chickens by holding them close and feeling their heartbeats against their own chests.” Many people, she says, “tell us that, once they’ve looked a chicken in the eye, they can no longer eat these animals: they have, in fact, had an epiphany, after which they now see these ‘food animals’ as living beings worthy of love.”

Anyone who dreams of starting a farmed animal sanctuary should buy Finding Paradise and read it before taking on a Romance that, though infinitely rewarding for those who can do it, is replete with staggering responsibilities, uncertain outcomes, and the heartbreak of animals suffering and dying in front of your eyes, despite all you do to help them recover from the traumas that brought them to your door.

Laurelee says she went from chasing lucrative deals in commercial real estate to finding fulfillment in animal rescue and humane education. What she calls the “fabulous life” she now has as the director of Leilani Farm Sanctuary is indeed a mission accomplished, but it is also a mission that can never be over. – Karen Davis

*All proceeds from the sale of this book are donated to Leilani Farm Sanctuary, an all-volunteer, nonprofit organization.
The pain of losing them is the price we pay for the privilege of knowing them and sharing their lives . . .

We thank those people who have contributed to our work with recent donations In Loving Memory and in Honor and Appreciation of the following beloved family members and friends, both those who have passed away and those who are with us.

I recently lost my uncle Mike Raulerson. He raised the most beautiful chickens. He loved them so much and lathered them with much love and adoration. My donation is in loving memory of him. – Tina Bailey

This donation is in memory of my brother, Mike Raulerson, who loved his chickens. I will love and miss him forever. – LC St Jean

My donation is for Hilda Wilson, a longtime animal activist. – Richard Wilson

My donation is in honor of Ben Newman. – Paula Newman

My donation is in memory of Nancy Hild. – Darla Jan Masterson

My donation is in memory of my husband, Richard Frank. – Madeline A. Hastings-Frank

In memory of my dear hen Corney, so short were her six months with me, but I loved her dearly. – Susan Rudnicki

This donation is in memory of my pigeon Misty. He was with me for 10 years and taught me so much about the amazing intelligence and complex personalities of birds. – Jennifer Raymond

In honor of Nero, Fredericka, Julie, Nathaniel, Leonard, and Bertha, remembered forever and sadly missed. – Paul Deane

My gift is in honor of All God's Creatures. – Brien Comerford

Freddaflower Memorial & Appreciation Fund

A LEGACY OF COMPASSION FOR THE BIRDS

Please remember United Poultry Concerns through a provision in your will. Please consider an enduring gift of behalf of the birds.

A legal bequest may be worded as follows:

I give, devise and bequeath to United Poultry Concerns, Inc., a not-for-profit corporation incorporated in the state of Maryland and located in the state of Virginia, the sum of $______, and/or (specifically designated property and/or stock contribution).

We welcome inquiries.

United Poultry Concerns, Inc.
P.O. Box 150 • Machipongo, Virginia 23405-0150
(757) 678-7875

Karen & Mr. Frizzle ©2008 Davida G. Breier
The Washington Post reported on December 15, 2017 that the Trump Administration has reversed a U.S. Department of Agriculture policy requiring that hens deemed “organic” must be given more space and light than standardly-raised hens receive, as well as some degree of outdoor access. USDA vetoed a proposed rule that would have prohibited large-scale “organic” egg producers, like Eggland’s Best, from keeping 180,000 hens in a facility crammed with three hens per square foot, as reported by The Post last July. The proposed rule would have required “organic” producers “to give hens at least a square foot of space inside as well as access to the outdoors.”

According to The Post, “Advocates for the rule blamed the outsized influence of large ‘factory farms’ for the USDA’s decision to withdraw it. Those farms, they argue, use the ‘USDA Organic’ label to fetch higher prices for their products, without conforming to consumer expectations for organic practices.”

Trump Administration Rules “Organic” Hens May Be Treated As Badly As Conventionally-Raised Hens

Eggland’s Best, one of the largest “organic” egg operations in the United States, keeps 1.6 million hens and continues to grow. Photo by The Cornucopia Institute

Wings T-shirts, Mugs, Bags, and more available at www.zazzle.com/unitedpoultryconcern

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P.O. Box 150 • Machipongo, VA 23405-0150
Our Fall Activism for Turkeys

UPC’s Hope Bohanec gave a presentation on Sunday Nov. 19 at a ThanksLiving event in Detroit, Michigan.

“Turkeys – Who Are They?” - a presentation by UPC president Karen Davis, was organized by Animal Justice Advocates at the University of Virginia in Charlottesville, Nov. 15, 2017.
Sebastopol, California
Santa Rosa Downtown Mall
Whole Foods in Del Mar, CA
Portland, Oregon
White House, Washington, DC, Nov. 19, 2017
Killer Tofu

Recipe by Deb Lindsey for The Washington Post

4 Servings.

Ingredients:
- 1 small onion
- 1 medium green or red bell pepper (optional)
- 1-pound block extra-firm tofu
- 2 tablespoons canola oil
- 4 ounces (generous 1 cup) frozen corn kernels
- 3 tablespoons yellow mustard
- 3 tablespoons ketchup
- 3 tablespoons barbecue sauce (your choice)
- 1 to 2 tablespoons Sriracha or other hot sauce

Directions

Cut the onion into small (1/4-inch) dice. Seed the bell pepper, if using, and cut into small dice. Rinse the tofu and pat it dry, then cut it into medium (1/2-inch) dice.

Heat the oil in a wok or large skillet over medium-high heat. Once the oil shimmers, add the onion and pepper, if using; stir-fry for 1 to 2 minutes, until fragrant and softened a bit.

Add the tofu; stir-fry for 1 minute, then add the corn, mustard, ketchup, barbecue sauce and Sriracha (to taste); stir-fry for about 5 minutes or until the mixture is heated through and evenly blended.

Serve hot.

For more great recipes, go to www.upc-online.org/recipes!
POSTCARDS
20 for $4.00, 40 for $7.50

“Love is Best”
“Peaceable Kingdom”
“Chickens – To Know Them is to Love Them”
“Misery is Not a Health Food”

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“Jane-one tiny chicken foot”
“Starving Poultry for Profit” (forced molting)
“Poultry Slaughter: The Need for Legislation”
“The Rougher They Look, The Better They Lay” (free-range egg production)
“Intensive Poultry Production: Fouling the Environment”
“Philosophic Vegetarianism: Acting Affirmatively for Peace”
“The Rhetoric of Apology in Animal Rights”
“Providing a Good Home for Chickens”
“Chicken Talk: The Language of Chickens”
“Celebrate Easter Without Eggs”
“Chicken for Dinner: It’s Enough To Make You Sick”
“Guide to Staffing Tables: Do’s & Don’ts”
“Henny’s New Friends”
“Avoiding Burnout”
“The Life of One Battery Hen”
“Bird Flu - What You Need to Know”
“How I Learned the Truth About Eggs”

BROCHURES
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“Don’t Plants Have Feelings Too?”
“Chickens”
“The Battery Hen”
“Turkeys”
“Ostriches & Emus: Nowhere To Hide”
“Japanese Quail”
“The Use of Birds In Agricultural and Biomedical Research”
“Free-Range’ Poultry and Eggs: Not All They’re Cracked Up to Be” - New & Revised!
“Live Poultry Markets” (in English, Spanish, & Chinese)
“Chicken-Flying Contests”

LEAFLETS (FLYERS)
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**BOOKS**

**Prisoned Chickens, Poisoned Eggs: An Inside Look at the Modern Poultry Industry**
*By Karen Davis*


**The Holocaust and the Henmaid’s Tale: A Case for Comparing Atrocities**
*By Karen Davis*

In this thoughtful and thought-provoking contribution to the study of animals and the Holocaust, Karen Davis makes the case that significant parallels can—and must—be drawn between the Holocaust and the institutionalized abuse of billions of animals on factory farms. “Compelling and convincing . . . this bold, brave book.” - Charles Patterson, author of *Eternal Treblinka* $14.95

**More Than a Meal: The Turkey in History, Myth, Ritual, and Reality**
*By Karen Davis*

Karen Davis shows how turkeys in the wild have complex lives and family units, and how they were an integral part of Native American and continental cultures and landscape before the Europeans arrived, while drawing larger conclusions about our paradoxical relationship with turkeys, all birds and other animals including other human beings. “The turkey’s historical disfigurement is starkly depicted by Karen Davis in ‘More Than a Meal.’” - The New Yorker $14.95

**Instead of Chicken, Instead of Turkey: A Poultryless “Poultry” Potpourri**
*By Karen Davis*

This delightful vegan cookbook by United Poultry Concerns features homestyle, ethnic, and exotic recipes that duplicate and convert a variety of poultry and egg dishes. Includes artwork, poems, and illuminating passages showing chickens and turkeys in an appreciative light. $14.95

**Animals and Women: Feminist Theoretical Explorations** Edited by Carol J. Adams & Josephine Donovan

“Karen Davis’s brilliant essay [Thinking Like a Chicken: Farm Animals and The Feminine Connection] brings together the book’s central concepts, leading to conclusions that rightly should disturb feminists and animal advocates alike.” - Review by Deborah Tanzer, Ph.D. in *The Animals’ Agenda*. $16.95

**Ninety-Five: Meeting America’s Farmed Animals in Stories and Photographs**

An anthology of photos and stories by No Voice Unheard Editors: Marilee Geyer, Diane Leigh and Windi Wojdak. $20

**Sister Species: Women, Animals, and Social Justice**
Edited by Lisa Kemmerer, Forward by Carol J. Adams

Sister Species presents the experiences of fourteen women activists who are working on behalf of non-human animals and a more just and compassionate world. $14.95
CHILDREN’S BOOKS & EDUCATIONAL MATERIALS

Hatching Good Lessons: Alternatives To School Hatching Projects
By United Poultry Concerns
A guide booklet for elementary school teachers and other educators including parents. Revised & Updated, 2013. 16 pages of information, storytelling, classroom activities & color photos. Grades K-6 (some activities are designed for K-12). $2.50 per booklet. 5 for $5. It can be viewed and printed out at www.upc-online.org/hatching/.

A Home for Henny
By Karen Davis
Melanie is a 3rd grader who is excited about a chick hatching project in her class at school. The project seemed like a good idea at first, but unexpected problems arise and the whole class learns a lesson in compassion. When the project is over, Melanie adopts one of the chicks she names Henny. A Home for Henny explores the challenges and concerns with school hatching projects while evoking the lively personality of Henny and her loving relationship with Melanie. $6.99

The Great Cage Escape
Grades 4-7. By Louise Van Der Merwe
The birds in a pet shop think they are happy until a brown box punched full of air holes is left overnight on their front door step. The creature inside looks very weird at first. But as his feathers begin to grow, his true identity becomes apparent, and the stories he tells inspire the pet shop birds to pull off a Great Cage Escape. This is a story that encourages respect for all forms of life and helps learners realize that heaven can be right here on earth if we choose to make it so. $4.95

Goosie’s Story
By Louise Van Der Merwe
A touching story about a “battery” hen who is given a chance to lead a normal life – a happy life. This moving book will be warmly welcomed and shared by children, parents and teachers, highlighting as it does the concern and compassion we ought to feel for all our feathered friends on this earth. $4.95

A Boy, A Chicken and The Lion of Judah – How Ari Became a Vegetarian
By Roberta Kalechofsky
This wonderfully gifted children’s story, set in modern Israel, is about a young boy’s quest for moral independence. An intelligent book for all ages. Winner of the Fund for Animals “Kind Writers Make Kind Readers Award.” $10

Dave Loves Chickens
By Carlos Patino
Dave is a quirky monster from another planet who loves chickens and all animals on Earth. He encourages people to share his love and not eat any animals! Filled with fun and bold colors, this book is perfect for young children to learn compassion for chickens and all animals in a sweetly told, lovable story. $10

Minnys’s Dream
By Clare Druce
What happens when a young girl from the city discovers a battery-hen operation in the country? What happens when a “battery hen” named Minny speaks to her? What must she do when her friend Minny is going to be killed? This book is a must for the young person(s) in your life, age 8-14. $10

A Chicken’s Life!
Grades 4-6. PETakids Comics
This cute comic book illustrates a group of children visiting an animal sanctuary where they meet a flock of chickens and learn all about them including the differences between Nature’s Way and The Factory Farm Way. “Are these chickens really your friends?” they ask. “I’ve never met a chicken before.” A Chicken’s Life includes a puzzle for elementary school students to unscramble words including barn, beak, cluck, feathers, grass, hatch, peck, peep, wings, and lots more. $1.50 each. 10 for $10.

More Books, plus Videos available at upc-online.org/merchandise
(continued) CHILDREN’S BOOKS & EDUCATIONAL MATERIALS

‘Twas the Night Before THANKSGIVING
Story and Pictures by Dav Pilkey
Scholastic Book Shelf
Available from United Poultry Concerns $6.99

Turkeys don’t usually celebrate Thanksgiving. And they wish we wouldn’t either! Here is a tale of eight children who meet eight turkeys who are in big trouble. Only the kids can keep the turkeys from meeting their Thanksgiving fate. But how will they save the turkeys?

A Rooster’s Tale: A Year in the Life of a Clan of Chickens, by Claudia Bruckert, transports readers to the fascinating world of Change, who tells the real life story of his chicken family during his first year of life. Enchanting experiences and intriguing facts, chronicled and photographed beautifully over the course of one year, convey deep insights into the daily life of chickens. Grades 3-12 and a reading joy for all ages. $20

Cha Cha Chicken Coloring Book
By Marc Chalvin
Narrated by Cha Cha the hen, this book invites children to visit Green Farm sanctuary and learn about the happy animals who live there. Written by Marian Hailey-Moss and illustrated by Marc Chalvin, Cha Cha shows children that chickens are people too and invites them to color their world beautiful! Cha Cha Chicken Coloring Book is a delightful gift for children K-3. $10

Chickens at Play
By United Poultry Concerns
This vibrant video shows chickens at the United Poultry Concerns sanctuary accompanied by lively music, with brief explanations of what the chickens are doing throughout their daily activities into the evening as, one by one, they hop up to their perches for the night. Narrated by a young child. 10:04 minutes. DVD. $5. $12.50 for 5.

More books and videos available at upc-online.org/merchandise
**Stickers** Send a message with your mail! Order our eyecatching color stickers! 100 stickers for $10.

**POSTERS**

**International Respect for Chickens Day**
Celebrate 12.5” x 17” Wings 12” x 16”

**A Heart Beats in Us the Same as in You**
Photo by PeTA
Full-color poster vividly captures the truth about factory chickens for the public. Vegetarian message. 18”x22”.

**Friends, Not Food**
Photo by Franklin Wade
Li Qin Cao & FreddaFlower.
Full color 19”x27” poster.

**“Battery” Hens**
Roosting in Branches After Rotting in Cages
Photo by Susan Rayfield
This beautiful color poster shows the rescued Cypress hens at UPC. Perfect for your office, your home, your school. 11.5”x16”.

**Great Turkeys Poster!**
Photos by Barbara Davidson & Susan Rayfield
The posters are in color, and come in two sizes: 11.5” x 16” and 18” x 27”.

**WHAT WINGS ARE FOR**

**CHICKS NEED THEIR MOTHERS**

Photos by Jim Robertson & Karen Davis
Great educational tool. Full color 11-1/2”x16” poster.

**Walking to Freedom After a Year in Cages**
Photo by Dave Clegg. Full color, 18”x22” poster.

**UPC posters in any mix:**
One for $4. Two for $5. Three for $7.
Conscious Eating Conference 2018
Tyson Cruelty Exposed
Kansas Residents Say No
Finding Paradise, a review
Coxcomb, a poem
California Ballot Measure
Trump Dumps “Organic”
Killer Tofu & More!

Wishing You a Joyous New Year!
Please renew your membership for 2018

It may be the Bleak Midwinter, but that doesn’t stop our chickens from being out and about in our sanctuary yard breathing the frosty air!